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Figure S1. Relative percentage of carbohydrates content and fructans profiles obtained
by HPAEC-PAD. A) Agavins from *Agave tequilana* Weber Blue variety of 4-year-old
plants. B) Inulin (oligofructose) from *Cichorium intybus*. Digestible carbohydrates
correspond to glucose, fructose and sucrose.



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Figure S2. Changes on body weight along the experimental trial. A) Mice fed with a 9 standard (ST) or high fat (HF) diet for 5 weeks. B) Diet shift of the overweight mice to 10 standard diet (HF ST) and standard diet added with agavins (HF ST+A) or inulin 11 (HF ST+O) for 5 more weeks. All data are presented as mean ± SEM. The diet-time 12 interactions were significant for body weight changes (P < 0.0001) with repeated 13 measures Two-way ANOVA. At specific time points, body weight changes were 14 significantly different between the groups: *P < 0.05, **P < 0.001 and ***P<0.0001, 15 Bonferroni's multiple comparison test. 16

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