

# Supporting Information

## Synthesis and Solution Stability of Water-Soluble $\kappa^2N,\kappa O$ -Bis(3,5-dimethylpyrazolyl)ethanol manganese(I) tricarbonyl bromide (CORM-ONN1)

Ralf Mede,<sup>a</sup> Juliane Traber,<sup>a</sup> Moritz Klein,<sup>b,c</sup> Helmar Görls,<sup>a</sup> Guido Gessner,<sup>d</sup> Patrick Hoffmann,<sup>c,e</sup> Michael Schmitt,<sup>b,c</sup> Jürgen Popp,<sup>b,c,e</sup> Stefan H. Heinemann,<sup>d</sup> Ute Neugebauer,<sup>b,c,e</sup> Matthias Westerhausen<sup>\*,a</sup>

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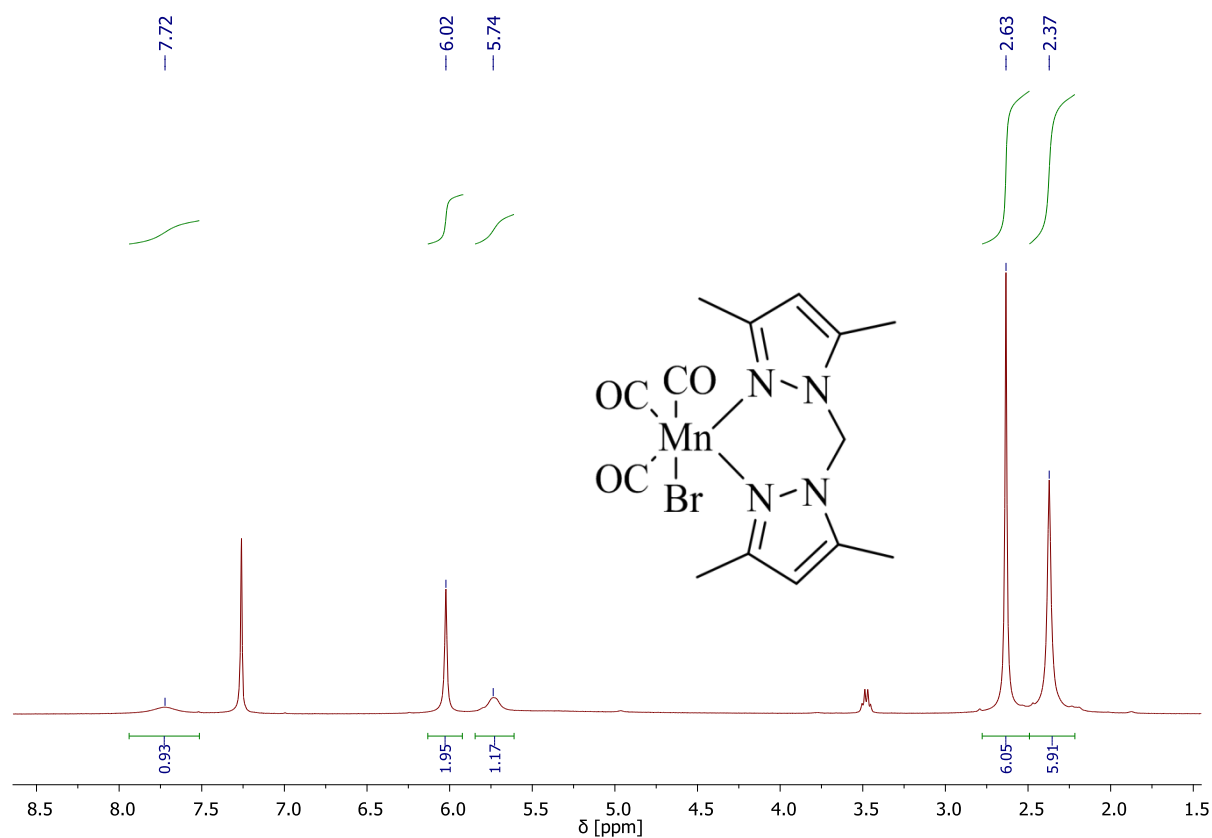
Table S1: Max. CO per CORM by irradiation with different wavelengths

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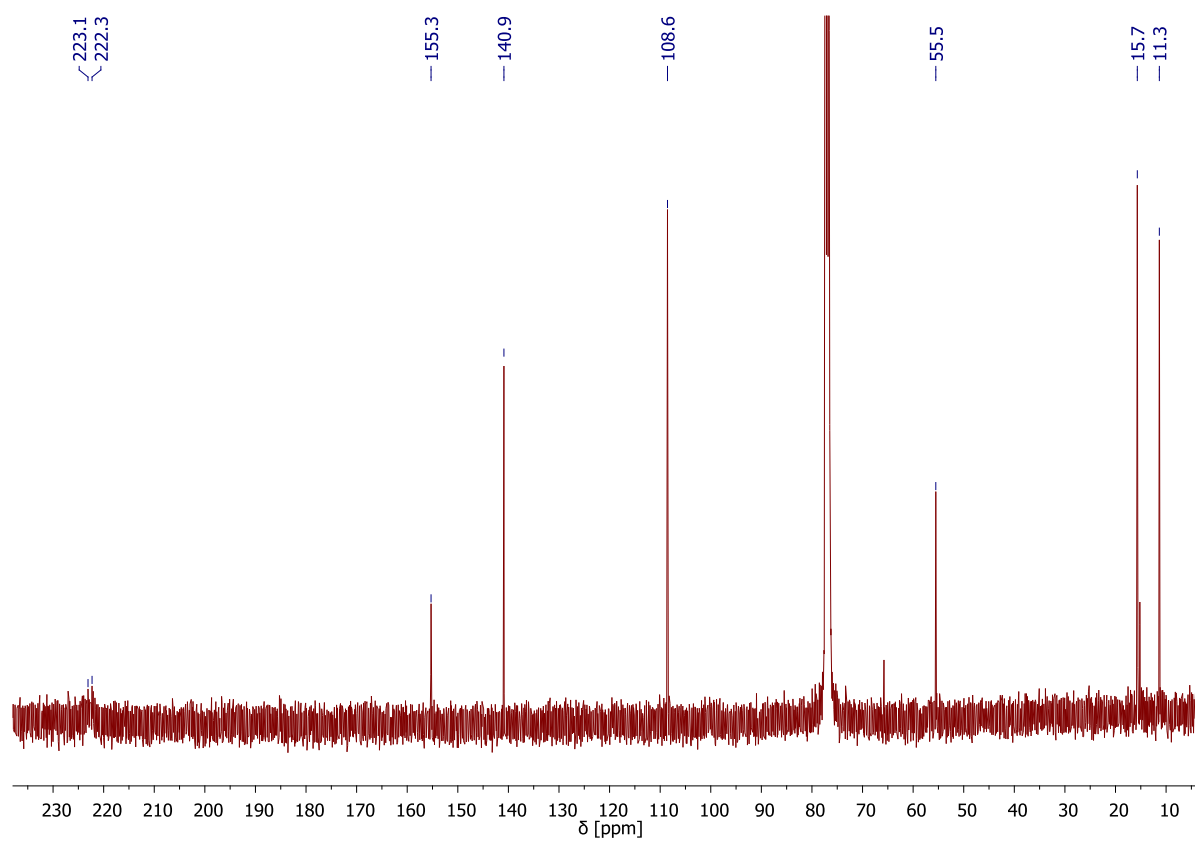
Figure S23: Molecular structure of 2,2-bis(3,5-dimethylpyrazolyl)ethanol

Table S2: Crystal data and refinement details for the X-ray structure determinations

**[Bis(3,5-dimethyl-1-pyrazolyl)methane]Mn(CO)<sub>3</sub>Br**

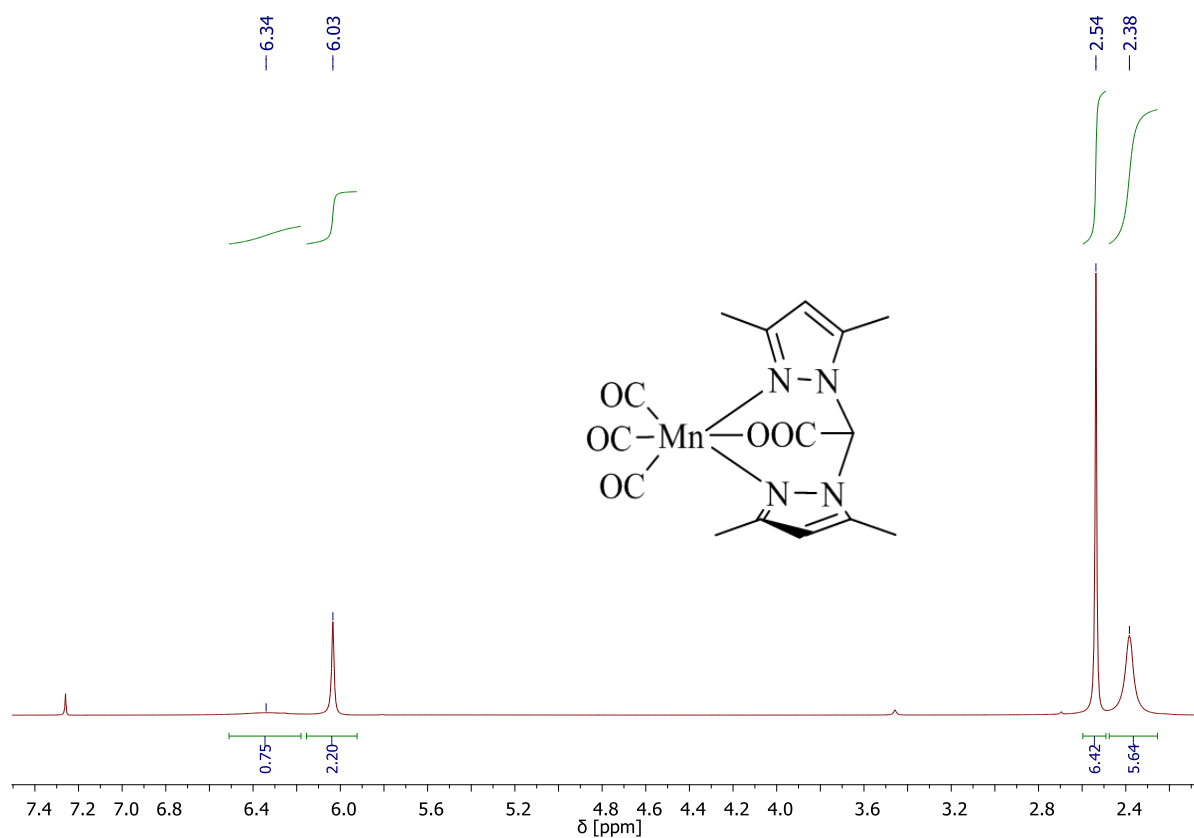


**Figure S1:** <sup>1</sup>H-NMR spectrum of [Bis(3,5-dimethyl-1-pyrazolyl)methane]Mn(CO)<sub>3</sub>Br in CDCl<sub>3</sub>.

