

## Electronic Supplementary Information

### Understanding the conformational behaviour of Ac-Ala-NHMe in different media. A joint NMR and DFT study.

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**Table S1:** Compound **1** conformer relative energies ( $\Delta E$ ) in kcal mol<sup>-1</sup> and corresponding populations (%P) obtained at the B3LYP-D3/aug-cc-pVDZ level for the isolated compounds and by using the IEF-PCM implicit solvent model with dichloromethane, acetone, acetonitrile, DMSO, methanol and water dielectric constants.

	<b>1a</b>		<b>1b</b>		<b>1c</b>		<b>1d</b>		<b>1e</b>		<b>1f</b>		<b>1g</b>		<b>1h</b>		<b>1i</b>		<b>1j</b>		<b>1k</b>		<b>1l</b>	
	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P
<b>Isolated</b>	0.00	90.2	1.61	6.0	1.99	3.1	3.33	0.3	3.63	0.2	3.87	0.1	4.36	0.1	5.22	0.0	6.32	0.0	---	0.0	6.39	0.0	8.35	0.0
<b>CH<sub>2</sub>Cl<sub>2</sub></b>	0.00	60.5	0.77	16.4	1.52	4.6	0.99	11.4	2.71	0.6	2.07	1.8	3.84	0.1	2.99	0.4	3.46	0.2	1.60	4.0	4.72	0.0	5.28	0.0
<b>Acetone</b>	0.00	49.5	0.69	15.5	1.50	3.9	0.48	22.0	2.67	0.5	1.86	2.1	3.40	0.2	2.48	0.8	3.05	0.3	1.34	5.1	4.52	0.0	4.92	0.0
<b>Acetonitrile</b>	0.00	44.5	0.66	14.6	1.49	3.6	0.28	27.5	2.65	0.5	1.79	2.2	3.30	0.2	2.28	0.9	2.91	0.3	1.23	5.6	4.45	0.0	4.79	0.0
<b>DMSO</b>	0.00	42.8	0.65	14.3	1.49	3.4	0.22	29.6	2.65	0.5	1.77	2.2	3.27	0.2	2.21	1.0	2.86	0.3	1.19	5.8	4.43	0.0	4.75	0.0
<b>Methanol</b>	0.00	45.2	0.66	14.7	1.49	3.6	0.31	26.7	2.65	0.5	1.80	2.2	3.32	0.2	2.31	0.9	2.93	0.3	1.24	5.5	4.46	0.0	4.81	0.0
<b>Water</b>	0.00	40.3	0.64	13.7	1.49	3.3	0.13	32.4	2.65	0.5	1.74	2.1	3.23	0.2	2.12	1.1	2.79	0.4	1.13	5.9	4.40	0.0	4.70	0.0

**Table S2:** Compound **1** conformer relative energies ( $\Delta H$ ) in kcal mol<sup>-1</sup> and corresponding populations (%P) obtained at the B3LYP-D3/aug-cc-pVDZ level for the isolated compounds and by using the IEF-PCM implicit solvent model with dichloromethane, acetone, acetonitrile, DMSO, methanol and water dielectric constants.

	<b>1a</b>		<b>1b</b>		<b>1c</b>		<b>1d</b>		<b>1e</b>		<b>1f</b>		<b>1g</b>		<b>1h</b>		<b>1i</b>		<b>1j</b>		<b>1k</b>		<b>1l</b>	
	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P
<b>Isolated</b>	0.00	88.5	1.41	8.2	2.13	2.4	3.17	0.4	3.57	0.2	3.84	0.1	4.45	0.0	5.05	0.0	6.13	0.0	---	0.0	6.36	0.0	8.25	0.0
<b>CH<sub>2</sub>Cl<sub>2</sub></b>	0.00	57.3	0.63	19.9	1.71	3.2	0.91	12.3	2.63	0.7	2.06	1.8	3.91	0.1	2.84	0.5	3.41	0.2	1.56	4.1	4.75	0.0	5.38	0.0
<b>Acetone</b>	0.00	46.9	0.55	18.4	1.68	2.7	0.44	22.4	2.59	0.6	1.85	2.0	3.45	0.1	2.36	0.9	3.02	0.3	1.26	5.6	4.56	0.0	5.03	0.0
<b>Acetonitrile</b>	0.00	42.2	0.53	17.3	1.67	2.5	0.25	27.7	2.58	0.5	1.78	2.1	3.37	0.1	2.17	1.1	2.88	0.3	1.23	6.0	4.49	0.0	4.90	0.0
<b>DMSO</b>	0.00	40.6	0.52	16.9	1.67	2.4	0.19	29.7	2.58	0.5	1.76	2.1	3.34	0.1	2.11	1.2	2.83	0.3	1.13	6.1	4.46	0.0	4.86	0.0
<b>Methanol</b>	0.00	42.9	0.53	17.5	1.67	2.6	0.27	27.0	2.58	0.5	1.79	2.1	3.38	0.1	2.20	1.0	2.90	0.3	1.17	5.9	4.50	0.0	4.92	0.0
<b>Water</b>	0.00	38.4	0.51	16.3	1.66	2.3	0.10	32.4	2.58	0.5	1.73	2.1	3.30	0.1	2.02	1.3	2.77	0.4	1.08	6.2	4.43	0.0	4.80	0.0

**Table S3:** Compound **1** conformer relative energies ( $\Delta G$ ) in kcal mol<sup>-1</sup> and corresponding populations (%P) obtained at the B3LYP-D3/aug-cc-pVDZ level for the isolated compounds and by using the IEF-PCM implicit solvent model with dichloromethane, acetone, acetonitrile, DMSO, methanol and water dielectric constants.

	<b>1a</b>		<b>1b</b>		<b>1c</b>		<b>1d</b>		<b>1e</b>		<b>1f</b>		<b>1g</b>		<b>1h</b>		<b>1i</b>		<b>1j</b>		<b>1k</b>		<b>1l</b>	
	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P
<b>Isolated</b>	0.00	64.7	0.44	30.7	2.23	1.5	1.86	2.8	3.92	0.1	3.80	0.1	4.30	0.0	4.47	0.0	5.76	0.0	---	0.0	5.94	0.0	9.06	0.0
<b>CH<sub>2</sub>Cl<sub>2</sub></b>	0.48	22.4	0.00	50.7	2.68	0.6	0.64	17.3	3.02	0.3	2.64	0.6	3.04	0.3	2.99	0.3	3.48	0.1	1.14	7.4	5.65	0.0	6.62	0.0
<b>Acetone</b>	0.52	17.0	0.00	41.0	2.64	0.5	0.40	20.8	2.98	0.3	2.39	0.7	3.61	0.1	2.39	0.7	3.17	0.2	0.46	18.7	5.41	0.0	6.20	0.0
<b>Acetonitrile</b>	0.50	17.3	0.00	40.4	2.59	0.5	0.24	26.8	2.95	0.3	2.26	0.9	3.63	0.1	2.23	0.9	3.03	0.2	0.69	12.6	5.30	0.0	6.02	0.0
<b>DMSO</b>	0.49	17.1	0.00	39.0	2.58	0.5	0.18	28.8	2.94	0.3	2.22	0.9	3.61	0.1	2.17	1.0	2.98	0.3	0.70	12.0	5.26	0.0	5.96	0.0
<b>Methanol</b>	0.51	17.3	0.00	40.7	2.60	0.5	0.26	26.1	2.96	0.3	2.28	0.9	3.64	0.1	2.25	0.9	3.05	0.2	0.68	13.0	5.31	0.0	6.04	0.0
<b>Water</b>	0.48	16.4	0.00	36.8	2.55	0.5	0.08	32.0	2.93	0.3	2.16	1.0	3.59	0.1	2.08	1.1	2.91	0.3	0.68	11.6	5.20	0.0	5.88	0.0

**Table S4:** Compound **2** conformer relative energies ( $\Delta E$ ) in kcal mol<sup>-1</sup> and corresponding populations (%P) obtained at the B3LYP-D3/aug-cc-pVDZ level for the isolated compounds and by using the IEF-PCM implicit solvent model with dichloromethane, acetone, acetonitrile, DMSO, methanol and water dielectric constants.

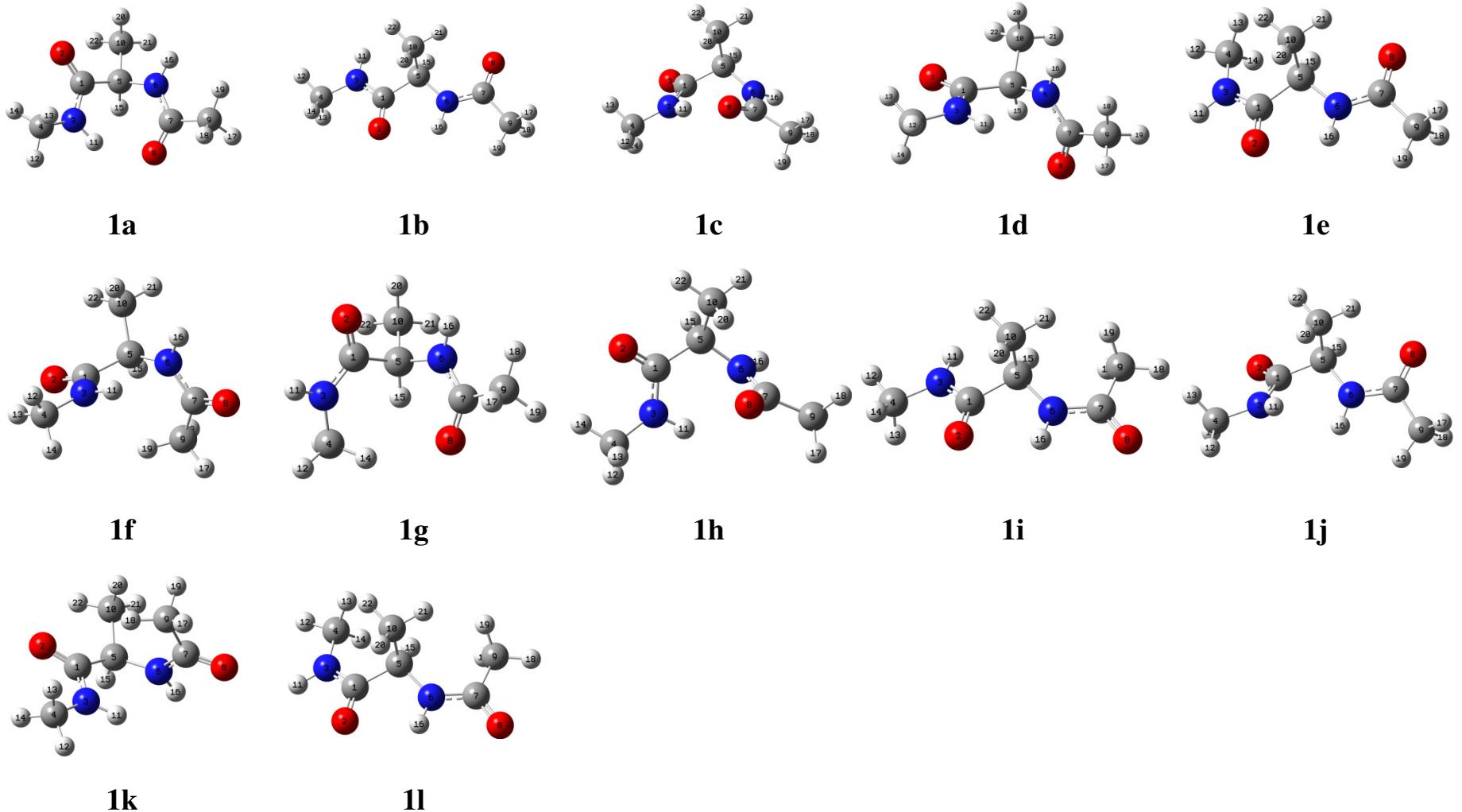
	<b>2a</b>		<b>2b</b>		<b>2c</b>		<b>2d</b>		<b>2e</b>		<b>2f</b>		<b>2g</b>		<b>2h</b>		<b>2i</b>		<b>2j</b>		<b>2k</b>		<b>2l</b>	
	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P	$\Delta E$	%P
<b>Isolated</b>	1.06	14.3	0.00	85.7	4.97	0.0	5.58	0.0	6.80	0.0	6.68	0.0	6.43	0.0	7.91	0.0	7.08	0.0	6.12	0.0	6.75	0.0	9.12	0.0
<b>CH<sub>2</sub>Cl<sub>2</sub></b>	1.50	7.3	0.00	91.3	2.78	0.8	4.16	0.1	5.49	0.0	4.00	0.1	3.47	0.3	6.10	0.0	6.65	0.0	4.32	0.1	5.43	0.0	6.66	0.0
<b>Acetone</b>	1.42	8.1	0.00	89.2	2.44	1.4	3.93	0.1	5.18	0.0	3.36	0.3	2.84	0.7	5.62	0.0	6.52	0.0	4.11	0.1	5.22	0.0	6.26	0.0
<b>Acetonitrile</b>	1.07	13.6	0.00	83.0	2.32	1.7	3.85	0.1	5.06	0.0	3.11	0.4	2.60	1.0	5.43	0.0	6.47	0.0	4.04	0.1	5.14	0.0	6.11	0.0
<b>DMSO</b>	1.04	14.1	0.00	82.2	2.28	1.8	3.82	0.1	5.01	0.0	3.02	0.5	2.52	1.2	5.36	0.0	6.45	0.0	4.02	0.1	5.11	0.0	6.07	0.0
<b>Methanol</b>	1.08	13.4	0.00	83.3	2.33	1.6	3.86	0.1	5.07	0.0	3.14	0.4	2.64	1.0	5.45	0.0	6.48	0.0	4.05	0.1	5.15	0.0	6.13	0.0
<b>Water</b>	1.01	14.8	0.00	81.0	2.22	1.9	3.79	0.1	4.96	0.0	2.91	0.6	2.42	1.4	5.27	0.0	6.43	0.0	3.98	0.1	5.08	0.0	6.00	0.0

**Table S5:** Compound **2** conformer relative energies ( $\Delta H$ ) in kcal mol<sup>-1</sup> and corresponding populations (%P) obtained at the B3LYP-D3/aug-cc-pVDZ level for the isolated compounds and by using the IEF-PCM implicit solvent model with dichloromethane, acetone, acetonitrile, DMSO, methanol and water dielectric constants.

