# **Supporting Information**

## Constructing 3D Interconnected Fe@Graphitic Carbon Structure for

## **Highly Efficient Microwave Absorber**

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#### **Experimental section**

*Synthesis of Fe*<sub>2</sub>O<sub>3</sub> *nanoparticles.* Fe<sub>2</sub>O<sub>3</sub> nanoparticles were prepared by a simple precipitation method. Firstly, 25 mL of 5.4 M NaOH solution was mixed with 25 mL of 2.0 M FeCl<sub>3</sub> solution under stirring for 30 min at 80 °C. Secondly, the obtained Fe(OH)<sub>3</sub> gel was dried at 120 °C for 72 h. Subsequently, the red powders were collected, and then were washed three times with deionized water and ethanol, respectively. Finally, the Fe<sub>2</sub>O<sub>3</sub> nanoparticles were obtained after drying at 60 °C for 12 h.

*Synthesis of Fe@graphitic carbon structures.* Fe@GC was prepared by a facile CVD method. Firstly, Fe<sub>2</sub>O<sub>3</sub> nanoparticles were heated to 550 °C at a rate of 10 °C/min under Ar and H<sub>2</sub> atmosphere with a flow rate of 200 and 50 sccm, respectively. Secondly,  $C_2H_2$  was pumped into the furnace with a rate of 50 sccm for 25 min. Finally, the black

products were collected without any purification after naturally cooled down. To investigate MA mechanism, Fe particles were prepared by the same process without  $C_2H_2$ . GC structures were obtained from Fe@GC after etching by 1M HCl solutions.

*Materials characterization.* The morphologies of the materials were investigated by Field-emission scanning electron microscopy (FESEM, FEI Apreo). The elemental composition was measured by energy-dispersive X-ray spectroscopy (EDS, Oxford instruments X-Max). Transmission Electron Microscope (JEM-2100F, JEOL, Japan) was employed to measure TEM and HRTEM. The compositions of samples were studied by the X-Ray diffraction (XRD) by a Rigaku D/max-RB12 X-Ray diffractometer with Cu K $\alpha$  radiation. The Raman spectra were tested through a microscopic confocal Raman spectrometer (Renishaw RM2000) with a wavelength of 514 nm at room temperature. The magnetization properties of all samples were measured by SQUID-VSM at room temperature. The graphitic carbon content was determined by the thermogravimetry analysis (TGA). The N<sub>2</sub> adsorption and desorption isotherms were measured by ASAP 2020 Accelerated Surface Area and Porosimetry instrument. The electromagnetic parameters of samples mixed with wax (50 wt.%) were measured at 2 ~ 18 GHz using Vector network analyzer (N5245A, Agilent).



Figure S1. SEM image and XRD pattern of Fe<sub>2</sub>O<sub>3</sub> particles



Figure S2. The SEM images of (a) GC and (b) FPs



Figure S3. (a) the  $N_2$  adsorption-desorption curves, and (d) pore size distribution of

Fe@GC.



Figure S4. The reflection loss colorful mappings of (a) GC and (b) FPs.



Figure S5. The curves of all  $RL_{min}$  values at every frequency of samples.



**Figure S6.** reflection loss curves (upper region) and dependence of matching thickness on matching frequency at the wavelength of  $1/4\lambda$  (lower region) of (a) GC and (b) FPs.



Figure S7. Cole-Cole plots of (a) GC and (b) FPs



**Figure S8.** The attenuation constant ( $\alpha$ ) of these samples.

Equation S1:

$$\alpha = \frac{\sqrt{2\pi}f}{c} \times \sqrt{\left(\mu^{"}\varepsilon^{"} - \mu'\varepsilon'\right) + \sqrt{\left(\mu^{"}\varepsilon^{"} - \mu'\varepsilon'\right) + \left(\mu^{"}\varepsilon^{'} + \mu'\varepsilon''\right)}}$$
(S1)

The  $\varepsilon'$  and  $\varepsilon''$  are real and imaginary parts of permittivity,  $\mu'$  and  $\mu''$  are real and imaginary parts of permeability, *f* is the frequency of microwave, *c* is the velocity of electromagnetic wave in free space.