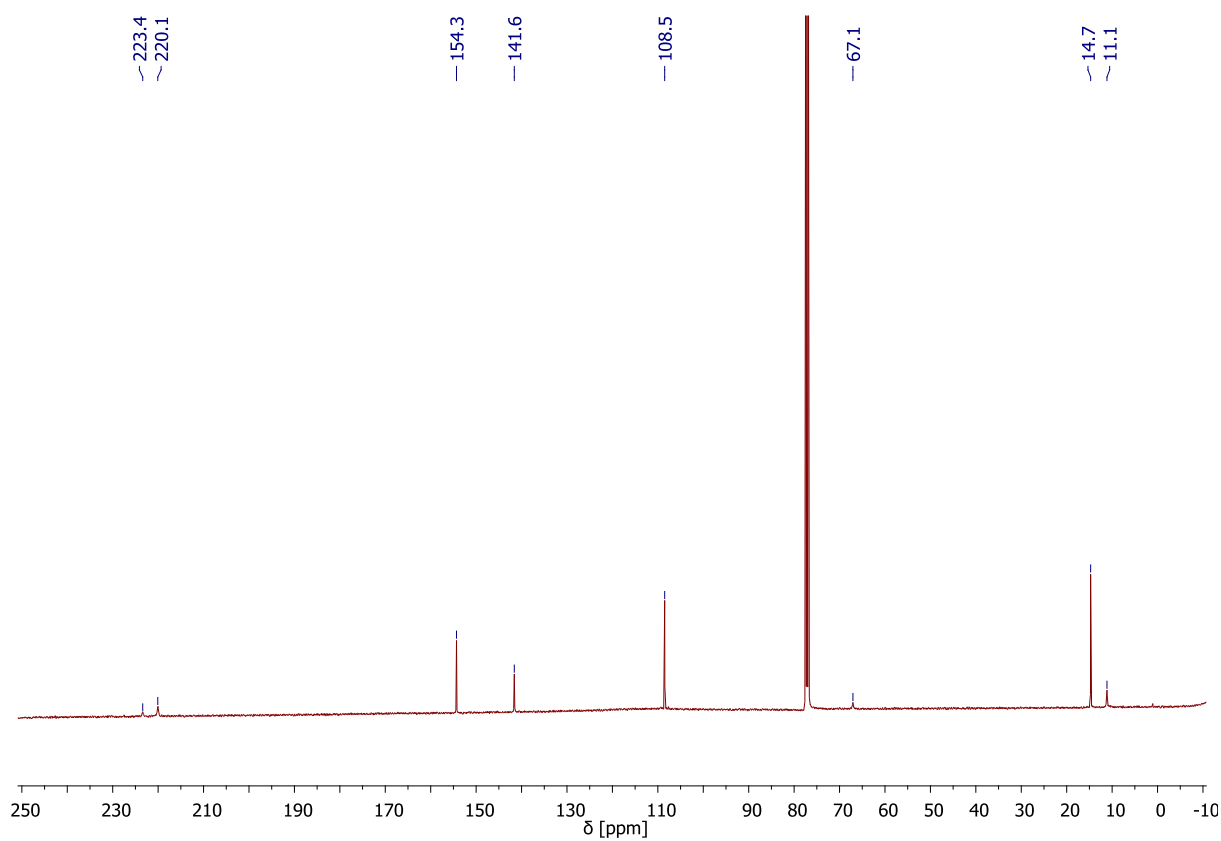


**Figure S2:** <sup>13</sup>C{<sup>1</sup>H}-NMR spectrum of [Bis(3,5-dimethyl-1-pyrazolyl)methane]Mn(CO)<sub>3</sub>Br in CDCl<sub>3</sub>.

**[Bis(3,5-dimethylpyrazol-1-yl)acetato]Mn(CO)<sub>3</sub>**



**Figure S3:** <sup>1</sup>H-NMR spectrum of [Bis(3,5-dimethylpyrazol-1-yl)acetate]Mn(CO)<sub>3</sub> in CDCl<sub>3</sub>.



**Figure S4:** <sup>13</sup>C{<sup>1</sup>H}-NMR spectrum of [Bis(3,5-dimethylpyrazol-1-yl)acetate]Mn(CO)<sub>3</sub> in CDCl<sub>3</sub>.

## 2,2-Bis(3,5-dimethylpyrazol-1-yl)ethanol

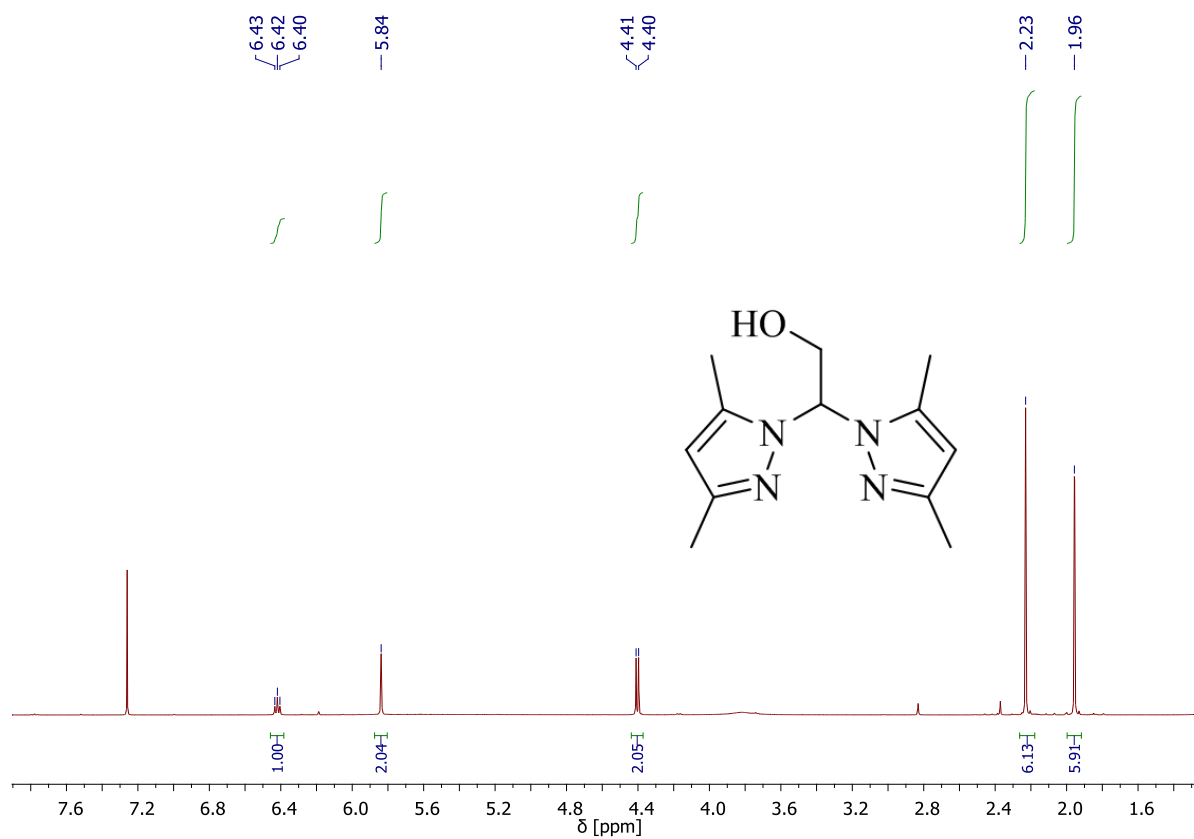


Figure S5: <sup>1</sup>H-NMR spectrum of 2,2-bis(3,5-dimethylpyrazol-1-yl)ethanol in CDCl<sub>3</sub>.

