

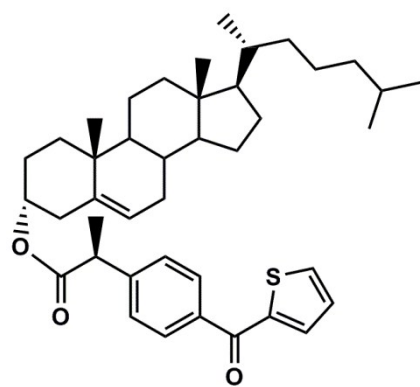
ELECTRONIC SUPPLEMENTARY INFORMATION

Steric shielding *vs* σ – π orbital interactions in triplet-triplet energy transfer

Inmaculada Andreu,^a Isabel Morera,^b Fabrizio Palumbo,^c Germán Sastre,^c
Francisco Bosca,^{c,*} and Miguel A. Miranda^{c,*}

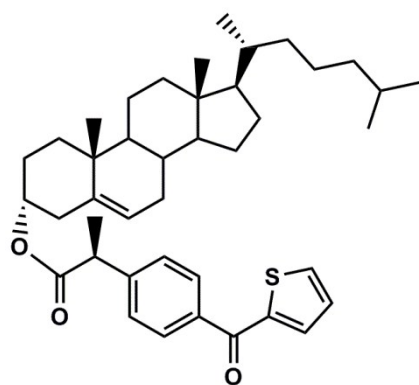
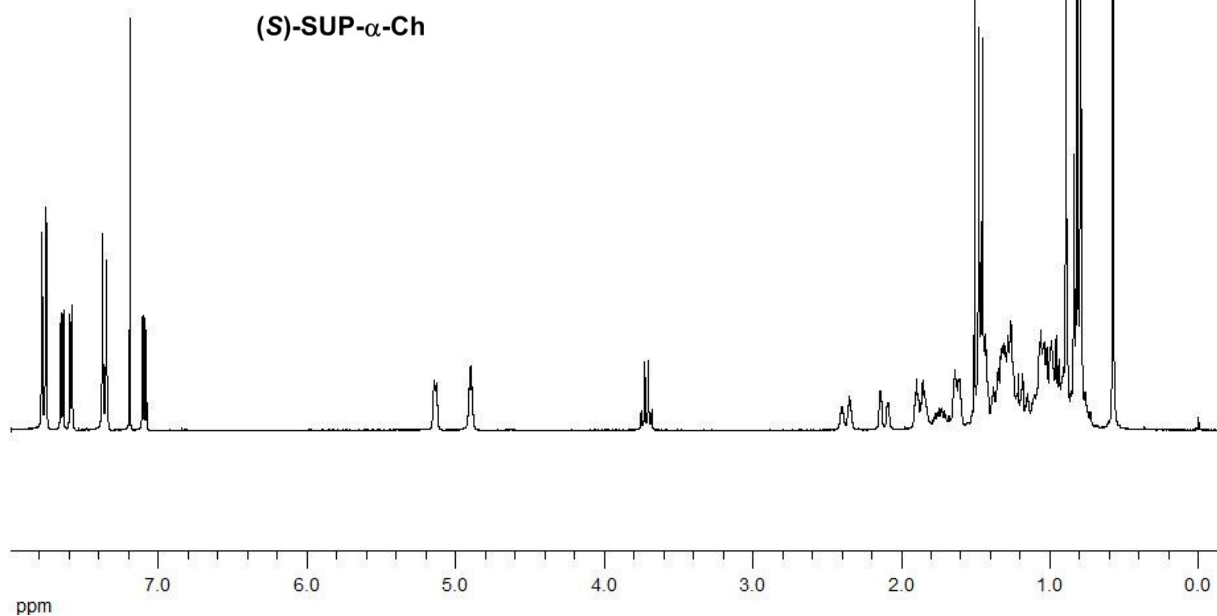
Table of Contents

1. ¹ H and ¹³ C-NMR spectra of (<i>S</i>)-SUP- α -Ch	S2
2. ¹ H and ¹³ C-NMR spectra of (<i>R</i>)-SUP- α -Ch	S3
3. ¹ H and ¹³ C-NMR spectra of SUP- β -Ch	S4
4. ¹ H and ¹³ C-NMR spectra of TPA- α -Ch _H	S5
5. Optimized geometries using PBE-D3	S6
6. Optimized geometries using M062X-D3	S7
7. Optimized geometries using wB97XD	S8



