

Figure S1: Schematic of the set-up used to perform sensing using the RM device (where θ is
 the angle of incidence)

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6 **Results and discussion**

7 Design of the RM device

8 The RM device developed in this work consisted of a polystyrene waveguide and silica sol-gel 9 spacer layers on a glass substrate. Initial modelling was performed by assuming that water was 10 placed on the top of the waveguide layer. For the purpose of modelling, the refractive index of 11 the water, polystyrene, silica sol-gel and glass was assumed to be 1.333, 1.585, 1.42 and 1.517 12 respectively. The thickness of the silica sol-gel and polystyrene layer was assumed to be $0.5 \,\mu m$ 13 and 1 µm respectively. The glass and water layers were assumed to be semi-infinite. The profile 14 of the optical mode travelling in the RM structure for TE- and TM-polarised light is shown in 15 Figure S2 (a). A comparison of phase change versus the angle of incidence of the light source for 16 TE- and TM-components of light coupled out of the RM is shown in Figure S2 (b).

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Figure S2: (a) Profile of the optical mode in the RM and (b) plot of the phase of reflected
light as a function of the angle of incidence of TE- and TM-polarised light source

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22 As the phase difference between TE- and TM-components changes with the angle of incidence, 23 the ellipticity of light coupled out of the RM device also changes. For example, at an angle of 24 incidence of ~70°, the phase difference between the TE- and TM-components is $\pi/2$. Hence, light 25 coupled out of the RM device at an angle of incidence of $\sim 70^{\circ}$ would be circularly polarised. 26 Similarly, at the resonance angle (in this case, $\sim 73^{\circ}$), the phase difference between TE- and TM-27 components of light is $\sim \pi$ (or 180°). This implies that light out coupled from the RM device at 28 resonance angle is linearly polarised, but its polarisation axis is orthogonal to the input. As a 29 result, a peak in reflectivity is observed at the resonance angle when an output cross polariser is 30 used.

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The reflectivity curve of a RM device with water placed on the top of polystyrene waveguide for
 TE-polarised light is shown in Figure S3 (a).

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Figure S3: Reflectivity curves of RM devices obtained using dip method (where insets show
 the scenarios modelled and n and t are the refractive index and thickness of a layer
 respectively)

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40 Under this scenario, no dip (or peak) in reflectivity is observed at resonance angle because all of 41 the light is reflected back. If, however, an absorbing species is placed on top of the waveguide, 42 the evanescent field of the optical mode travelling in the waveguide can interact with the species 43 and hence a dip in reflectivity is observed at the resonance angle (as shown in trace (b) in Figure 44 S3). In addition, the depth of the dip is proportional to the concentration of the absorbing species 45 present on the top of the waveguide, although this relationship becomes non-linear at higher 46 concentrations. Similarly, as shown in trace (c) in Figure S3, optical losses can be introduced by 47 adding a dye to the waveguide layer. In this case, the optical mode travelling in the waveguide 48 will interact with the dye, thereby resulting in a dip at the resonance angle.

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51 3.2 Preliminary experiments

52 The effect of the concentration and spin speed of polystyrene solution on the output curve of the53 RM is illustrated in Figure S4 (a) and (b) respectively.

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Figure S4: Reflectivity curves of the RM devices fabricated using different (a) concentrations of polystyrene solutions at 4000 rpm and (b) spin speeds of 10% (w:v) polystyrene solution

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60 No peak in reflectivity was observed for the RM device consisting of a waveguide layer made of 61 5% (w:v) polystyrene solution. This suggested that the waveguide layer made of 5% (w:v) 62 polystyrene solution was incapable of supporting an optical mode and hence too thin. In contrast, 63 multiple peaks were observed in the reflectivity curve of the device consisting of a waveguide 64 made of 20% (w:v) polystyrene solution. This implies that the use of 20% (w:v) polystyrene 65 solution resulted in a waveguide layer capable of supporting multiple modes. As a waveguide 66 layer made of 10% (w:v) polystyrene solution resulted in a single peak, this concentration was 67 chosen to fabricate the rest of the RM devices. Figure S4 (b) shows that as 10% (w:v) 68 polystyrene solution was deposited using higher spin speeds, the resonance angle and intensity of 69 the reflectivity peak decreases. This is because as the spin speed increases, the thickness of 70 polystyrene waveguide layer reduces and its ability to support an optical mode is compromised. 71 Thus, a RM device consisting of a waveguide layer deposited using 10% (w: v) polystyrene

solution at a spin speed of 4000 rpm was selected to perform absorption spectroscopyexperiments.

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Different concentrations of solvent blue 59 were then added to 10% (w:v) polystyrene solution, 75 76 following which it was spin coated on the top of silica sol-gel/glass structure to obtain dye-doped 77 RM devices. The devices were probed using the dip method and the reflectivity curves are shown 78 in Figure S5 (a). It is clear from Figure S5 (a) that RM devices consisting of a waveguide layer 79 doped with 2 mM and 5 mM solvent blue 59 have higher Q factor than the remaining devices. 80 Figure S5 (a) also shows that the full width at half maximum of the dip of the RM with 2 mM 81 dye-doped polystyrene waveguide was smaller than the device with 5 mM dye-doped 82 polystyrene waveguide (1.29° versus 2.35°). When the devices were, however, probed using the 83 RCLED and camera the dip of the former was noisier in comparison to the latter (see Figure S5 84 (b)). Thus, the RM device consisting of a waveguide layer made of 10% (w:v) polystyrene 85 solution and doped with 5 mM solvent blue 59 was used to study antibody-antigen interactions. 86



- 88 Figure S5: Effect of the concentration of solvent blue 59 in the polystyrene waveguide on
- 89 the reflectivity curve of the RM device obtained via the dip method using (a) laser and
- 90 photodiode, and (b) RCLED and camera