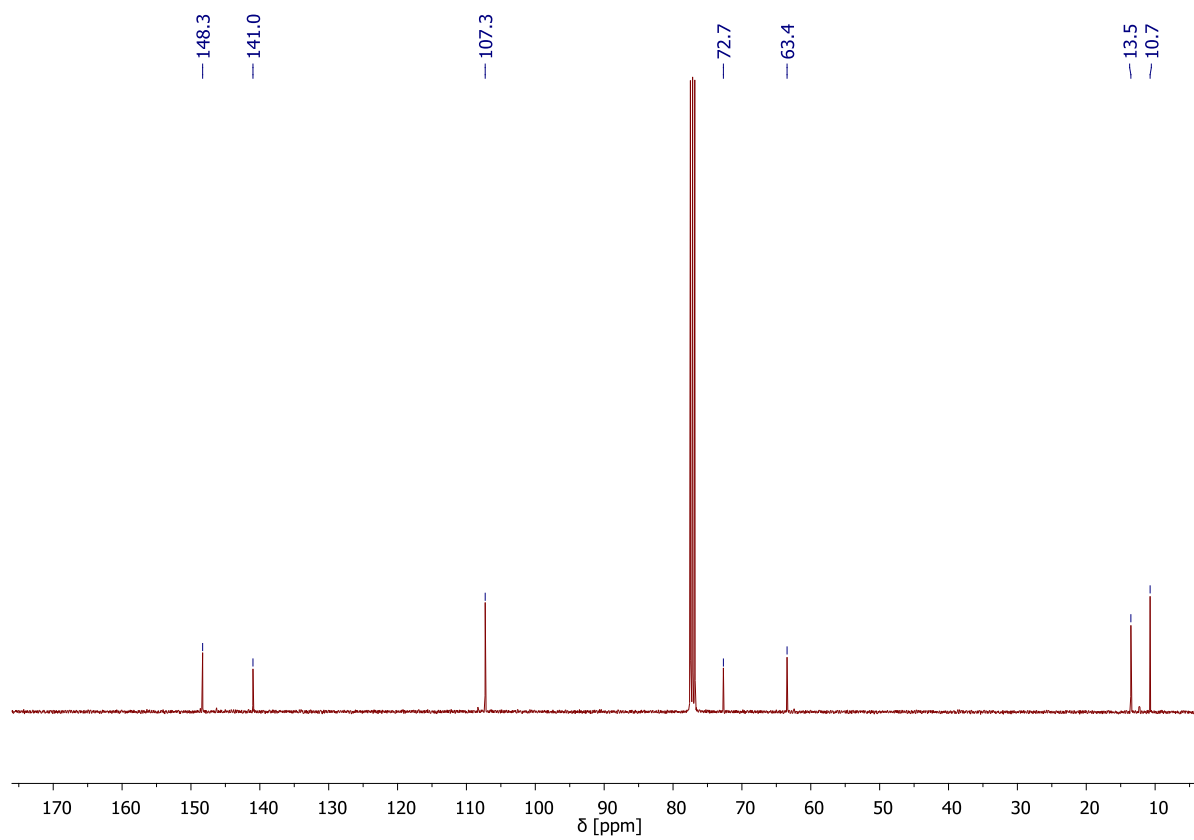
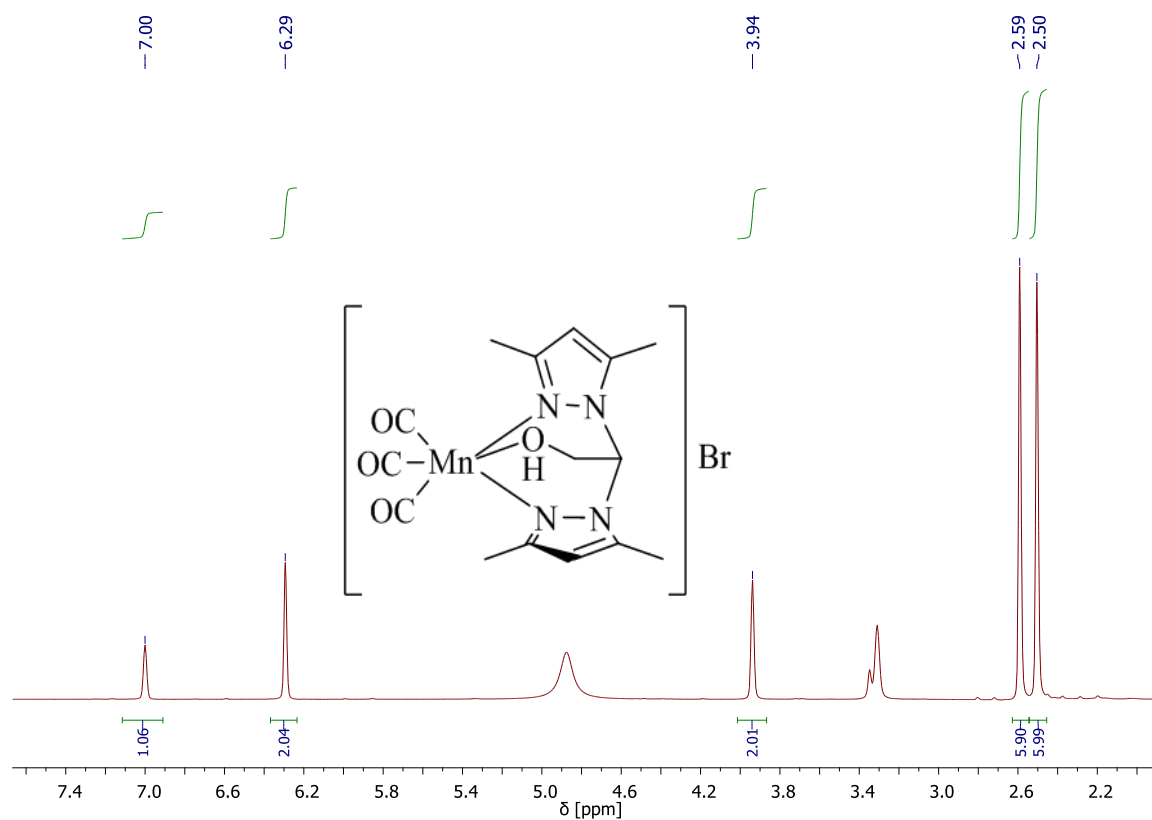
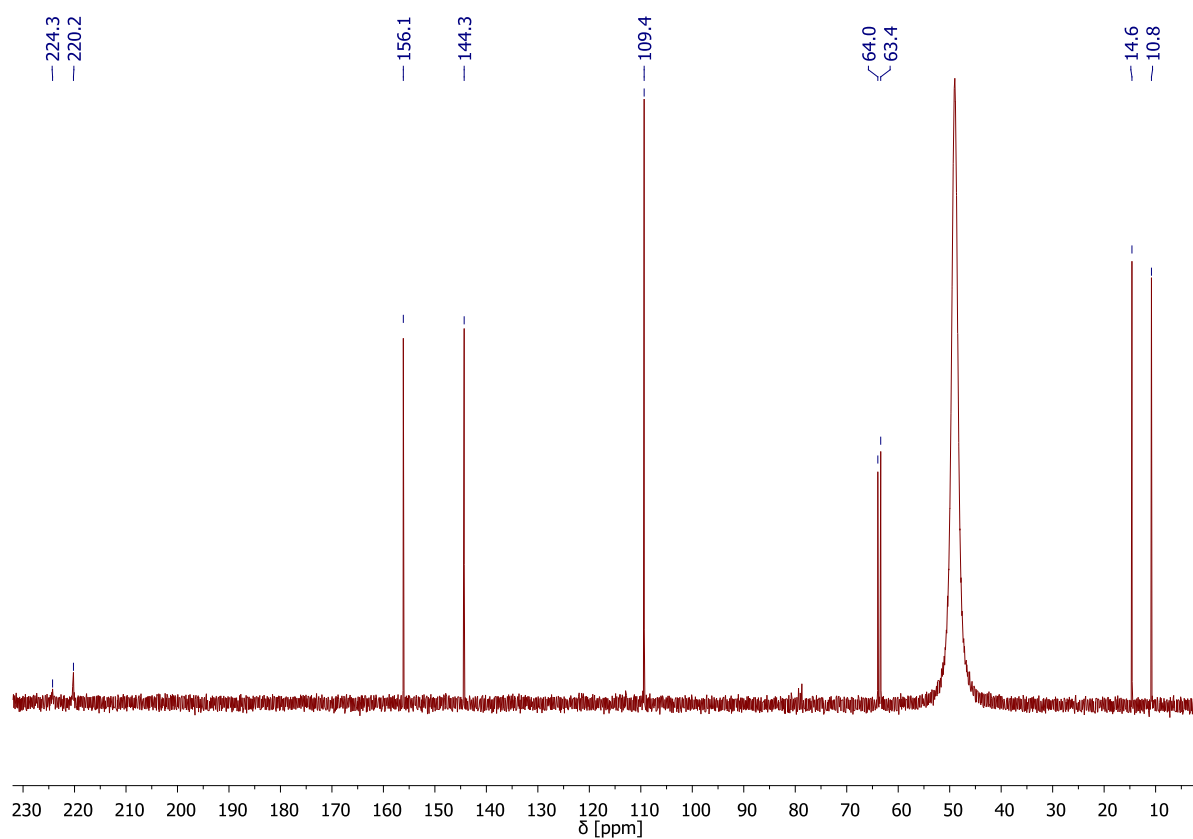


Figure S6: <sup>13</sup>C{<sup>1</sup>H}-NMR spectrum of 2,2-bis(3,5-dimethylpyrazol-1-yl)ethanol in CDCl<sub>3</sub>.

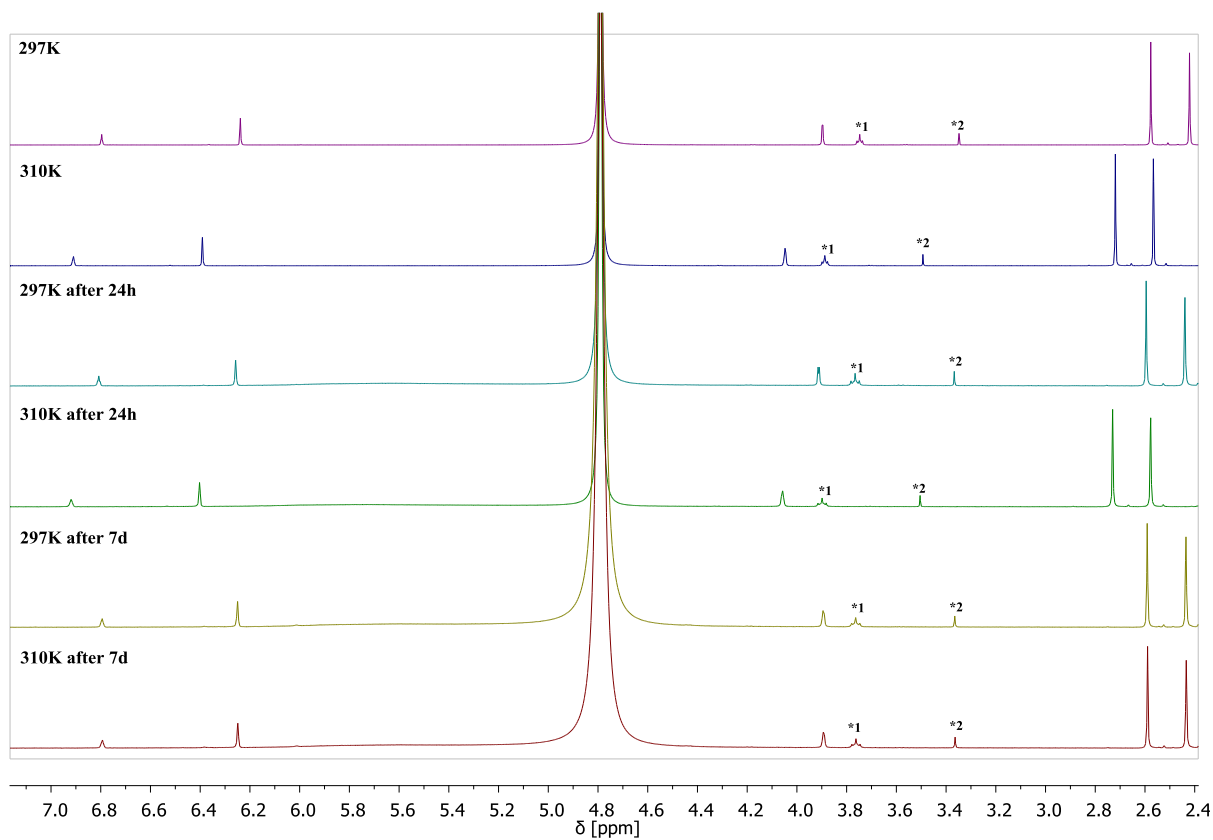
**[[2,2-Bis(3,5-dimethylpyrazol-1-yl)ethanol]Mn(CO)<sub>3</sub>]Br (CORM-ONN1, 3)**