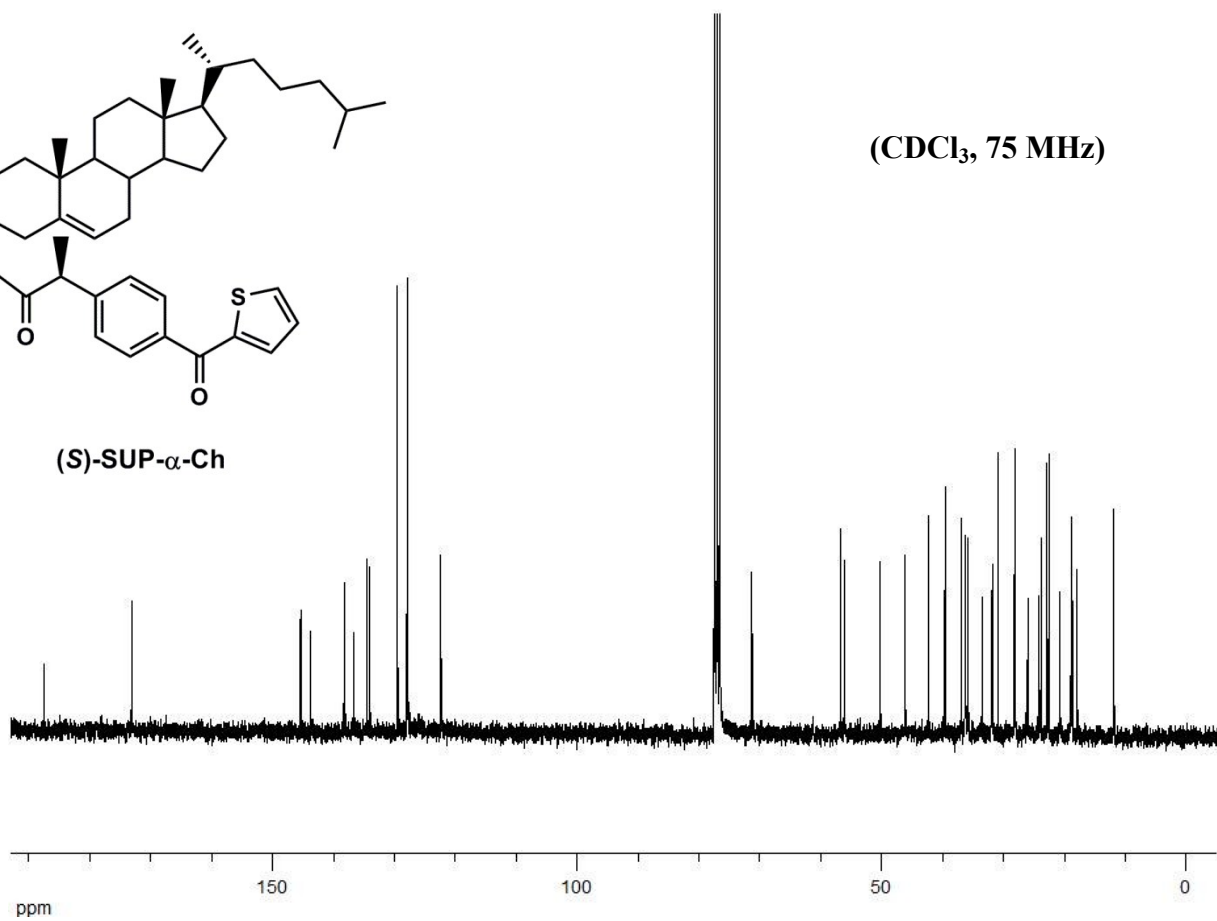
(CDCl₃, 300 MHz)

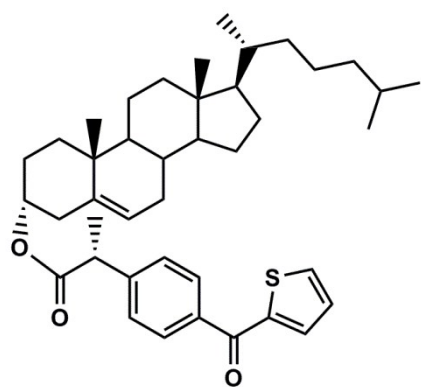
(S)-SUP- α -Ch



(CDCl₃, 75 MHz)

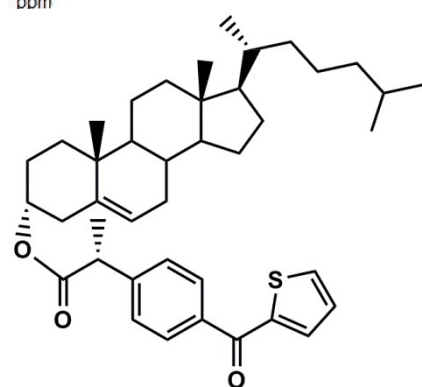
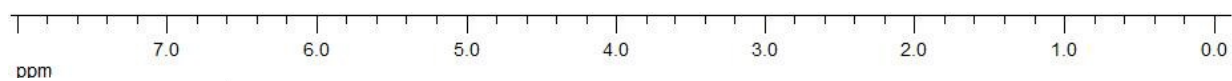
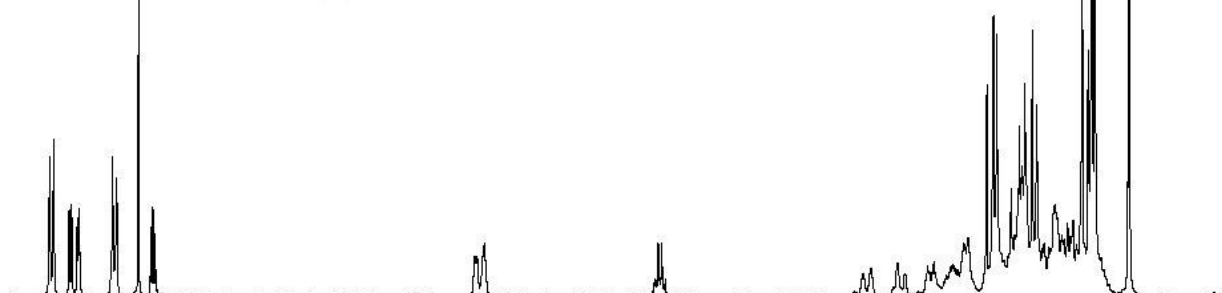
(S)-SUP- α -Ch





