Supplementary Material

# **Evaluation of Individual Aging Degree by Standard-Free, Label-Free**

# LC-MS/MS Quantification of Formaldehyde-modified Peptides

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## 1. Optimization of Tryptic Digestion and <sup>18</sup>O-Labeling Conditions

In order to establish the screening model, 51 peptides (summarized in Table S1) in different retention time were selected randomly to optimize the digestion and <sup>18</sup>O-labeling condition.

#### **1.1 Optimization of Tryptic Digestion Conditions**

Both of the modified and control HSA samples were digested in the different trypsin to protein ratio (w/w) and digestion time. The trypsin to HSA ratio was from 1:10 to 1:125 and the digestion time was from 0.5 to 40 h. HPLC-ESI/TOF MS analysis was performed to determinate the amount of the 51 peptides (see Table S1). The different trypsin to protein ratios and the digestion times were investigated as shown in Fig. S1 and S2.

In Fig. S1, the horizontal axis represented the different trypsin to protein ratios and the longitudinal axis represented fold change relative to trypsin to protein ratio of 1:50 (w/w). The fold change was calculated based on the peak area of peptides relative to trypsin to protein ratio of 1:50 (w/w) during HPLC-ESI/TOF MS analysis. There was no significant difference among the different ratios, so the optimized trypsin to protein ratio was 1:50 (w/w).

In Fig. S2, the horizontal axis represented the different digestion times and the longitudinal axis represented fold change relative to 24 h digestion. It can be seen that the complete digestion was finished and reached a plateau at 24 h. Finally, a 28 h digestion was chosen to digest modified HSA and control HSA in order to ensure full digestion.

#### 1.2 Optimization of <sup>18</sup>O-Labeling Conditions

The effect of urea concentration on labeling quality was needed to be detected. Urea could inhibit the <sup>18</sup>O-labeling activity of trypsin with changing protein structure. Figure S3 measures the effects of urea concentration during the labeling reaction on the average and standard deviation of the peptide labeling percentage. The standard deviation reflects the amount of variability in the labeling percentage. It could be seen in Fig. S3 that when the urea concentration was increased from 0.5 M to 1 M, the labeling percentage has increased slightly; and then, the labeling percentage has decreased with the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased by 2 M; when the urea concentration was increased under 1 M to ensure has no negative effect on labeling efficiency.

Besides urea concentration, the pH value of the labeling buffer was also investigated in this model. Figure S4 shows the effects of the pH value of the buffer on the labeling quality. The labeling percentages were different with an increase in pH value of the 50 mM PBS buffers from 4.0 to 7.0. As a result, the optimal pH value for labeling was maintained using a PBS buffer of 50 mM at pH 4.0. A relative low concentration of buffer (50 mM) was chosen here for potentially better ionization efficiency in MS detection next.

In addition, the labeling time was investigated, and the results were shown in Fig. S5. During the first 12 h, the average on labeling percentage was increased with the

labeling time. After 12 h, almost all peptides achieved the largest labeling percentage, and the labeling efficiency would not be improved by extend the labeling time. In our study, 16 h was chosen to be the best labeling time to ensure completely labeling.

In order to realize complete inactivation of trypsin after labeling, samples were put in a boiling water bath for 10 min then 5 % (v %) formic acid was added into each sample. Table S2 showed the labeling efficiency of 10 randomly selected peptides before and after mixed with equal volume of H<sub>2</sub><sup>16</sup>O.

Finally, the labeling quality under the optimized conditions was evaluated. The labeling efficiency of HSA-peptides in formaldehyde-induced aging model was 97.8  $\pm$  0.9 %. For some peptides, their labeling efficiency was measured larger than the theoretical labeling efficiency, due to errors introduced by the software analysis. The distribution of labeling efficiency was shown in Fig. S6. It can be seen that almost all peptides achieved or closed to their labeling balance, and the efficiency of all peptides was higher than 92 %. In addition, the labeling efficiency of 51 peptides was used for calculating the precision. After digestion and labeling, the same HSA-peptides sample was injected 5 times, and the intra-day precision was 1.02 %. Subsequently, the sample was injected continually for 5 days, and the inter-day precision was 2.03 %.