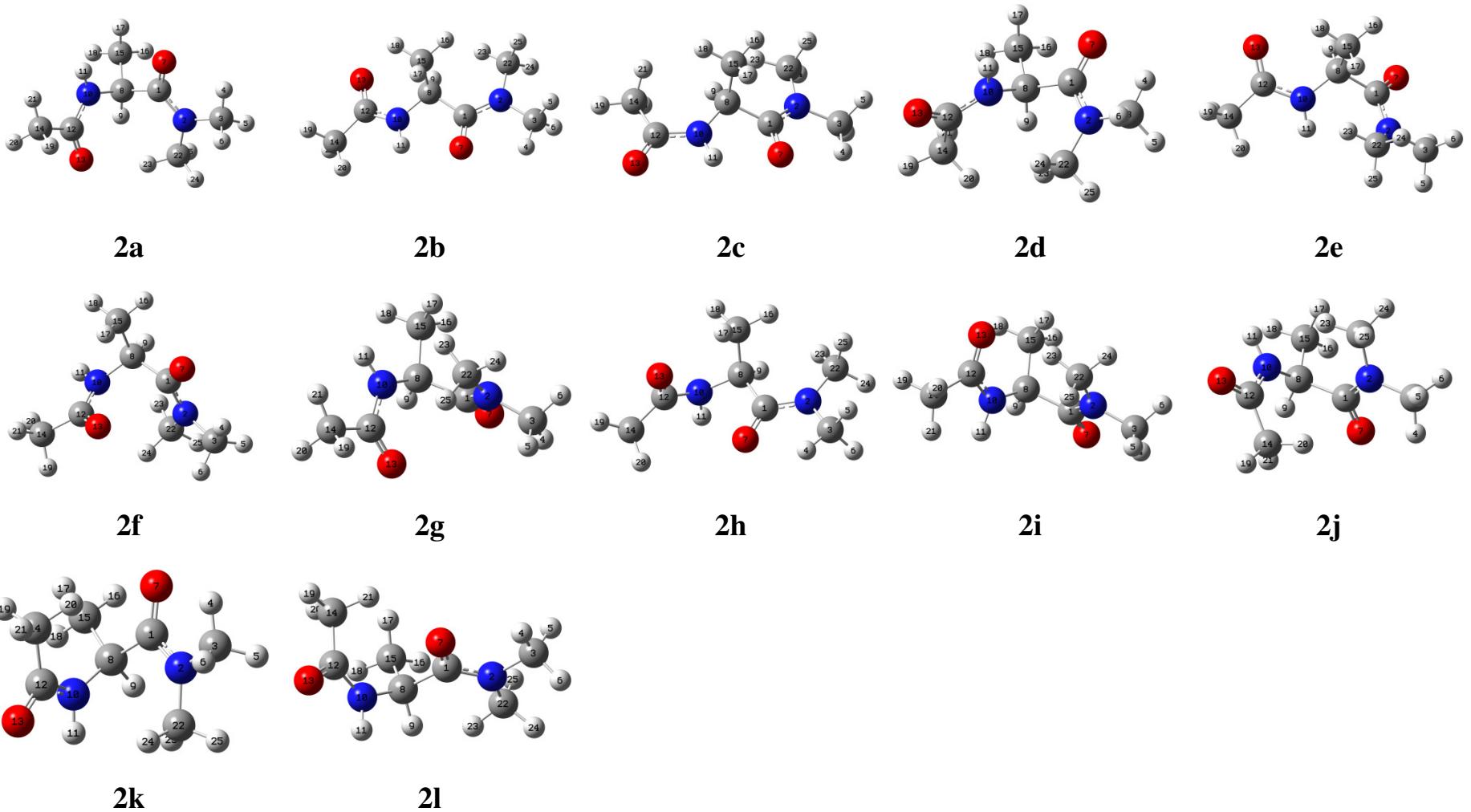
	<b>2a</b>		<b>2b</b>		<b>2c</b>		<b>2d</b>		<b>2e</b>		<b>2f</b>		<b>2g</b>		<b>2h</b>		<b>2i</b>		<b>2j</b>		<b>2k</b>		<b>2l</b>	
	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P	$\Delta H$	%P
<b>Isolated</b>	1.28	10.3	0.00	89.7	4.90	0.0	5.63	0.0	6.88	0.0	6.42	0.0	6.33	0.0	7.92	0.0	7.38	0.0	6.17	0.0	6.87	0.0	9.36	0.0
<b>CH<sub>2</sub>Cl<sub>2</sub></b>	1.61	6.1	0.00	92.6	2.82	0.8	4.23	0.1	5.59	0.0	3.94	0.1	3.51	0.2	6.20	0.0	6.91	0.0	4.48	0.0	5.53	0.0	7.01	0.0
<b>Acetone</b>	1.59	6.2	0.00	91.2	2.48	1.4	4.03	0.1	5.29	0.0	3.33	0.3	2.92	0.7	5.72	0.0	6.79	0.0	4.29	0.1	5.31	0.0	6.63	0.0
<b>Acetonitrile</b>	1.17	11.8	0.00	85.1	2.36	1.6	3.95	0.1	5.17	0.0	3.10	0.5	2.69	0.9	5.54	0.0	6.74	0.0	4.23	0.1	5.22	0.0	6.48	0.0
<b>DMSO</b>	1.14	12.3	0.00	84.3	2.32	1.7	3.93	0.1	5.13	0.0	3.02	0.5	2.62	1.0	5.48	0.0	6.72	0.0	4.20	0.1	5.20	0.0	6.44	0.0
<b>Methanol</b>	1.18	11.6	0.00	85.4	2.37	1.5	3.96	0.1	5.18	0.0	3.13	0.4	2.72	0.9	5.56	0.0	6.74	0.0	4.23	0.1	5.24	0.0	6.50	0.0
<b>Water</b>	1.10	12.9	0.00	83.2	2.26	1.8	3.90	0.1	5.07	0.0	2.92	0.6	2.52	1.2	5.39	0.0	6.70	0.0	4.18	0.1	5.16	0.0	6.37	0.0

**Table S6:** Compound **2** conformer relative energies ( $\Delta G$ ) in kcal mol<sup>-1</sup> and corresponding populations (%P) obtained at the B3LYP-D3/aug-cc-pVDZ level for the isolated compounds and by using the IEF-PCM implicit solvent model with dichloromethane, acetone, acetonitrile, DMSO, methanol and water dielectric constants.

	<b>2a</b>		<b>2b</b>		<b>2c</b>		<b>2d</b>		<b>2e</b>		<b>2f</b>		<b>2g</b>		<b>2h</b>		<b>2i</b>		<b>2j</b>		<b>2k</b>		<b>2l</b>	
	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P	$\Delta G$	%P
<b>Isolated</b>	0.74	22.3	0.00	77.3	5.36	0.0	6.03	0.0	6.93	0.0	6.19	0.0	6.14	0.0	7.83	0.0	6.97	0.0	6.21	0.0	7.67	0.0	10.22	0.0
<b>CH<sub>2</sub>Cl<sub>2</sub></b>	0.64	25.1	0.00	74.4	3.39	0.2	4.22	0.1	5.37	0.0	4.39	0.0	3.64	0.2	6.42	0.0	7.23	0.0	5.16	0.0	6.05	0.0	7.98	0.0
<b>Acetone</b>	0.70	23.2	0.00	75.7	3.06	0.4	3.93	0.1	5.12	0.0	3.78	0.1	3.13	0.4	5.67	0.0	7.16	0.0	5.00	0.0	5.80	0.0	7.54	0.0
<b>Acetonitrile</b>	0.63	25.4	0.00	73.2	2.92	0.5	4.04	0.1	4.98	0.0	3.57	0.2	2.94	0.5	5.44	0.0	7.16	0.0	4.95	0.0	5.71	0.0	7.42	0.0
<b>DMSO</b>	0.61	25.8	0.00	72.7	2.87	0.6	4.06	0.1	4.92	0.0	3.49	0.2	2.85	0.6	5.36	0.0	7.16	0.0	4.92	0.0	5.67	0.0	7.38	0.0
<b>Methanol</b>	0.64	25.0	0.00	73.7	2.94	0.5	4.03	0.1	5.00	0.0	3.60	0.2	2.96	0.5	5.47	0.0	7.16	0.0	4.96	0.0	5.72	0.0	7.44	0.0
<b>Water</b>	0.61	25.7	0.00	72.6	2.80	0.6	4.08	0.1	4.84	0.0	3.40	0.2	2.76	0.7	5.27	0.0	7.16	0.0	4.89	0.0	5.63	0.0	7.34	0.0

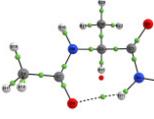
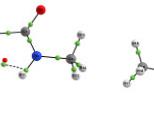
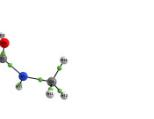


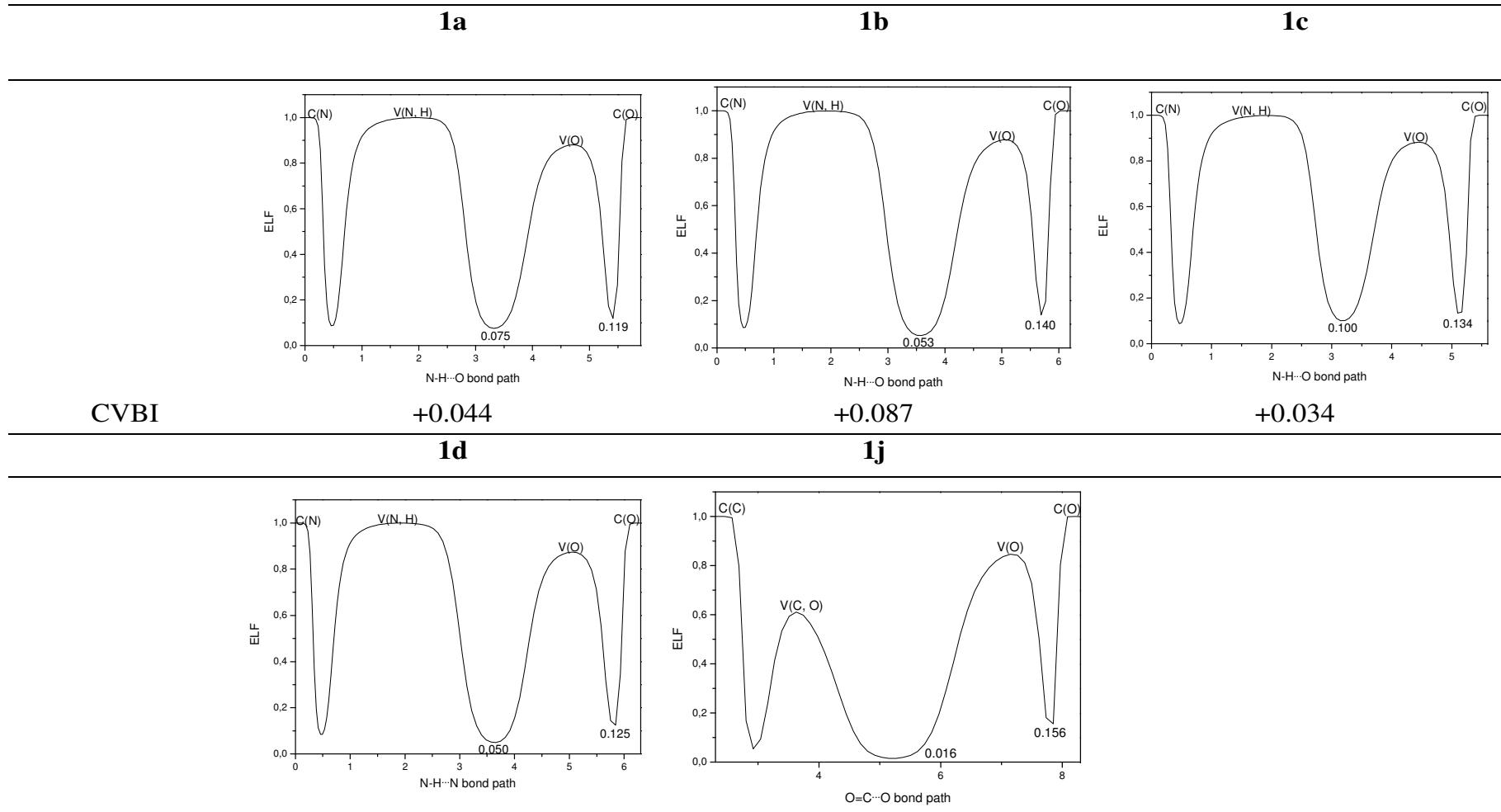
**Figure S1:** Geometrical representations of Ac-Ala-NHMe conformers obtained at the B3LYP-D3/aug-cc-pVDZ level.