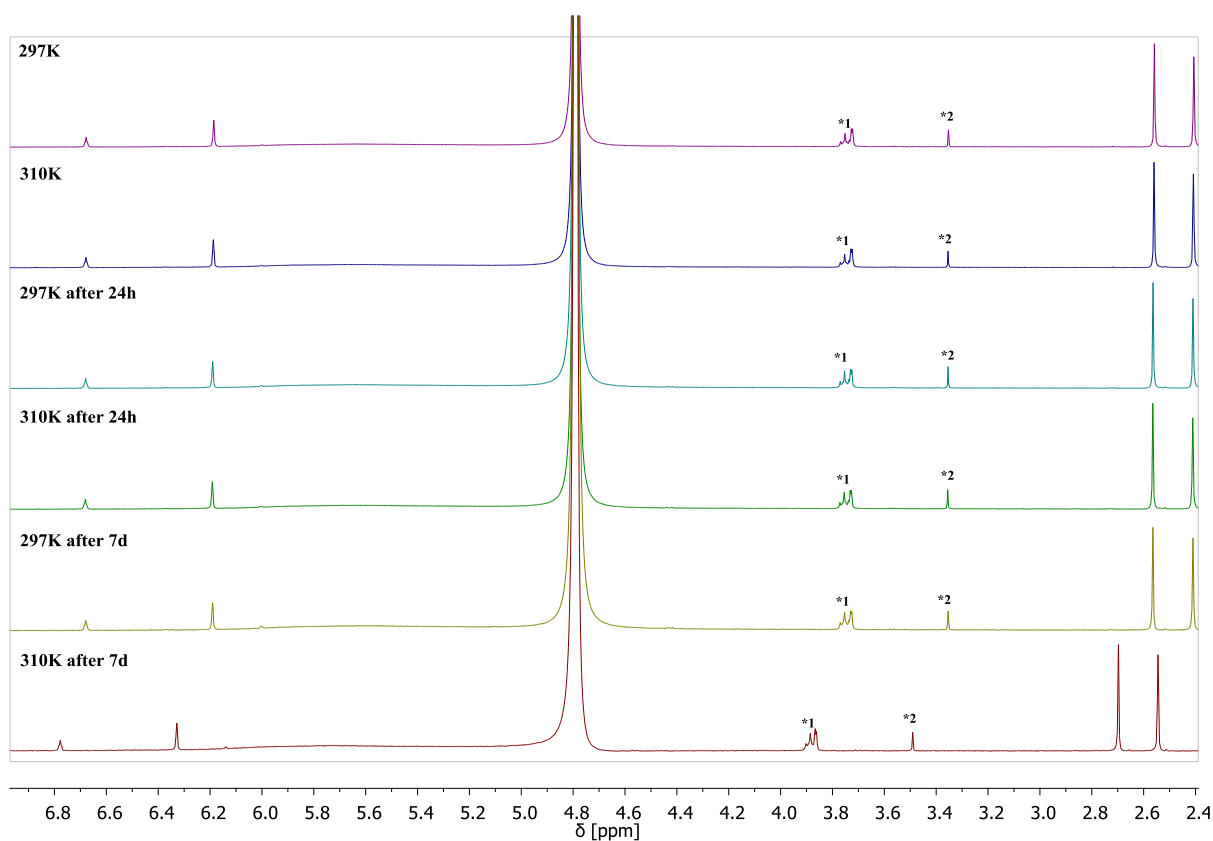
**Figure S7:** <sup>1</sup>H-NMR spectrum of [{Bis(3,5-dimethylpyrazol-1-yl)ethanol}Mn(CO)<sub>3</sub>]Br in CD<sub>3</sub>OD.



**Figure S8:** <sup>13</sup>C{<sup>1</sup>H}-NMR spectrum of [{Bis(3,5-dimethylpyrazol-1-yl)ethanol}Mn(CO)<sub>3</sub>]Br in CD<sub>3</sub>OD.



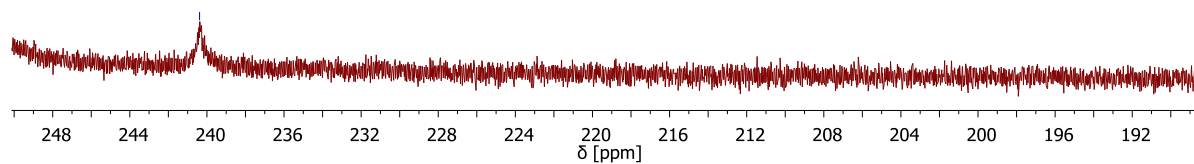
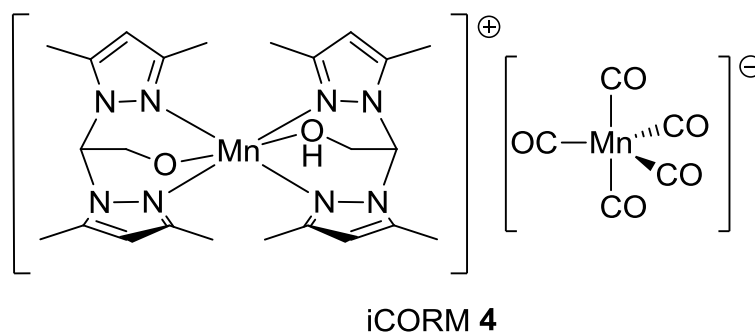
**Figure S9:** <sup>1</sup>H-NMR of CORM-ONN1 (**3**) in D<sub>2</sub>O after 0h, 24h, and 7d at 297K and 310K; \*1 = THF, \*2 = MeOH.



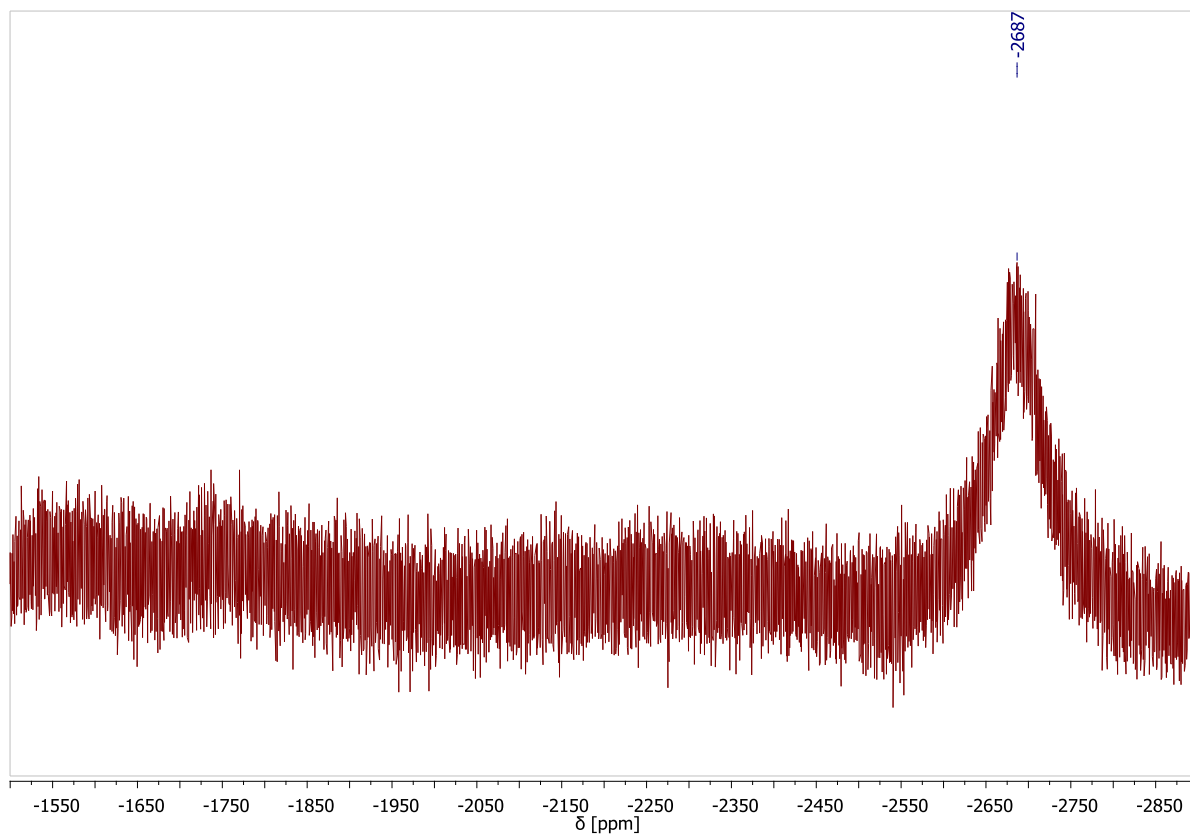
**Figure S10:** <sup>1</sup>H-NMR of CORM-ONN1 (**3**) in D<sub>2</sub>O containing PBS after 0h, 24h, and 7d at 297K and 310K; \*1 = THF, \*2 = MeOH.

