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## Supporting Information

## Self-carried Curcumin Nanoparticles for In vitro and In vivo Cancer Therapy with Real-time Monitoring of Drug Release

Jinfeng Zhang<sup>a,d</sup><sup>†</sup>, Shengliang Li<sup>b</sup><sup>†</sup>, Fei-Fei An<sup>a</sup>, Juan Liu<sup>b</sup>, Shubin Jin<sup>b</sup>, Jin-Chao Zhang<sup>e</sup>, Paul C. Wang<sup>f</sup>, Xiaohong Zhang<sup>a,c\*</sup>, Chun-Sing Lee<sup>d\*</sup>, and Xing-Jie Liang<sup>b\*</sup>



**Fig. S1**. TEM images of Cur NPs and PEGylated Cur NPs, inset in b is the DLS data of PEGylated Cur NPs (Diameter: 106.9 nm, PDI: 0.271).



**Fig. S2**. Zeta potentials of (a) as-prepare Cur NPs and (b) PEGylated Cur NPs dispersed in deionized water both displaying negative charge.



**Fig. S3**. Digital photographs of different samples including free Cur in THF (a), free Cur (b), Cur NPs (c) and PEGylated Cur NPs (d) dispersed in water respectively, which show a good dispersibility and better stability of NP than that of free drug in water.



**Fig. S4**. Average particle sizes of the as-prepared Cur NPs and the PEGylated NPs dispersed in deionized water measured by DLS. Inset is digital image of the as-prepared Cur NPs (a) and the PEGylated Cur NPs (b) in water dispersions.



**Fig. S5**. The absorption spectra of Cur of different concentrations; b. The absorbance of Cur molecules at 428 nm (from a mixture of THF and water (v/v = 1:1)) as a function of Cur concentration.



**Fig. S6**. Confocal microscopy images of CT-26 cells treated with PEGylated Cur NPs. The cells were incubated with PBS containing NPs (5  $\mu$ M), and then the images were obtained at each time point (0, 1, and 4 h). Cell images were obtained using excitation at 405 nm and 488nm respectively



**Fig. S7**. Flow cytometric analyses of CT-26 cells after incubation with PEGylated Cur NPs for different durations.



**Fig. S8**. Cell viability of free Cur and PEGylated Cur NPs in CT-26 cell line after 48 hours of incubation. Data represent mean values  $\pm$  standard deviation, n =5.



**Fig. S9**. Cell viability of  $C_{18}$ PMH-PEG in CT-26 cell line after 24 and 48 hours of incubation. Data represent mean values  $\pm$  standard deviation, n =5.



**Fig. S10**. Bright field of CT-26 cells after incubated with  $C_{18}$ PMH-PEG, Free Cur and PEGylated Cur NPs comparing to the control group.



Fig. S11. Hemolysis assay of the PEGylated Cur NPs

Year	Journal	Cur loading capacity (%)	Carrier	Ref.
2015	Our work	78.5	Self-carried NPs	Our work
2009	Chem. Eur. J.	30	Porous silica matrix	1
2011	Carbohydrate Polymers	4.4	Dextran sulphate-chitosan NPs	2
2011	Nanoscale	12.95 ±0.15	Polymeric micelles	3
2011	Biomaterials	11.2	Hybrid nanogels	4
2011	J. Mater. Chem.	35	Mesoporous hollow silica particles	5
2012	Acta Pharmacologica Sinica	0.7	<b>PLGA nanoparticles</b>	6
2012	Carbohydrate Polymers	$4.1\pm0.3$	Chitosan/PCL nanoparticle	7
2012	Mol. Pharmaceutics	10	Solid Lipid NPs	8
2013	Mol. Pharmaceutics	$0.93\pm0.02$	Polymeric NPs	9
2013	Journal of Controlled Release	7.2 $\pm$ 0.2	Polypeptide-curcumin conjugates	10
2013	Biomacromolecules	8	<b>PLGA nanoparticles</b>	11
2013	J. Mater. Chem. B	8	Polymeric micelles	12
2013	Biomaterials	14.85 ±0.14	Polymeric micelles	13
2013	Adv. Healthcare Mater.	25 -60	Albumin NPs	14
2014	J. Mater. Chem. B	25.7 \ 29	Mesoporous silica NPs	15
2014	Biomaterials	16.1	MPEG-PLA-PAE copolymers	16
2014	J. Mater. Chem. B	0.31	SeNPs	17
2014	ACS Nano	5	N-palmitoyl chitosan NPs	18
2015	J. Mater. Chem. B	0.675	Gold nanoparticles	19
2015	Chem. Commun.	5.7 ± 1.4	Polymeric nanoparticles	20
2015	Adv. Funct. Mater.	2.8	Spherical polymeric nanoconstructs	21

**Table S1.** Comparison of drug loading content (wt. %) between our self-carried Cur NPs and other

 carrier-based drug delivery system for Cur-based cancer therapy

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