

# Cockermouth Mountain Rescue Team – a valuable local service

**Where:** Hunday Manor, Workington

**When:** 19:30, 13<sup>th</sup> Sept (tea, coffee and mingling from 19:00).

**What:** Mountain Rescue Teams are often referred to as the 4<sup>th</sup> emergency service and there are few places in the UK where this is more true than the Lake District. Although they work on a volunteer basis covering operational costs from public donations they are truly invaluable.

Dr Simon Woodbury was recently acknowledged as a Fellow of the RSC and he is going to talk about his involvement with the Cockermouth Mountain Rescue Team. He will talk about the varied work of the team over the past 65 years, explain how callouts have changed during his 12 years in the team, and share some anecdotes from rescues and tips on mountain safety.

**Who:** The talk is open to all and is especially aimed at those with a keen interest in the outdoors and the incredible effort the local Mountain Rescue Teams put in.

**How:** Please register your interest by email (address below) so we can ensure that there is enough seating and refreshments.

Cumbria Local Section

 @ RSC Cumbria Section Trust

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