Our qualified, in-house and impartial career and professional development advisers are available to deliver engaging, practical and interactive talks.

**WHAT WE OFFER**

In this guide, you'll find an outline of career topics that the team can speak on, with approximate timings and who they are suitable for. The team can work with you to tailor the session to your needs and audience. Any of these talks can form part of a wider event, or as a standalone event. If you'd like the team to speak on a topic that isn’t listed, then please get in contact - they may be able to create a customised session. Our advisers also offer:

- 10-15 minute 1:1 consultations or CV reviews
- the hosting or chairing of careers panels
- expert knowledge and advice as guest speakers on other panels

**WHEN TO BOOK**

Ideally, the team need at least 3–4 weeks’ notice. However, if you’re planning an event (or aren’t sure what you need) then contact the team as soon as possible.

**HOW TO BOOK**

To book or ask a question contact careers@rsc.org or visit rsc.org/careers to find out more about the team and their services.
Job searching

Who’s it for?

Who’s it for?

All members

How to stand out when applying and interviewing for jobs: identifying opportunities and using labour market information

Learn how to create and manage an effective, multi-channel job search strategy, use employment trends information, identify your transferable skills and how to sell yourself to an employer. We’ll share our top tips and strategies for creating CVs and cover letters that will help you stand out, manage interview nerves, prepare for face-to-face and remote interviews, and explore how the Royal Society of Chemistry can support you.

Whether you’re unemployed, looking for a new opportunity or returning to work, this talk will give you the tools and confidence to support you in your job search.

Learning outcomes

• Identify, find and apply for roles in any sector (academic or industrial) and use labour market information effectively
• Create effective, highly tailored applications that highlight your skills and experience
• Identify your transferable skills and how to sell them to an employer
• Manage nerves and perform well at interview
• How to network and work with recruitment agencies
• Develop your network to support your career

DURATION: 15–25 MINS
<table>
<thead>
<tr>
<th>Career planning</th>
<th>Who’s it for?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What can you do with a chemistry qualification?</strong></td>
<td>School students, higher education students and undergraduates</td>
</tr>
<tr>
<td>This interactive session will explore a diverse range of career pathways within the chemical sciences. Whether you’re looking to be based in or outside of the lab, we’ll explore careers for chemistry-using professionals in pharmaceuticals, research, surface coatings, energy, environment, teaching, science communication and much more. Learning outcomes</td>
<td></td>
</tr>
<tr>
<td>• Learn about the resources and support available through the Royal Society of Chemistry to enhance your knowledge and increase your network</td>
<td><strong>DURATION: 15–25 MINS</strong></td>
</tr>
</tbody>
</table>

<p>| Transitioning out of academia: Generating ideas, creating effective applications and identifying your transferable skills | PhD students, postdocs (AMRSC &amp; MRSC) |
| Ideal for those who are considering their options outside of academic research and want to understand what they have to offer, what their values are and how to successfully transition to a career in industry. Learning outcomes | |
| • Put yourself at the centre of your career and generate career ideas | <strong>DURATION: 15–30 MINS</strong> |
| • How to approach your job search and different job search strategies | |
| • How to get support using our online, interactive toolkit | |
| • Grow and use your network to support your job search and career development | |
| • Identify and sell your PhD or academic experience to industrial employers | |</p>
<table>
<thead>
<tr>
<th>Career management</th>
<th>Who’s it for?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Manage your career, or it will manage you</strong>&lt;br&gt;Successful, fulfilling careers don’t happen by accident. Actively managing your career to ensure you get what you want out of it is vital. Learn how to navigate change and career uncertainty and get what you want out of your career.&lt;br&gt;<strong>Learning outcomes</strong>&lt;br&gt;• The importance of career management&lt;br&gt;• Strategies for good career management&lt;br&gt;• Tools and resources to support your professional development, including your RSC membership&lt;br&gt;• How to use our online, interactive toolkit&lt;br&gt;• How to navigate career uncertainty&lt;br&gt;<strong>This talk can be tailored for your audience. DURATION: 15–30 MINS</strong></td>
<td>All members</td>
</tr>
<tr>
<td><strong>Making career choices and how to identify your next opportunity</strong>&lt;br&gt;Are you considering your next career step but aren’t sure how to make career decisions? Whether you’re exploring a career change, returning to the job market, completing a PhD or simply want to progress in your field, this session will help you gain clarity and confidently take that next step.&lt;br&gt;<strong>Learning outcomes</strong>&lt;br&gt;• How to identify and search for suitable career opportunities that fit with what you want from your career&lt;br&gt;• Clarify your career goals and learn strategies to support your career development&lt;br&gt;• Identify your values and understand how they can support your career choices&lt;br&gt;• How our online, interactive toolkit can support you&lt;br&gt;• How to use labour market information&lt;br&gt;• How to identify and sell your transferable skills to employers&lt;br&gt;<strong>This talk can be tailored for your audience. DURATION: 15–30 MINS</strong></td>
<td>All members</td>
</tr>
</tbody>
</table>
### Career management