**Degradation Product of [ $\{\text{Bis}(3,5\text{-dimethylpyrazol-1-yl)ethanol}\}\text{Mn}(\text{CO})_3\text{Br}\}$  (**4**) in MeOH**

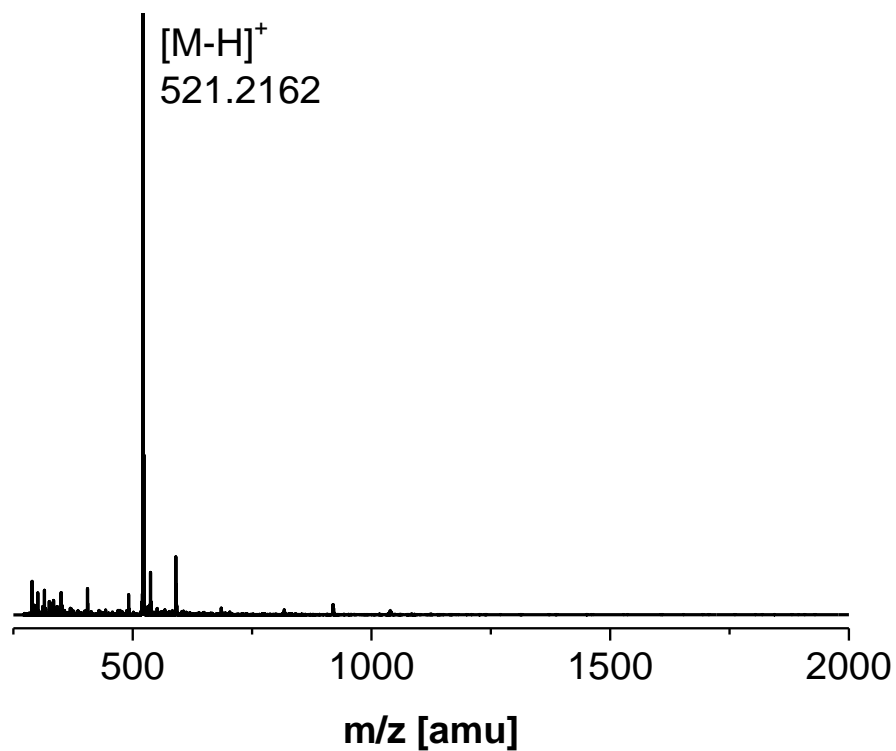
—240.4



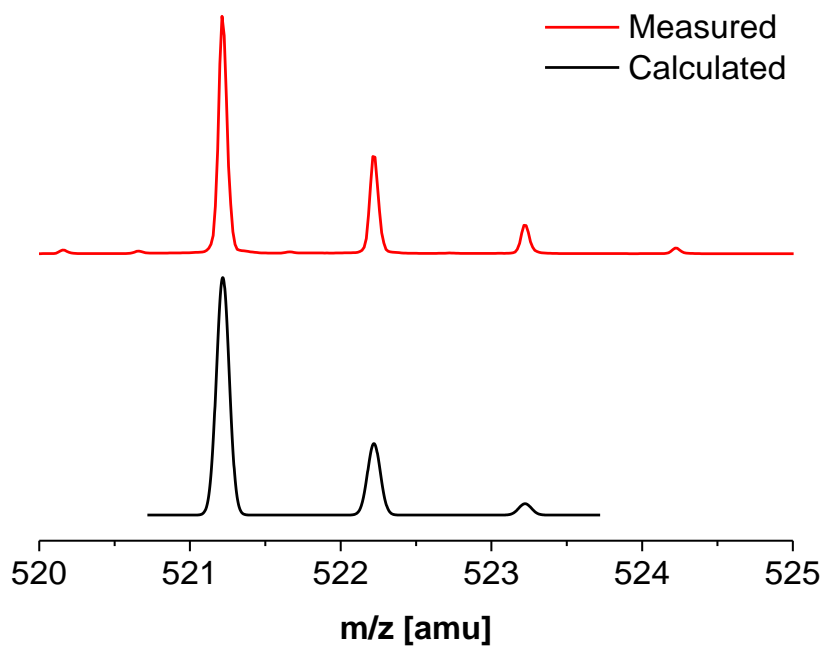
**Figure S11:**  $^{13}\text{C}\{^1\text{H}\}$ -NMR spectrum of the degradation product **4** in  $[\text{D}_8]\text{THF}$ .



**Figure S12:**  $^{55}\text{Mn}$ -NMR spectrum of the degradation product **4** in  $[\text{D}_8]\text{THF}$ .



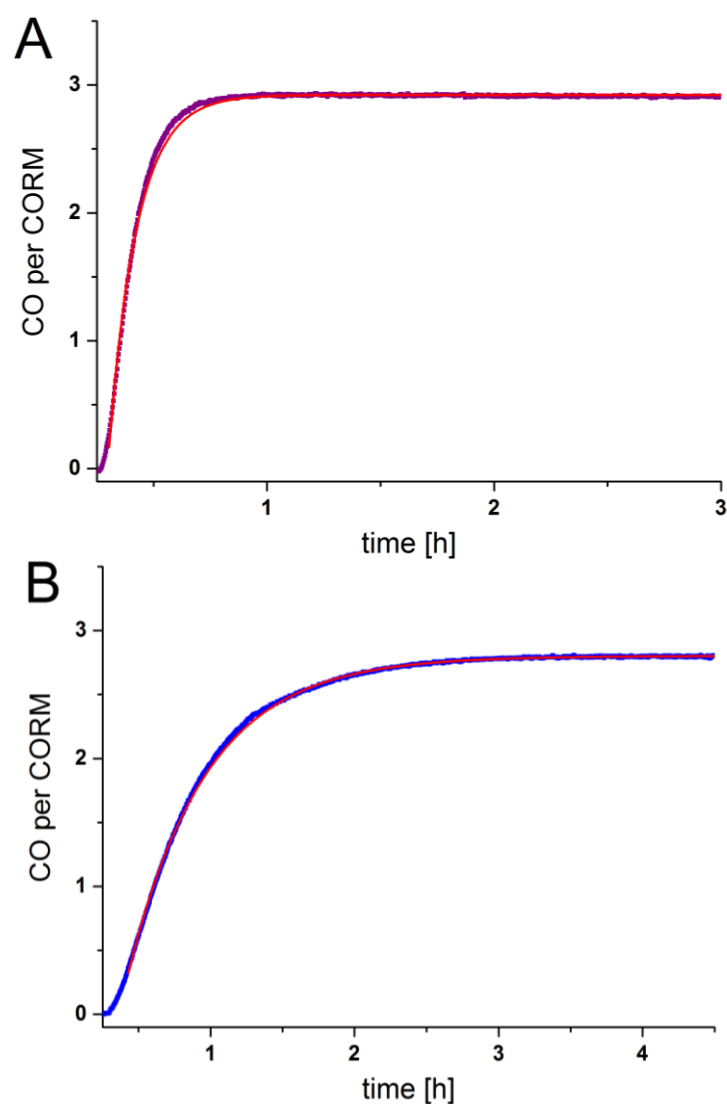
**Figure S13:** ESI-ToF-MS spectrum of **4**.



**Figure S14:** Comparison of measured and calculated isotope pattern of the peak of  $[C_{24}H_{34}MnN_8O_2]^+$  of complex **4**.

