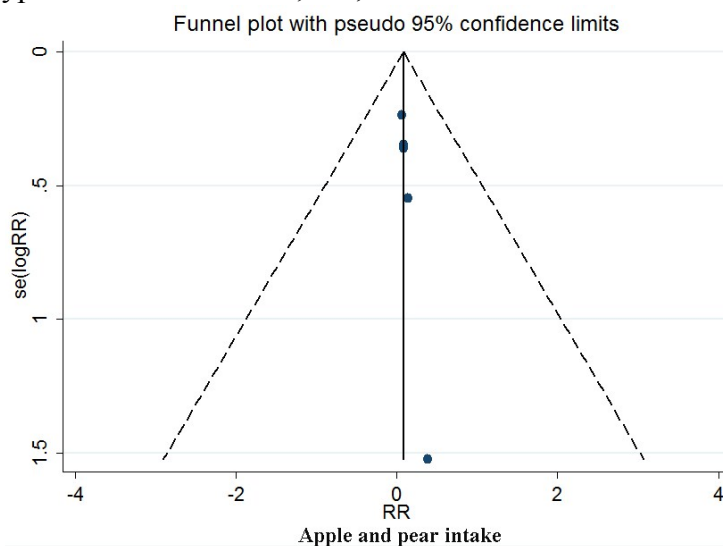


Supplementary Fig. 1. Sensitivity analysis for apple and pear intake associated with T2DM risk, in which the pooled RRs are re-estimated after omitting one study each time. T2DM: type 2 diabetes mellitus; RR, relative risk.



Supplementary Fig. 2. Funnel plot for apple and pear intake associated with T2DM risk. Begg's test ($p = 1.00$) and Egger's test ($p = 0.69$)

Supplementary Table 1. Search strategy in Cochrane library, Embase and PubMed databases

1. fruit
2. vegetable
3. apple
4. pear
5. (1 OR 2 OR 3 OR 4 OR 5 OR)
6. type 2 diabetes
7. 5 and 6