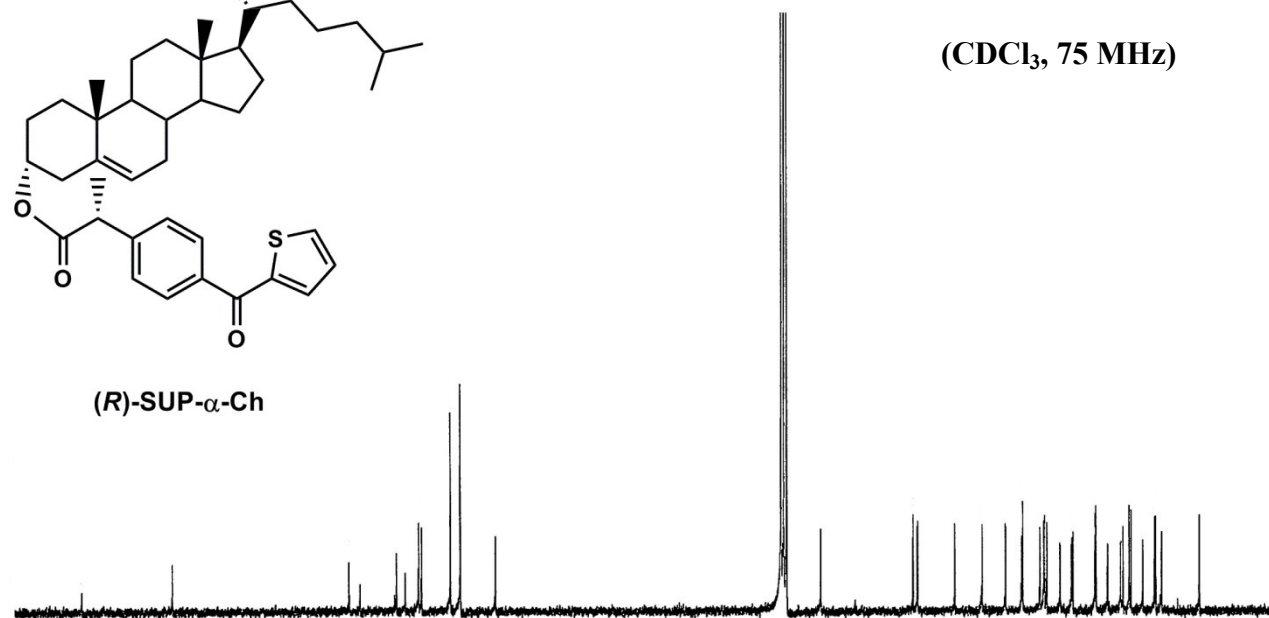
(CDCl₃, 300 MHz)

(R)-SUP-α-Ch



(R)-SUP-α-Ch

(CDCl₃, 75 MHz)

