

Table 1S The particle size and PDI of mixed micelles prepared with fixed STC/lecithin molar ratio but different amount of MG and FA

No.	Composition (molar ratio)				Particle size (nm)	PDI
	STC	Lecithin	MG	FA		
1	4	1	0	0	28.7 ± 8.6	0.232
2	4	1	0.1	0.1	42.3 ± 9.2	0.218
3	4	1	0.1	0.2	60.6 ± 29.6	0.494
4	4	1	0.2	0.1	75.4 ± 34.7	0.572
5	4	1	0.5	0.5	266.4 ± 31.1	0.405
6	4	1	1	1	653.6 ± 72.3	0.473

Table 2S The particle size and PDI of mixed micelles prepared with fixed PO/lecithin molar ratio but different amount of MG and FA

No.	Composition (molar ratio)				Particle size (nm)	PDI
	PO	Lecithin	MG	FA		
1	4	1	0	0	52.2 ± 10.4	0.245
2	4	1	0.1	0.1	76.3 ± 9.7	0.231
3	4	1	0.1	0.2	113.6 ± 18.4	0.359
4	4	1	0.2	0.1	107.2 ± 21.6	0.493
5	4	1	0.5	0.5	372.9 ± 34.8	0.583
6	4	1	1	1	822.1 ± 60.3	0.411

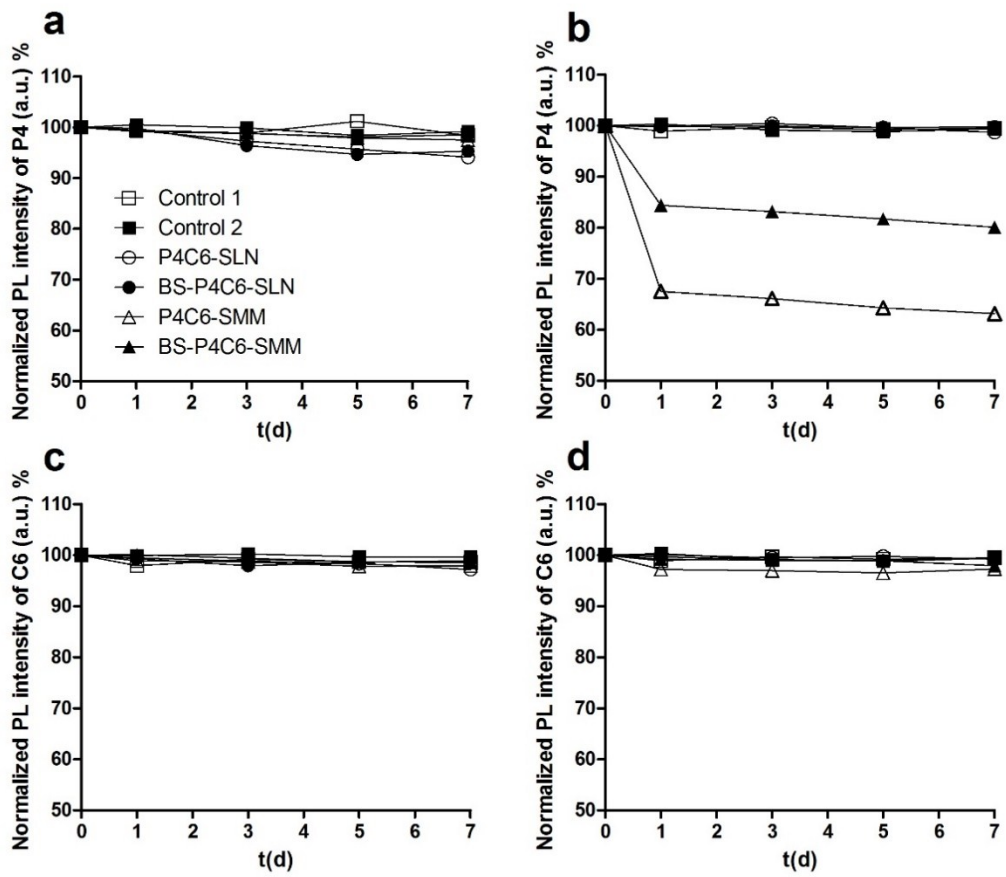


Fig. 1S PL intensity changes of P4 (a, b) and C6 (c,d) in different formulations stored at 20°C (a, c) and 4°C (b, d)