## **Supporting Information**

## **Experimental details**

The detailed volume ratios of solvents and mass ratios of solutes are listed in **Table S1**. Firstly, the mass ratios of solutes are fixed to be 1:1, and the volume ratios of solvents are changed to explore the optimal ratio, which comes to be 1:3. Then keep the optimal solvents ratio of 1:3 unchanged, and adjust the mass ratios of solutes to research the optimal mass ratios of solutes. Therein, the total solvents volume is 40 ml, the solutes ratio of 1:1 represents 0.125 mmol SM: 0.8 mmol TAA, and the figures of 1.5, 2, 3, 4 are the multiples of 1 SM and 1 TAA.

(1) SM:TAA=1:1				
NMP:H <sub>2</sub> O 0:4	1:3	2:2	3:1	4:0
(2) NMP:H <sub>2</sub> O=3:1				
SM:TAA 1:1	1:1.5	1:2	2:2	4:4

**Table S1.** The detailed volume ratios of solvents and mass ratios of solutes for the synthesis of  $MoS_2$ .

As shown in **Fig. S1a-e**, the  $MoS_2$  precusor self-assembled to form  $MoS_2$  nanosheets in which DI-water was only solvent. For the use of NMP with volume ratio of 0:4, the  $MoS_2$  precursor formed to particle-like  $MoS_2$  (**Fig. S1e**).

Obviously the solvents: NMP and  $H_2O$  ratio of 1:3 was the best fit in the experiment. That is because when the concentration of -OH increased with the NMP ratio, the lamellar structure could not be well formed, which directly leaded to formation of the atypical morphologies. Thus, the solvents of NMP in this experiment could limit the growth of  $MoS_2$  crystals to be nanobowl structure rather than nanosheets.

Secondly, the weight of TAA was unilateral increased under the optimal solvents condition to explore the influence of TAA concentration. The morphologies of MoS<sub>2</sub> were characterized by FESEM and shown in **Fig. S1b**, **f-g**. It revealed that with the TAA weight increased, the aggregation getting worse and even the flower-type structure formed (**Fig. S1g**). That is because with the increase of TAA, the getting stronger van der Waal interaction drove more monolayered or bilayered nanoflakes stack to form MoS<sub>2</sub> sheets, then the MoS<sub>2</sub> sheets tended to agglomerate to minimize the surface energy, and the nanobowl structure were partly disappeared. When the ratio was increased to 1:2, the MoS<sub>2</sub> sheets further agglomerated to form the flower-type structure, until the system remained stable. Considering the better electrolyte penetration, we prefered the nanobowl shaped MoS<sub>2</sub> of the initial 1:1 ratio.

Finally, when the solvents ratio and the raw materials ratio were both under the optimal conditions, we increased the weight of SM and TAA by the same amount to twice and thrice to explore the influence of raw materials concentration. The obtained  $MoS_2$  were denoted as  $MoS_2$ -1,  $MoS_2$ -2, and  $MoS_2$ -3. The

morphologies were characterized by FESEM and shown in Fig. Sb, h-i. As could be seen, the nanobowl structure basically unchanged but the dispersity weakened. To further investigate the distinction of the three products, XRD and BET analysis were employed, as shown in Fig. S2. The XRD (Fig. S2a) patterns were basically consistent, and well indexed to hexagonal MoS<sub>2</sub> (JCPDS Card No. 73-1508), declaring that the product were both pure MoS<sub>2</sub>. But the BET (Fig. S2b-d) differed a lot, MoS<sub>2</sub>-1, MoS<sub>2</sub>-2, and MoS<sub>2</sub>-3 exhibited the specific surface areas of 88.21, 65.6 and 2.2 m<sup>2</sup> g<sup>-1</sup>, respectively. The distinction was caused by the dispersity differences, with the increase of raw materials concentration, more MoS<sub>2</sub> could be obtained, but the constant raw materials ratio kept the nanobowl structure basically unchanged. The increased output of MoS<sub>2</sub> leaded to the more frequent van der Waal interaction, so the dispersity turned weaker and less void volume could be obtained, which made the BET surface area decreased. Based on the above comparison, we conclude that NMP and  $H_2O$  ratio of 1:3 and the SM and TAA ratio of 1:1 is the optimal synthesis condition.



**Figure S1.** Morphologies of the  $MoS_2$  nanobowls at different synthesis condition. (ae) SEM images with the NMP and H<sub>2</sub>O ratio of 0:4, 1:3, 2:2, 3:1and 4:0; (f-i) SEM images with the SM and TAA ratio of 1: 1.5, 1:2, 2:2 and 4:4.



**Figure S2.** (a) XRD patterns and BET nitrogen adsorption and desorption isotherms of (b)  $MoS_2$ -1, (c)  $MoS_2$ -2 and (d)  $MoS_2$ -3. Inset of each plot: pore size distribution of the corresponding sample.



**Figure S3.** (a) Thermogravimetric (TG) curves  $MoS_2@C-600$ ; and (b) differential thermogravimetric (DTG) curves of  $MoS_2$ ,  $MoS_2@C-400$ ,  $MoS_2@C-500$ , and  $MoS_2@C-600$ .

As shown in **Figure S2a**, the TGA curves of  $MoS_2@C-600$  are mainly divided into three parts in the temperature range of 80 to 800 °C:

1. The water  $m(H_2O)$  evaporation below 200°C.

$$m_1(\text{wt.\%}) = m(\text{MoS}_2@\text{C-600}) - m(\text{H}_2\text{O})$$
 (S1)

2. The oxidation of  $MoS_2$  to  $MoO_3$  in the temperature range of 300-450°C, with gasification of carbon ( $m_c$ ) in this region.

$$m_2(wt.\%) = m(MoO_3) = M(MoO_3) * n(MoO_3)$$
 (S2)

3. The evaporation of  $MoO_3$  in air atmosphere at temperatures higher than 680°C.

As a result, the carbon content of  $MoS_2@C-600$  is estimated by

$$m_{\rm c}({\rm MoS}_2@{\rm C-600}) = m_1({\rm wt.\%}) - m_2({\rm wt.\%}) / {\rm M}({\rm MoO}_3) \times {\rm M}({\rm MoS}_2) = 99 {\rm wt.\%} - 75.5$$

wt.% /  $144 \times 160 = 15.11$  wt.%

In the same way, the carbon contents of  $MoS_2@C-400$  and  $MoS_2@C-500$  are also estimated to be 15.67 wt. % and 13.44 wt. %, respectively.



**Figure S4.** High resolution XPS spectra of (a) S 2p, (b) Mo 3d, and (c) C 1s for  $MoS_2@C-400$ ; (d) S 2p, (e) Mo 3d, and (f) C 1s for  $MoS_2@C-500$  and (g) S 2p, (h) Mo 3d, and (i) C 1s for  $MoS_2@C-600$ .



**Figure S5.** CV curves of the first 3 cycles for (a)  $MoS_2$ , (b)  $MoS_2@C-400$ , (c)  $MoS_2@C-500$ , and (d)  $MoS_2@C-600$ , measured at 0.2 mV s<sup>-1</sup> between 0.02 and 3 V.



**Figure S6.** (a) Capacity retention vs. C-rates and (b) Coulombic efficiency of  $MoS_2$ ,  $MoS_2@C-400$ ,  $MoS_2@C-500$ , and  $MoS_2@C-600$  measured at 0.2 C between 0.02 and 3 V.



Figure S7. (a) Cycling performances of  $MoS_2$ ,  $MoS_2@C-400$ ,  $MoS_2@C-500$ , and  $MoS_2@C-600$  measured at 1 C between 0.02 and 3 V.