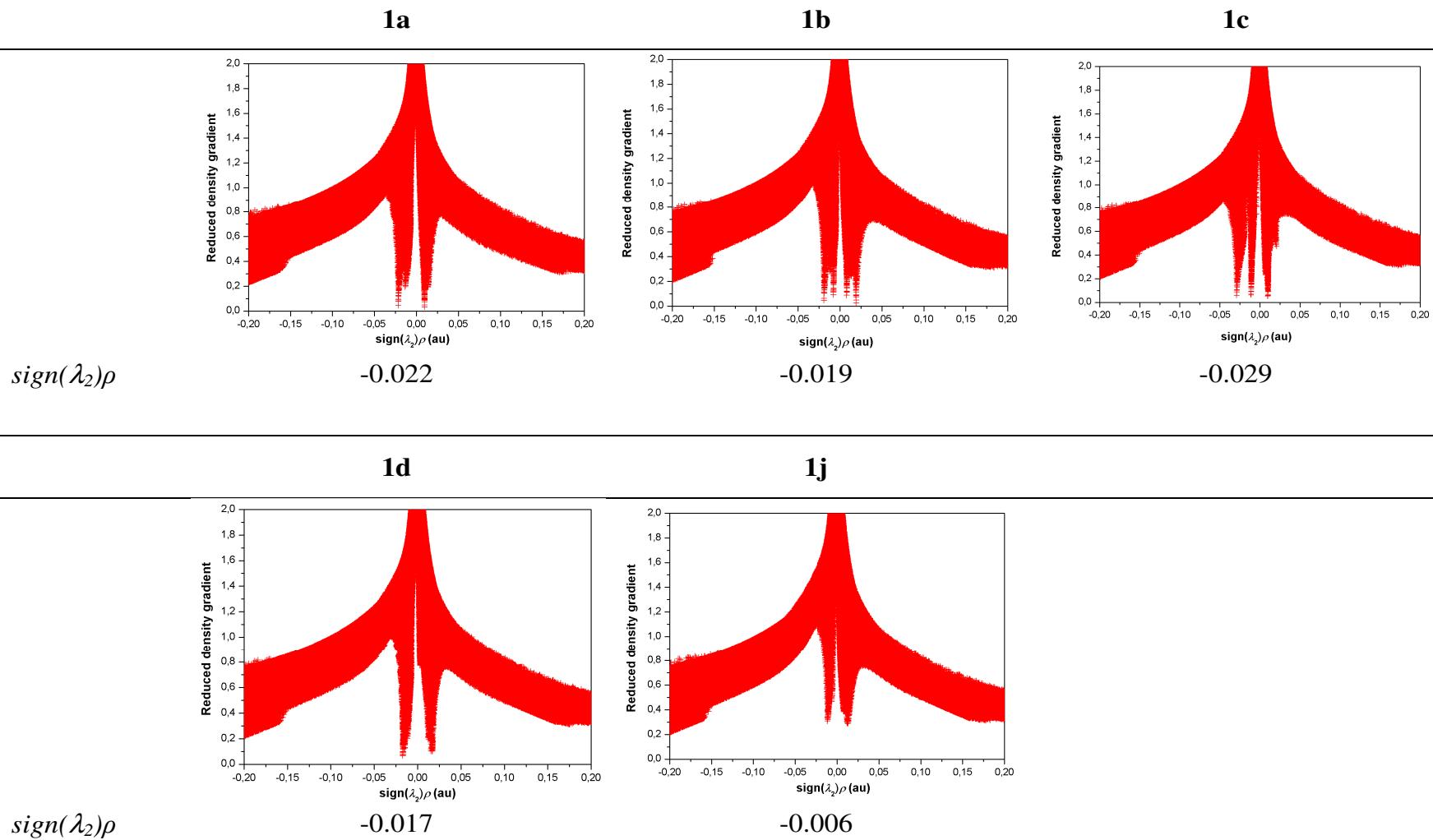
**Figure S2:** Geometrical representations of Ac-Ala-N(Me)<sub>2</sub> conformers obtained at the B3LYP-D3/aug-cc-pVDZ level.

**Table S7:** QTAIM molecular graphs of compound **1** most stable conformers obtained from B3LYP-D3/aug-cc-pVDZ optimisations. Electron density ( $\rho$ ), Laplacian of the electron density ( $\nabla^2\rho$ ) and ellipticity values ( $\varepsilon$ , au) in the N-H $\cdots$ O (**1a-1c**) and N-H $\cdots$ N (**1d**) intramolecular hydrogen bond (IHB) bond critical point (BCP) are indicated for each case.

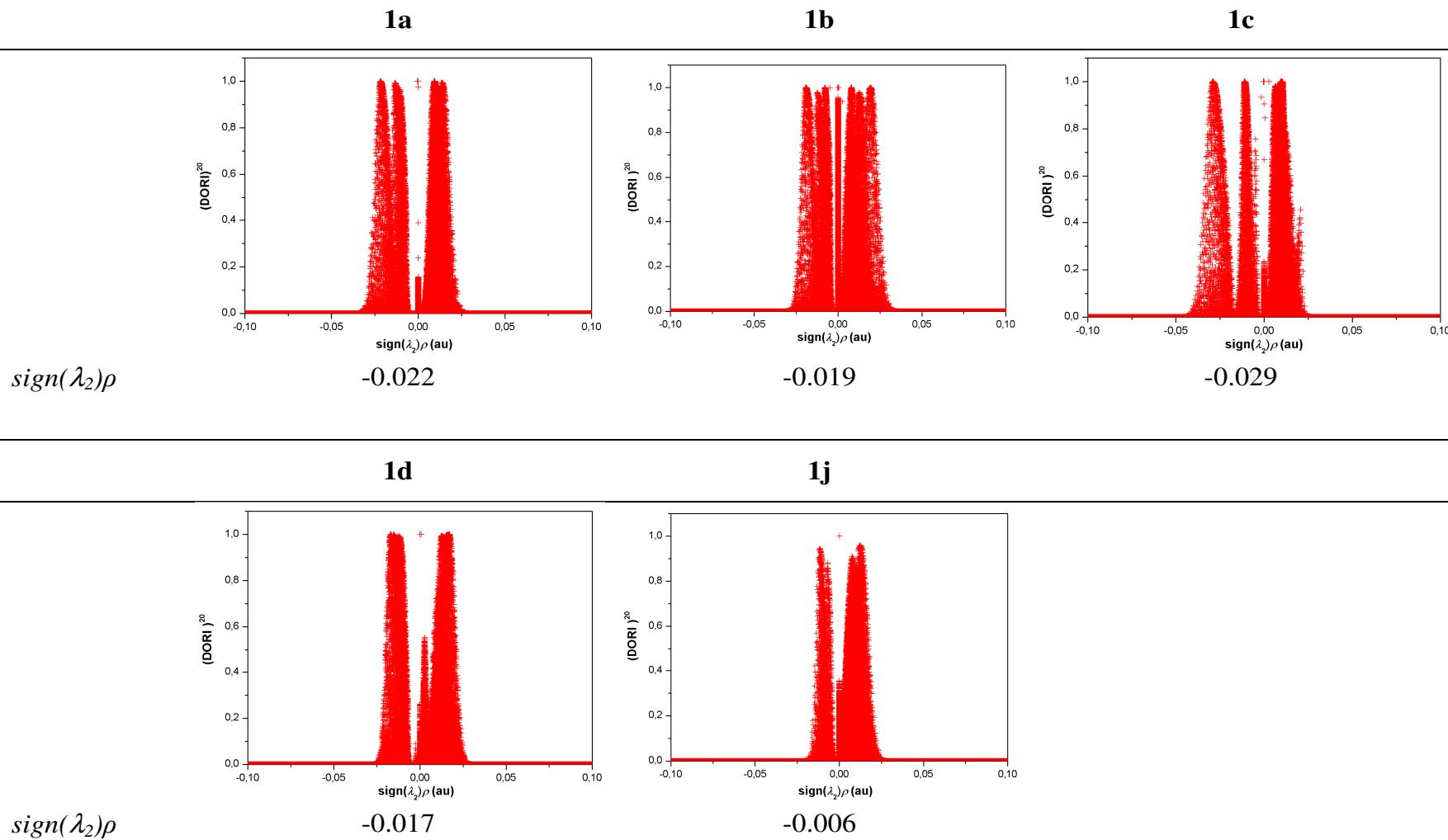
	<b>1a</b>	<b>1b</b>	<b>1c</b>	<b>1d</b>	<b>1j</b>
					
$\rho$	<b>0.022</b>	---	<b>0.029</b>	<b>0.017</b>	---
$\nabla\rho$	<b>+0.065</b>	---	<b>+0.095</b>	<b>+0.065</b>	---
$\varepsilon$	<b>0.035</b>	---	<b>0.038</b>	<b>1.261</b>	---



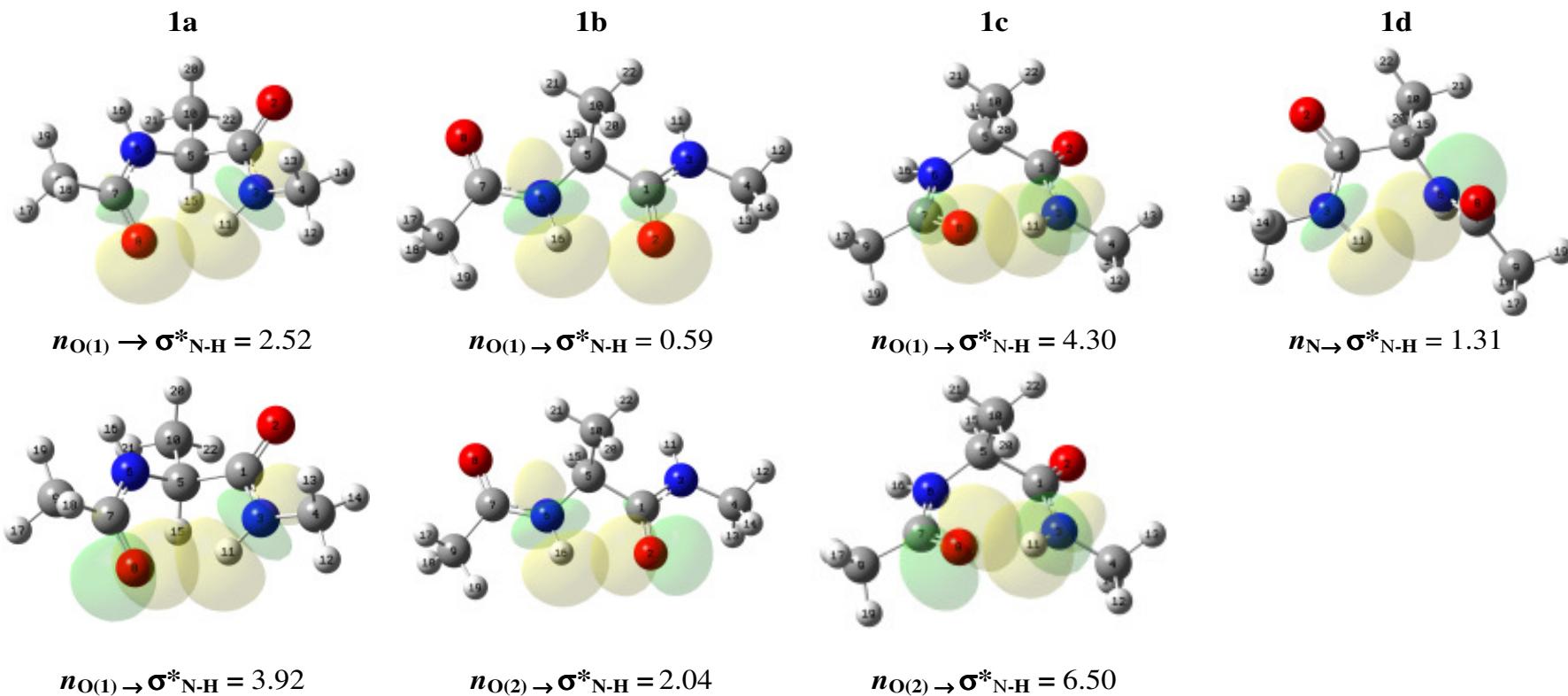
**Figure S3:** Graphs of ELF value along the bond path of the IHBs for the most stable conformers of compound **1**. The graph for compound **1j** measures ELF values on the  $\text{C}=\text{O}\cdots\text{C}$  bond path. Core valence bifurcation index (CVBI) values (au) for each case obtained from those graphs are also indicated.



