

1 **Supporting information for:**

2

3 **Energy cost of intracellular metal and metalloid detoxification in wild-type**

4 **eukaryotic phytoplankton**

5 Michel Lavoie^{1*}, John A. Raven^{2,3}, Oliver A. H. Jones⁴, Haifeng Qian⁵

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7 ¹Québec-Océan and Unité Mixte Internationale Takuvik UlaVal-CNRS, Département de
8 Biologie, Université Laval, Québec, Québec, Canada G1K 7P4.

9 ²Division of Plant Science, University of Dundee at the James Hutton Institute,
10 Invergowrie, Dundee DD2 5DA, UK

11 ³Functional Plant Biology and Climate Change Cluster (C3), University of Technology
12 Sydney, Ultimo, NSW 2007, Australia

13 ⁴Australian Centre for Research on Separation Science (ACROSS), School of Science,
14 RMIT University, GPO Box 2476, Melbourne, VIC 3001, Australia

15 ⁵College of Environment, Zhejiang University of Technology, Hangzhou 310032, P.R. of
16 China

17

18 *corresponding author

19 Email: Michel_lavoie91@yahoo.ca

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51 **1. Energy costs for biosynthesis of the amino acids that make up phytochelatins in**

52 **algae**

53

54 **1.1 Energy cost of glutamate synthesis**

55

56 Glutamate is predominantly produced in plant chloroplasts via the GS/GOGAT
57 (glutamine synthetase/glutamate 2-oxoglutarate aminotransferase) cycle¹⁻³. This requires
58 an N source (NO_3^- or NH_4^+) and C assimilation into 2-oxoglutarate. Only a low fraction
59 of glutamate is typically produced from the glutamate dehydrogenase pathway (GDH),
60 that directly converts 1 mol 2-oxoglutarate to 1 mol glutamate using 1 mol NADH⁴⁻⁶,
61 and the GDH that often catalyzes the reverse reaction leading to deamination of
62 glutamate to 2-oxoglutarate in plants^{1,3}.

63

64 In the GS/GOGAT cycle, 1 mol glutamate and 1 mol NH_4^+ are first converted to
65 glutamine by the enzyme glutamine synthetase (GS) using 1 mol ATP. In all
66 photosynthetic eukaryotes and cyanobacteria the ferredoxin-dependent enzyme glutamate
67 synthase (also frequently called the GOGAT enzyme) converts glutamine in 2 glutamate
68 using 2-oxoglutarate and 2 reducing equivalents as reduced ferredoxin (equivalent to 1
69 mol NAD(P)H). Glutamate can then re-enter the cycle or be used for biosynthesis. With
70 an appropriate supply of 2-oxoglutarate and NH_4^+ (either taken up from the medium or
71 reduced from NO_3^-), this cycle leads to the net synthesis of 1 mol glutamate³. The

72 biochemical pathways and energetics of N uptake and assimilation as well as of 2-
73 oxoglutarate biosynthesis are described below.

74

75 The energy required for the uptake of exogenous inorganic nitrogen and reduction (if
76 needed) to NH_4^+ , which is used in the GS/GOGAT cycle, is as follows. If NH_4^+ is the
77 exogenous N source, 1 mol ATP is converted to 1 mol ADP for the uptake of 1 mol NH_4^+
78 coupled to 1 mol H^+ efflux by the H^+ -ATPase plasma membrane pump ⁷. If NO_3^- is the
79 exogenous N source however, 1 mol ATP is first required per mol NO_3^- taken up. NO_3^-
80 uptake occurs in algae as a secondary-active co-transport process in which H^+ efflux by
81 the H^+ -ATPase maintains the negative electrical membrane potential and indirectly
82 energizes $\text{NO}_3^-:\text{H}^+$ or $\text{NO}_3^-:\text{Na}^+$ co-transport ^{8,9}. Secondly, a total of 4 mol NAD(P)H (or
83 their redox equivalent) are required for NO_3^- reduction to NH_4^+ , i.e. 1 mol NAD(P)H for
84 reduction of 1 mol NO_3^- and 6 reducing equivalents from reduced ferredoxin for the NO_2^-
85 to NH_4^+ reaction are required, this is equivalent to 3 mol NAD(P)H ^{9,10}. Note that NH_4^+
86 can also be produced endogenously during the breakdown of storage proteins and the
87 deamination of proteins and the catabolism of nucleic acids ¹¹, but breakdown and
88 regeneration of proteins for cell maintenance cannot sustain the addition of nitrogen in
89 newly synthesized metal-binding peptides when nitrogen of proteins is recycled.