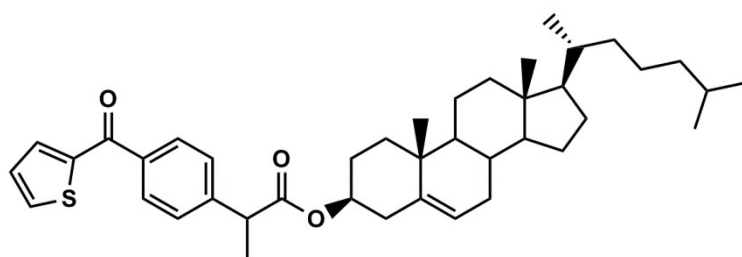
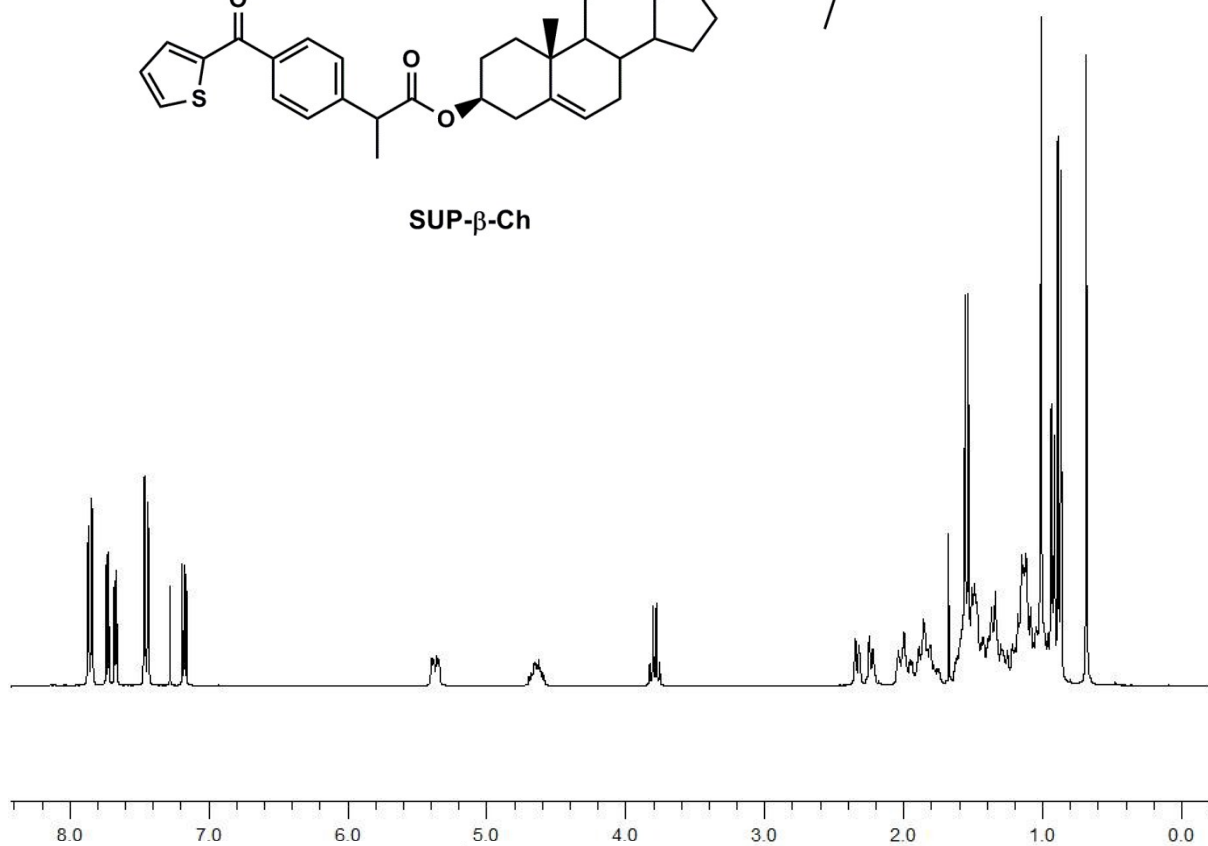
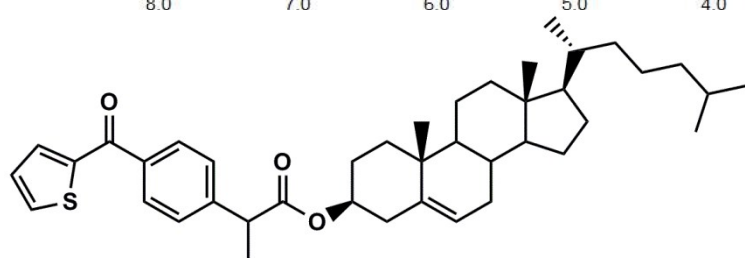
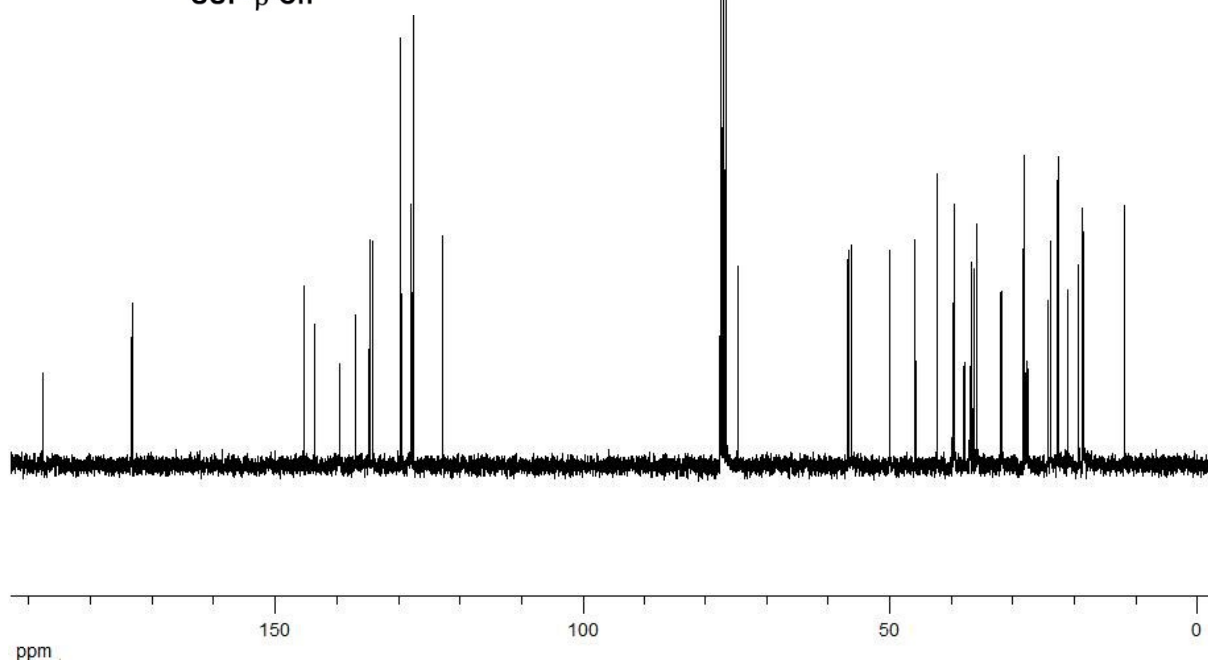


