Natural *or Man-made chemicals?*

Are you getting enough oxygen?

The truth is, most of us aren't: it's a fact that levels of atmospheric oxygen have declined due to toxic gases, auto exhausts, pesticides and various pollutants in our environment. The water we drink and the air we breathe has far less oxygen than the past generation.
It's estimated that **the oxygen content of our atmosphere has dropped from 35 percent a few hundred years ago to its current level of only 21 percent today.**

Taken from a full page advertisement in The North Shore News, Vancouver, Canada, May 2005

Lipstick in my e-mail !

Re: LEAD IN LIPSTICK

Even lipstick isn't safe anymore… what's next?
Brands don't mean everything. Recently a brand called "Red Earth" decreased their price from $67 to $9.90.
It contained lead.
Lead is a chemical which causes cancer.
The brands which contain lead are: *xxx, xxx, xxx, xxx, xxx, xxx*
The higher the lead content, the greater the chance for causing cancer.
After doing a test on lipsticks, it was found *xxx* lipstick contained the most amount of lead. If your lipstick stays longer, it is because of the higher content of lead. Here is a test you can do yourself:

1. Put some lipstick on your hand.
2. Use a gold ring to scratch on the lipstick.
3. If the lipstick changes colour to black then you know the lipstick contains lead.

Please send this information to your girlfriends, wives and family members.

Widely circulated e-mail, 2004.

Quotes from the Ames Laboratory, USA

"The effort to eliminate synthetic pesticides because of unsubstantiated fears about residues in food will make fruits and vegetables more expensive, decrease consumption, and thus increase cancer rates. The level of synthetic pesticide residues are trivial in comparison to natural chemicals, and thus their potential for cancer causation is extremely low."

"Out of 1000 chemicals found in a cup of coffee, 22 have been tested in animal cancer trials and of those 17 are carcinogens. There are 10 mg of known carcinogens in a cup of coffee and that's more carcinogens than you're likely to get from pesticide residues for a year."