90

91 The other substrate of the GS/GOGAT cycle is 2-oxoglutarate. This molecule is produced
92 via a complex set of enzymatic reactions ¹¹. Briefly, the carbon fixed by the PCRC
93 (Photosynthetic carbon reduction cycle or Benson-Calvin cycle) in the light is oxidized to
94 pyruvate in the glycolysis pathway. Pyruvate is then converted to acetyl CoA, which is

95 used in the Krebs cycle to produce citrate, which is finally converted to 2-oxoglutarate by
96 a sequence of two enzymatic reactions¹¹. The synthesis of 1 mol citrate involves the
97 reaction of 1 mol acetyl CoA with 1 mol oxaloacetate. The removal of 1 mol 2-
98 oxoglutarate to produce 1 mol glutamate means that oxaloacetate is not regenerated by
99 the subsequent Krebs cycle reactions consuming 2-oxoglutarate, and continued
100 production of 2-oxoglutarate requires synthesis of oxaloacetate from photosynthate¹¹. The
101 energy cost of synthesis of 2 mol oxaloacetate is thus calculated below to account for the
102 regeneration of this intermediate in the Krebs cycle as well as to its direct use in 2-
103 oxoglutarate synthesis.

104

105 To produce the 5-C compound 2-oxoglutarate, 6 mol CO₂ must first be fixed to produce 2
106 mol 3-phosphoglycerate by RuBisCO and then be reduced to form 2 mol glyceraldehyde-
107 3-phosphate (G-3-P) in the PCRC in the light. Note that G-3-P can also be generated
108 from stored polysaccharide and then glycolysis, in the dark, although at an extra energy
109 cost related to synthesising and then mobilising the polysaccharide. The minimum
110 absorbed photon cost per C assimilated into 1/3 mol G-3-P at CO₂ saturation is 9 and
111 costs 2 mol NADPH and 3 mol ATP¹². Thus, for synthesizing 2 mol G-3-P the minimum
112 theoretical cost is **12 mol NADPH** and **18 mol ATP** and the absorbed photon cost is **54**.
113 However, at present atmospheric CO₂ partial pressure or mol fraction (400 μmol CO₂
114 mol⁻¹ total gases) the minimum absorbed photon cost per mol C fixed into 1/3 mol G-3-P
115 for the least costly mechanism based on diffusive CO₂ entry and PCOC (Photosynthetic
116 carbon oxidation cycle or photorespiration) activity is 9.96 (see the Methods section of
117 the main text body), while the various CCMs have absorbed photons costs per mol C of

118 9.5 – 11^{12,13}. For 2 mol G-3-P the absorbed photon cost considering CCMs and PCOC
119 operation is 57 – 66 mol (9.5 x 6 – 11 x 6), i.e. less than 22% higher than the minimum
120 theoretical photon cost of 54.

121

122 1 mol G-3-P (out of the 2 mol produced by the PCRC, see previous paragraph) is
123 exported to the cytosol by a triose-P translocator (TPT) or antiporter that exchanges one
124 mol triose P for 1 mol inorganic phosphate at no ATP or NAD(P)H cost. This 1 mol G-3-
125 P in the cytosol is then converted into 1 mol pyruvate through glycolysis generating 1
126 mol NADH and 2 mol ATP. Pyruvate then enters the mitochondrion by a pyruvate
127 transport protein mediating the electroneutral transport of pyruvate, which is driven by
128 the differences in pH across mitochondrial membranes¹⁴. 1 mol Pyruvate is converted to
129 1 mol acetyl CoA (with the production of 1 mol CO₂ and 1 mol NADH) that is combined
130 with 1 mol oxaloacetate to produce 1 mol citrate. The citrate is then converted, via
131 isocitrate, to 1 mol 2-oxoglutarate (with production of 1 mol CO₂ and 1 mol NADH).

132 Alternatively, pyruvate can be converted to citrate in the Krebs cycle in the
133 mitochondrion, exiting via a DTC and then being converted in 2-oxoglutarate in the
134 cytosol by aconitase and isocitrate dehydrogenase.