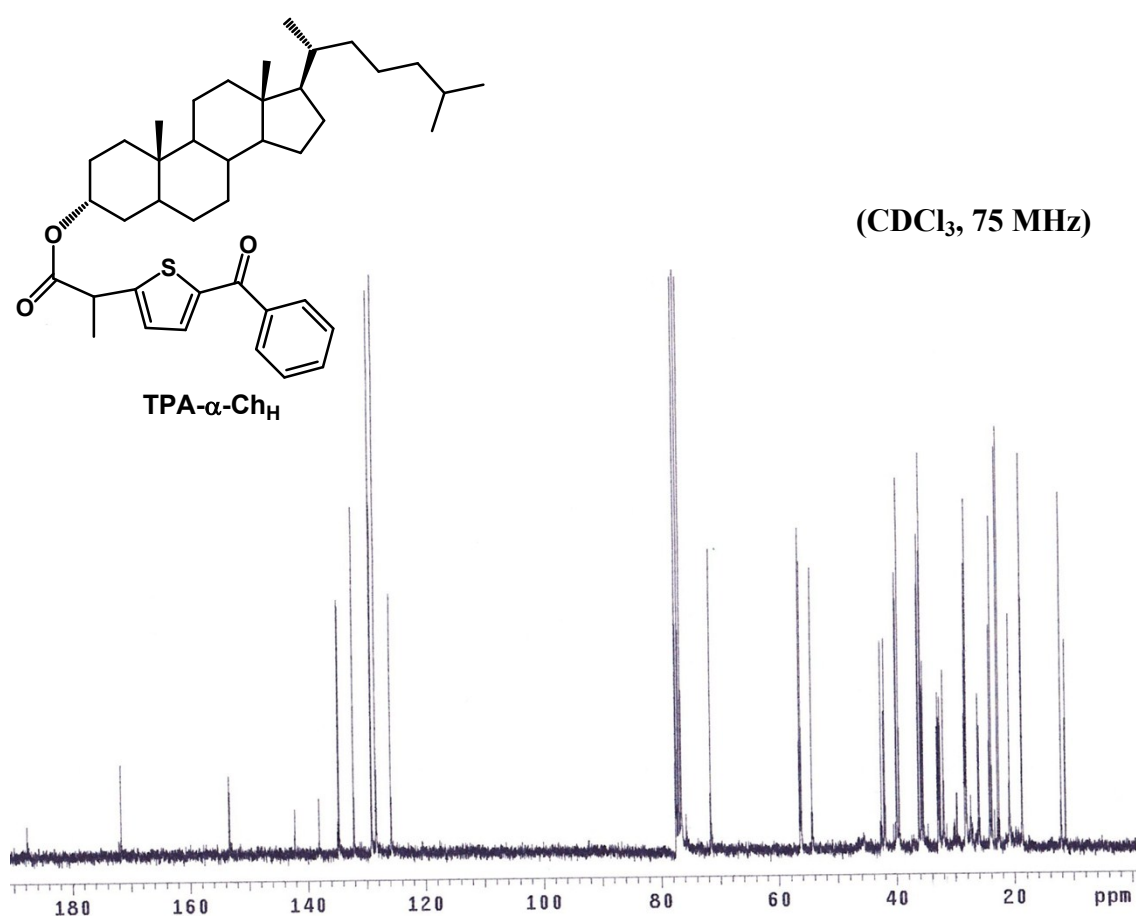
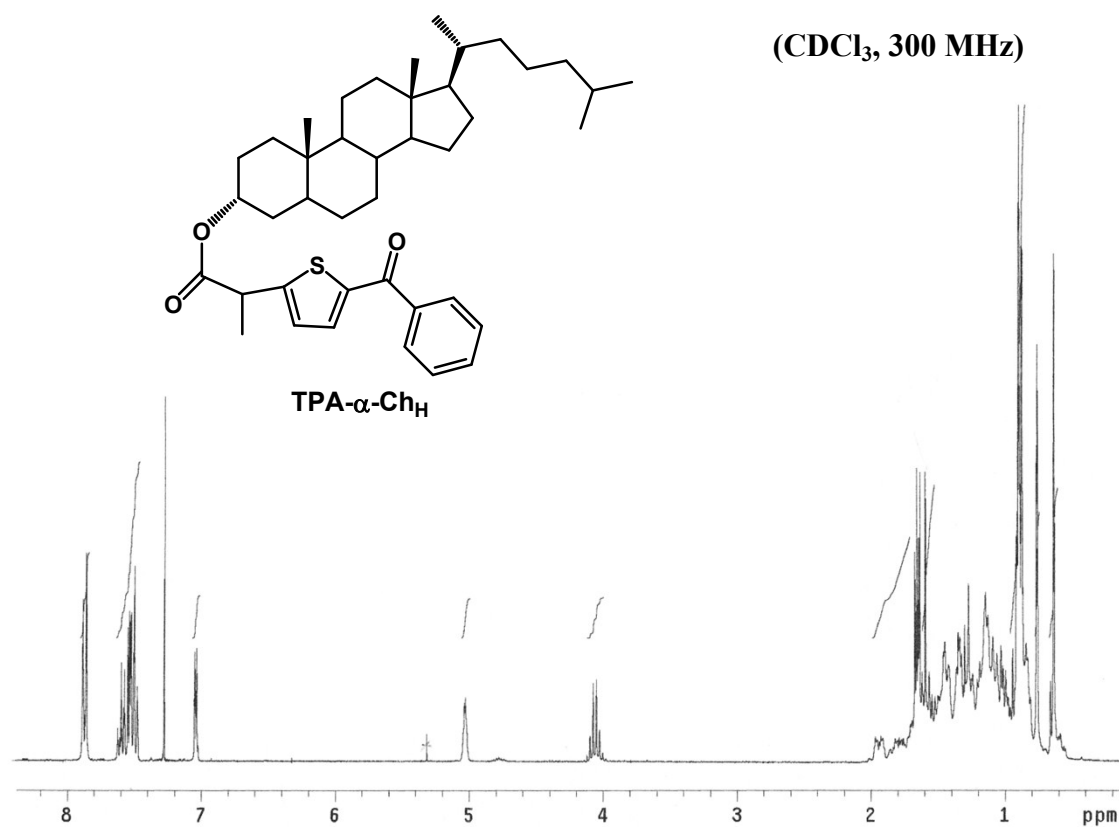
ppm

