1	Electronic Supporting Information (ESI)					
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3	Multicompartment Emulsion Microdroplets for Programmed Release of					
4	Hydrophobic Cargoes					
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19 Environmental stress stability

The nanodroplet-stabilized multicompartment core/shell microdroplets were subjected to a range 20 of environmental stresses for monitoring their physical stability. pH stability. Newly prepared 21 microdroplets dispersions were placed into a series of different glass tubes, and then their pH values 22 were adjusted to obtain values ranging from 2 to 9 by addition of 1 M HCl or 1 M NaOH. Ionic 23 strength stability. Newly prepared microdroplets dispersions (pH 7) were transferred to glass tubes, 24 25 then varying levels of NaCl solution were added with salt levels ranging from 0 to 500 mM NaCl. Thermal processing stability. Newly prepared microdroplets dispersions (pH 7, 0 mM NaCl) were 26 distributed amongst a series of sealed glass tubes that were placed into water baths set at different 27 temperatures (25-100 °C) for 30 min. Agitation stability. Newly prepared microdroplets dispersions 28 (pH 7, 0 mM NaCl) were subjected to a series of stirring rate (0-600 rpm) with magnetic rotor for 30 29 min, and transferred to glass tubes for storage and analysis. 30

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32	Table S1. Phy	vsicochemical	characteristic	of studied	aroma compo	unds.
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Fragrance compounds	2,3-Butanedione	cis-3-Hexen-1-ol	Ethyl butyrate	d-Limonene
Chemical formula	$C_4H_6O_2$	C ₈ H ₁₂₀	$C_{6}H_{12}O_{2}$	C10H16
Structural formula	H ₃ C CH ₃	нзсон	H ₃ C CH ₃	H ₃ C CH ₃
Boiling point (°C)	87	156.5	120	176
LogP	-1.80	1.34	1.85	4.57
Vapour pressure (Pa) at 25 °C	7572.71	317	1510	199.98
Solubility in water (g/L) at 25 °C	200	14.7	4.90	13.80
Odour descriptor	Butter, Fat	Fresh-green	Ethereal-fruity	Citrus-like

33 ^a P-Partition coefficient between octanol and water.

³⁴ ^bWater solubility at 25 °C.

рН	рН 2.0	рН 4.0	рН 7.0	рН 9.0
$D_{4,3}$	13.94±0.06a	13.97±0.30a	13.99±0.07a	14.14±0.12a
ionic concentration ^b	0 mmol	100 mmol	300 mmol	500 mmol
D _{4,3}	13.95±0.06a	14.04±1.00a	14.04±0.40a	14.23±0.39a
Temperture ^c	25 °C	50 °C	80 °C	100 °C
D _{4,3}	13.95±0.06a	14.23±0.12a	14.18±0.61a	14.40±0.15a
Agitation ^d	0 rpm	100 rpm	300 rpm	600 rpm
D _{4,3}	13.95±0.06a	13.83±1.01a	14.05±0.10a	13.94±1.04a

35 Table S2. Environmental stress (pH, ionic strength, temperature and external force) on the mean

37 ^a Data are the means of duplicate measurements and their standards deviations; ^b ionic is NaCl; ^c heat shock in

38 water baths for 30 min; ^d Agitation was operating by magnetic stirring for 30 min. Different letters in same

39 row indicates there is significant difference between the values (p < 0.05).

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microdroplets diameter.a



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42 **Figure S1**. Schematic illustration of the fabrication route for multicompartment core/shell 43 microdroplets over two-step processes by a bottom-up approach: Emulsification of *quillaja* saponin 44 (QS), a natural small molecule biosurfactant from the soapbark tree (*Quillaja Saponaria* Molina), 45 gave rise to the formation of nano-scale droplets. Then, the saponin-coated nanodroplets as 46 emulsifying agents were stable the oil-water interfaces and lead to the formation of microdroplets 47 with hierarchically multicompartment core/shell structure.



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49 Figure S2. Schematics showing the detailed CTC-GC-FID procedures to acquire the fragrance

50 release profile.

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53 Figure S3. Magnified bright field optical microscopy of microdroplets surface clearly showing the 54 nanodroplets arrangement. The arrow clearly indicates that a large amount of nanodroplets are 55 situated on the microdroplets surface.

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58 Figure S4. FE-SEM micrographs of microdroplets stabilized by nanodroplets, where the oil phase

59 was replaced by cyclohexane and dried at 60 °C overnight.



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61 Figure S5. Effect of saponin-coated nanodroplets concentration on the viscosity of emulsion droplets

62 at room temperature.