Supporting information:

Fig S1. UV-Visible spectra of 0.10 mg ml⁻¹ triphala and 0.10 mg ml⁻¹ guggul extracts.

Fig S2. One dimensional ¹H NMR spectra of triphala and guggul extracts at 25°C and pH 7.4.

Fig S3. One dimensional ¹H NMR spectra of aqueous triphala extracts obtained from different sources: TW1: triphala powder; TW2: Himalaya Pharmacy Ltd Company, India; TW3: Zandu Ayurveda Ltd Company, India; and TW4: Shree Baidyanath Ayurved Bhavan Pvt Ltd India.

Fig S4. Far UV-CD spectra of lysozyme (A) at native state in presence of herbal extracts and (B) at different time interval of fibrillation process.