135

136 The other mol of G-3-P is converted to phosphoenolpyruvate (PEP) with production of 1
137 mol NADH and 1 mol ATP; the PEP is then converted to oxaloacetate using PEP
138 carboxylase with consumption of 1 CO₂ (as HCO₃⁻). This oxaloacetate regenerates the
139 oxaloacetate used for 2-oxoglutarate synthesis (see previous paragraph). Oxaloacetate
140 enters the mitochondrion, probably using an electroneutral dicarboxylate-tricarboxylate

141 carrier (DTC) where it is used in producing citrate and properly fueling the Krebs cycle
142 ¹⁵⁻¹⁷. Overall, 2 mol G-3-P are converted to 1 mol 2-oxoglutarate with net production of 1
143 mol CO₂, 4 mol NADH and 3 mol ATP.

144

145 Next, 2-oxoglutarate is pumped out of the mitochondrion through electroneutral
146 dicarboxylate-tricarboxylate carriers (DTCs) that exchanges carboxylates at no ATP or
147 NAD(P)H cost ¹⁸. Finally, the 2-oxoglutarate is transferred from the cytosol to the
148 chloroplast for the GS/GOGAT cycle using a 2-oxoglutarate/malate exchanger ¹¹ at no
149 ATP or NAD(P)H cost. Translocation of 2-oxoglutarate from the mitochondrion to the
150 cytosol and the chloroplast does not change the energy cost (as NADH and ATP) of 2-
151 oxoglutarate synthesis. Therefore, as stated above, 2 mol G-3-P are converted to 1 mol 2-
152 oxoglutarate with net production of 1 mol CO₂, 4 mol NADH and 3 mol ATP.

153

154 Given the above, using NH₄⁺ as the N source synthesis of 1 mol glutamate from 2 mol G-
155 3-P costs 2 mol ATP and 1 mol NAD(P)H (from the GS/GOGAT cycle and NH₄⁺ uptake)
156 but generates 4 mol NADH and 3 mol ATP, equivalent to the net production of 3 mol
157 NAD(P)H and 1 mol ATP. Using NO₃⁻ as the N source, synthesis of 1 mol glutamate
158 from G-3-P costs 2 mol ATP and 5 mol NAD(P)H (from the GS/GOGAT cycle and NO₃⁻
159 reduction, see above), but generates 4 mol NADH and 3 mol ATP, equivalent to a net
160 cost of 1 mol NAD(P)H with production of 1 mol ATP. Including the cost of synthesis of
161 2 mol G-3-P, i.e. 12 mol NAD(P)H and 18 mol ATP, the biosynthetic cost of 1 mol
162 glutamate from N, CO₂, photosynthetically active radiation (PAR) and water is **9 mol**

163 **NAD(P)H and 17 mol ATP if NH_4^+ is the N source or 13 mol NAD(P)H and 17 mol**
164 **ATP if NO_3^- is the N source.**

165

166 Conversion of these values to photon requirements uses the value of 9 absorbed mol
167 photons to produce 2 mol NADPH and 3 mol ATP in non-cyclic electron flow, which is
168 equivalent to 4.5 absorbed mol photons per 1 mol NAD(P)H and 1.5 mol ATP. In cyclic
169 electron flow, 1 absorbed mol photon is required to produce 1 mol ATP^{12, 19}. The
170 synthesis of one mol glutamate from CO_2 , PAR, water, and NH_4^+ as the N source requires
171 9 mol NAD(P)H, involving the coupled production of 13.5 mol ATP from non-cyclic
172 electron flow, which is equivalent to (9×4.5) 40.5 mol absorbed photons. Since 17 mol
173 ATP are required to synthesise 1 mol glutamate with NH_4^+ as N source, the additional
174 $(17-13.5)$ 3.5 mol ATP using cyclic electron flow costs 3.5 mol absorbed photons, i.e a
175 total of $(40.5+3.5)$ or **44 mol absorbed photons**. If NO_3^- is the N source, production of
176 the 13 mol NAD(P)H and the coupled 19.5 mol ATP requires (13×4.5) 58.5 mol
177 absorbed photons. The 19.5 mol ATP synthesised in non-cyclic electron transport is 2.5
178 mol ATP more than is needed in glutamate synthesis; the use of this 2.5 mol ATP in other
179 essential processes spares the use of 2.5 mol absorbed photons, so the net photon
180 requirement is $(58.5-2.5)$ or **56 mol absorbed photons**.

