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Electronic Supplementary Information (ESI) available:



Figure S1 TEM image of $NaYF_4$ UCNPs.



Figure S2 (a) TEM and (b-f) Elemental mappings of $NaYF_4/CdTe\ QDs.$



Figure S3 Dynamic curves of ${}^{4}S_{3/2} {}^{-4}I_{15/2}$ transition of Er³⁺ at different QD1 concentration under 980 nm light excitation.



Figure S4 Dynamic curves of ${}^{4}F_{9/2}$ - ${}^{4}I_{15/2}$ transition of Er $^{3+}$ at different QD1 concentration under 980 nm light excitation.



Figure S5 (a) The photograph of the complex of UCNPs and QDs (The concentration of the QDs is 45%) in water or buffer solution; (b) The photograph of the complex of UCNPs and QDs (The concentration of the QDs is 45%) in water or buffer solution after a week.



Figure S6 Dynamic curves of ${}^{4}S_{3/2}$ - ${}^{4}I_{15/2}$ transition of Er³⁺ at different QD2 concentration under 980 nm light excitation.



Figure S7 Dynamic curves of ${}^{4}F_{9/2}$ - ${}^{4}I_{15/2}$ transition of Er^{3+} at different QD2 concentration under 980 nm light excitation.



Figure S8 Inverse of the ${}^{4}S_{3/2}$, ${}^{4}F_{9/2}$ - ${}^{4}I_{15/2}$ transition decay time at different QD2 concentration under 980 nm light excitation.



Figure S9 Dynamic curves of ${}^{4}S_{3/2} {}^{-4}I_{15/2}$ transition of Er^{3+} at different Hg^{2+} concentration under 980 nm light excitation in the human serum.



Figure S10 Fluorescence intensity ratio of FRET sensor as a function of Hg^{2+} concentration detected in human serum (0.15 g/mL).



Figure S11 Fluorescence spectra of QDs with addition of various Hg²⁺ concentrations in PBS buffer.