Appendix 2

A: Regression analysis of age on fasting blood glucose

B: Regression analysis of BMI on fasting blood glucose

C: Regression analysis of intervention time on fasting blood glucose
D: Regression analysis of proportion on fasting blood glucose

Fig. 1 meta-regression analyses of fasting blood glucose in different n-6/n-3 PUFA ratios

A: Regression analysis of age on fasting insulin

B: Regression analysis of BMI on fasting insulin
C: Regression analysis of intervention time on fasting insulin

D: Regression analysis of proportion on fasting insulin

Fig. 2 meta-regression analyses of fasting insulin in different n-6/n-3 PUFA ratios

Proportion: n-6/n-3 PUFA ratio between the intervention group and the control group