**Figure S4:** Graph of the RDG vs  $sign(\lambda_2)\rho$  for the main conformers of compound **1**. Values of  $sign(\lambda_2)\rho$  (au) corresponding to IHBs peaks in the (RDG) vs  $sign(\lambda_2)\rho$  graphs are given for each case.

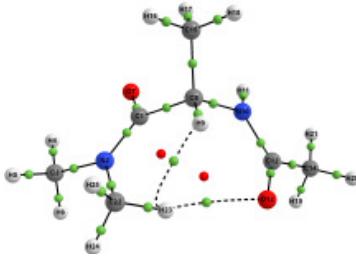


**Figure S5:** DORI vs  $sign(\lambda_2)\rho$  graphs for the most stable conformers of compound **1**. DORI values were multiplied by  $10^{20}$  in order to obtain sharper DORI peaks.



**Figure S6:** NBO plots of  $n \rightarrow \sigma^*_{NH}$  interactions for main conformers of **1**. Figures were obtained at the B3LYP-D3/aug-cc-pVDZ level with an isovalue of 0.04 au.  $n \rightarrow \sigma^*_{NH}$  energy values are given in kcal mol<sup>-1</sup>.

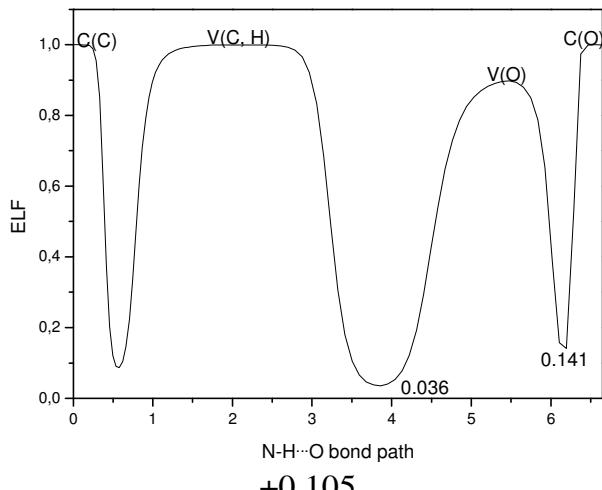
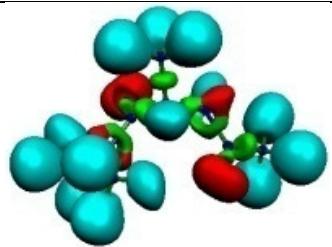
**Table S8:** QTAIM molecular graphs of compound **2** most stable conformers obtained from B3LYP-D3/aug-cc-pVDZ optimisations. Electron density ( $\rho$ ), Laplacian of the electron density ( $\nabla^2\rho$ ) and ellipticity values ( $\varepsilon$ , au) in the C-H $\cdots$ O=C (**2a**) and C-H $\cdots$ O=C (**2b**) IHB bond critical point (BCP) are indicated.

	<b>2a</b>	<b>2b</b>
		
$\rho$	0.012	0.021
$\nabla\rho$	+0.034	+0.086
$\varepsilon$	0.136	1.760

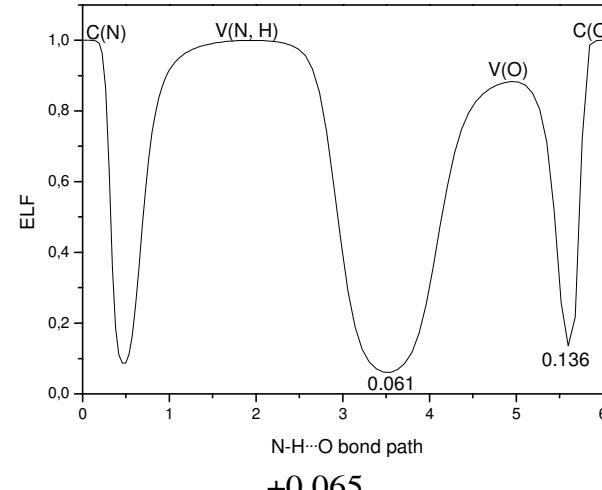
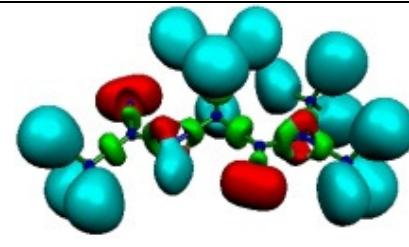
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**2a**

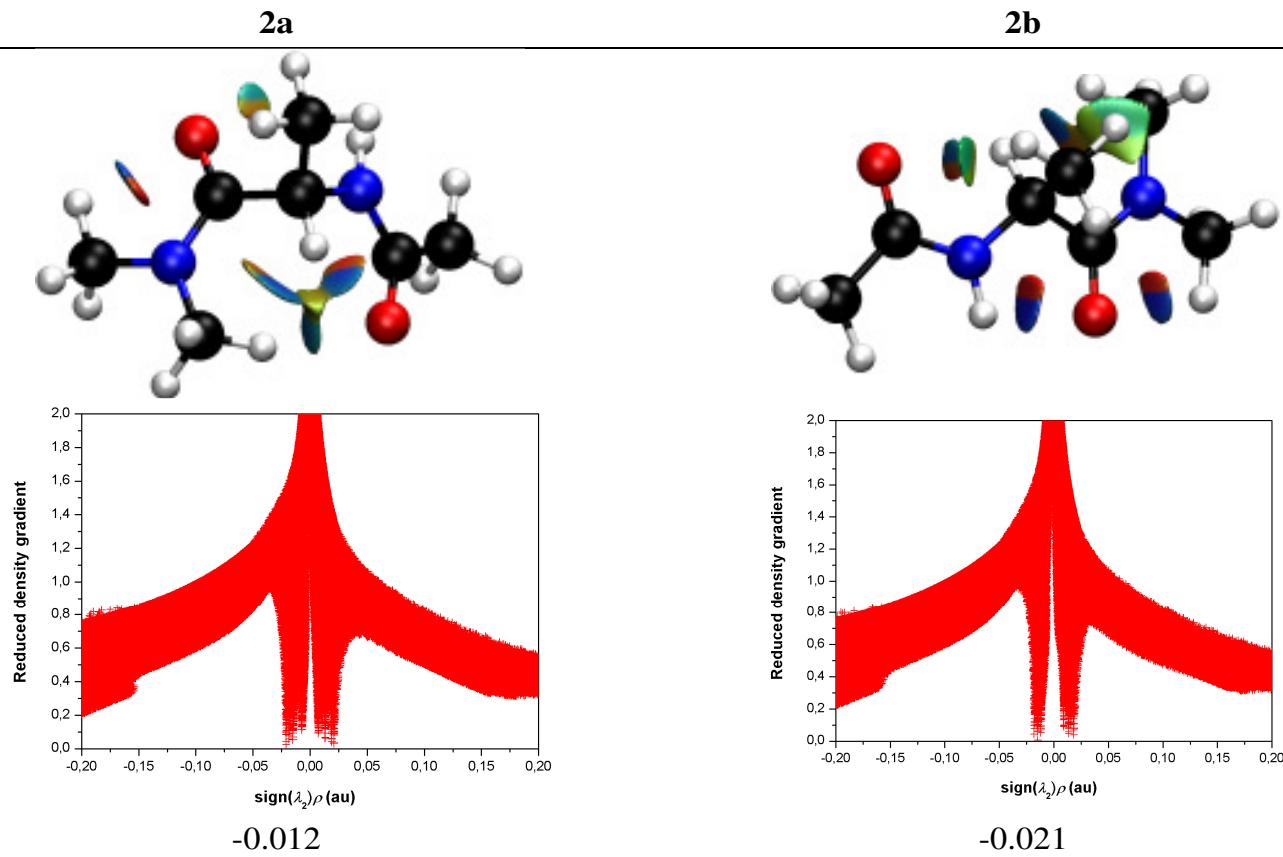
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**2b**

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**Figure S7:** ELF localization domains, built with an 0.8 au isodensity value, and graphs of ELF value along the bond path of the IHBs for the most stable conformers of compound **2**. Core valence bifurcation index (CVBI) values (au) for each case obtained from those graphs are also indicated.

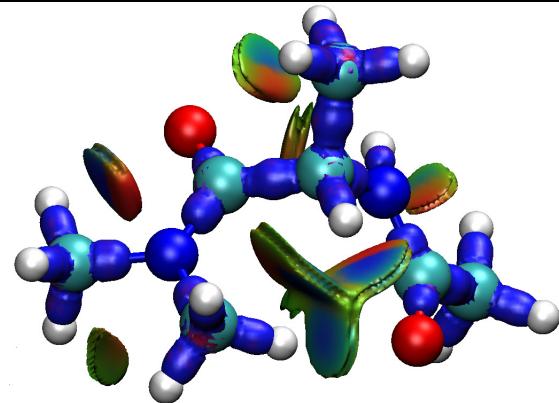


**Figure S8:** Graph of the RDG vs  $\text{sign}(\lambda_2)\rho$  for the most stable conformers of compound **2**. Values of  $\text{sign}(\lambda_2)\rho$  (au) corresponding to IHBs peaks in the (RDG) vs  $\text{sign}(\lambda_2)\rho$  graphs are given for each case. NCI figures were obtained with a blue-green-red scale ranging from  $-0.02 < \text{sign}\lambda_2 < 0.02$  au and with a RDG cutoff of 0.5 au. Sign( $\lambda_2$ ) $\rho$  values given are related to the C-H $\cdots$ O=C (**2a**) and N-H $\cdots$ O=C IHBs (**2b**).

