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Electronic Supplementary Information

Lipid-membrane-incorporated hydrophobic photochromic molecules prepared by the exchange method using cyclodextrins

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[Guest]/[DMPC]	1		2	
(mol%)	Average D _{hy} /nm	PDI ^a	Average D _{hy} /nm	PDI^{a}
0.0	80.3	0.15	84.6	0.16
2.5	75.2	0.14	89.5	0.16
5.0	76.3	0.15	84.8	0.19
10.0	82.9	0.17	84.6	0.22
20.0	82.3	0.17	84.6	0.20
(DDI D 1 1)				

Table S1 Average hydrodynamic diameters, D_{hy} (nm), of LMI1 and LMI2 prepared by the exchange method, determined using dynamic light scattering at 25 °C.

^aPDI: Polydispersity index.

Table S2 Average hydrodynamic diameters, D_{hy} (nm), of LMI1 and LMI2 prepared by the premixing method, determined using dynamic light scattering at 25 °C.

[Guest]/[DMPC]	1		2	
(mol%)	Average <i>D</i> _{hy} /nm	PDI^{a}	Average <i>D</i> _{hy} /nm	PDI^{a}
0.0	81.6	0.13	81.6	0.13
2.5	76.4	0.12	83.3	0.14
5.0	77.0	0.13	77.3	0.13
10.0	73.0	0.11	82.4	0.11
20.0	80.7	0.11	73.0	0.12

^aPDI: Polydispersity index.

Table S3 Average hydrodynamic diameters, D_{hy} (nm), of LMI1 and LMI2 prepared by the exchange method before and after photoirradiation, determined using dynamic light scattering at 25 °C.

Conformation	1 ^{<i>a</i>}		2 ^{<i>a</i>}
	Average <i>D</i> _{hy} /nm	PDI^b	Average $D_{\rm hy}$ /nm PDI ^b
trans ^c	76.7	0.13	82.1 0.19
cis^d	72.1	0.13	78.4 0.17
trans ^e	70.2	0.15	84.3 0.21

 a [guest]/[DMPC] = 10 mol%.

^bPDI: Polydispersity index.

 ${}^{c}[trans-1]:[cis-1] = 87:13 \text{ (mol/mol)}, [trans-2]:[cis-2]:[phenanthrene] = 100:0:0 \text{ (mol/mol/mol)}.$

 d [*trans*-1]:[*cis*-1] = 22:78 (mol/mol), [*trans*-2]:[*cis*-2]:[phenanthrene] = 4:92:4 (mol/mol/mol).

e[trans-1]:[cis-1] = 76:24 (mol/mol), [trans-2]:[cis-2]:[phenanthrene] = < 1:< 1:> 99 (mol/mol/mol).



Fig. S1 (A) The premixing method, (B) the exchange method for the preparation of LMI1 and LMI2.



Fig. S2 ¹H NMR spectra at 400 MHz in D₂O at 25 °C of (A) DMe- β -CDx, (B) the **1**•DMe- β -CDx complex, LMI**1**: [**1**]/[DMPC] = (C) 2.5 mol%, (D) 5.0 mol%, (E) 10 mol% and (F) 20 mol%.



Fig. S3 ¹H NMR spectra at 400 MHz in D₂O at 25 °C of (A) DMe- β -CDx, (B) the **2**•DMe- β -CDx complex, LMI**2**: [**2**]/[DMPC] = (C) 2.5 mol%, (D) 5.0 mol%, (E) 10 mol% and (F) 20 mol% (•: **2** in the DMPC•DMe- β -CDx complex). The insets show the region of 6.8–8.0 ppm.



Fig. S4 UV-vis absorption spectra of LMI2 prepared by the premixing method. [1 or 2]/[DMPC] = (a) 2.5 (black line), (b) 5.0 (red line), (c) 10.0 (blue line) and (d) 20.0 (green line) mol%. All absorption spectra were obtained by subtracting the light scattering of DMPC liposomes and were measured at 25 °C (1 mm cell).



Fig. S5 Hydrodynamic diameters (D_{hy}) of (A) LMI1 and (B) LMI2 prepared by the exchange method and (C) LMI1 and (D) LMI2 prepared by the premixing method, using DLS measurements. [1 or 2]/[DMPC] = (a) 0.0 (black line), (b) 2.5 (red line), (c) 5.0 (blue line), (d) 10.0 (green line) and (e) 20.0 (orange line) mol%, room temperature.



Fig. S6 ¹H NMR spectra of extracts from LMI1 (A) before and (B) after UV light irradiation ($330 < \lambda < 380$ nm; *trans*-to-*cis*) and (C) visible light irradiation ($\lambda > 400$ nm; *cis*-to-*trans*) and from LMI2 (D) before and (E) after visible (UVA) light irradiation ($\lambda = 365$ nm; *trans*-to-*cis*) and (F) UV (UVC) light irradiation ($\lambda = 254$ nm; *cis*-to-*trans*). CDCl₃, [1 or 2]/[DMPC] = 10 mol% [•: 1(*trans*) or 2(*trans*), •: 1(*cis*) or 2(*cis*), •: phenanthrene.



Fig. S7 Hydrodynamic diameters (D_{hy}) of (A) LMI1 and (B) LMI2 before and after photoirradiation from DLS measurements. LMI1 (*trans*) and LMI2 (*trans*) before photoirradiation: black line, LMI1 (*cis*) and LMI2 (*cis*) after photoirradiation: red line, LMI1 (*trans*) and LMI2 (*trans*) after photoirradiation: blue line, [1 or 2]/[DMPC] = 10.0 mol%, room temperature.