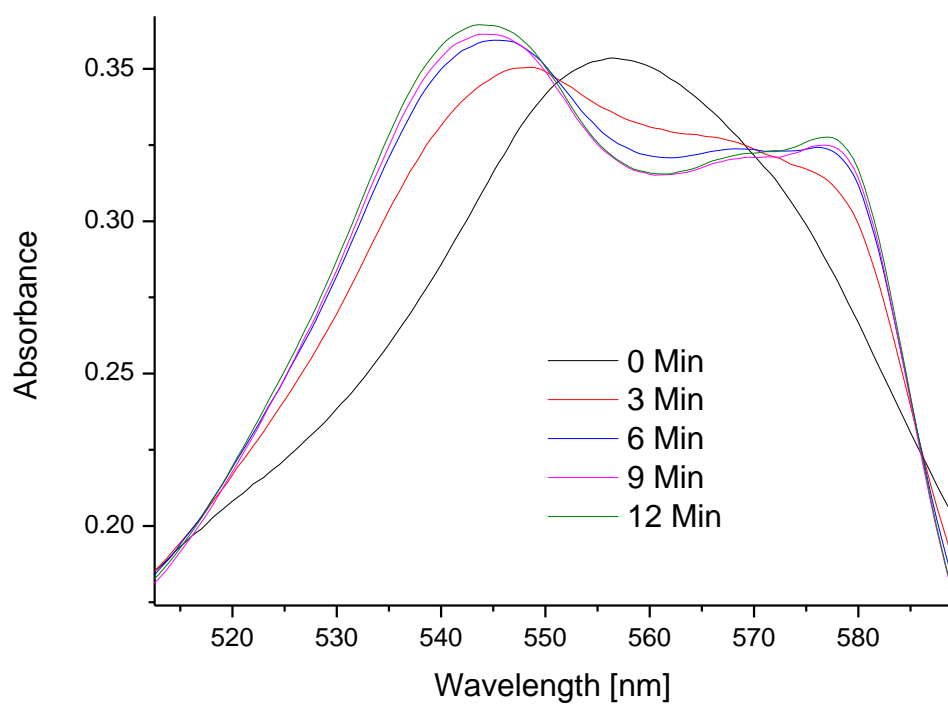


## CO Release Properties

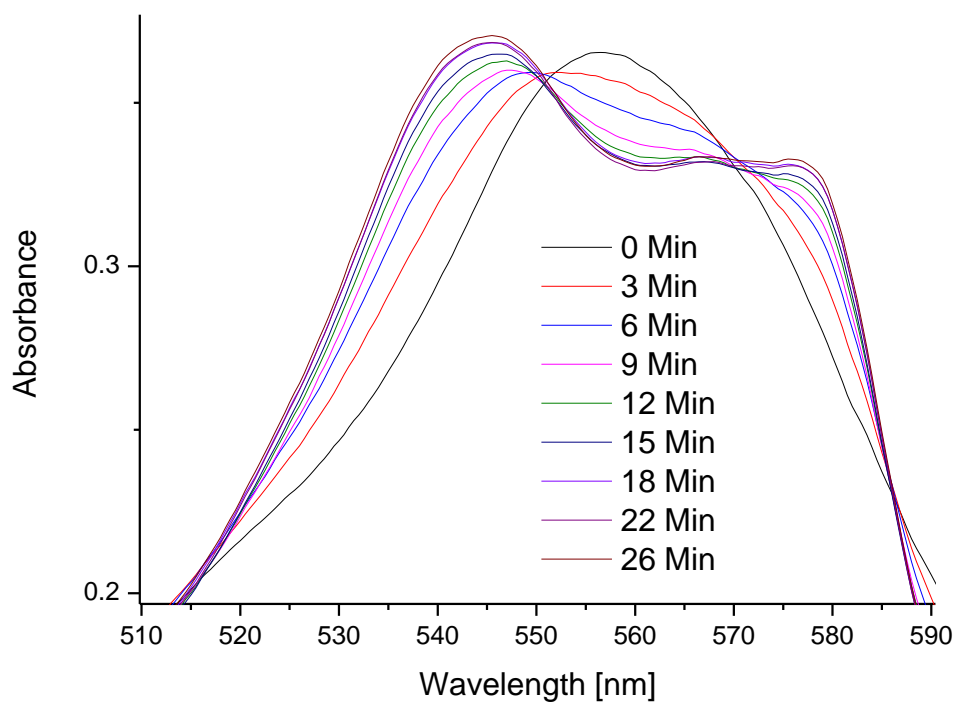


**Figure S15:** Amount of CO released in the gas phase per CORM as a function of the reaction time. The CO amount was measured above solutions of CORM-CONN1. The irradiation with light at 405 nm (**A**) and 470 nm (**B**) was switched on after 15 min. The mono-exponential function  $y_0 + A(1 - e^{-(t-t_0)/\tau})$  representing a first order reaction kinetic was fitted to the data of each measurement. The starting time  $t_0$ , the asymptotic value  $A$  and the time constant  $\tau$  were used as free parameters, while the offset  $y_0$  was set to the value determined before the beginning of the irradiation. The starting time  $t_0$  is the sum of the time starting the irradiation and a delay caused by diffusion (see: M. Klein, U. Neugebauer, A. Gheisari, A. Malassa, T. Jazzazi, F. Froehlich, M. Westerhausen, M. Schmitt, J. Popp, *J. Phys. Chem. A* **2014**, *118*, 5381-5390). The calculated time constants for CORM-ONN1 are means  $\pm$  confidence intervals of 95%. For a better overview only the average values for each irradiation wavelength are shown. It is assumed that the irradiation intensity is constant during the entire reaction. A decrease of the irradiation intensity of less than 7% due to absorption by the CORM is assumed to not affect the profile of the first order reaction kinetic.

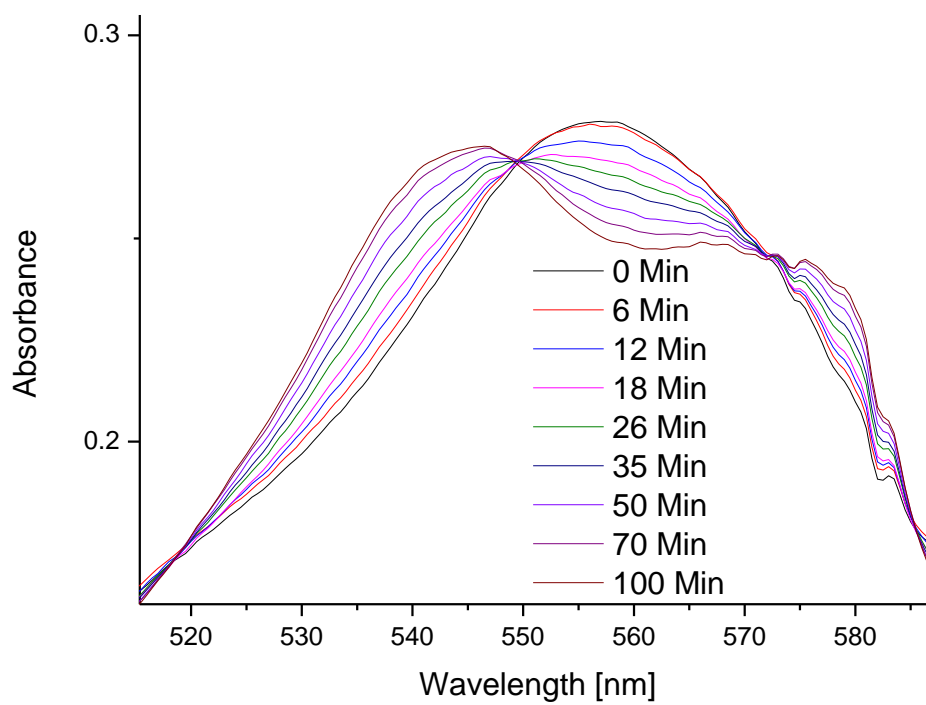
## Myoglobin Assays



**Figure S16:** Myoglobin assay of CORM-ONN1 (irradiation with 365 nm, P = 1.58 mW).



**Figure S17:** Myoglobin assay of CORM-ONN1 (irradiation with 405 nm, P = 2.48 mW).



**Figure S18:** Myoglobin assay of CORM-ONN1 (irradiation with 480 nm, P = 2.50 mW).

**Table S1:** Max. CO per CORM by irradiation with different wavelengths.

<b>Irradiation with</b>	<b>Max. CO per CORM-ONN1</b>
365 nm	1.78
405 nm	1.90
480 nm	1.37

## UV-Vis Spectrum and Quantum Yield

Calculation of the quantum yield  $\Phi$

$$\begin{aligned}\Phi(\lambda) &= \frac{\text{numbers of events}}{\text{number of photons absorbed}} \\ &= \frac{\text{amount of reactant consumed}}{\text{amount of photons absorbed}} = \frac{\frac{dx}{dt}}{q_0 [1 - 10^{-Abs(\lambda)}]}\end{aligned}$$

where  $\frac{dx}{dt}$  is the rate of change of a measurable quantity,  $q_0$  the amount of photons incident per time interval and  $Abs$  the absorbance (Source: S. E. Braslavsky, *Pure Appl. Chem.* **2007**, 79(3), 293-465, Glossary of terms used in photochemistry, 3<sup>rd</sup> edition (IUPAC Recommendations 2006), pages 406-407).

The UV-VIS spectrum of CORM-ONN1 before and after irradiation in Figure S19 shows that the absorption band with its maximum at 360 nm vanished completely. Thus, also the absorptions of CORM-ONN1 at 405 nm and 470 nm were disappearing during the decay reaction of CORM-ONN1. The intensity difference caused by this decreasing absorption of CORM-ONN1 is neglected for the estimation of the quantum yield. This intensity difference can be up to 13 % (between start and end of reaction) for an irradiation at 405 nm and 0.3 % at 470 nm. Therefore, photons incident per time interval  $q_0$  is assumed to be constant.

When the Beer-Lambert law is applied to describe the absorbance  $Abs$ , the following function for the quantum yield is received depending on the concentration  $c$ .

$$\rightarrow (2.) \quad \Phi(\lambda) = \frac{V \cdot N_A \cdot \frac{dc}{dt}}{q_0 [1 - 10^{-c(t) \cdot \epsilon \cdot l}]}$$

where  $c(t)$  [mol/l] is the CORM concentration in solution at the time  $t$ , while  $l$  [cm] is the path length of the irradiated sample,  $\epsilon(\lambda)$  [ $\text{l} \cdot \text{mol}^{-1} \cdot \text{cm}^{-1}$ ] the extinction coefficient and  $q_0$  [ $\text{s}^{-1}$ ] the number of photons incident per time interval.  $\frac{dc}{dt}$  is the derivation of the concentration at the time point  $t$  and the volume of the solution  $V = A \cdot l$  is given by the base area  $A$  and the path length  $l$ .

The number of photons incident per time interval  $q_0$  [ $\text{s}^{-1}$ ] is calculated by using the irradiation power per area  $I_0$  [ $\text{mW}/\text{cm}^2$ ], the wavelength  $\lambda$  [nm], the base area  $A$  [ $\text{cm}^2$ ], the Planck constant  $h$  [J·s], the speed of light  $c_{light}$  [m/s].

$$\text{with } q_0 = \frac{I_0 \cdot A}{E_{photon}} = \frac{I_0 \cdot A \cdot \lambda}{h \cdot c_{light}} \cdot 10^{-12} \quad \rightarrow \quad \frac{q_0}{A} = \frac{I_0 \cdot \lambda}{h \cdot c_{light}} \cdot 10^{-12}$$

Since all measured absorbance values are smaller than 0.15, we use an approximation for the calculation of the quantum yield  $\Phi(\lambda)$ :

$$10^{-Abs(\lambda)} = e^{-\ln(10) \cdot Abs(\lambda)} \approx 1 - \ln(10) \cdot Abs(\lambda) \quad \text{for } Abs(\lambda) < 0.15$$

$$\rightarrow \Phi(\lambda) \approx \frac{V \cdot N_A \cdot \frac{dc}{dt}}{q_0 [1 - (1 - \ln(10) \cdot Abs(\lambda))]} = \frac{V \cdot N_A \cdot \frac{dc}{dt}}{q_0 \cdot \ln(10) \cdot c(t) \cdot \epsilon \cdot l}$$

We conclude from Figure S15 that the CORM decay reaction can be describe by a first order reaction resulting in the following concentration profile for the starting material:

$$c_{CORM}(t) = c_0 \cdot e^{-\frac{t-t_0}{\tau}} \quad \rightarrow \quad \frac{dc}{dt} = -\frac{1}{\tau} \cdot c$$

$$\rightarrow \quad \Phi(\lambda) \approx \frac{A \cdot l \cdot N_A \cdot \frac{1}{\tau} \cdot c(t)}{q_0 \cdot \ln(10) \cdot c(t) \cdot \epsilon \cdot l} = \frac{N_A}{\frac{q_0}{A} \cdot \ln(10) \cdot \epsilon \cdot \tau}$$

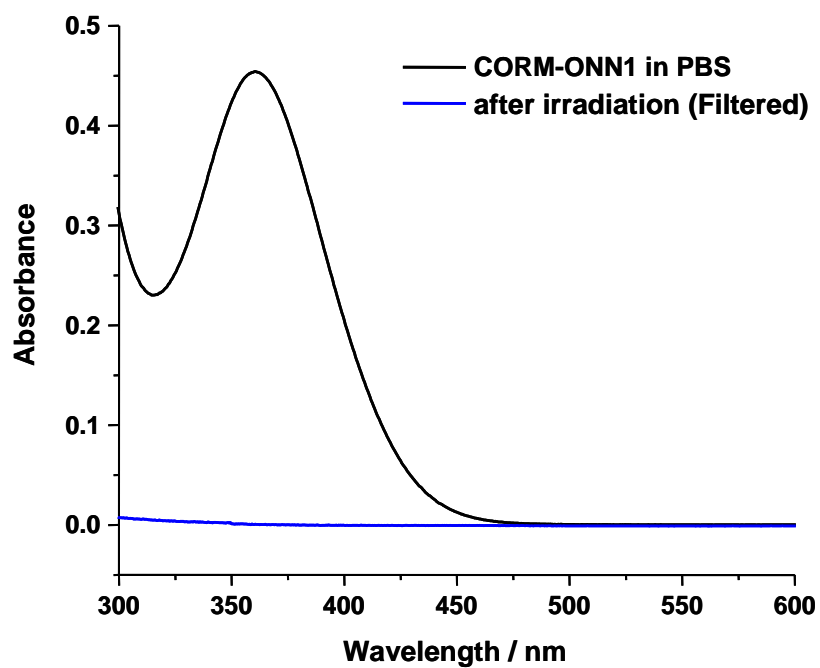


Figure S19: UV-VIS absorption spectrum of CORM-ONN1 in PBS (250  $\mu$ M) before and after irradiation.

