

## Supporting information

**High-ampacity conductive polymer microfibers as fast response wearable heaters and electromechanical actuators**

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Figure S4. SEM images of the fibers

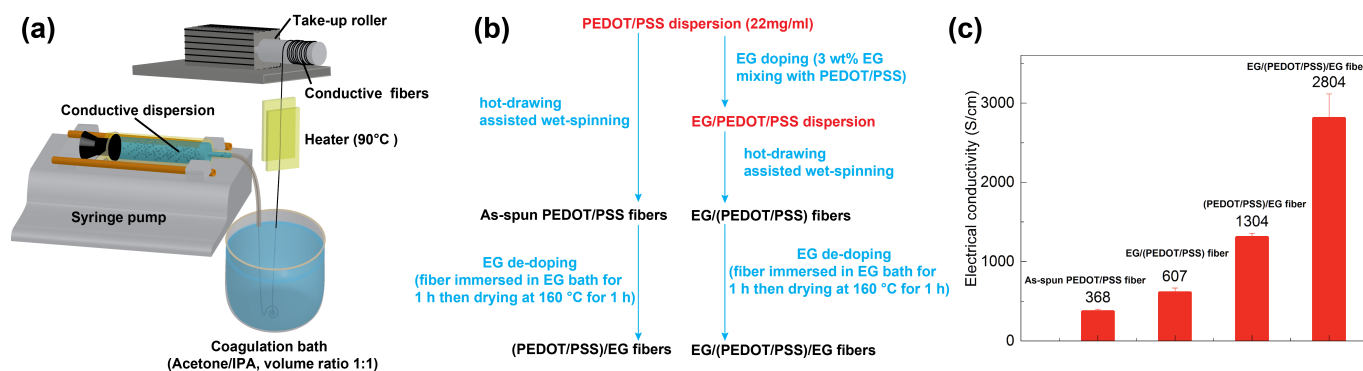
Figure S5. Relation of actuation stress amplitude with cycle number

Table S1. Relative element quantification in the fibers

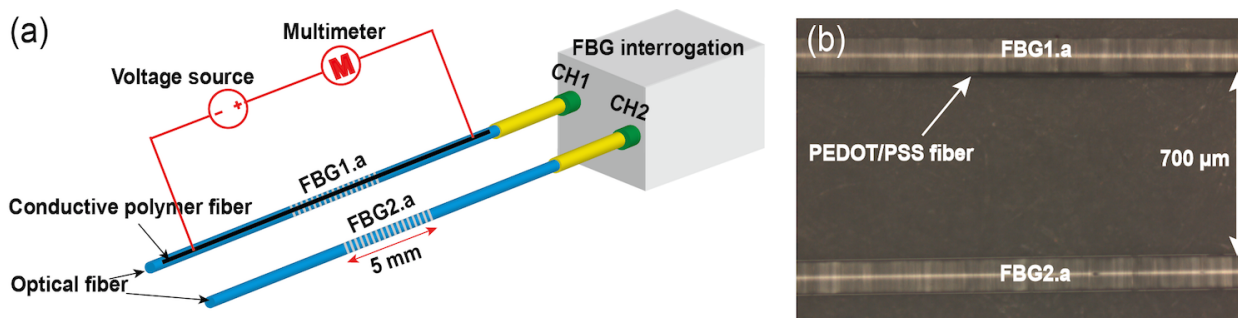
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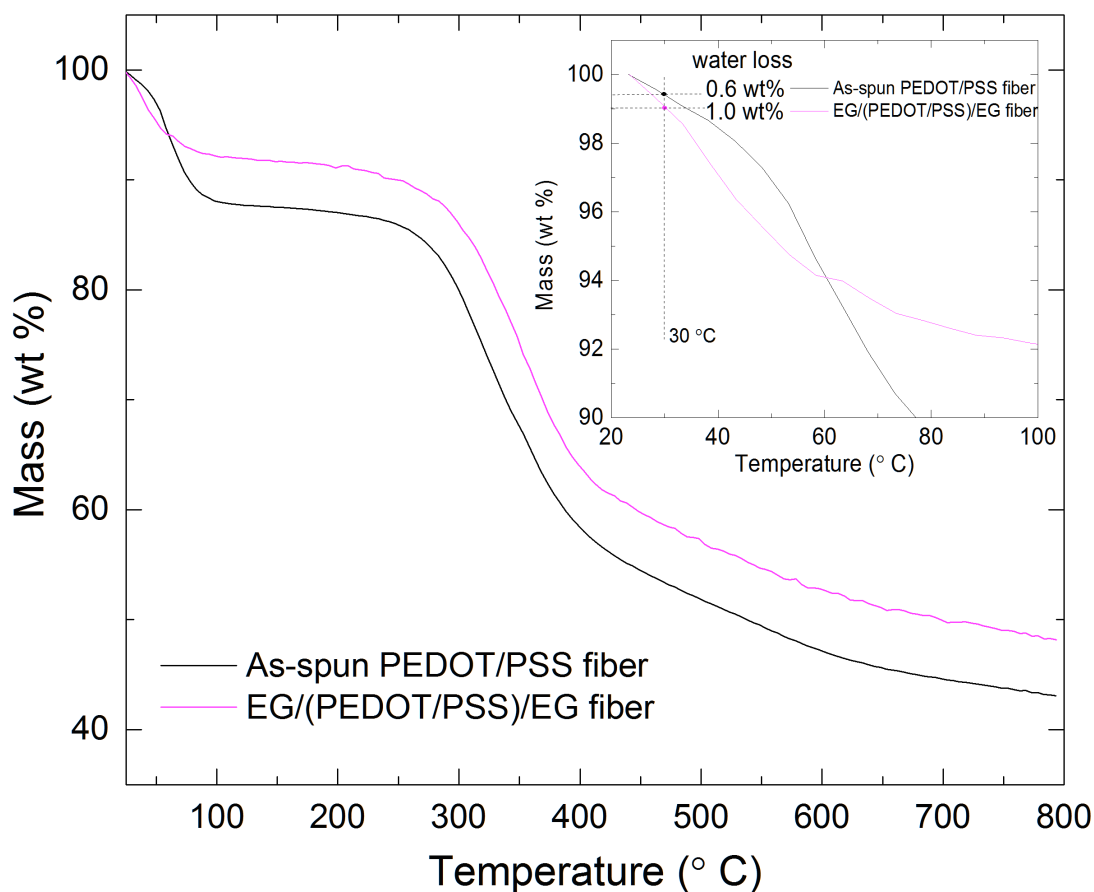
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**Fig. S1** Improving the conductivity of PEDOT/PSS fibers. (a) A schematic of the wet-spinning set-up with the vertical hot-drawing apparatus used in this study. The draw ratio was controlled to 3:1. (b) A schematic of strategies to improve the conductivity of PEDOT/PSS fibers. (c) Average electrical conductivity of different PEDOT/PSS fibers by using the strategies in (b).

