

## Appendix

**Table A: Mean percentage recoveries and standard errors of mannitol during the 1 - 2.5 h and 2.5 - 4 h periods following consumption of 50 g uncooked pasta, 50 g hydrated pasta powder and 50 ml lactulose mannitol solution**

Intervention	Period	
	1 - 2.5 h	2.5 - 4 h
Uncooked pasta	7.07 ± 0.71	6.32 ± 0.45
Hydrated pasta powder	7.59 ± 0.64	4.07 ± 0.31
Solution	9.04 ± 0.67	4.41 ± 0.36