181

182 **1.2 Energy cost of cysteine synthesis**

183

184 The biosynthesis of cysteine requires SO_4^{2-} , CO_2 , PAR, H_2O and a N source (NO_3^- or
185 NH_4^+). We start by considering the energetics of SO_4^{2-} uptake and reduction. Sulphate

186 uptake in plants across the plasmalemma uses ~1 mol ATP per mol SO_4^{2-} for a
187 $3\text{H}^+ : 1\text{SO}_4^{2-}$ symport ²⁰. Sulfate reduction to sulfide (S^{2-}) consumes 732 kJ mol^{-1} , or 1 mol
188 ATP, 6 electrons (usually from reduced ferredoxin, equivalent to 3 mol NAD(P)H) and 2
189 other electrons of GSH (equivalent to 1 mol NAD(P)H) ²¹. Sulfate is first activated by
190 ATP-sulfurylase in the presence of 1 mol ATP to form adenosine 5'-phosphosulphate
191 (APS). One mol APS is then converted to 1 mol S-sulfogluthathione and 1 mol AMP by
192 the enzyme APS sulfotransferase coupled to the oxidation of 1 mol GSH in GSSG and
193 AMP plus P_i, equivalent to converting 2 mol ATP to ADP. Reduction of APS to SO_3^{2-}
194 and AMP using 2 GSH converted to 1 GSSG; 1 NADPH is converted to NADP^+ re-
195 reducing the GSSG back to 2 GSH ^{20, 21}. One mol SO_3^{2-} is reduced to 1 mol S^{2-} using 6
196 mol of reducing equivalents as reduced ferredoxin; this is equivalent to converting 3 mol
197 NADPH to 3 mol NADP^+ . The S^{2-} then converts *serine* (see next paragraphs for details
198 on the biochemical pathways leading to serine synthesis and on the energetics of serine
199 synthesis) to cysteine using serine acetyl transferase and O-acetylserine thiol lyase (also
200 called cysteine synthase). The use of acetyl CoA as a substrate and the production of CoA
201 and acetate involve the conversion of 2 mol ATP to ADP and 2P_i in regeneration of 1
202 mol of the acetyl CoA by acetyl CoA synthetase. The energy required for the reduction of
203 1 mol SO_4^{2-} into S^{2-} and the production of 1 mol cysteine from serine and S^{2-} is 8 mol
204 NAD(P)H and 7 mol ATP.

205

206 The serine, which is required as a substrate of the reactions leading to cysteine synthesis,
207 is produced via CO_2 fixation and assimilation in G-3-P by the PCRC followed by
208 enzymatic conversion of G-3-P in serine. Although the PCOC cycle could synthesize

209 serine, this cycle only functions in the light and with fluxes restricted due to the usual
210 presence of a CCM in algae as explained in the section about glutamate synthesis. One
211 mol of G-3-P can be first produced by the PCRC at a cost of 6 mol NADPH and 9 mol
212 ATP (or 27 mol absorbed photons).

213

214 Afterwards, 1 mol G-3-P is converted to 1 mol serine using the following biochemical
215 pathways. Conversion of 1 mol G-3-P to 1 mol 3-phosphoglycerate, via 1 mol glycerate-
216 1,3-bisphosphate, converts 1 mol NAD(P)⁺ to 1 mol NAD(P)H, and 1 mol ADP to 1 mol
217 ATP. Oxidation of 1 mol 3-phosphoglycerate to 3-phosphohydroxypyruvate involves
218 reduction of 1 mol NAD(P)⁺ to 1 mol NAD(P)H. Amination of 2.5 mol (3-
219 phospho)hydroxypyruvate to produce 1 mol 3-phosphoserine, using the GS/GOGAT
220 pathway, consumes 1 mol NH₄⁺, and converts 1 mol ATP to 1 ADP and 1 mol NADH to
221 1 mol NAD⁺. If NH₄⁺ is the exogenous N source, 1 mol ATP is converted to 1 mol ADP
222 for the uptake of 1 mol NH₄⁺ and the efflux of 1 mol H⁺, while if NO₃⁻ is the exogenous
223 N source, 1 mol ATP is converted to 1 mol ADP for the uptake of 1 mol NO₃⁻ and 4 mol
224 NAD(P)H are converted to 4 mol NAD(P)⁺ in reducing 1 mol NO₃⁻ to 1 mol NH₄⁺ (see
225 previous section on glutamate synthesis for further details on NO₃⁻ reduction). For the
226 conversion of 1 mol G-3-P into 1 mol serine, the balance of reduction-oxidation
227 (NAD(P)H-NAD(P)⁺) and dehydration-hydration (ATP + H₂O - ADP + Pi) for **NH₄⁺ as**
228 **N source is a production of 1 mol NAD(P)H and consumption of 1 mol ATP**, while
229 **for NO₃⁻ as N source is a consumption of 3 mol NAD(P)H and of 1 mol ATP.**