## 2. Verification of the Formaldehyde-sensitive Peptides

Formaldehyde-induced modification is dependent on the concentration of formaldehyde and has an accumulation effect. As a result, the concentration of a formaldehyde-sensitive peptide in modified HSA samples will be a function of the formaldehyde concentration and the incubation duration.

Table S3-S6 showed the relative intensity (peak area ratio <sup>16</sup>O-to-<sup>18</sup>O of the HPLC-TOF MS data) of variations of selected peptide ions (can be steadily detected in each MS run) in modified HSA samples.

The comparing quantitative results of formaldehyde-sensitive peptides with/without internal standard and labeling have been performed to demonstrate the standard-free and label-free method. The accuracy, precision and repeatability of methodology have been investaged. All detailed information was supplied in Section 2 and Table S7 of supplementary materials. It can be seen from the comparing experimets that the developed standard-free and label-free method can give a simiar quantitative results with using <sup>18</sup>O-labeling technique.

## 3. OPA Assay

OPA (*o*-phthalaldehyde) assay is another common method to detect the concentration of amine group besides TNBS assay.

OPA reagent was prepared first: dissolved 40 mg OPA in 1 mL MeOH with adding 2.5 mL 20 % (w %) SDS, 25 mL 0.1 mol·L<sup>-1</sup> Borax (Na<sub>2</sub>B<sub>4</sub>O<sub>7</sub>·10H<sub>2</sub>O) and 100  $\mu$ L  $\beta$ -mercaptoethanol, and then the solution was diluted with distilled water to 50 mL. OPA reagent (4 mL) was added in the digested HSA smaple (the same samples as used in TNBS assay, 200  $\mu$ L for each, 1  $\mu$ g· $\mu$ L<sup>-1</sup>) to react 2 min at room temperature, and then detected at 340 nm. OPA reagent with adding 200  $\mu$ L distilled water was used as a control, and *L*-leucine was used to make a standard curve. The quantitative results were given Figure S7.

Both Fig. S7 and Fig. 2 have shown the similar quantitative results of free amine group. The little difference between OPA assay and TNBS assay might be caused by different procedures. These results demonstrated that the reaction between lysine in HSA with formaldehyde was happened.

# **Related Tables**

Peptide		m/ <del>7</del> 7	7	Pentide Sequence	MASCOT
	Location	<i>m</i> /2	Z	I optide Sequence	Score
1	25-34	575.3	2	DAHKSEVAHR	9
2	35–44	614.8	2	FKDLGEENFK	38
3	37–44	476.3	2	DLGEENFK	37
4	45-65	1217.2	2	ALVLIAFAQYLQQCPFEDHVK	27
5	45-65	811.9	3	ALVLIAFAQYLQQCPFEDHVK	24
6	66–75	575.3	2	LVNEVTEFAK	56
7	76–88	692.9	2	TCVADESAENCDK	99
8	89–105	938.3	2	SLHTLFGDKLCTVATLR	48
9	98–105	438.2	2	LCTVATLR	40
10	98–117	1090.1	2	LCTVATLRETYGEMADCCAK	16
11	106–117	660.9	2	ETYGEMADCCAK	39
12	131–138	470.7	2	DDNPNLPR	40
13	139–160	1297.7	2	LVRPEVDVMCTAFHDNEETFLK	27
14	161–168	528.4	2	KYLYEIAR	25
15	162–168	464.3	2	YLYEIAR	31
16	169–183	950.1	2	RHPYFYAPELLFFAK	33
17	185–198	775.0	2	YKAAFTECCQAADK	51
18	187–205	652.0	3	AAFTECCQAADKAACLLPK	29
19	187–205	977.4	2	AAFTECCQAADKAACLLPK	40
20	206–214	537.7	2	LDELRDEGK	31
21	243-249	438.2	2	LSQRFPK	25
22	250-257	440.8	2	AEFAEVSK	39
23	258–264	395.2	2	LVTDLTK	41
24	265-281	958.5	2	VHTECCHGDLLECADDR	27
25	265-286	1207.6	2	VHTECCHGDLLECADDRADLAK	12
26	287–298	694.3	2	YICENQDSISSK	60
27	299–310	717.2	2	LKECCEKPLLEK	44
28	301-310	596.3	2	ECCEKPLLEK	36
29	311–337	973.5	3	SHCIAEVENDEMPADLPSLAADFVESK	35
30	342-360	1150.6	2	NYAEAKDVFLGMFLYEYAR	58
31	348-360	812.5	2	DVFLGMFLYEYAR	60

Table S1. All peptides matched by Mascot searching in database.