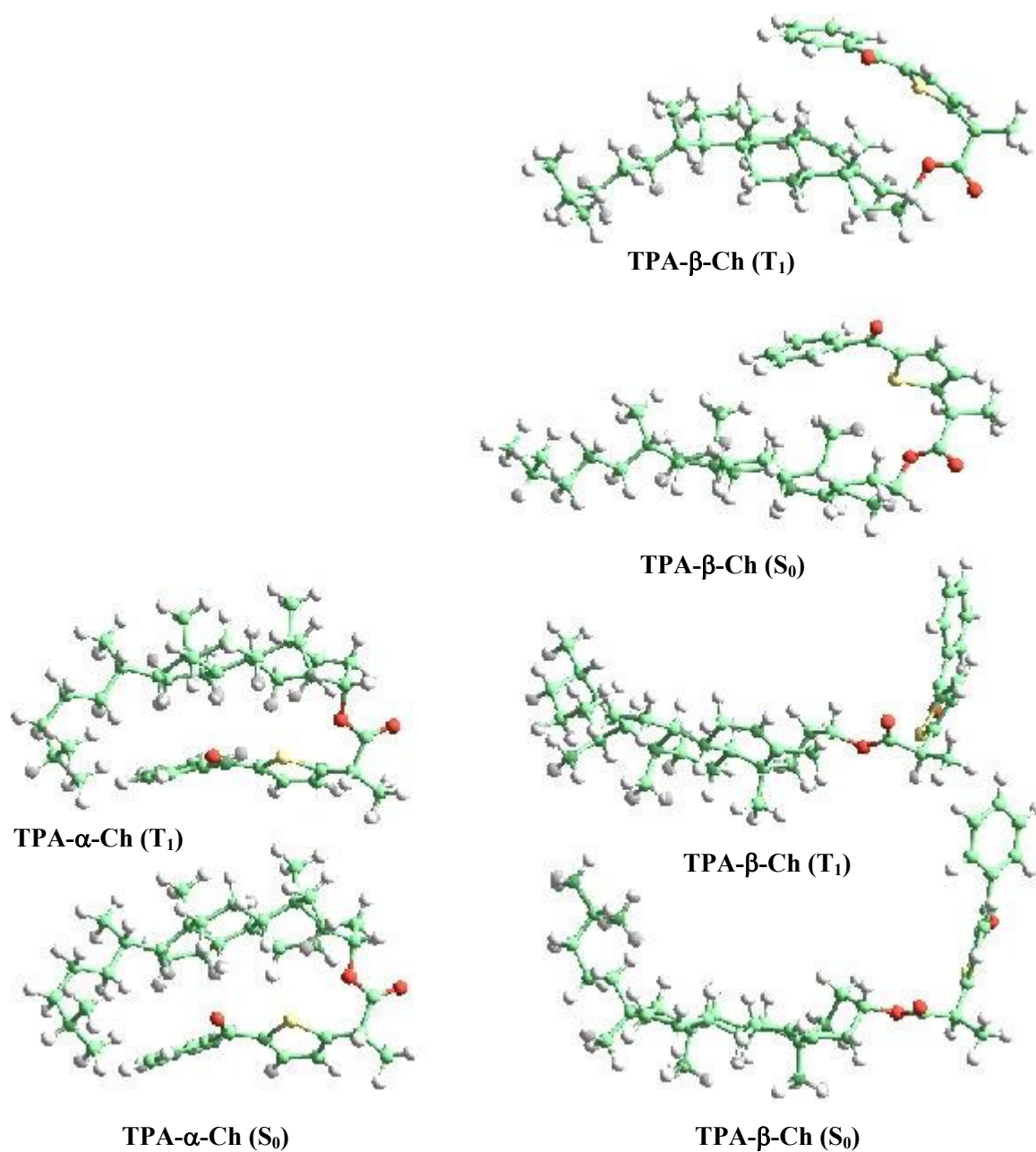
150

100

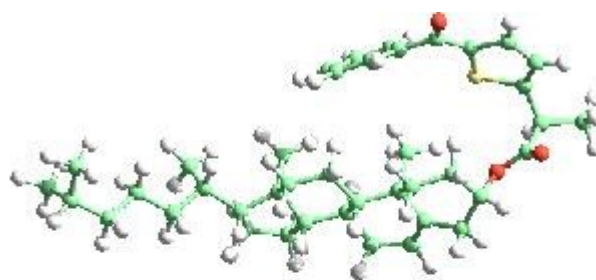
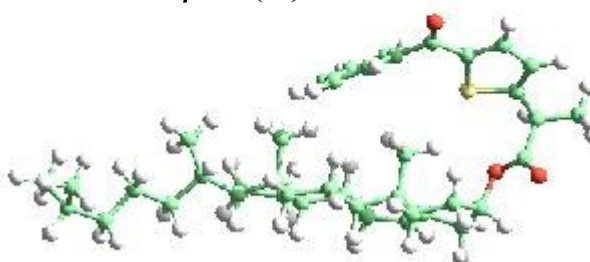