230

231 The net energy cost for the synthesis of 1 mol serine from CO₂, PAR and N is 5 mol
232 NAD(P)H and 10 mol ATP using NH₄⁺ as the N source or 9 mol NAD(P)H and 10 mol
233 ATP using NO₃⁻ as the N source, while the energy required for sulfate reduction and the
234 production of 1 mol cysteine from S²⁻ and serine is 8 mol NAD(P)H and 7 mol ATP.
235 Finally, the total energy cost for the synthesis of one cysteine from CO₂, PAR, N, and
236 SO₄²⁻ is **13 mol NAD(P)H** and **17 mol ATP** if NH₄⁺ is the N source or **17 mol NAD(P)H**
237 and **17 mol ATP** if NO₃⁻ is the N source.

238

239 Conversion of these values to photon requirements uses the values of **9** absorbed mol
240 photons to produce 2 mol NADPH and 3 mol ATP in non-cyclic electron flow, which is
241 equivalent to 4.5 absorbed mol photons per 1 mol NADPH and 1.5 mol ATP. In cyclic
242 electron flow, 1 absorbed mol photon is required to produce 1 mol ATP^{12, 19}. For the
243 synthesis of 1 mol cysteine with NH₄⁺ as the N source, production of 8 mol NADPH and
244 12 (8 x 1.5) mol ATP from non-cyclic electron flow requires 36 (8 x 4.5) mol absorbed
245 photons. The remaining 3 mol ATPs can be produced by cyclic electron flow using 3 mol
246 absorbed photons. For the synthesis of 1 mol cysteine with NO₃⁻ as the N source,
247 production of 13 mol NADPH and the coupled 19.5 mol ATP (13 x 1.5) from non-cyclic
248 electron flow requires (13 x 4.5) 58.5 mol absorbed photons. Production of the 4.5 mol
249 ATP in excess of that required for cysteine synthesis costs 4.5 mol absorbed photons by
250 cyclic electron flow. The total energy cost for the synthesis of 1 mol cysteine is **39 and**
251 **54 mol absorbed photons if NH₄⁺ and NO₃⁻** are the N source respectively. The photon
252 energy cost for the synthesis of one γ-EC unit is **83** (44 + 39) or **110** (56 + 54) mol
253 absorbed photons if NH₄⁺ and NO₃⁻ is the N source, respectively.

254

255 **1.3 Energy cost of glycine synthesis**

256

257 Glycine can be produced by the glycolate cycle (PCOC or photorespiration or
258 photorespiratory carbon oxidation cycle), but the PCOC only functions in the light and
259 with fluxes restricted due to the usual presence of a CCM in algae as explained above.
260 Therefore, glycine is expected to come from the PCRC products and glycolytic pathway
261 intermediate, G-3-P. As detailed above, the PCRC and glycolysis produce serine. Serine
262 and tetrahydrofolate (THF) are then converted in glycine and 5,10-
263 methylenetetrahydrofolate (5, 10-CH₂-THF) by the enzyme serine hydroxymethylase ²².
264 5,10-CH₂-MTHF can be subsequently reduced to 5-methyltetrahydrofolate (5-CH₃-THF)
265 by a 5,10-methylenetetrahydrofolate reductase enzyme that is NADH dependent in
266 plants, not NADPH-dependent as in other eukaryotes ²³. Finally, THF is recycled with
267 methionine synthase using 5-CH₃-THF and homocysteine as substrates with no ATP or
268 NAD(P)H inputs ²⁴. Taking the energy cost of serine biosynthesis calculated in the
269 previous section, the biosynthesis of 1 mol glycine from CO₂, PAR, and N requires 6 mol
270 NAD(P)H and 10 mol ATP if NH₄⁺ is the N source or 10 mol NAD(P)H and 10 mol ATP
271 if NO₃⁻ is the N source.