32	376–383	492.8	2	TYETTLEK	32
33	397–413	1023.1	2	VFDEFKPLVEEPQNLIK	33
34	397–413	682.4	3	VFDEFKPLVEEPQNLIK	38
35	414-426	801.0	2	QNCELFEQLGEYK	70
36	414–434	848.5	3	QNCELFEQLGEYKFQNALLVR	28
37	427–434	480.8	2	FQNALLVR	53
38	438–452	820.5	2	KVPQVSTPTLVEVSR	51
39	438–452	547.5	3	KVPQVSTPTLVEVSR	40
40	439–452	756.9	2	VPQVSTPTLVEVSR	44
41	461–468	458.2	2	ССКНРЕАК	20
42	469–490	854.4	3	RMPCAEDYLSVVLNQLCVLHEK	32
43	470–496	1020.7	3	MPCAEDYLSVVLNQLCVLHEKTPVSDR	26
44	491-499	501.9	2	TPVSDRVTK	31
45	500-508	512.8	2	CCTESLVNR	53
46	509–524	927.6	2	RPCFSALEVDETYVPK	44
47	509–524	618.8	3	RPCFSALEVDETYVPK	38
48	549–558	565.2	2	KQTALVELVK	63
49	550-558	500.9	2	QTALVELVK	41
50	570-581	672.8	2	AVMDDFAAFVEK	44
51	599–609	507.4	2	LVAASQAALGL	70

Entry		Labeling Efficiency (%)			
	<sup>18</sup> O-Labeled Peptides $(m/z)$	Before mixed with H <sub>2</sub> <sup>16</sup> O	After mixed with H <sub>2</sub> <sup>16</sup> O		
1	952.1	97.41	95.65		
2	442.8	98.96	97.07		
3	397.2	96.44	93.05		
4	814.5	98.98	94.80		
5	662.9	97.44	96.59		
6	777.0	90.28	86.68		
7	442.8	96.41	92.71		
8	577.3	92.28	90.71		
9	1152.6	95.96	91.05		
10	822.8	95.93	94.26		
	Mean value	96.01	93.26		
SD value		2.67	3.16		

Table S2. Labeling efficiency of randomly selected  $^{18}\mbox{O-labeled}$  peptide before/after mixed with  $\mbox{H}_2{}^{16}\mbox{O}$ 