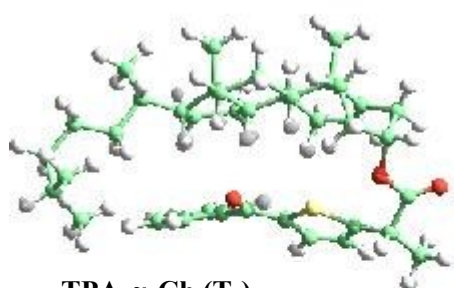
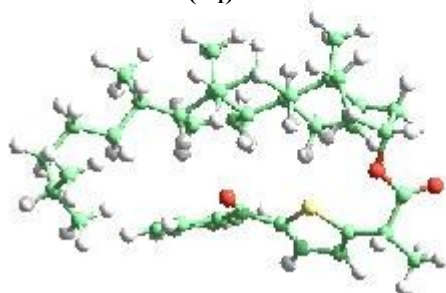
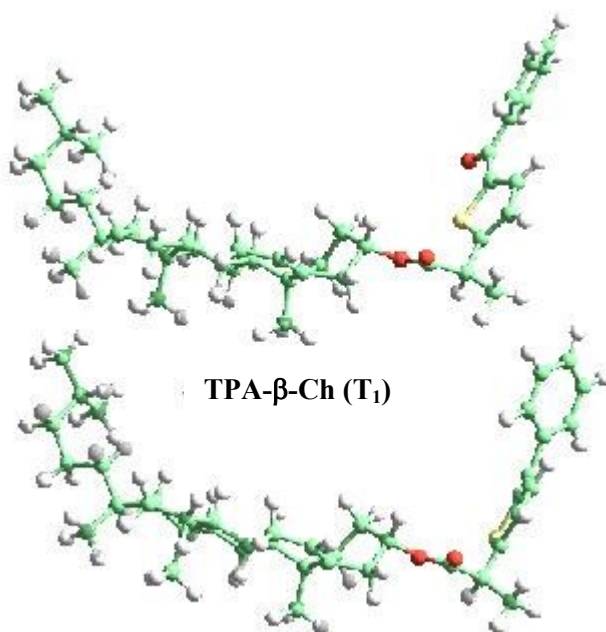
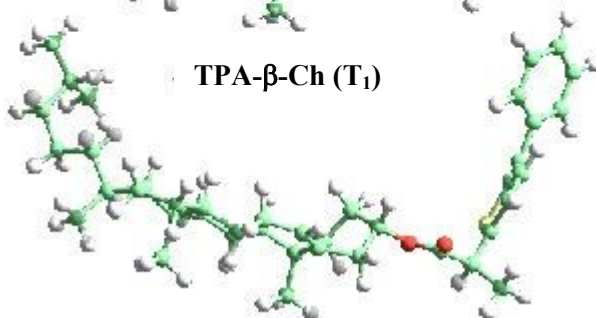
50