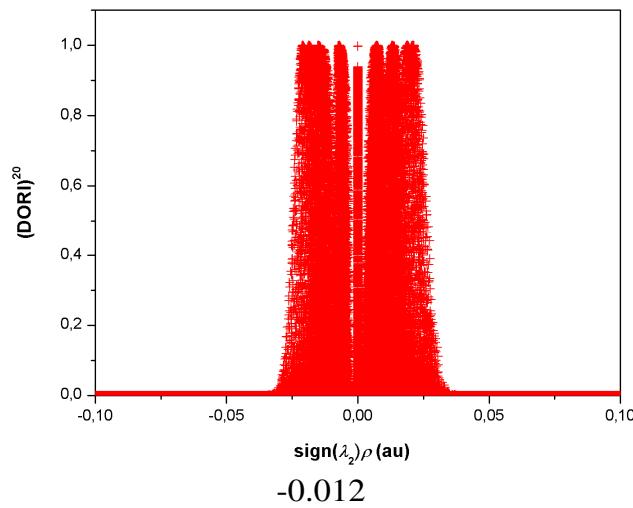
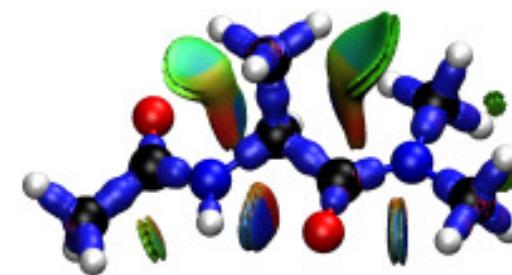
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**2a**

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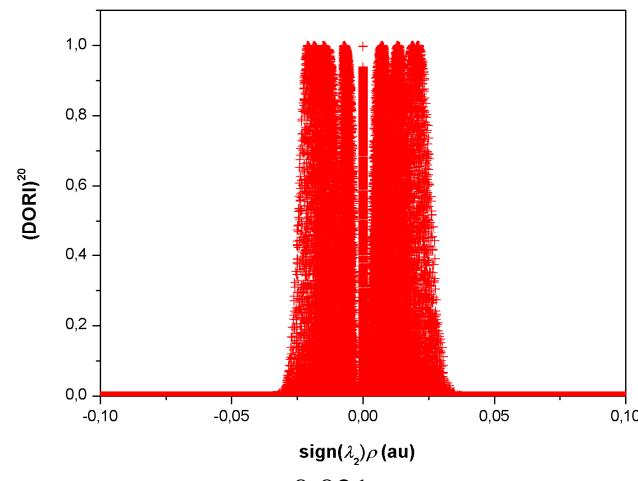
**2b**

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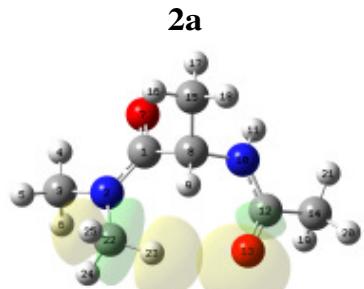
$sign(\lambda_2)\rho$

-0,012

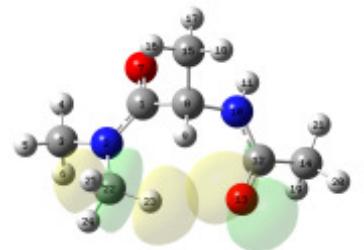


-0,021

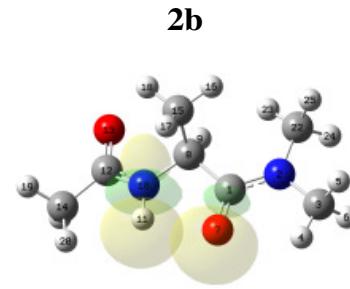
**Figure S9:** DORI vs  $sign(\lambda_2)\rho$  graphs for the most stable conformers of compound **1**. DORI values were multiplied by  $10^{20}$  in order to obtain sharper DORI peaks.



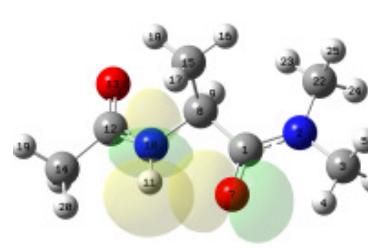
$$n_{O(1)} \rightarrow \sigma^*_{C-H} = 0.95$$



$$n_{O(2)} \rightarrow \sigma^*_{C-H} = 1.71$$

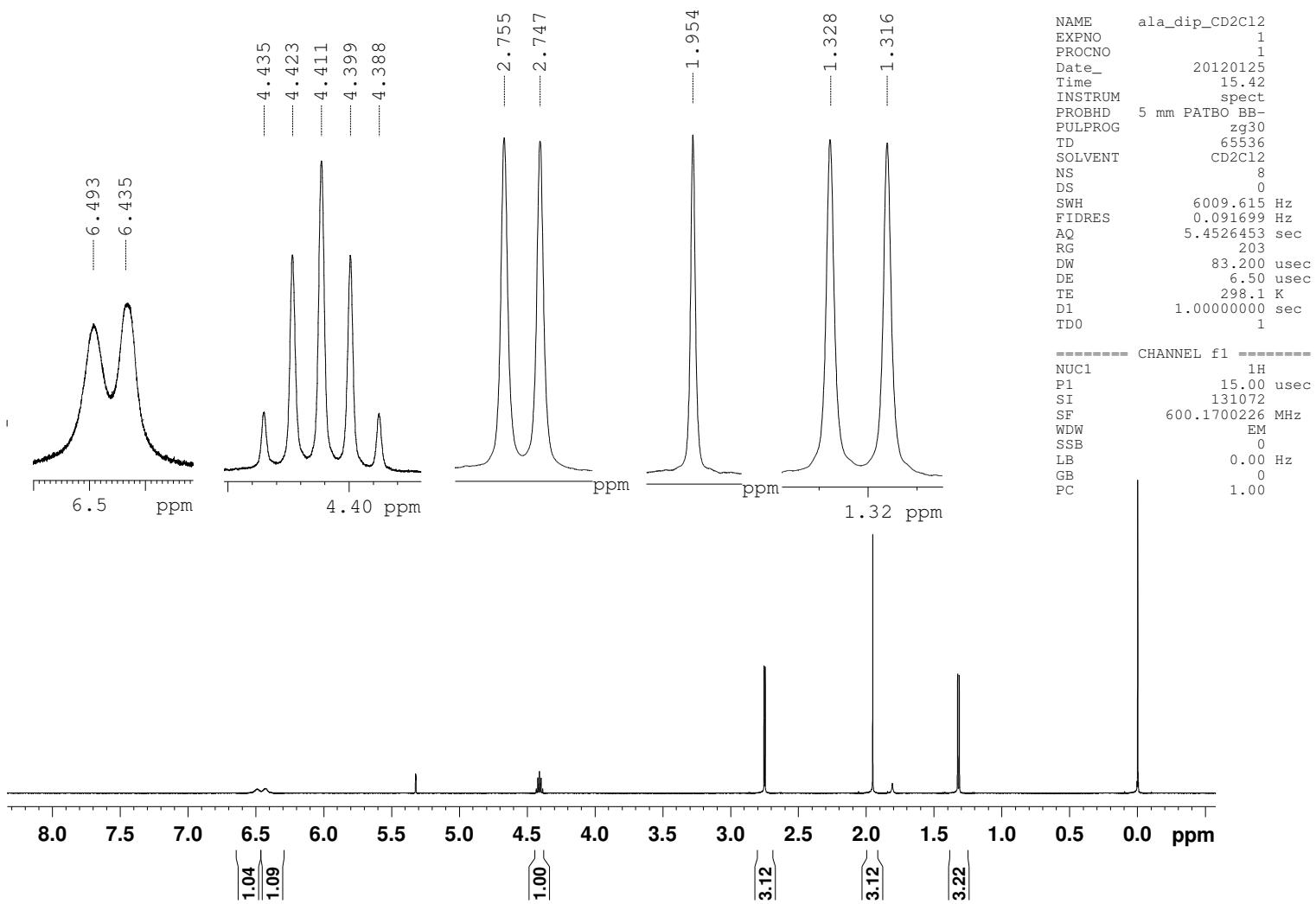


$$n_{O(1)} \rightarrow \sigma^*_{N-H} = 0.82$$

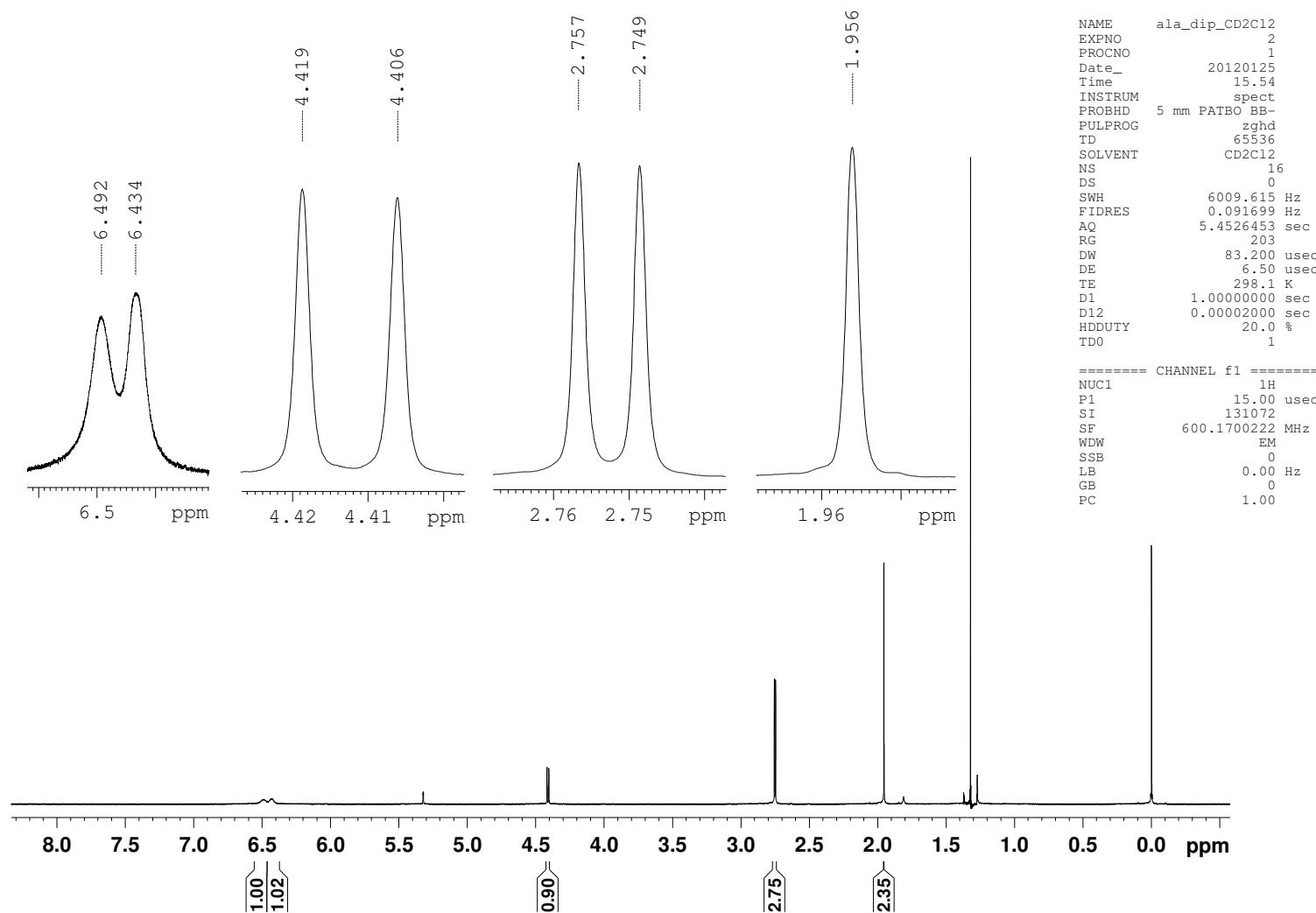


$$n_{O(2)} \rightarrow \sigma^*_{N-H} = 2.37$$

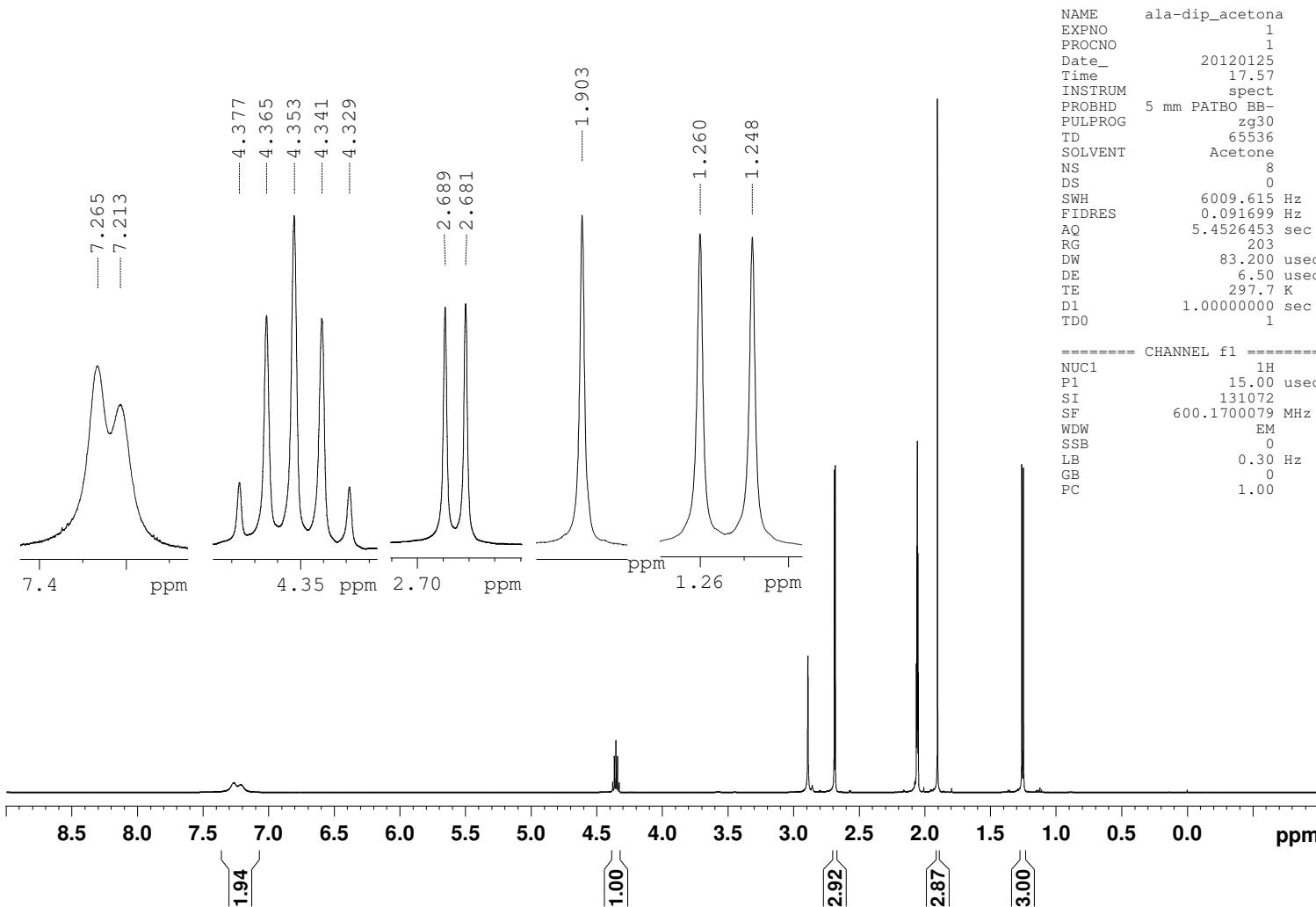
**Figure S10:** NBO plots of  $n \rightarrow \sigma^*_{NH}$  interactions for main conformers of **1**. Figures were obtained at the B3LYP-D3/aug-cc-pVDZ level with an isovalue of 0.04 au.  $n \rightarrow \sigma^*_{NH}$  energy values are given in kcal mol<sup>-1</sup>.