	Mass ratio (wt. %)	Minimum RL			The widest EAB (RL $\leq$ -10 dB)			
Absorbers		Matching	RL <sub>min</sub> value (dB)	ency, GHz) EAB (Range, GHz)	Matching	RL <sub>min</sub> value (dB)	EAB (Range, GHz)	Ref.
		thickness (mm)	(Frequency, GHz)		thickness (mm)	(Frequency, GHz)		
Fe <sub>3</sub> O <sub>4</sub> /Fe@C nanorings	40	5.0	-28.18 (4.94)	~ 1.7 (3.6 - 5.3)	2.0	~-15.0 (~14.2)	4.05 (12.80 - 16.85)	1
Fe <sub>3</sub> O <sub>4</sub> -Fe/Graphene Sheets	18	4.6	-58.0 (5.2)	~ 1.6 (4.5 - 6.1)	2.0	~-31.0 (~14.0)	6.2 (11.8 - 18.0)	2
Fe/C porous nanofibers	25	4.29	-56.6 (4.96)	~ 1.3 (4.1 - 5.4)	2.0	-26.10 (11.68)	3.0 (10.5 - 13.5)	3
Graphene/Fe	20	2.5	-31.5 (14.2)	4.7 (12.4 -17.1)	2.5	-31.5 (14.2)	4.7 (12.4 - 17.1)	4
Graphene-coated Fe	40	3.0	-45.0 (7.1)	~ 2.6 (5.9 - 8.5)	2.0	~ -27.0 (~ 11. 6)	4.4 (9.7 - 14.1)	5
Porous graphene-Fe <sub>3</sub> O <sub>4</sub>	30	6.1	-53.0 (5.4)	~ 2.7 (4.4 - 7.1)	2.7	~ -26.0	5.4 (12.6 - 18.0)	6
Fe-Fe <sub>3</sub> O <sub>4</sub> @C	50	2.0	-32.9 (17.1)	~ 4.0	3.0	~ -28.0 (~ 11.0)	4.1 (9.0 - 13.1)	7
FeCo alloy/carbon	40	2.0	-33.0 (10.3)	3.3 (8.8 - 12.1)	2.0	-33.0 (10.3)	3.3 (8.8 - 12.1)	8
CoS <sub>2</sub> /rGO	50	2.2	-56.9 (10.9)	4.1 (9.1 - 13.2)	2.2	-56.9 (10.9)	4.1 (9.1 - 13.2)	9
Ni/C nanocomposites	30	2.0	~ -19.0 (~ 11.0)	~3.2 (9.6 - 12.8)	1.5	-17.6 (~ 15.1)	4.8 (13.2 - 18.0)	10
C@NiCo <sub>2</sub> O <sub>4</sub> @Fe <sub>3</sub> O <sub>4</sub>	60	3.4	-43.0 (13.4)	2.1 (12.8 - 14.9)	3.4	-43.0 (13.4)	2.1 (12.8 - 14.9)	11
Mesoporous carbon	20	3.2	-50.9 (~ 11.1)	5.4 (9.1 - 14.5)	2.8	~ -26.0 (~ 11.5)	6.4 (10.6 - 17.0)	12
Hollow carbon sphere	20	2.5	~-35.0	~3.0	1.5	-23.0	4.4 (11.5 - 15.9)	13
Yolk-shell C@C	50	1.85	-39.4 (16.48)	-	2.0	-34.8 (15.0)	5.4 (12.6 - 18.0)	14
Fe@GC	50	2.0	-42.17 (12.72)	6.72 (11.28 - 18.00)	2.0	-42.17 (12.72)	6.72 (11.28 - 18.00)	Herein
	de	enotes		that		it's		unclear.

Table S1. Microwave absorption	properties of various carb	on-based materials dispersed	in wax matrix in recent years
	properties of various care	on based materials dispersed	III wax matrix in recent years

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