<b>F</b> (	m/z	<sup>16</sup> O-to- <sup>18</sup> O ratios after incubation (± SD)			
Entry		10 days	20 days	30 days	
1	575.3	0.463 (±0.016)	0.328 (±0.021)	<b>0.219</b> ( $\pm$ <b>0.014</b> ) <sup><i>a</i>**</sup>	
2	614.8	0.765 (±0.042)	0.701 (±0.036)	$0.555(\pm 0.018)^{**}$	
3	811.9	0.381 (±0.033)	$0.201 (\pm 0.028)^{**}$	0.181 (±0.023)	
4	438.2	0.280 (±0.038)	0.274 (±0.026)	0.227 (±0.045)	
5	660.8	0.518 (±0.063)	0.445 (±0.037)	0.443 (±0.051)	
6	464.3	0.410 ( ± 0.070)	$0.251(\pm 0.046)^*$	$0.226 (\pm 0.024)$	
7	634.0	0.805 (±0.076)	$0.439(\pm 0.049)^{**}$	$0.434(\pm 0.021)$	
8	537.7	0.574 (±0.028)	$0.496 (\pm 0.047)^*$	$0.278(\pm 0.015)^{**}$	
9	440.7	0.519 (±0.047)	0.504 (±0.036)	$0.259 (\pm 0.019)^{**}$	
10	395.2	0.595 (±0.073)	$0.326(\pm 0.032)^{**}$	0.309 (±0.053)	
11	694.3	0.508 (±0.052)	$0.392 (\pm 0.047)^*$	0.355 (±0.032)	
12	596.8	0.520 (±0.086)	$0.399 (\pm 0.022)^*$	$0.244 (\pm 0.026)^{**}$	
13	812.5	0.882 (±0.056)	$0.542 (\pm 0.120)^{**}$	$0.462 (\pm 0.085)$	
14	490.2	0.304 (±0.064)	0.245 (±0.042)	$0.194(\pm 0.029)^{b}$	
15	492.8	0.337 (±0.037)	$0.310(\pm 0.025)^*$	$0.302 (\pm 0.024)$	
16	691.8	0.322 (±0.016)	$0.219(\pm 0.036)^{**}$	$0.211(\pm 0.051)$	
17	801.0	0.405 (±0.072)	0.378 (±0.041)	$0.246(\pm 0.061)^*$	
18	820.5	0.723 (±0.075)	0.659 (±0.042)	<u>0.623 (±0.022)</u>	
19	512.8	0.476 (±0.066)	0.392 (± 0.042)	$0.342(\pm 0.061)$	
20	500.9	0.329 (±0.021)	0.288 (±0.037)	$0.261(\pm 0.024)$	
21	672.8	$0.449(\pm 0.060)$	0.326 (±0.082)	0.314 (±0.011)	
22	1023.1	$0.732(\pm 0.036)$	$0.659 (\pm 0.039)^*$	<u>0.633 (±0.061)</u>	
23	682.4	$0.732(\pm 0.016)$	$0.659(\pm 0.021)^{**}$	$0.632 (\pm 0.027)$	
24	848.5	0.621 (±0.077)	$0.536(\pm 0.056)$	0.519 (±0.038)	
25	565.2	0.472 (±0.059)	0.391 (±0.042)	<u>0.359 (±0.061)</u>	
26	507.4	0.761 (±0.039)	$0.461 (\pm 0.027)^{**}$	0.455 (±0.031)	

Table S3. Peptide concentration variations (<sup>16</sup>O-to-<sup>18</sup>O ratios) for modified HSA samples after incubation with 249.0 mM formaldehyde for different days (n=6).

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\*\* Represent values showed highly significant different from the previous group (p < 0.01);

<sup>*a*</sup> Boldface means values were highly significant different between 10/30 days groups (p < 0.01);

<sup>b</sup> Underline means values were significant different between 10/30 days groups (p < 0.05).

	,	<sup>16</sup> O-to- <sup>18</sup> O ratios after incubation ( $\pm$ SD)			
Entry	m/z	10 days	20 days	30 days	
1	575.3	0.659 (±0.025)	$0.443 (\pm 0.043)^{**}$	<b>0.421</b> ( $\pm$ <b>0.031</b> ) <sup><i>a</i></sup>	
2	614.8	0.772 (±0.009)	$0.588(\pm 0.021)^{**}$	0.539 (±0.042)	
3	464.3	0.682 (±0.020)	$0.491 (\pm 0.024)^{**}$	$0.426(\pm 0.035)^*$	
4	634.0	0.911 ( ± 0.106)	$0.722(\pm 0.079)^*$	$0.698(\pm 0.031)^{b}$	
5	537.7	0.681 (±0.058)	$0.514(\pm 0.027)^{**}$	$0.507 (\pm 0.020)$	
6	395.2	0.614 ( ± 0.035)	0.598 (±0.083)	$0.419(\pm 0.007)^*$	
7	694.3	0.711 (±0.041)	$0.504(\pm 0.037)^{**}$	0.468 (±0.012)	
8	596.8	0.672 ( ± 0.056)	$0.503 (\pm 0.033)^{**}$	$0.477(\pm 0.035)$	
9	812.5	0.885 (±0.039)	$0.721 (\pm 0.079)^*$	$0.702 (\pm 0.042)$	
10	490.2	0.418 ( ± 0.044)	$0.319(\pm 0.022)^*$	$0.294(\pm 0.052)$	
11	492.8	0.629 ( ± 0.052)	0.580 (±0.009)	$0.512(\pm 0.044)^*$	
12	691.8	0.359 (±0.046)	$0.187(\pm 0.131)^*$	0.168 (±0.025)	
13	820.5	0.817 ( ± 0.028)	0.814 ( ± 0.009)	$0.656(\pm 0.081)^*$	
14	672.8	0.619 ( ± 0.010)	$0.427 (\pm 0.028)^{**}$	0.411 (±0.051)	
15	1023.1	$0.912(\pm 0.026)$	$0.859 (\pm 0.007)^*$	$0.833 (\pm 0.011)^*$	
16	682.4	0.918(±0.021)	$0.86 (\pm 0.004)^{**}$	$0.835(\pm 0.007)^{**}$	
17	565.2	0.783 (±0.044)	$0.396(\pm 0.034)^{**}$	0.394 (±0.076)	
18	507.4	0.824 (±0.033)	$0.671(\pm 0.051)^{**}$	<u>0.655 (±0.104)</u>	