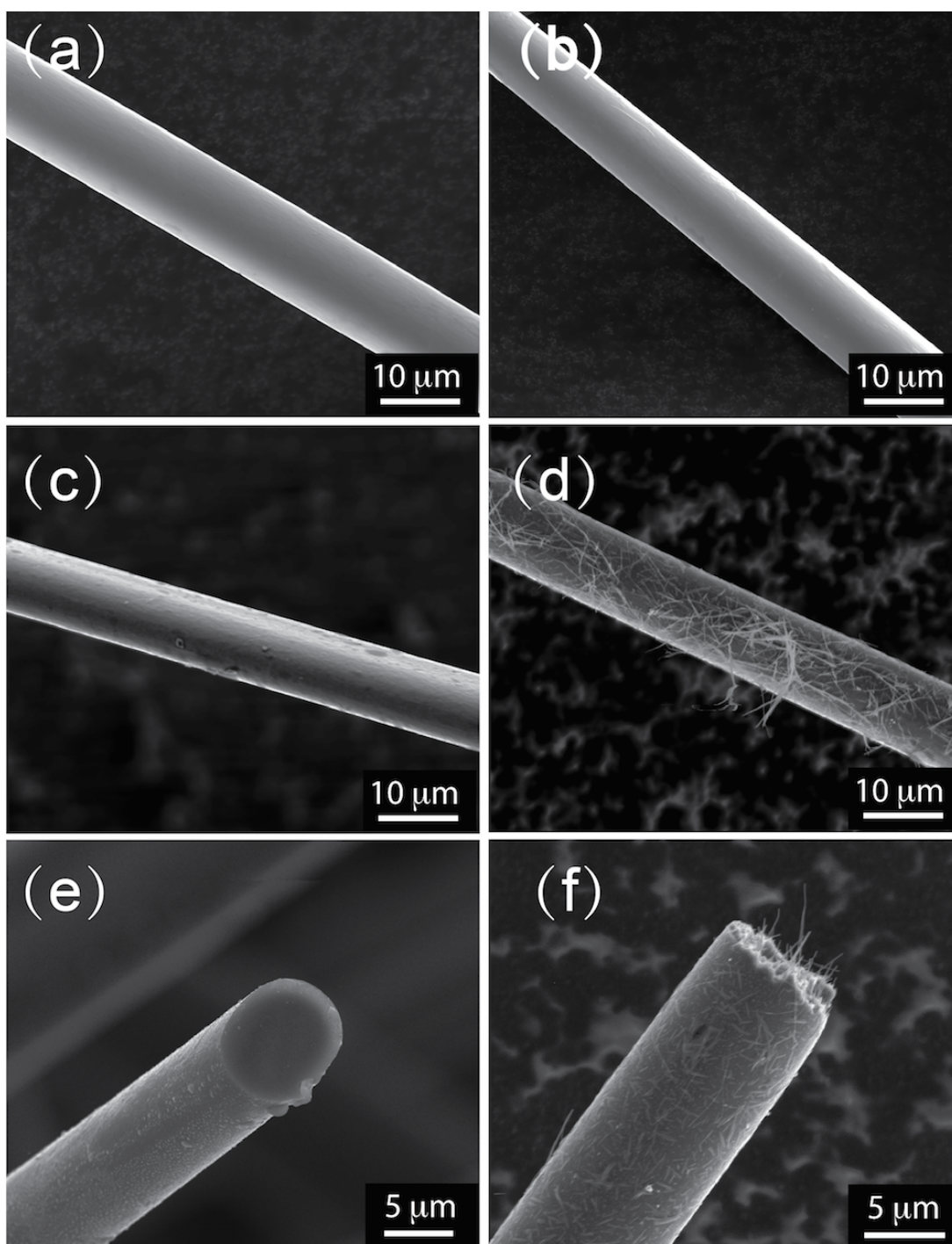


**Fig. S2** Temperature sensing by FBGs. (a) Experimental setup for the temperature measurement of the polymer fiber using FBGs. (b) Optical image shows the position of optical fibers and the PEDOT/PSS fiber during the temperature measurement. The distance between two FBGs is 700 μm.



**Fig. S3** TG curves of the as-spun PEDOT/PSS fiber and the EG/(PEDOT/PSS)/EG fiber. Inset is the TG curve from 20 to 100 °C.

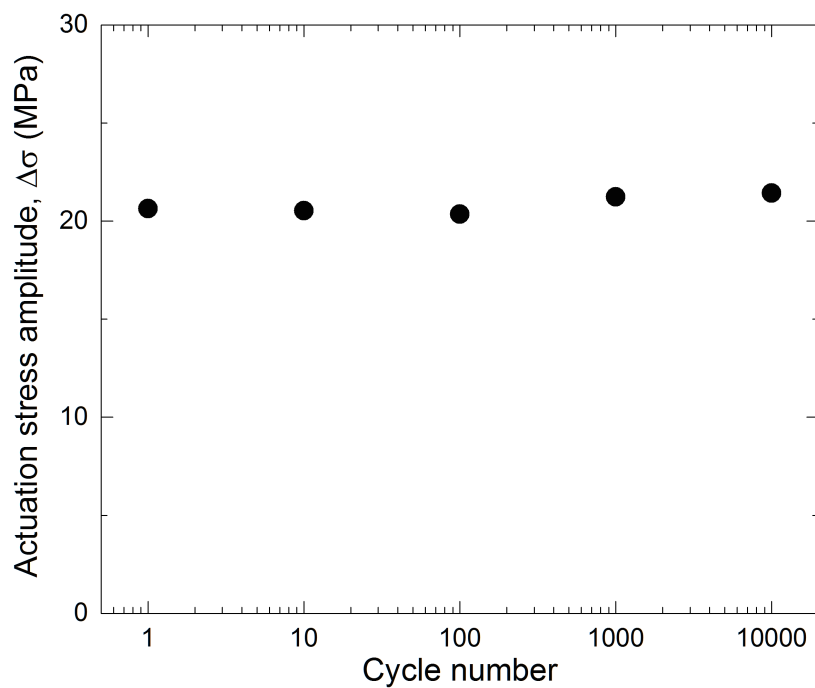
Figure S3 shows that the first stage of weight loss up to 200 °C is from the loss of water. The decomposition of PSS starts from 265 °C ends at 320 °C with a weight loss of 25 wt%. This is due to the decomposition of PSS as the sulfonate groups disassociate from styrene.<sup>1</sup> This decomposition is followed by another decomposition of PEDOT in the range between 350 and 600 °C with a weight loss of 10 wt%, which is due to the rupture of the polymer back bone.<sup>1,2</sup> It is worth noting that the residual is over 40 % around 800 °C.