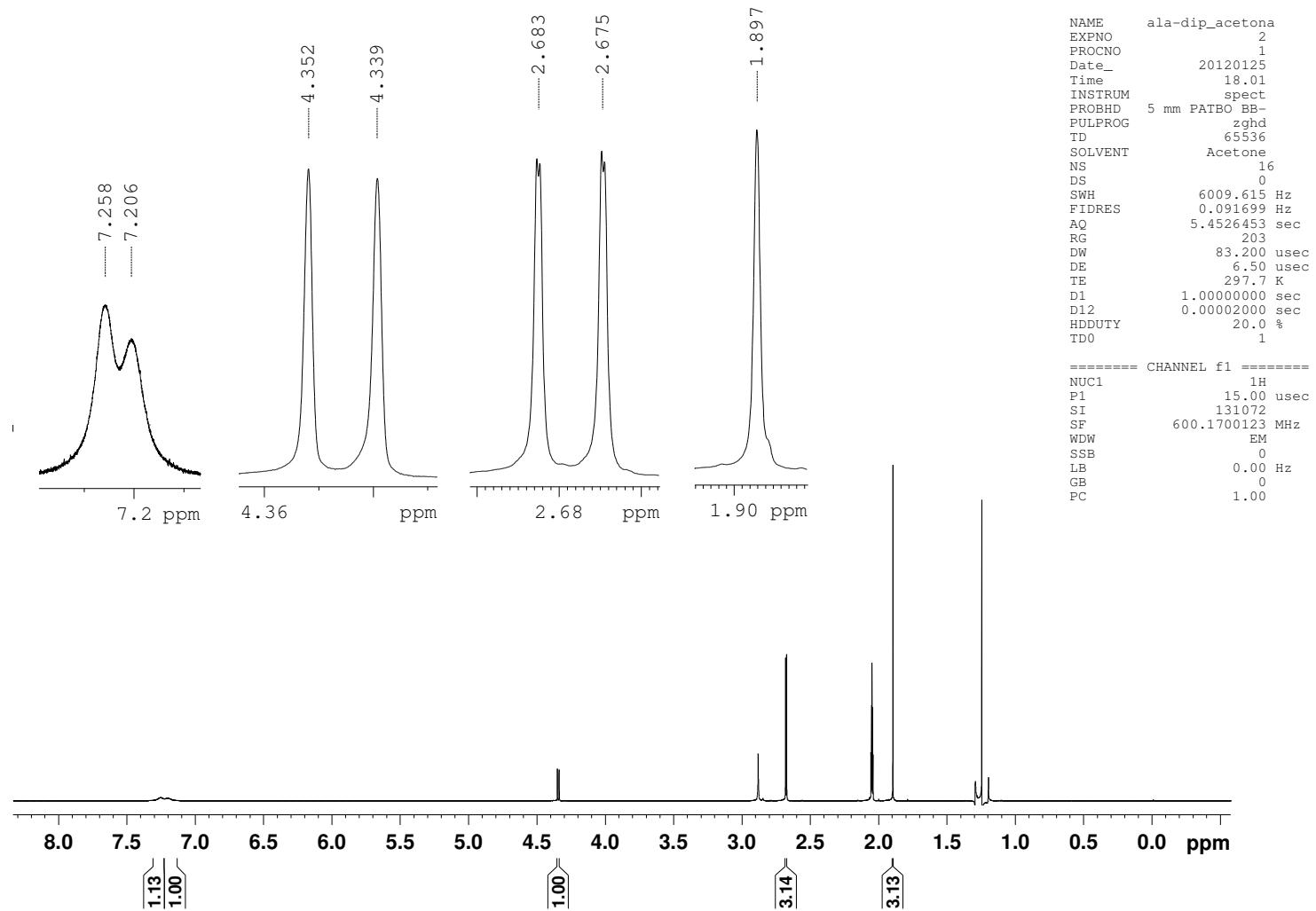
**Spectrum S1:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{CD}_2\text{Cl}_2$ .



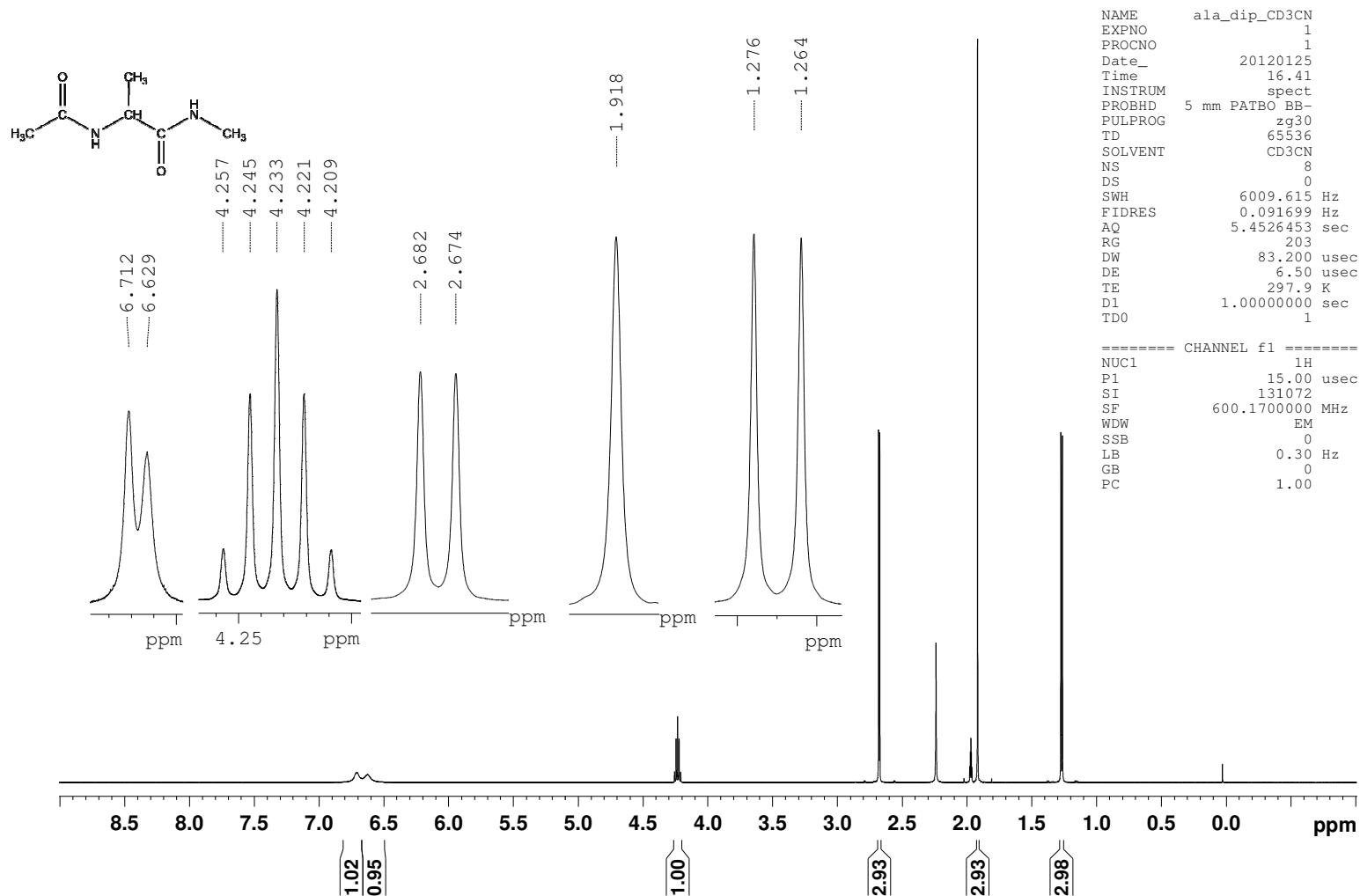
**Spectrum S2:** Experimental  $^1\text{H}$  NMR homonuclear decoupling spectrum of Ac-Ala-NHMe in  $\text{CD}_2\text{Cl}_2$ . (irradiated  $\text{CH}_3$  signal at  $\sim 1.3$  ppm)



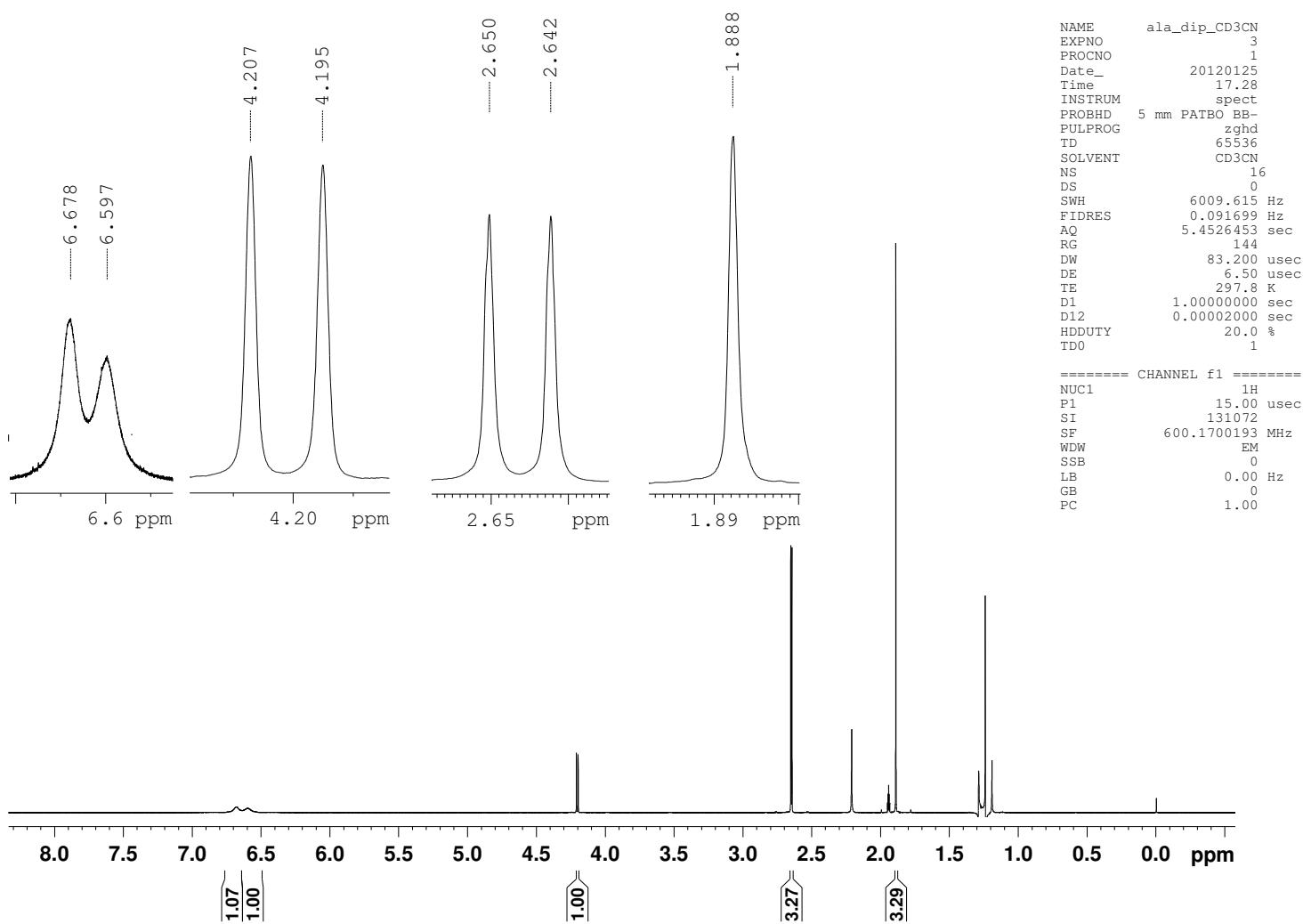
**Spectrum S3:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in acetone- $\text{d}_6$ .