Table S4. Peptide concentration variations (<sup>16</sup>O-to-<sup>18</sup>O ratios) for modified HSA samples after incubation with 49.8 mM formaldehyde for different days (n=6).

\*\* Represent values showed highly significant different from the previous group (p < 0.01);

<sup>*a*</sup> Boldface means values were highly significant different between 10/30 days groups (p < 0.01);

<sup>b</sup> Underline means values were significant different between 10/30 days groups (p < 0.05)

<b>T</b>	m/z	<sup>16</sup> O-to- <sup>18</sup> O ratios after incubation ( $\pm$ SD)		
Entry		10 days	20 days	30 days
1	575.3	0.662 (±0.125)	0.461 ( ± 0.113)	$0.337 (\pm 0.152)^a$
2	614.8	0.972 (±0.104)	$0.878 (\pm 0.121)^{**}$	<b>0.839</b> ( ± <b>0.142</b> ) <sup>b</sup>
3	464.3	0.704 (±0.034)	$0.583 (\pm 0.045)^*$	<u>0.562 (±0.078)</u>
4	634.0	0.939 (±0.026)	0.922 (±0.039)	0.898 (±0.056)
5	537.7	0.687 (±0.019)	$0.634 (\pm 0.007)^{**}$	$0.524(\pm 0.034)^{**}$
6	395.2	0.845 (±0.036)	$0.715 (\pm 0.026)^{**}$	<u>0.619 (±0.107)</u>
7	694.3	0.903 (±0.022)	$0.799 (\pm 0.005)^{**}$	0.752 (±0.047)
8	596.8	0.686 ( ± 0.016)	0.614 ( ± 0.023)**	0.598(±0.015)
9	812.5	0.904 (±0.131)	0.795 (±0.062)	0.788 (±0.071)
10	492.8	0.705 (±0.018)	0.694 (±0.027)	<b>0.611 ( ± 0.012)</b> **
11	820.5	0.831 (±0.026)	0.829 (±0.011)	$0.704(\pm 0.054)^{**}$
12	672.8	0.915 (±0.110)	0.655 (±0.059)*	$0.507 (\pm 0.093)^*$
13	1023.1	0.952(±0.011)	$0.882 (\pm 0.010)^{**}$	0.859 (±0.022)
14	682.4	0.948(±0.017)	$0.884(\pm 0.005)^{**}$	$0.858 (\pm 0.006)^{**}$

Table S5. Peptide concentration variations (<sup>16</sup>O-to-<sup>18</sup>O ratios) for modified HSA samples after incubation with 24.9 mM formaldehyde for different days (n=6).

\*\* Represent values showed highly significant different from the previous group (p < 0.01);

<sup>*a*</sup> Underline means values were significant different between 10/30 days groups (p < 0.05);

<sup>*b*</sup> Boldface means values were highly significant different between 10/30 days groups (p < 0.01).

