



Biologically-Active Compounds in Foods and Drinks

A joint symposium of the Academy of Pharmaceutical Sciences and
the Royal Pharmaceutical Society of Great Britain (in association
with the Nutrition Society and the Food and Health
Section of the Royal Society of Medicine)

Thursday 1 May 2008 at the
Royal Pharmaceutical Society of Great Britain, London

www.rpsgb.org/worldofpharmacy/events



Royal
Pharmaceutical
Society
of Great Britain



apsgb.org



THE ROYAL
SOCIETY OF
MEDICINE



How healthy is 'healthy eating'? Many are confused about the scientific basis for many of the health claims made for common foods and drinks. Sales of 'supplements' are high but their use is controversial, since some consider them to be unnecessary if a proper diet is followed. The aim of this meeting is to consider how the biological activities of ingredients of common foods and drinks might explain their claimed benefits.

OUTLINE PROGRAMME

Conference Chair: Professor Peter Houghton, King's College, London

Keynote lecture : Diet and health: cause for concern or overhyped?

Annie Anderson, University of Dundee

Nutrition and immunity

Paul Clayton, Royal Society of Medicine

Pharmacological effects of dietary polyunsaturated fatty acids

Tom Sanders, King's College London

Is lycopene a biologically important carotenoid for humans?

Peter Bramley, Royal Holloway College, University of London

Sulfur-containing compounds from the cabbage family

Maria Traka, Institute of Food Research

Isoflavones and other phytoestrogens - links with cancer prevention and women's health?

Aedin Cassidy, University of East Anglia

Anthocyanidins, mental health and cardiovascular disease

Jeremy Spencer, University of Reading

Phenolics from tea, coffee and other drinks

Alan Crozier, University of Glasgow

Are antioxidants of any real use in disease prevention?

Brian Lockwood, University of Manchester

General discussion and concluding remarks

WHO SHOULD ATTEND

The symposium will be of interest to nutritionists, food scientists and natural product chemists, as well as anyone concerned with dietary disease prevention, pharmacognosists, and GPs. Industrial colleagues working in the food and health food industry as well as manufacturers of herbal medicines and supplements may also find the symposium beneficial

VENUE

The Royal Pharmaceutical Society is conveniently located in central London with easy access from Waterloo, Vauxhall and Victoria rail and tube stations. Delegates should expect to register from approximately 09.15 and the meeting should end at approximately 16.45.

CHANGES TO THE PROGRAMME

The Royal Pharmaceutical Society will endeavour to present the programme as described. However, it reserves the right to make changes to the programme or speakers but will advise delegates of changes in advance. Should it be necessary to cancel the event, delegates will be advised as soon as possible and delegates will receive a full refund of fees paid. The Royal Pharmaceutical Society does not accept liability for any expenses incurred by delegates, including advance purchase travel tickets.





BIOLOGICALLY-ACTIVE COMPOUNDS IN FOODS AND DRINKS – THURSDAY 1 MAY 2008

REGISTRATION FORM

Delegates will be registered upon receipt of the completed form and will be liable to pay the fees. Payment must be made before the start of the course.

PLEASE WRITE CLEARLY IN BLOCK CAPITALS

SURNAME

TITLE (Miss/Mrs./Ms./Mr./Dr./Prof.)..... FORENAME.....

ORGANISATION

ADDRESS

.....

.....

POST CODE TELEPHONE

FAX NUMBER EMAIL

MEMBERSHIP NUMBER (if applicable)

By giving us your details you are agreeing to be added to our electronic and postal mailing list and receive information on our events. Please note that your information will not be sold and will be handled in accordance with the Data Protection Act and the Society's Privacy Policy

☐ Tick here if you do not wish to be added to our mailing list.

I have specific dietary requirements (please detail)

.....

Registration fees: £125 for members of Royal Pharmaceutical Society or Academy of Pharmaceutical Sciences or £140 for non-members (fees inclusive of lunch, refreshments and course documentation). We are pleased to offer a special rate of £50 for students (please provide evidence of being a student)

☐ I am a member of the RPS or APS* (£125)

☐ I am a non-member (£140)

☐ I am a student and enclose evidence of this (£50)

*Academy of Pharmaceutical Sciences. Members of the Academy of Pharmaceutical Sciences qualify for reduced fees to a number of scientific meetings, including residential courses. The cost of membership is £60 per annum. For further information and a membership application form please contact us at the address over the page





METHOD OF PAYMENT (payment must be made before the start of the course)

PLEASE DO NOT INCLUDE ANY OTHER PAYMENTS TO RPSGB

☐ Cheque in GB pounds sterling, made payable to "The Royal Pharmaceutical Society".

☐ Bank Transfer:

Sort Code 60 60 04 Account Number: 7037 8193. Quoting ref CAS SPR 422
National Westminster Bank, 91 Westminster Bridge Road, London SE1 7ZB

☐ Credit Card

☐ Mastercard

☐ Visa

☐ Amex

Card Number: _ _ _ _ _

Security No. _ _ _

Expiry Date:...../...../.....

Signed:.....

VAT Registration Number: GB 233 0296 92. A VAT receipt will be issued on request.

CARDHOLDER'S NAME.....

ADDRESS.....

POSTCODE.....

PLEASE COMPLETE THE REVERSE SIDE OF THIS REGISTRATION FORM

ONE FORM PER PERSON PLEASE – PHOTOCOPIED FORMS ARE ACCEPTED

Please return this form with your payment to: Science Programme Manager, Royal
Pharmaceutical Society of Great Britain, 1 Lambeth High Street, London SE1 7JN

Fax: 020 7572 2506

Email: science@rpsgb.org

(Tel: 020 7572 2261)

CANCELLATION AND REFUND

Should you find that you are not able to attend the event after booking a place, please advise us in writing as soon as possible. If a colleague is able to attend in your place and you notify us in writing, we are pleased to accept the substitution at no charge. In the event that it is necessary to cancel a registration, please notify us in writing. A processing fee is payable. For cancellations, the following refunds will apply: Over 14 days: 90% of the fee; less than 14 but over 3 working days: 50% of the fee; three or less working days: nil. The time of notification is taken at the date of receipt of fax or letter. Substitution is permitted at any time if notified in writing.