## Molecule Representations:

Figure S20: Molecular structure and numbering scheme of  $[(\text{Pz}^{\text{Me}_2})_2\text{CH}_2]\text{Mn}(\text{CO})_3\text{Br}$  (**1B**, monoclinic modification). The ellipsoids represent a probability of 30 %. Hydrogen atoms are neglected for clarity reasons. Selected bond lengths (pm): Mn1-Br1 257.46(4), Mn1-N2 211.7(2), Mn1-N4 209.8(2), Mn1-C12 180.6(2), Mn1-C13 180.0(2), Mn1-C14 181.1(2), C12-O1 115.1(3), C13-O2 112.1(3), C14-O3 114.8(3); angles (deg.): Br1-Mn1-N2 96.01(5), Br1-Mn1-N4 92.48(5), Br1-Mn1-C12 84.57(7), Br1-Mn1-C13 173.20(8), Br1-Mn1-C14 83.65(7), N2-Mn1-N4 85.38(7), N2-Mn1-C12 96.49(9), N2-Mn1-C13 88.46(9), N2-Mn1-C14 178.60(9), N4-Mn1-C12 176.65(9), N4-Mn1-C13 92.99(9), N4-Mn1-C14 93.28(9), C12-Mn1-C13 89.84(10), C12-Mn1-C14 84.83(10), C13-Mn1-C14 92.00(10).

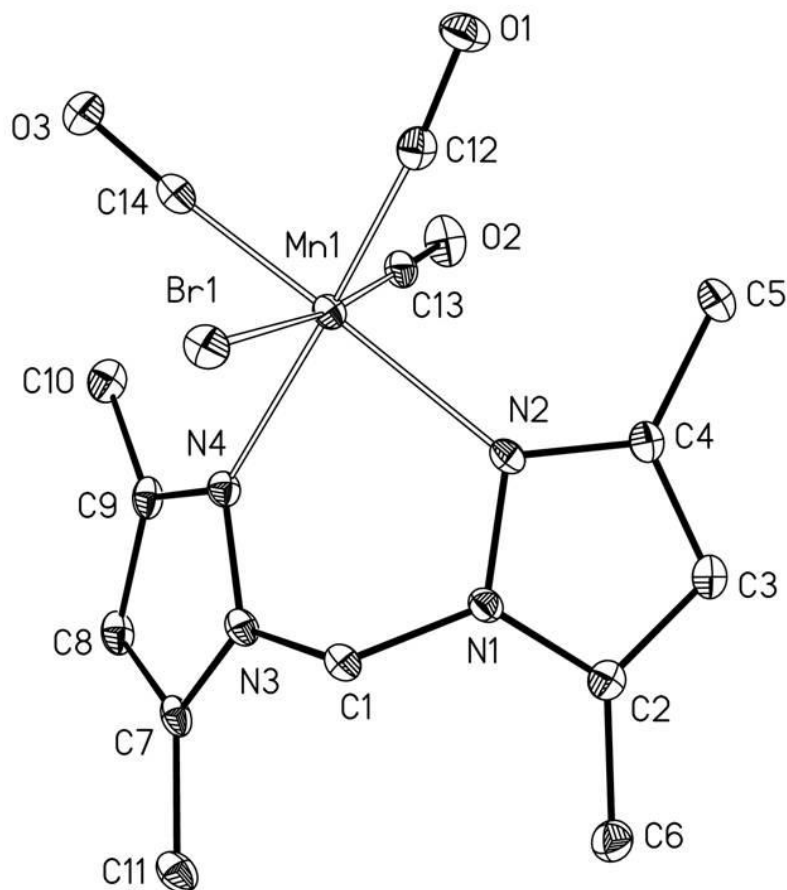


Figure S21: Structure and numbering scheme of the anion  $[\text{Mn}(\text{CO})_5]^-$  of iCORM **4**. The asymmetric unit contains two molecules A and B, only the anion of A is depicted. The ellipsoids represent a probability of 30 %. Selected bond lengths (pm) of anion A: Mn2-C25 179.3(3), Mn2-C26 179.8(3), Mn2-C27 181.2(3), Mn2-C28 181.8(3), Mn2-C29 182.1(4), C25-O3 116.4(4), C26-O4 116.0(4), C27-O5 115.2(4), C28-O6 115.8(4), C29-O7 115.4(4); angles (deg.): C25-Mn-C26 115.8(2), C25-Mn-C27 125.4(1), C26-Mn-C27 118.8(1), C25-Mn-C28 91.0(2), C25-Mn-C29 88.7(2), C26-Mn-C28 92.4(1), C26-Mn-C29 92.5(1), C27-Mn-C28 88.0(2), C27-Mn-C29 87.9(2), C28-Mn-C29 174.8(1).

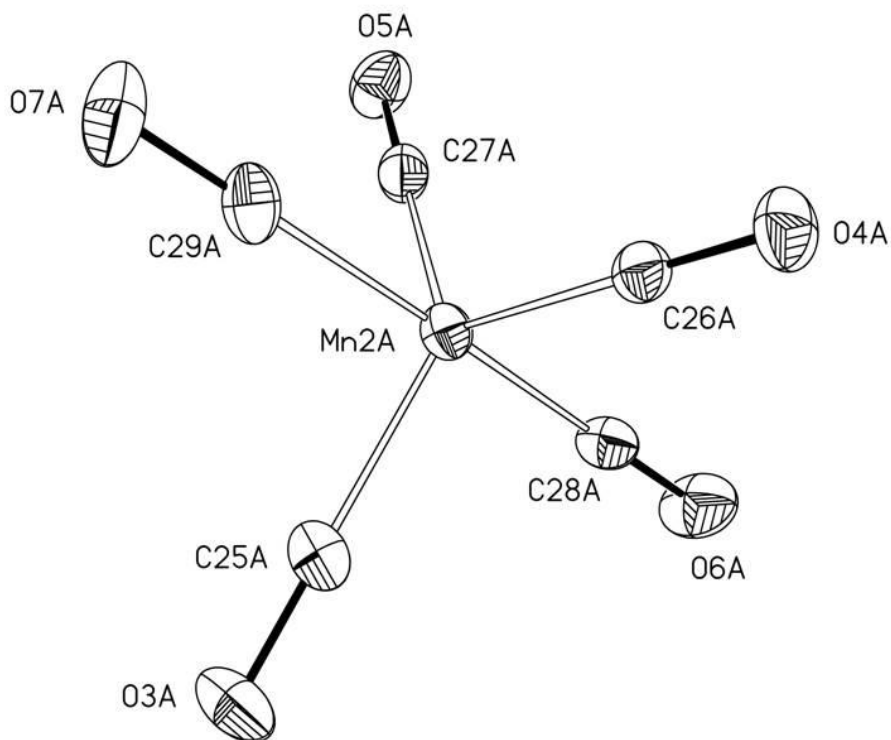


Figure S22: Ball-and-stick representation of the structure of iCORM **4**, the degradation product of CORM-ONN1. The atoms are drawn with arbitrary radii, carbon-bound hydrogen atoms are neglected for clarity reasons. In the middle the dinuclear cation is shown, hydrogen bridges are clarified by broken lines. The  $[\text{Mn}(\text{CO})_5]^-$  anions are located besides the complex cation without short distances between anion and cation.

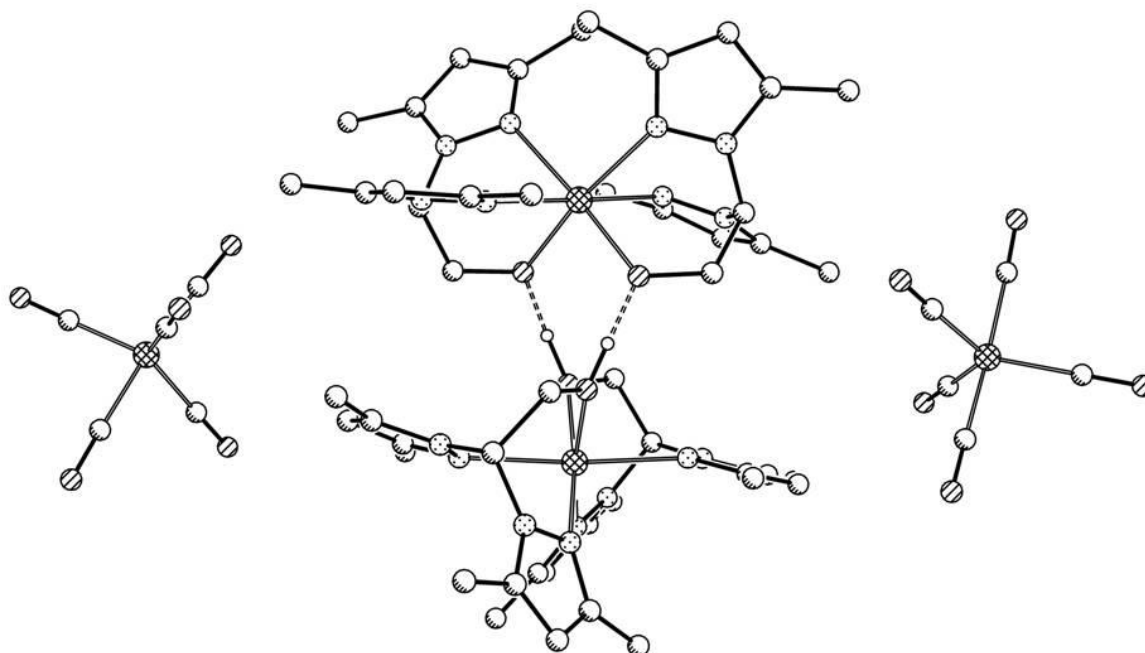




Figure S23: Molecular structure and numbering scheme of  $(Pz^{Me_2})_2CH-CH_2-OH$  (top) and aggregation via hydrogen bridges (bottom). The ellipsoids represent a probability of 30 %. Hydrogen atoms are shown with arbitrary radii. Selected bond lengths (pm): O1-C2 141.2(2), O1-H1<sub>O1</sub> 90(3), N1-C3 135.9(2), N1-N2 136.9(2), N1-C1 145.4(2), N2-C5 133.3(2), N3-C8 135.9(2), N3-N4 136.6(2), N3-C1 146.2(2), N4-C10 133.1(2), C1-C2 153.0(2), C3-C4 137.2(2), C3-C7 149.3(2), C4-C5 140.7(2), C5-C6 149.2(2), C8-C9 137.4(2), C8-C12 148.9(2), C9-C10 140.3(2), C10-C11 149.5(2).