**Fig. S4** SEM images of the conductive polymer microfibers before and after TG analysis (25 to 800 °C) in  $N_2$ . (a) As-spun PEDOT/PSS fiber, (b) EG/(PEDOT/PSS)/EG fiber, (c) As-spun PEDOT/PSS fiber after TG, (d) EG/(PEDOT/PSS)/EG fiber after TG. (e) and (f) cross section images of the as-spun PEDOT/PSS fiber and the EG/(PEDOT/PSS)/EG fiber after TG.

**Table S1** Relative element quantification in the fibers by the energy dispersive x-ray spectroscopy (EDS).

Sample	Element atomic ratio (At %)			
	C	O	S	Na
As-spun PEDOT/PSS fibers	75.67	12.67	11.02	0.64
EG/(PEDOT/PSS)/EG fibers	76.19	13.88	9.14	0.79
As-spun PEDOT/PSS fibers-800°C	89.70	6.61	2.43	1.27
EG/(PEDOT/PSS)/EG fibers-800°C	88.48	7.02	2.41	2.10%



**Fig. S5** Actuation stress amplitude of the EG/(PEDOT/PSS)/EG fiber under the applied 1 Hz square wave voltage (0-5V) at different cycle numbers (1, 10, 100, 1000 and 10000).

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## References

- 1 D. Antiohos, G. Folkes, P. Sherrell, S. Ashraf, G. Wallace, P. Aitchison, A. Harris, J. Chen and A. Minett, *J Mater Chem*, 2011, **21**, 15987–15994.
- 2 J. Zhou, I. Ventura and G. Lubineau, *Ind Eng Chem Res*, 2014, **53**, 3539–3549.