**Continued**

**Returning to chemistry after a break and how to overcome barriers you may face**

Whether you’re preparing to return to work after unemployment, a career break, parental leave or time away from the chemical sciences, this talk will explore some of the barriers or challenges you may face and how to navigate them. This could include refreshing your technical or transferable skills, conquering confidence gremlins, managing caring responsibilities, approaching a changed workplace, or building new relationships. We’ll share our top tips and advice and highlight relevant support available to you through your RSC membership.

**Learning outcomes**

- How your membership can support your return to work
- How to build confidence by refreshing/gaining new skills
- Communicating with your new/current team and manager
- Adapting to remote working
- How our online, interactive toolkit can support you

**DURATION: 15–30 MINS**

| Who’s it for? | All members |

| **The ingredients of good networking: how to network effectively online and face-to-face** |

Not everybody likes to network but it’s vital in developing and managing our careers, regardless of career stage or field. This session outlines the benefits of networking, strategies to develop your network – in-person and remotely – and build your confidence.

**Learning outcomes**

- How to build or grow your network
- Build confidence during online networking sessions, or networking in other situations
- How to prepare for networking sessions
- How to use your RSC membership to raise your profile and create opportunities to network

*This talk can be followed by a networking session**

**DURATION: 15–20 MINS**

| Who’s it for? | All members |
### Continuing professional development (CPD)

<table>
<thead>
<tr>
<th>Continuing professional development and how the RSC can support your career</th>
<th>Who's it for?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore the importance and benefits of professional awards and continuing professional development. We'll define what CPD is, identify your CPD goals and explore tools and resources to help you reach them. We'll also look at the value behind working towards professional awards such as Chartered Chemist (CChem), Chartered Scientist (CSci), Chartered Manager (CMgr), Chartered Environmentalist (CEnv), Registered Scientist (RSci) or Registered Science Technician (RSciTech).</td>
<td>All members</td>
</tr>
</tbody>
</table>

*This talk can be tailored for your audience. **DURATION: 15–30 MINS**

<table>
<thead>
<tr>
<th>How to be an effective mentor</th>
<th>Who's it for?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Would you like to help someone develop their potential? Maybe improve your communication skills or gain a fresh perspective? Mentoring is a rewarding and mutually beneficial partnership. We'll help you develop the skills to be an effective mentor in your workplace, or you could join our established member-to-member mentoring scheme¹ run by the Career and Professional Development team. Learn about the mentoring process, tools and techniques used, and the support available to mentors.</td>
<td>All members</td>
</tr>
</tbody>
</table>

**DURATION: 1–2 HOURS** (including breaks)

¹Our member-to-member mentoring scheme is open to Associate (AMRSC), Members (MRSC) and Fellows (FRSC) but this session is available to all members. Find out more about mentoring: [rsc.org/careers/cpd/mentoring](http://rsc.org/careers/cpd/mentoring)
## Career progression

### Progressing your career in any field

Want to secure that promotion? We’ll show you how to identify opportunities to raise your profile, develop your network and progress in your career. We’ll also give advice on how to identify and acquire the skills you need to succeed.

### Learning outcomes

- Learn about the tools, resources and techniques to support your career development
- Learn about professional recognition and how your RSC membership can support your career development
- How to develop leadership and other skills
- How to develop your professional network
- Find out how our online, interactive toolkit can help you

**DURATION: 20–30 MINS**

### Who’s it for?

Members (AMRSC, MRSC, FRSC)
## Redundancy

**Managing redundancy**

Whether you’re facing redundancy or have been made redundant, it can be a challenging and stressful experience. Making the most of the support available to you can make all the difference. We’ll share advice and strategies for managing and coping with change to help you move forward.

**Learning outcomes**

- Explore what your future career could look like
- Learn how to create an effective job search strategy
- Identify and sell your transferable skills to an employer
- Learn how to develop your network

**DURATION: 25–30 MINS**

<table>
<thead>
<tr>
<th>Who’s it for?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Members (AMRSC, MRSC)</td>
</tr>
</tbody>
</table>
TO BOOK ANY OF OUR TALKS, OR TO FIND OUT MORE ABOUT WHAT WE OFFER, PLEASE CONTACT US:

careers@rsc.org
rsc.org/careers
T +44 (0) 1223 420066

Careers and Professional Development team
Royal Society of Chemistry
Thomas Graham House
Science Park, Milton Road
Cambridge CB4 0WF, UK