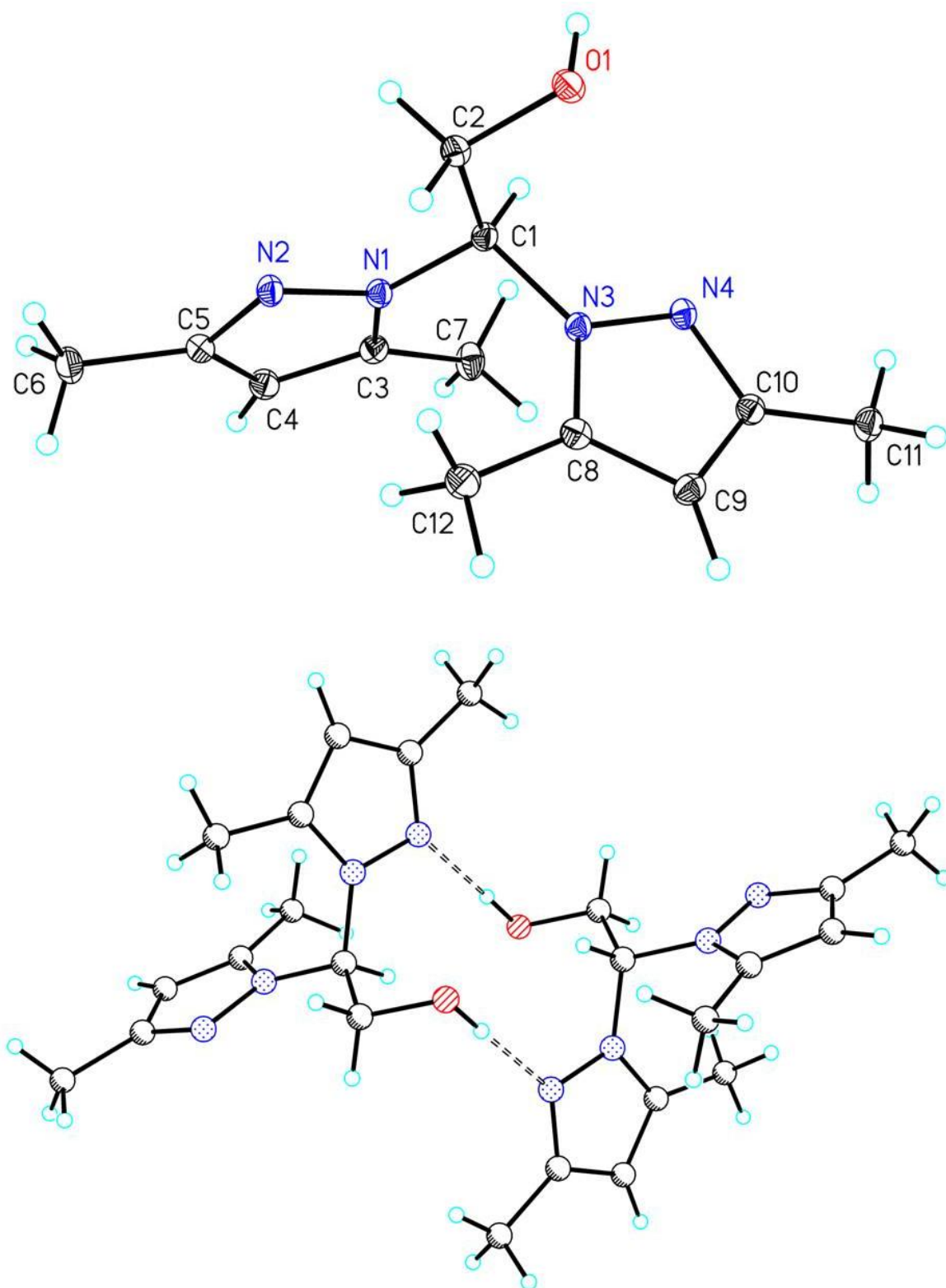


Table S2: Crystal data and refinement details for the X-ray structure determinations of the compounds **1** - **2**.

Compound	<b>1A</b>	<b>1B</b>	<b>2</b>
formula	C <sub>14</sub> H <sub>16</sub> BrMnN <sub>4</sub> O <sub>3</sub>	C <sub>14</sub> H <sub>16</sub> BrMnN <sub>4</sub> O <sub>3</sub>	C <sub>15</sub> H <sub>15</sub> MnN <sub>4</sub> O <sub>5</sub>
fw (g·mol <sup>-1</sup> )	423.16	423.16	386.25
°C	-140(2)	-140(2)	-140(2)
crystal system	orthorhombic	monoclinic	triclinic
space group	P n m a	P 2 <sub>1</sub> /n	P $\bar{1}$
<i>a</i> / Å	10.0995(2)	9.3065(3)	8.1397(2)
<i>b</i> / Å	14.5864(3)	10.6722(3)	10.3669(3)
<i>c</i> / Å	11.3819(2)	16.7643(5)	10.7821(2)
$\alpha$ /°	90	90	103.904(2)
$\beta$ /°	90	98.598(1)	111.361(1)
$\gamma$ /°	90	90	91.846(1)
<i>V</i> /Å <sup>3</sup>	1676.73(6)	1646.33(9)	815.25(3)
<i>Z</i>	4	4	2
$\rho$ (g·cm <sup>-3</sup> )	1.676	1.707	1.573
$\mu$ (cm <sup>-1</sup> )	31.89	32.48	8.45
measured data	3607	11926	6395
data with $I > 2\sigma(I)$	1874	3412	3519
unique data ( $R_{int}$ )	1980/0.0144	3724/0.0343	3667/0.0133
$wR_2$ (all data, on $F^2$ ) <sup>a)</sup>	0.0461	0.0660	0.0606
$R_1$ ( $I > 2\sigma(I)$ ) <sup>a)</sup>	0.0214	0.0281	0.0256
$S$ <sup>b)</sup>	1.101	1.116	1.046
Res. dens./e·Å <sup>-3</sup>	0.329/-0.253	0.586/-0.509	0.356/-0.337
absorpt method	multi-scan	multi-scan	multi-scan
absorpt corr $T_{min}/_{max}$	0.6543/0.7456	0.6231/0.7456	0.6996/0.7456
CCDC No.	1488835	1488836	1488837

Table S2 (contd.): Crystal data and refinement details for the X-ray structure determinations of the compounds **3** -  $(\text{Pz}^{\text{Me}_2})_2\text{CH-CH}_2\text{OH}$ .

Compound	<b>3</b>	<b>4</b>	$(\text{Pz}^{\text{Me}_2})_2\text{CH-CH}_2\text{OH}$
formula	$\text{C}_{15}\text{H}_{18}\text{BrMnN}_4\text{O}_4$	$\text{C}_{29}\text{H}_{35}\text{Mn}_2\text{N}_8\text{O}_7$	$\text{C}_{12}\text{H}_{18}\text{N}_4\text{O}$
fw ( $\text{g}\cdot\text{mol}^{-1}$ )	453.18	717.53	234.30
$^\circ\text{C}$	-140(2)	-140(2)	-140(2)
crystal system	monoclinic	triclinic	triclinic
space group	$\text{P } 2_1/c$	$\text{P } \bar{1}$	$\text{P } \bar{1}$
$a/\text{Å}$	13.8488(2)	11.6573(3)	7.4242(2)
$b/\text{Å}$	11.0641(3)	14.7441(3)	8.6729(3)
$c/\text{Å}$	11.6952(2)	20.6894(5)	10.7671(4)
$\alpha/^\circ$	90	85.371(2)	99.558(2)
$\beta/^\circ$	98.380(1)	81.709(1)	103.319(2)
$\gamma/^\circ$	90	69.787(1)	111.723(2)
$V/\text{Å}^3$	1772.86(6)	3300.32(13)	602.02(3)
$Z$	4	4	2
$\rho$ ( $\text{g}\cdot\text{cm}^{-3}$ )	1.698	1.444	1.293
$\mu$ ( $\text{cm}^{-1}$ )	30.26	8.22	.86
measured data	12429	38249	3831
data with $I > 2\sigma(I)$	3679	11312	2392
unique data ( $R_{\text{int}}$ )	4031/0.0270	14363/0.0360	2718/0.0217
$wR_2$ (all data, on $F^2$ ) <sup>a)</sup>	0.0565	0.1316	0.1187
$R_1$ ( $I > 2\sigma(I)$ ) <sup>a)</sup>	0.0248	0.0488	0.0514
$S$ <sup>b)</sup>	1.063	1.057	1.070
Res. dens./ $e\cdot\text{Å}^{-3}$	0.365/-0.354	0.795/-1.004	0.282/-0.261
absorpt method	multi-scan	multi-scan	multi-scan
absorpt corr $T_{\text{min}}/\text{max}$	0.6705/0.7456	0.6329/0.7456	0.6782/0.7456
CCDC No.	1488838	1488839	1505640

<sup>a)</sup> Definition of the  $R$  indices:  $R_1 = (\sum ||F_o| - |F_c||) / \sum |F_o|$ ;

$wR_2 = \{\sum [w(F_o^2 - F_c^2)^2] / \sum [w(F_o^2)^2]\}^{1/2}$  with  $w^{-1} = \sigma^2(F_o^2) + (aP)^2 + bP$ ;  $P = [2F_c^2 + \text{Max}(F_o^2)]/3$ ;

<sup>b)</sup>  $S = \{\sum [w(F_o^2 - F_c^2)^2] / (N_o - N_p)\}^{1/2}$ .