Entry	/	<sup>16</sup> O·	<sup>16</sup> O-to- <sup>18</sup> O ratios after incubation ( $\pm$ SD)				
Entry	m/z	10 days	20 days	30 days			
1	575.3	0.662 (±0.125)	0.461 (±0.113)	$0.337 (\pm 0.152)^a$			
2	614.8	0.972 (±0.104)	$0.878(\pm 0.121)^{**}$	<b>0.839</b> ( $\pm$ <b>0.142</b> ) <sup>b</sup>			
3	811.9	0.381 (±0.033)	$0.201 (\pm 0.028)^{**}$	0.181 (±0.023)			
4	438.2	$0.280(\pm 0.038)$	0.274 ( ± 0.026)	0.227 (±0.045)			
5	660.8	0.518 (±0.063)	0.445 ( ± 0.037)	0.443 (±0.051)			
6	464.3	0.704 (±0.034)	$0.583 (\pm 0.045)^*$	<u>0.562 (±0.078)</u>			
7	634.0	0.939 (±0.026)	0.922 (±0.039)	0.898 (±0.056)			
8	537.7	0.785 (±0.037)	$0.729(\pm 0.011)^*$	<b>0.635</b> ( $\pm$ <b>0.008</b> ) <sup><i>a</i>**</sup>			
9	440.7	0.519 (±0.047)	0.504 (±0.036)	$0.259 (\pm 0.019)^{**}$			
10	395.2	0.845 (±0.036)	$0.715 (\pm 0.026)^{**}$	<u>0.619 ( ± 0.107)</u>			
11	694.3	0.991 (±0.081)	$0.851 (\pm 0.045)^*$	$0.802 (\pm 0.077)^b$			
12	596.8	0.903 (±0.007)	$0.854(\pm 0.028)^*$	$0.648(\pm 0.042)^{**}$			
13	812.5	0.904 (±0.131)	0.795 (±0.062)	0.788 (±0.071)			
14	490.2	0.418 (±0.044)	$0.319(\pm 0.022)^*$	<u>0.294 (±0.052)</u>			
15	492.7	$0.847 \ (\pm 0.029)$	0.795 (±0.062)	$0.611 (\pm 0.043)^{**}$			
16	691.8	0.359 (±0.046)	$0.187(\pm 0.131)^*$	0.168 ( ± 0.025)			
17	801.0	$0.405~(\pm 0.072)$	0.378 (±0.041)	$0.246(\pm 0.061)^{*}$			
18	820.5	0.831 (±0.026)	0.829 (±0.011)	$0.704 (\pm 0.054)^{**}$			
19	512.8	$0.476(\pm 0.066)$	0.392 (± 0.042)	<u>0.342 (±0.061)</u>			
20	500.9	0.329 (±0.021)	0.288 (±0.037)	$0.261(\pm 0.024)$			
21	672.8	$0.972(\pm 0.043)$	$0.841 (\pm 0.027)^{**}$	$0.756(\pm 0.063)^*$			
22	1023.1	$0.995(\pm 0.003)$	0.985 (±0.021)	$0.885 (\pm 0.018)^{**}$			
23	682.4	$0.997(\pm 0.007)$	$0.990(\pm 0.017)$	$0.886 (\pm 0.016)^{**}$			
24	848.5	0.621 (±0.077)	$0.536(\pm 0.056)$	0.519 (±0.038)			
25	565.2	0.783 (±0.044)	$0.396(\pm 0.034)^{**}$	0.394 (±0.076)			
26	507.4	0.824 (±0.033)	$0.671 (\pm 0.051)^{**}$	<u>0.655 (±0.104)</u>			

Table S6. Peptide concentration variations (<sup>16</sup>O-to-<sup>18</sup>O ratios) for modified HSA samples after incubation with 6.0 mM formaldehyde for different days (n=6).

\*\* Represent values showed highly significant different from the previous group (p < 0.01);

<sup>*a*</sup> Boldface means values were highly significant different between 10/30 days groups (p < 0.01);

<sup>*b*</sup> Underline means values were significant different between 10/30 days groups (p < 0.05).

Table S7. The comparing quantification of formaldehyde-sensitive peptides LDELRDEGK (LK)and VFDEFKPLVEEPQNLIK (VK) with/without standard and labeling (n=6).