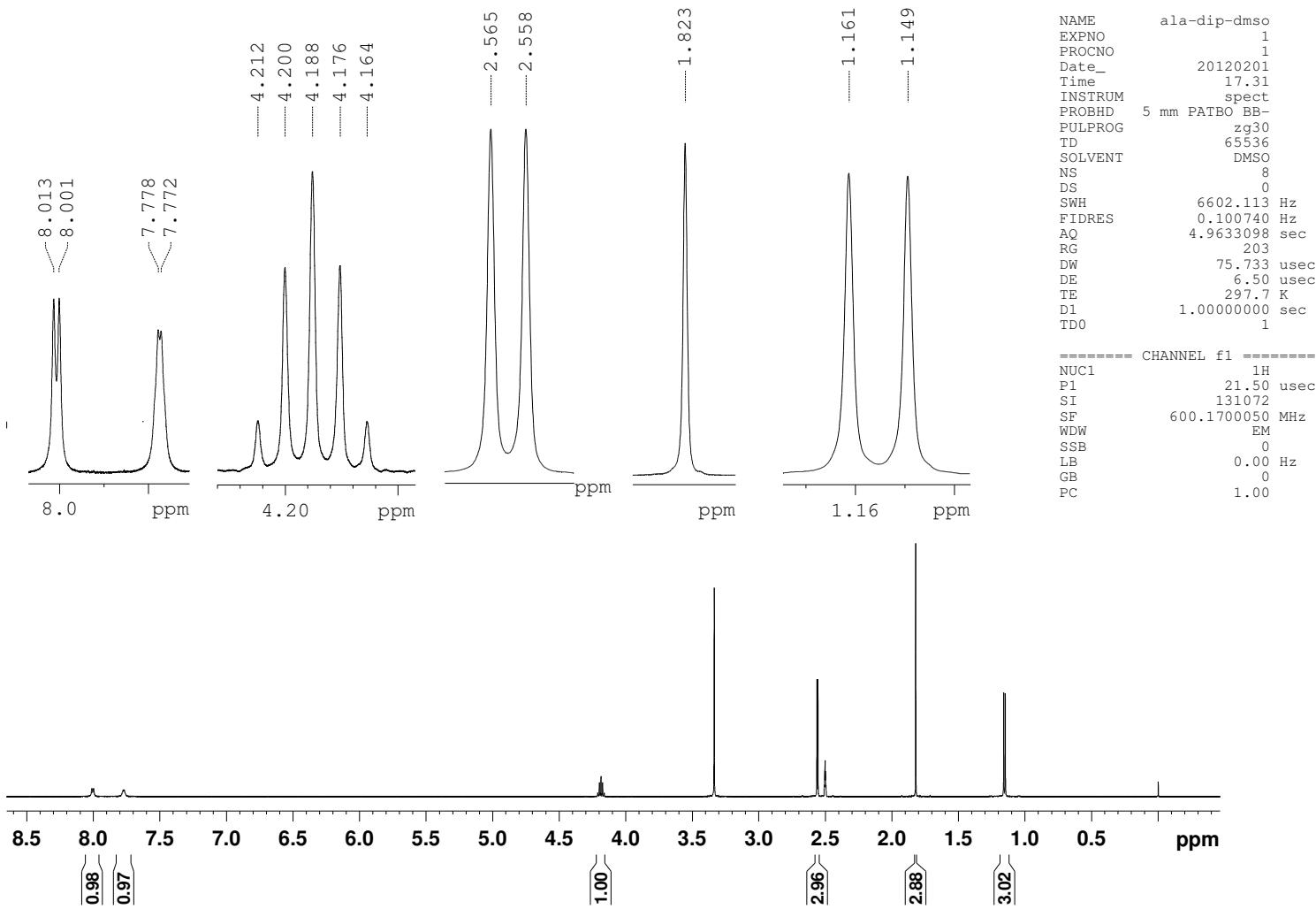
**Spectrum S4:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in acetone- $\text{d}_6$  (irradiated  $\text{CH}_3$  signal at  $\sim 1.3$  ppm).



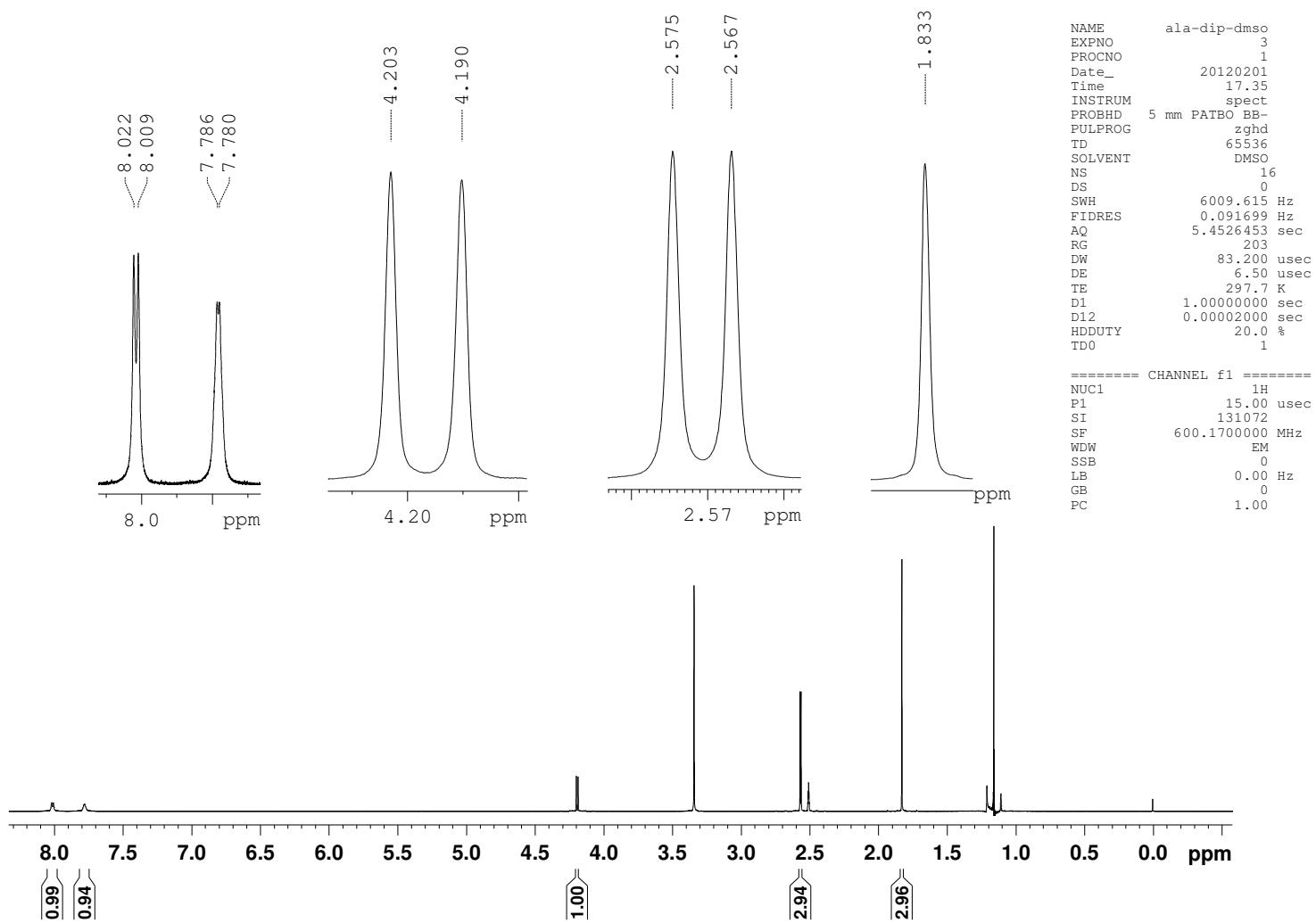
**Spectrum S5:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{CD}_3\text{CN}$ .



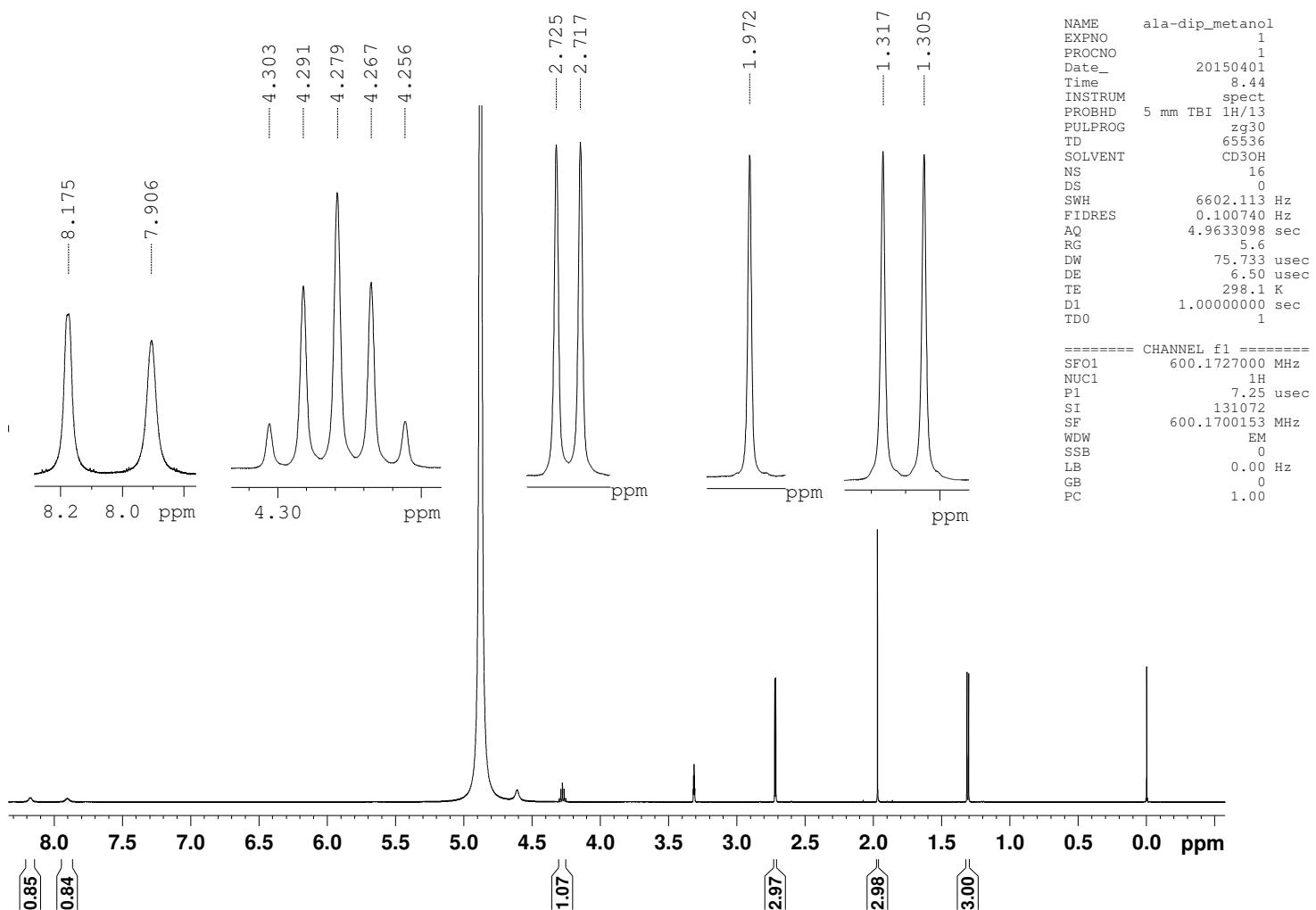
**Spectrum S6:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{CD}_3\text{CN}$  (irradiated  $\text{CH}_3$  signal at  $\sim 1.3$  ppm).