272

273 If NH₄⁺ is used as an N source for the synthesis of 1 mol glycine, the production of 6 mol
274 NADPH by non-cyclic electron flow and the associated 9 mol ATP requires 27 mol
275 absorbed photons. 1 mol ATP can also be produced via cyclic-electron flow at a cost of 1
276 mol absorbed photons. If NO₃⁻ is used as an N source for the synthesis of 1 mol glycine,

277 the production of 10 mol NADPH by non-cyclic electron flow and the associated 15 mol
278 ATP requires 45 mol absorbed photons. The 5 mol ATP in excess would cost 5 mol
279 absorbed photons, which needs to be subtracted of the 45 mol absorbed photons. The
280 total energy cost for the synthesis of 1 mol glycine from CO₂, N, PAR and water is **28**
281 **and 41 mol absorbed photons** if NH₄⁺ and NO₃⁻ are the N source respectively.
282 Therefore, the energy cost for the synthesis of 1 mol GSH is **97** (30 + 39 +28) or **125** (30
283 + 54 + 41) mol absorbed photons if NH₄⁺ and NO₃⁻ is the N source, respectively.

284

285 **2. Loss of peptides to the external medium and the energy cost of phytochelatin** 286 **production**

287

288 Loss of GSH, amino acids and PCs in the external medium is not accounted for in the
289 total energy cost of PC synthesis for the following reasons. Even though an appreciable
290 fraction of the total intracellular GSH in *Thalassiosira weissflogii* exposed to highly
291 inhibitory Cu (μ of around 0.2 d⁻¹) may be lost into the culture medium each day
292 probably because of Cu-induced cell breakage, the GSH loss rate in *T. weissflogii* is
293 normally low (<10% of GSH cell quotas) at slightly toxic Cu concentration ²⁵. Similarly,
294 exudation of GSH and cysteine in *E. huxleyi* only slightly increased in response to
295 slightly toxic Cu, Cd or Zn concentrations and the amount lost each day likely remains a
296 small fraction (<10%) of the total intracellular thiols ²⁶. Our calculation of the
297 biosynthetic cost of PC also neglects active efflux of Me-PC complexes through a
298 putative ABC membrane transporter. The occurrence of such an efflux of Cd-PC
299 complexes has been strongly suggested in the marine diatom *T. weissflogii* ²⁷. Although
300 this efflux system allow the fast efflux of Cd taken up (two ions are released in the

301 culture medium for each 4 Cd ion taken up), the efflux of phytochelatin (as Cd-PC
302 complexes) accounted for around 10% of total steady-state intracellular phytochelatin
303 produced each day by the alga ²⁷.

304

305 **3. Energy cost of Metal-PC complex transport in the vacuole and subsequent**
306 **incorporation of sulfides**

307

308 Metal-phytochelatin (and Metal-GSH) complexes (often called low molecular weight, or
309 LMW, complexes) once formed in the cytosol can be transported into the vacuoles of
310 fungi and plants by specific ATP-dependent transporters requiring 1 mol ATP per mol
311 Metal-PC complex transported in the vacuole ²⁸. Although the specific transporters of
312 Metal-PC complexes are yet to be studied in algae, accumulation of Cd-PC complexes in
313 the vacuole of *Duniallella bioculata* exposed to Cd has been observed by X-ray
314 microscopy ²⁹ and co-sequestration of Cd, N and S sulfur compounds has also been
315 observed in the vacuole of *Skeletonema costatum* exposed to Cd and Cu ³⁰. In plants,
316 yeasts and algae, sulfide (S²⁻) is incorporated in some Cd-PC (or Cd-GSH) complexes
317 forming a Cd sulfide crystalline core coated with PC. Such complexes called HMW Cd-
318 PC complexes exhibit a high molecular weight (10 000 Da), are more stable and have a
319 higher Cd binding capacity than LMW Cd-PC complexes. Whether or not HMW
320 complexes are formed with other metal ions than Cd remains to be demonstrated ²⁸. In
321 LMW Cd-PC complexes, the Cys:Cd ratios (or SH:Cd) are often around 2:1 and 4:1 in
322 yeast and algae ³¹⁻³⁴, but can reach values near 0.6:1 in HMW Cd-PC complexes in *P.*
323 *tricornutum* ³². Although synthesis of the LMW Cd-PC complexes are rapid occurring on
324 a time scales of minutes ³⁵, detectable conversion of LMW Cd-PC complexes into HMW

325 Cd-PC complexes in *P. tricornutum* and *C. reinhardtii* is slower and typically occurs
326 after days of exposure. The HMW complexes dominate over the LMW-complexes after
327 several days of Cd exposure, only when the cells grown in batch cultures are probably in
328 the stationary growth phase^{32, 36}. The S²⁻:Cd ratio of the HMW Cd-PC complexes has
329 been shown to be 0.4 in *P. tricornutum*³² and 0.22 in *C. reinhardtii*³⁶.

