## Supplementary Material (ESI) for Soft Matter

## Analogy between compressible 3D Kirchhoff's rod and relativistic rotor

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In this supplementary document we derive the equations of equilibrium for a 3D compressible elastic rod under the assumptions of Kirchhoff's model [1, 2]. It is shown that these equations are mathematically analogous to the 3D Euler's equations of rigid-body rotation, where the non-relativistic angular momentum, **L**, is replaced by,  $\gamma$ **L**,  $\gamma$  being the Lorentz factor. This analogy is derived while keeping in mind the known difficulties in the latter, relativistic problem [3, 4].

Following the formulation in ref. [5], we consider a space curve described by the position vector,  $\mathbf{R}(s)$ , where s is the arclength parameter of the relaxed configuration. Defining  $\hat{s}$  as the arclength parameter of the deformed configuration, the unit tangent vector to  $\mathbf{R}(s)$  is given by,  $\mathbf{d}_3 = d\mathbf{R}/d\hat{s}$ . In addition, let  $\{\mathbf{d}_1, \mathbf{d}_2\}$  be a pair of unit vectors perpendicular to  $\mathbf{d}_3$  and parallel to the principal axes of the filament's cross-section. The triad  $\{\mathbf{d}_1, \mathbf{d}_2, \mathbf{d}_3\}$  form a co-moving coordinate frame attached to the rod's mid-axis. These vectors satisfy the relations,

$$\frac{d\mathbf{d}_i}{ds} = \gamma \boldsymbol{\kappa} \times \mathbf{d}_i,\tag{1}$$

where i = 1, 2, 3,  $\gamma = d\hat{s}/ds$  is the strain field, and  $\boldsymbol{\kappa} = \kappa_1 \mathbf{d}_1 + \kappa_2 \mathbf{d}_2 + \kappa_3 \mathbf{d}_3$  is the curvature vector. The local bending moment is given by,

$$\mathbf{M}(s) = B_1(\gamma \kappa_1) \mathbf{d}_1 + B_2(\gamma \kappa_2) \mathbf{d}_2 + B_3(\gamma \kappa_3) \mathbf{d}_3,$$
(2)

where  $B_i$  are bending rigidities.

In correspondence with eqn (1) of the main text, the energy functional of a 3D elastic filament, confined by a boundary constant force **P**, is given by  $E = \int_0^L e[\boldsymbol{\kappa}(s), \gamma(s)] ds$ , where

$$e[\boldsymbol{\kappa}(s), \gamma(s)] = \frac{1}{2} \mathbf{M} \cdot (\gamma \boldsymbol{\kappa}) + \frac{Y}{2} (\gamma - 1)^2 + \gamma \mathbf{d}_3 \cdot \mathbf{P}.$$
(3)

The appearance of the  $\gamma \kappa$  term in the bending energy is a consequence of the requirement to keep bending and compression contributions independent. Minimizing eqn (3) with respect to  $\gamma$  and  $\kappa_i$  (keeping in mind that  $\kappa_i$  are not independent) gives [5],

$$\frac{d\mathbf{M}}{d\hat{s}} - \mathbf{d}_3 \times \mathbf{P} = 0, \tag{4}$$

$$Y(\gamma - 1) + \mathbf{d}_3 \cdot \mathbf{P} = 0. \tag{5}$$

In the incompressible limit eqn (5) is redundant and equations (4) become analogous to the non-relativistic Euler equations of a 3D rigid body, fixed at one point and rotating under the influence of an external force (such as gravity) [6, p. 200]. In this analogy, the bending moment takes the role of angular momentum,  $\mathbf{M} \leftrightarrow \mathbf{L}$ , and the boundary force is analogous to an external torque,  $\mathbf{d}_3 \times \mathbf{P} \leftrightarrow \mathbf{N}$ . Turning on compressibility effects, we have by eqn (2) that  $\mathbf{M} \to \gamma \mathbf{M}$ . Thus, it is left to show that  $\gamma$  coincides with the Lorentz factor. First integration of equations (4) and (5) gives,

$$\mathcal{H} = \frac{1}{2}\mathbf{M} \cdot (\gamma \boldsymbol{\kappa}) - \frac{Y}{2}(\gamma - 1)^2 - \gamma \mathbf{d}_3 \cdot \mathbf{P} = \text{const.}$$
(6)

Eliminating  $\mathbf{d}_3 \cdot \mathbf{P}$  from eqn (6) and substituting in eqn (5) gives,

$$\gamma = \frac{\sqrt{1 + 2\mathcal{H}/Y}}{\sqrt{1 + \frac{B_1}{Y}\kappa_1^2 + \frac{B_2}{Y}\kappa_2^2 + \frac{B_3}{Y}\kappa_3^2}}.$$
(7)

This expression indeed resembles the Lorentz factor up to the constant prefactor,  $\gamma_0 \equiv \sqrt{1 + 2\mathcal{H}/Y}$ , which appears also in the 2D problem, and which can be absorbed in the force **P**, (see discussion in the main text).

## References

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