Dantida	In substian condition	Conversion rate (%) <sup><i>a</i></sup>		Methodology validation		
Peptide	incubation condition	by <sup>18</sup> O-labeling	by $IS^b$	accuracy	precision	repeatability
	6.0 mM, 10 days	$21.5\pm3.7$	$23.8\pm1.1$	0.18	0.84	0.42
LK	49.8 mM, 20 days	$48.6\pm2.7$	$46.9\pm1.8$	0.21	1.27	0.51
	249.0 mM, 30 days	$72.2\pm1.5$	$71.2\pm2.8$	0.31	1.89	0.47
	6.0 mM, 10 days	$0.3 \pm 0.7$	$0.6\pm0.2$	0.26	0.15	0.07
VK	49.8 mM, 20 days	$14.0\pm0.4$	$14.6\pm0.6$	0.13	0.44	0.20
	249.0 mM, 30 days	$36.8\pm2.7$	$36.6 \pm 1.1$	0.45	0.82	0.38
	amount of modified nentide					

 $a \text{ Conversion rate} = \overline{\text{total amount of unmodifed peptide}} \times 100 \%;$ 

<sup>b</sup> IS: formaldehyde-insensitive peptide AAFTECCQAADKAACLLPK was served as the internal standard.

Characteristics	Young Group	Mid-aged Group	Elderly Group
n	87	120	46
Age	23-40	41 - 60	> 61
Sexuality (M/F)	48 / 39	66 / 54	18 / 28
BMI $(kg/m^2)^a$			
Male	$22.76 \pm 2.47$	$26.5 \pm 2.47^{\ddagger}$	$23.8 \pm 2.91$
Female	$20.71 \pm 1.89$	$25.9 \pm 2.62^{\ddagger}$	$24.2 \pm 3.20^{\#}$
Overwight (%)			
Male	13.9	46.3‡	20.97*
Female	9.6	29.0‡	26.94#
$SBP^b$	$117.82 \pm 17.62$	$130.24 \pm 15.12^{\ddagger}$	$136.84 \pm 18.32^{\#}$
DBP <sup>c</sup>	$73.79 \pm 9.62$	$78.52 \pm 10.04$	$82.37 \pm 9.63^{*\#}$
Dyslipidemia (%)			
Male	7.8	46.5‡	36.7#
Female	4.3	29.4‡	31.4#
GLU (mmol/L)	All < 6.1	All < 6.1	All < 6.1
НВ	All negative	All negative	All negative

Table S8. Basic characteristics of plasma supplier.

<sup>*a*</sup> Values were expressed as mean value;

<sup>*b*</sup> SBP = systolic blood pressure;

<sup>*c*</sup> DBP = diastolic blood pressure;

\* Represent significant differences between Elderly Group and Mid-aged Group;

<sup>#</sup>Represent significant differences between Elderly Group and Young Group;

<sup>‡</sup>Represent significant differences between Mid-aged Group and Young Group.

As shown in Table S8, the body mass index (BMI), the percentage of overweight, blood pressure and the percentage of dyslipidemia showed significant difference among the three groups.

## **Related Figures**



Trypsin to protein ratio (w/w)

Fig. S1 Investigation of digestion efficiency with different trypsin to protein ratio.



Fig. S2 Investigation of digestion efficiency with different digestion time.



Fig. S3 Investigation of labeling efficiency with different urea concentration.



Fig. S4 Investigation of labeling efficiency in PBS buffer with different pH value.



Fig. S5 Investigation of labeling efficiency with different labeling time.



Fig. S6 The distribution of 51 peptides' labeling efficiency under the optimized conditions.



**Fig. S7** Confirmations for HSA cross-linking experiments in vitro: the measurement of free amine groups by OPA assay in HSA, which was incubated in formaldehyde solution (6.0, 24.9, 49.8 and 249.0 mM), respectively.



**Fig. S8** Locations of the potential peptidebiomarkers and the internal standard peptide on HSA. This image was generated by PyMOL Molecular Graphics System and crystal structure of HSA.