330

331 The source of the sulfide and the biosynthetic pathway of HMW complexes are unknown
332 in algae and not fully known in yeast. In yeast, the limited scientific evidence available so
333 far suggests that cysteine provides the sulfide of the HMW complexes according to the
334 following reactions. First, cysteine sulfinate (CS) is derived from cysteine by cysteine
335 dioxygenase. Second, CS is incorporated into either
336 sulfinylpropanylaminoimidazoecarboxamide ribonucleotide (SPACR) or sulfinyl
337 propanyl adenylate (SPA) by succinoaminoimidazolecarboxamide ribonucleotide
338 synthetase (SAICAR synthetase) or adenylosuccinate synthetase (AMP-S synthetase)
339 respectively. Both reaction requires the equivalent of 1 mol ATP since the SAICAR
340 synthetase enzyme converts 1 ATP in 1 ADP and the AMP-S synthetase enzyme converts
341 1 GTP in 1 GDP^{37, 38}. Third, both S analogs (SPACR and SPA) are presumably either
342 donors or carriers of S²⁻ to Cd-GSH or PC-Cd complexes to form HMW GSH-CdS and
343 PC-CdS complexes in the vacuole of algae and yeast^{28, 32}. Note that either the GSH-Cd
344 complex is transported in the vacuole and then converted in PC-Cd complexes with a
345 vacuolar PCS or the PC-Cd complexes are directly transported in the vacuole; both
346 translocations from the cytosol to the vacuole by a putative algal ABC transporters could
347 cost ~1 ATP as previously observed in yeast^{28, 39}. Note also that additional Cd²⁺ ions

348 could also be transported directly in the vacuole by specific transporters of Cd^{2+} ions in
349 the tonoplast and contribute to the formation of HMW Cd-PC complex as proposed in
350 yeast³⁹. In yeast, Cd^{2+} ion can be translocated from the cytosol to the vacuole by specific
351 Cd^{2+} transporters using the proton gradient of vacuolar membrane and thus $\text{Cd}^{2+}:2\text{H}^+$
352 antiport. This H^+ gradient is built by a H^+ -ATPase located in plant and yeast tonoplast
353 and 2 ATP are thus necessary to maintain the proton gradient for each Cd^{2+} ions
354 accumulated in the vacuole³⁹. The stoichiometry of this reaction is however unknown in
355 any organism, to our knowledge, and was not considered in our calculation of the energy
356 cost of PC synthesis. Since the energy required for Cd^{2+} transport in the vacuole is a low
357 fraction of the total energy cost of PC biosynthesis, this particular reaction could be
358 neglected.

359

360 Overall, biosynthesis of HMW Cd-PC complexes costs 2 ATP per transfer of S^{2-} from
361 cysteine to LMW Cd-PC complexes, while the production cost of 1 mol S^{2-} is 1 mol ATP
362 and 4 mol NAD(P)H. Therefore, for the HMW Cd-PC complexes studied in *P.*
363 *tricornutum*³² with a SH: Cd ratio of 0.6:1 and a S^{2-} : Cd ratio of 0.4:1, which is equivalent
364 to a SH: S^{2-} ratio of 1.5 or a S^{2-} : SH ratio of 2/3, then the approximate cost of S^{2-} synthesis
365 and incorporation in the HMW Cd-PC complex per SH of PCs is $2/3 \times [3 \text{ ATP} + 4$
366 $\text{NAD(P)H}]$, or 2 mol ATP and $8/3$ mol NAD(P)H. The synthesis of $8/3$ mol NADPH and
367 the coupled 4 mol ATP by non-cyclic electron transport costs 12 mol absorbed photons.
368 Subtracting the photon cost of the 2 mol ATP in excess (2 mol absorbed photons by
369 cyclic electron transport), then the biosynthetic cost of S^{2-} and its incorporation in the
370 HMW Cd-PC complex per 1 mol SH of PCs is 10 mol absorbed photons. This cost is low