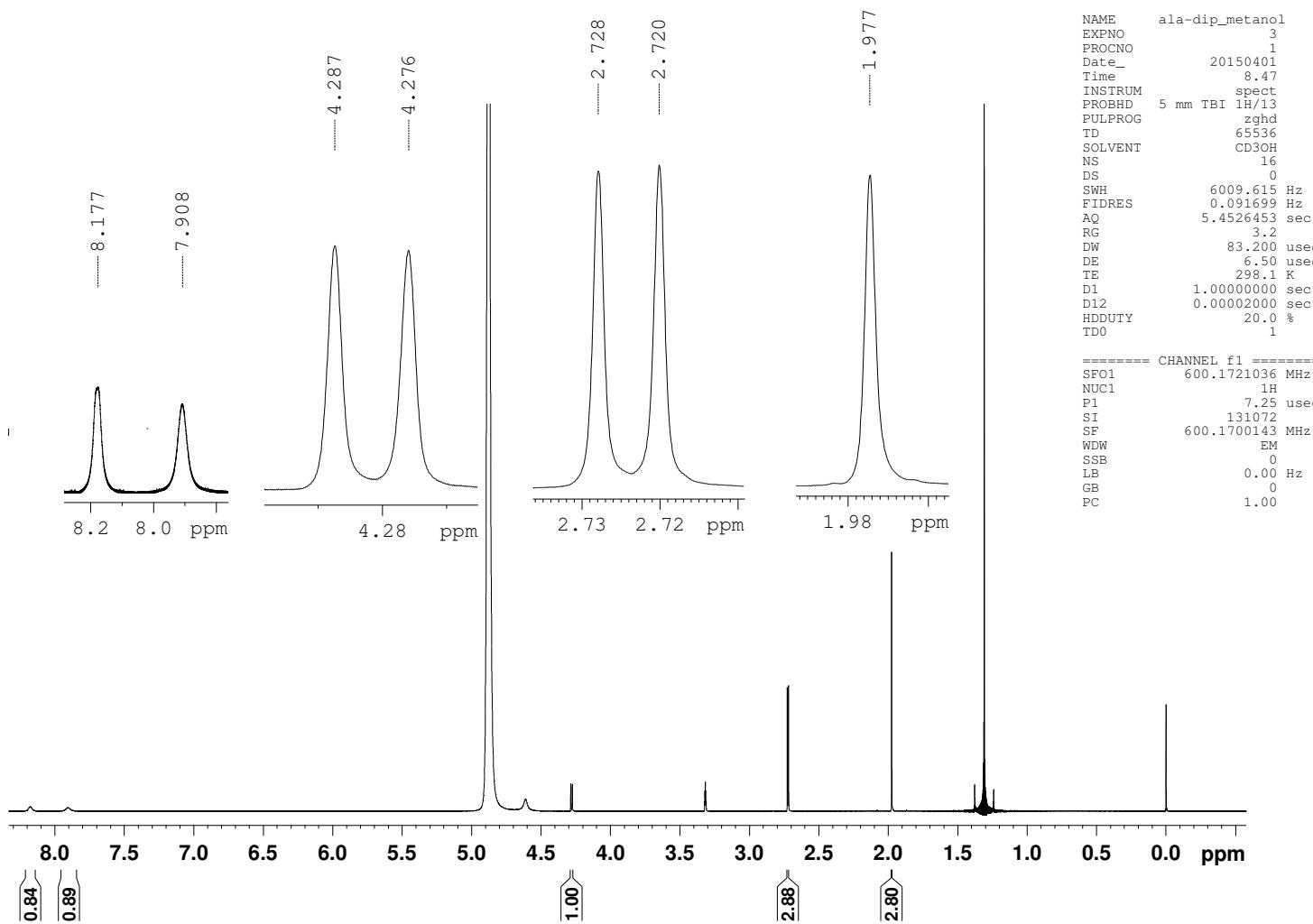
**Spectrum S7:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{DMSO-d}_6$ .



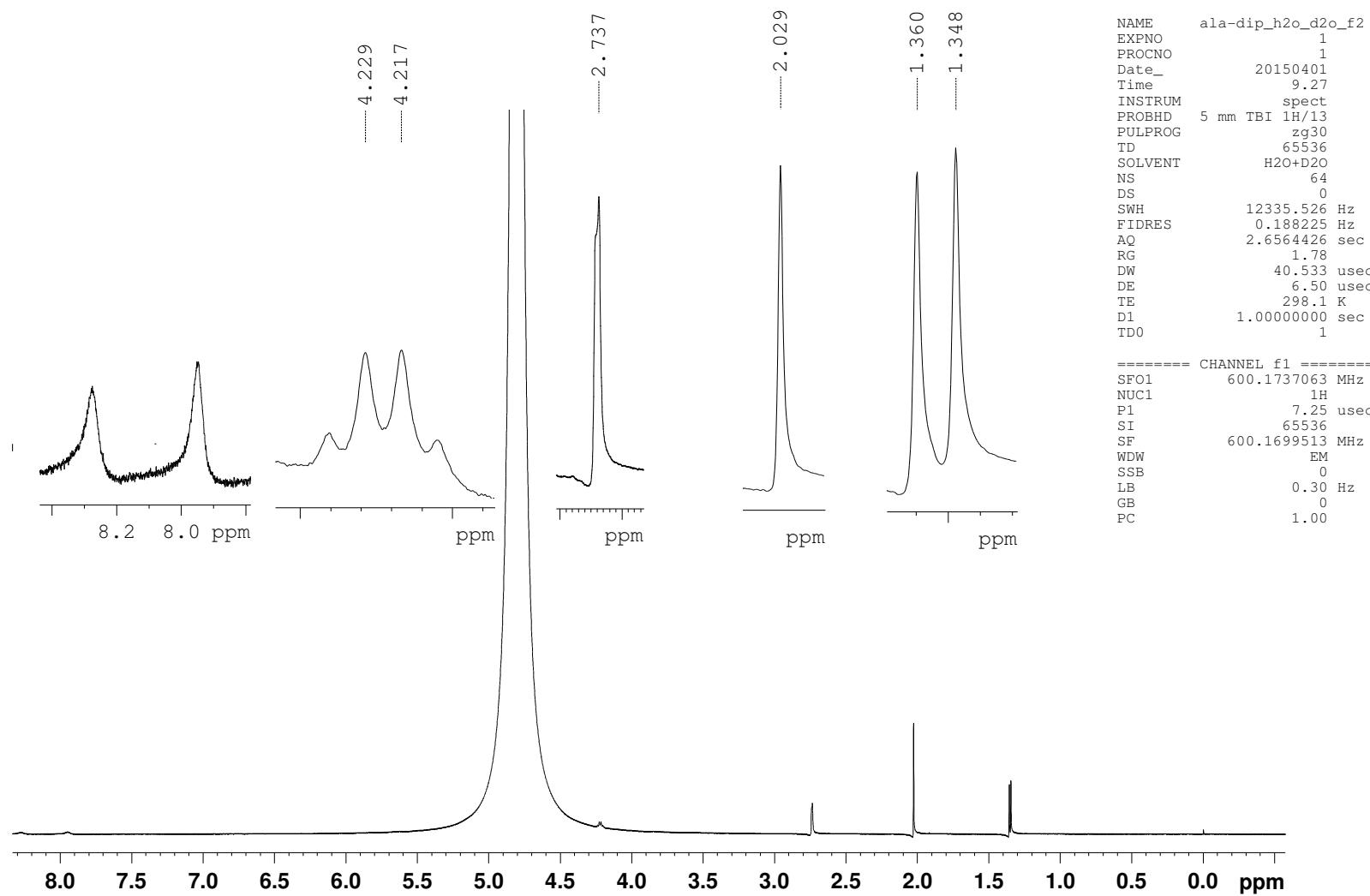
**Spectrum S8:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{DMSO-d}_6$  (irradiated  $\text{CH}_3$  signal at  $\sim 1.3$  ppm).



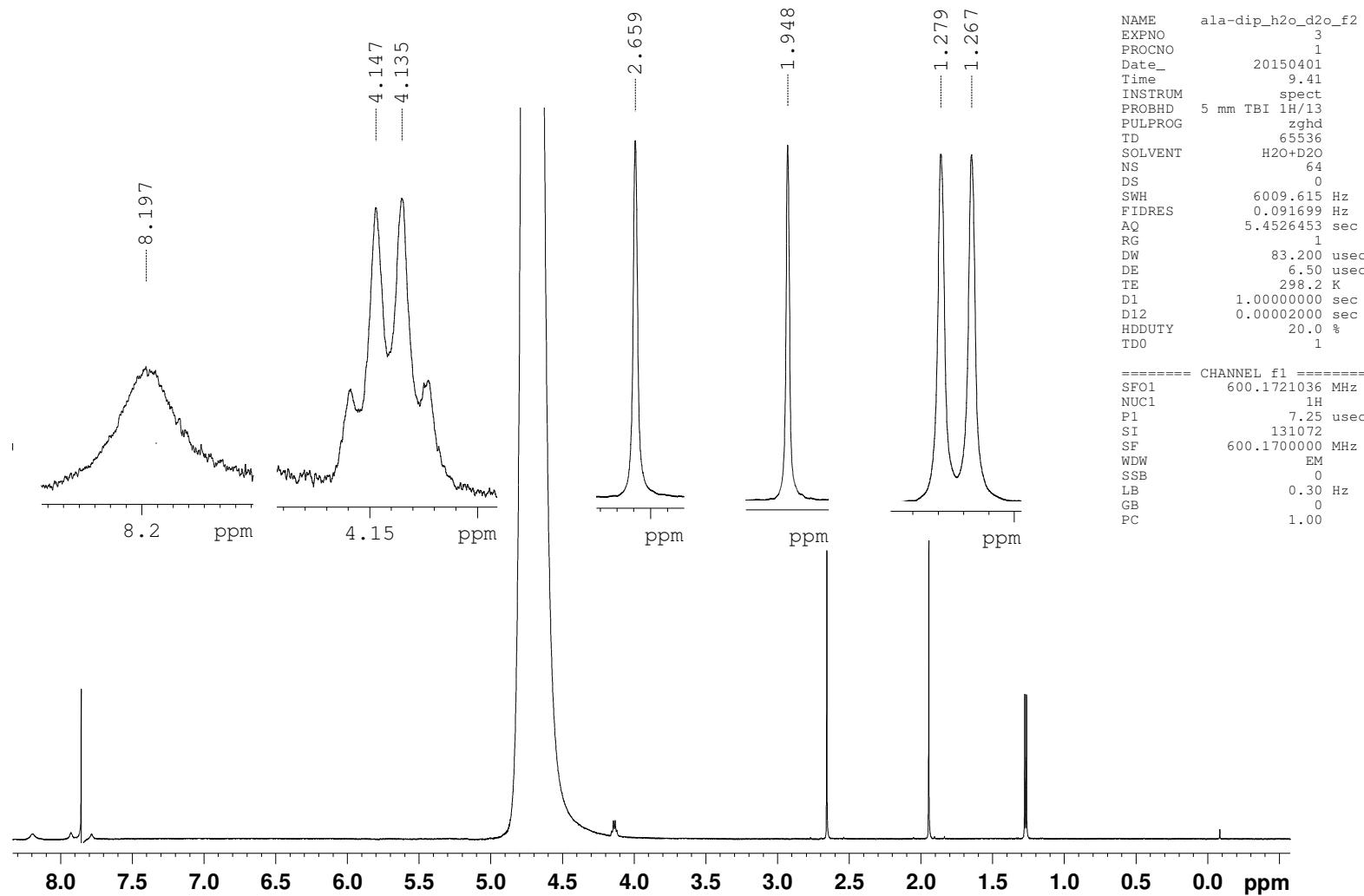
**Spectrum S9:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{CD}_3\text{OH}$ .



**Spectrum S10:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{CD}_3\text{OH}$  (irradiated  $\text{CH}_3$  signal at  $\sim 1.3$  ppm).



**Spectrum S11:** Experimental  $^1\text{H}$  NMR spectrum of Ac-Ala-NHMe in  $\text{H}_2\text{O}$ , using  $\text{D}_2\text{O}$  in a insertion tube.



**Spectrum S12:** Experimental  $^1\text{H}$  NMR homonuclear decoupling spectrum of Ac-Ala-NHMe in  $\text{H}_2\text{O}$ , using  $\text{D}_2\text{O}$  in a insertion tube (irradiated  $\text{CH}_3$  signal at  $\sim 1.3$  ppm).

