

Meeting the needs of patients – pharmacy and mental health care



**Royal
Pharmaceutical
Society**
of Great Britain

**Thursday 12 November 2009 at the
Royal Pharmaceutical Society of Great Britain, London**

www.rpsgb.org/events

OBJECTIVES:

According to the World Health Organisation, hundreds of millions of people globally suffer from mental disorders and the Office of National Statistics estimates that one in six British adults suffers from mental health problems at any one time. Considering these statistics it is likely that any pharmacist in contact with patients will encounter mental health patients and so should be prepared for the special issues and challenges involved in this. This one-day event is designed with an aim to:

- Update delegates on mental health issues and the role that pharmacy plays in mental health care
- Equip front-line pharmacists, through practical workshops, with an understanding of how to better support patients with mental health problems. Delegates will leave the conference with:
 - Skills to communicate more effectively with mental health patients at all levels of care and an understanding of how to deal with the challenges this brings
 - Knowledge of medication adherence
 - The ability to provide good mental health promotion and healthier lifestyle intervention
 - An understanding of how to ensure that care is seamless across the sectors and follows the patient
- Provide delegates with the knowledge and skills needed to make a significant difference to people's lives

PROGRAMME

Conference Chair: Denise Taylor, University of Bath

10.00 Registration and coffee

10.25 Introduction by the Chair

Session 1 Awareness of mental health

10.30 Key-note presentation - The treatment of depression: a challenge for all
Celia Feetam, University of Aston

Session 2 Pharmacy and mental health care

11.30 The impact of pharmacy in the care of mental health patients
Jean Logan, Pharmacist

12.00 Lunch

Session 3 Considerations for pharmacists in mental health - practical rotating workshops

13.00 Communicating with mental health patients
Dan White, Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

This workshop will discuss the challenges associated with interacting with mental health patients and will provide an insight into the skills necessary to engage with patients at all levels of care.

WHO SHOULD ATTEND:

- Front-line pharmacists in regular contact with patients (community, primary care and hospital pharmacists)
- Mental health pharmacists
- Pharmacists interested in working in mental health pharmacy
- Students considering a career as a mental health, community or primary care pharmacist

VENUE

The Royal Pharmaceutical Society is conveniently located in central London with easy access from Waterloo, Vauxhall and Victoria rail and tube stations.

TERMS AND CONDITIONS

Should you find that you are not able to attend the event after booking a place, please advise us in writing as soon as possible. If a colleague is able to attend in your place and you notify us in writing, we are pleased to accept the substitution at no charge. In the event that it is necessary to cancel a registration, please notify us in writing. A processing fee is payable. For cancellations, the following refunds will apply: Over 14 days: 90% of the fee; less than 14 but over 3 working days: 50% of the fee; three or less working days: nil. The time of notification is taken at the date of receipt of fax or letter. Substitution is permitted at any time if notified in writing. The RPSGB reserves the right to amend the programme. In the unlikely event of cancellation of the event, delegates will receive a full refund of fees but the RPSGB cannot be held liable for other expense incurred by delegates.

13.45 Medication adherence
Caroline Parker, Central & North West London NHS Foundation Trust

This workshop will discuss what pharmacists can do to help improve adherence.

14.30 Coffee

14.45 Good mental health promotion and healthier lifestyle intervention
Jennifer Melville, East London NHS Foundation Trust

This workshop will focus on the challenges presented by patients with other health problems associated with mental illness (alcoholism, smoking cessation, weight management etc.) and will equip delegates with the skills to provide healthier lifestyle intervention and promotion.

15.30 Across the boundaries – ensuring seamless patient care across the healthcare sectors
Dawn Price, Northumberland, Tyne and Wear NHS Trust

This workshop will focus on the integration of pharmacy into care pathways for mental health. Delegates will consider how mental health care should follow the patient.

16.15 Closing comments by the Chair

16.20 Close of conference

PHARMACY AND MENTAL HEALTHCARE – THURSDAY 12 NOVEMBER 2009

REGISTRATION FORM

Delegates will be registered upon receipt of the completed form and will liable to pay the fees. Payment must be made before the start of the conference. Fees inclusive of lunch and refreshments.

REGISTER BY FRIDAY 11 SEPTEMBER 2009 AND SAVE UP TO 15% (EARLY BIRD FEE)

	EARLY BIRD	FULL FEE
NON-MEMBER	<input type="checkbox"/> £225	<input type="checkbox"/> £250
MEMBER	<input type="checkbox"/> £130	<input type="checkbox"/> £150
FULL-TIME STUDENTS (PLEASE ENCLOSE EVIDENCE)	<input type="checkbox"/> £70	<input type="checkbox"/> £80

Title	Forename	Surname
Job Title		Post code
Company		Email
Address		Telephone
		Membership No.

The contact details you have provided may be used to keep you informed about future RPSGB events, products and services. If you do not wish to receive such information by any of the methods listed below please indicate by ticking the corresponding box:

Mail ☐ Email ☐ Phone ☐ All ☐

Dietary Requirements	Booking ref.
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METHOD OF PAYMENT

☐ Bank transfer (Sort Code 60 60 04 Account Number: 70378193. National Westminster Bank, 91 Westminster Bridge Road, London SE1 7ZB) Quoting ref MMS EVT 438

☐ Debit/Credit card ☐ Maestro ☐ Mastercard ☐ Visa ☐ Amex

Card No.	Security No.
Card holder's name and address (if different from above)	Expiry
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Please return this form with your payment to: Events Coordinator,
Royal Pharmaceutical Society of Great Britain, 1 Lambeth High Street, London SE1 7JN
Fax: 020 7572 2506 Email: events@rpsgb.org (Tel: 020 7572 2640)

NB. IF YOU DO NOT RECEIVE A CONFIRMATION OF YOUR PLACE VIA EMAIL WITHIN 5 WORKING DAYS OF SUBMITTING YOUR REGISTRATION FORM PLEASE LET US KNOW