(CDCl₃, 300 MHz)SUP- β -Ch(CDCl₃, 75 MHz)SUP- β -Ch

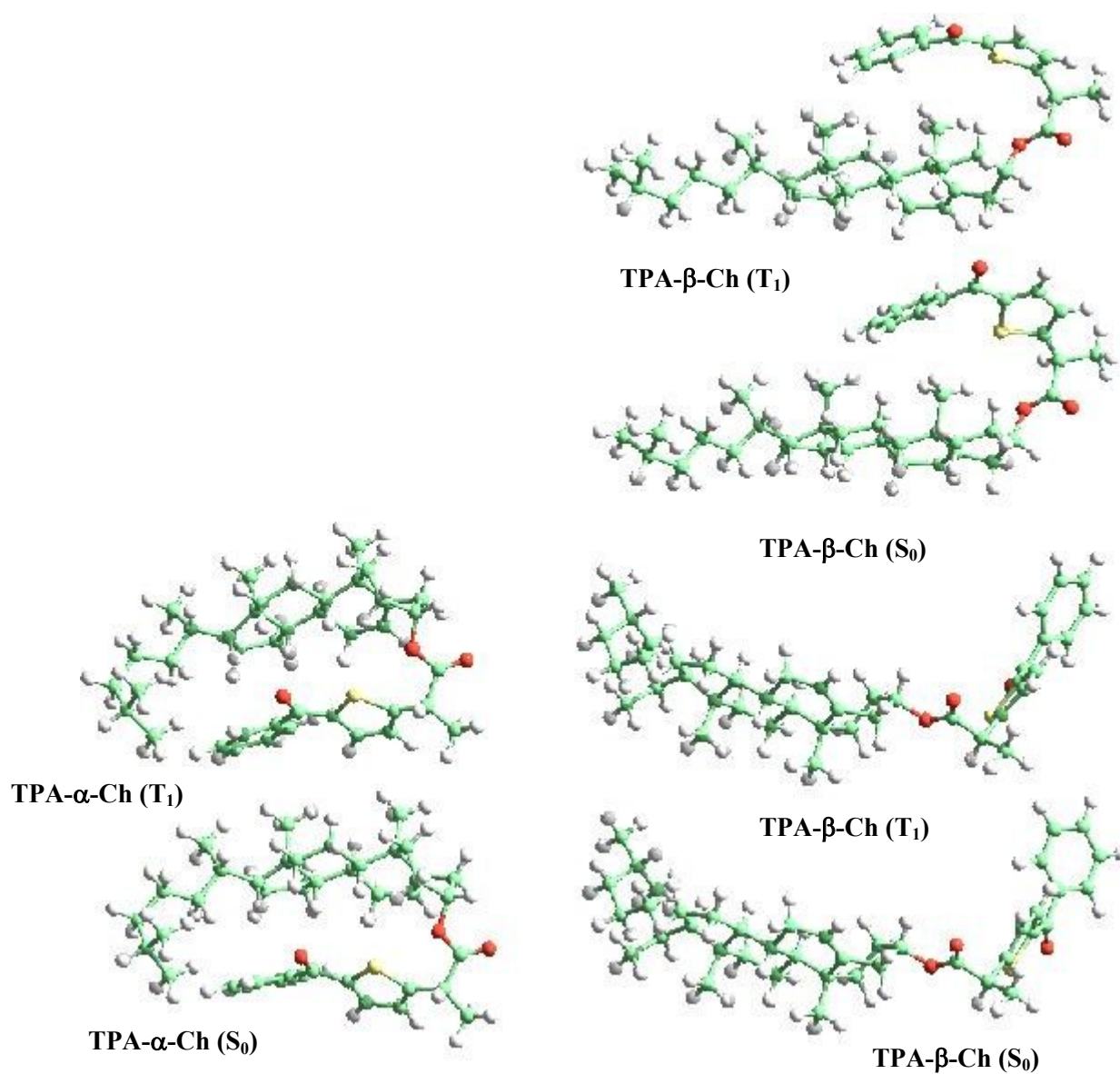




Optimized geometries of ground state (S_0) and triplet excited state (T_1) of TPA- α -Ch and TPA- β -Ch using PBE-D3 functional. The effect of solvent has not been included, but the geometries have also been optimized using dichloromethane as solvent with very similar results. In TPA- β -Ch, folded and unfolded have similar energies and for this reason both conformations have been calculated.

**TPA- β -Ch (T_1)****TPA- β -Ch (S_0)****TPA- α -Ch (T_1)****TPA- α -Ch (S_0)****TPA- β -Ch (T_1)****TPA- β -Ch (S_0)**

Optimized geometries of ground state (S_0) and triplet excited state (T_1) of TPA- α -Ch and TPA- β -Ch using M062X-D3 functional. The effect of solvent has not been included, but the geometries have also been optimized using dichloromethane as solvent with very similar results. In TPA- β -Ch, folded and unfolded have similar energies and for this reason both conformations have been calculated.



Optimized geometries of ground state (S_0) and triplet excited state (T_1) of TPA- α -Ch and TPA- β -Ch using wB97XD functional. The effect of solvent has not been included, but the geometries have also been optimized using dichloromethane as solvent with very similar results. In TPA- β -Ch, folded and unfolded have similar energies and for this reason both conformations have been calculated.