## **Electronic Supplementary Information (ESI)**

## Novel red blood cell shape $\alpha$ -Fe<sub>2</sub>O<sub>3</sub> microstructures and FeO(OH) nanorods as high capacity supercapacitors

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Fig. S1 Nitrogen adsorption–desorption isotherms of the as-prepared  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub> microspheres. Inset: the pore size distribution.



Fig. S2 SEM images of the sample prepared without the addition of (a, b) PVA and (c, d)  $NH_4CI$ .



Fig. S3 SEM images of the sample prepared at 180  $^\circ\text{C}.$ 



Fig. S4 Cycle performance of the samples measured at a scan rate of 50mV·s<sup>-1</sup> for 5,000 cycles.