371 compared to the photon energy cost of the synthesis of 1 mol PCs in LMW Cd-PC
372 complex, i.e. either $28 + 83n + 4n$ (NH_4^+ as the N source) or $41 + 110n + 4n$ (NO_3^- as N
373 source) mol absorbed photons (where n is expressed as mol SH groups per mol PCn) (see
374 main text body).
375

376

377 **4. Concentrations of phytochelatins in marine and freshwater phytoplankton**

378 **exposed to Cd**

379

380 Here we report intracellular phytochelatin concentrations measured in various marine and
381 freshwater phytoplankton species exposed to Cd, the more potent inducer of
382 phytochelatin^{28, 40, 41}. We consider PCs production in marine phytoplankton and then
383 freshwater phytoplankton.

384

385 Rijstenbil and Wijnholds⁴² show that total cellular phytochelatin concentrations in four
386 marine phytoplankton species (*Ditylum brightwellii*, *Phaeodactylum tricornutum*,
387 *Skeletonema costatum*, and *Thalassiosira pseudonana*) reached up to 1.5 mmol SH of
388 PCs per L_{cell} after a 24 h-exposure to total Cu or Cd concentrations in the μM range,
389 which significantly decreased cell viability. The marine coccolithophore *E. huxleyi* was
390 the species synthesizing the highest PC concentration at the highest tested Cd
391 concentration among 8 marine phytoplankton species examined by Ahner et al.³⁴. At 1
392 nM free Cd^{2+} , a high concentration for marine environments but a Cd concentration
393 around 4 times lower than the Cd toxicity threshold on the growth of *E. huxleyi* CCMP
394 374⁴³, *E. huxleyi* synthesize around 16 mmol SH of PCn (around 160 amol of PC_2 and
395 PC_3 and assuming a cell volume of $50 \mu\text{m}^3$ as measured in control cells). Note, however,
396 that the computation of intracellular PC concentration in *E. huxleyi* using the cell volume
397 of control cell could lead to over-estimation of intracellular PC concentrations since Cd is

398 known to induce enlargement of algal cell size even at non-growth inhibitory
399 concentrations.
400
401 The freshwater alga *C. reinhardtii* exposed for 72 h to 200 nM Cd²⁺ (around EC50 on
402 cell yield) synthesizes around 300 amol γ -GC unit (PC₂ to PC₆) per cell. If the biovolume
403 is around 65 μm^3 (control cells) but around 520 μm^3 for Cd-intoxicated cells, then the
404 PCs concentration will be around 570 μmol EC units of PC per L_{cell} in Cd-exposed cells
405 ³³. By comparison, the freshwater alga *Scenedesmus vacuolatus* exposed to the highest
406 Cd²⁺ concentration tested by Le Faucheur et al. ⁴⁴, i.e. 79 nM Cd²⁺ (a concentration
407 inhibiting cell growth rate), synthesized around 200 amol SH of PCs per cell (mostly PC₂
408 and PC₃). Taking the cell volume of control cells (117 μm^3), which was similar to the cell
409 volume measured in cells exposed to 79 nM Cd²⁺, *S. vacuolatus* synthesized up to 1.7
410 mmol SH of PC per L_{cell} .
411
412 A wild-type strain of the freshwater alga *Chlorella* sp. exposed for 4 days to 10 μM total
413 Cd (a concentration that strongly inhibits the growth rate by 70% relative to that of the
414 control) has been shown to synthesize 0.082 mmol PC (as GSH equivalent) per gram
415 fresh weight ⁴⁵. Assuming a wet weight:carbon mass ratio of 10 ⁴⁶, PC cell content is
416 equivalent to 8.2 μmol PC (as SH) per g carbon or 98.4 μmol PC per mol carbon.
417 Assuming an organic carbon cell concentration of 23.23 mol C L_{cell}^{-1} in freshwater algal
418 cells (see method section of the main text body), the intracellular PC concentration in that
419 wild-type strain of *Chlorella* is around 2.29 mmol SH of PCs per L_{cell} . The study of
420 Kaplan et al. ⁴⁵ also looked at the level of PCs synthesis in a resistant strain of *Chlorella*

421 sp. (CdR-DK) isolated from an urban waste water treatment plant. This strain
422 constitutively synthesizes large amount of PCs, i.e. 2.165 mmol PC (as SH) per g fresh
423 weight, which is equivalent to 60.4 mmol PC (as SH) per L_{cell} using the same
424 assumptions as above. After 4 days of exposure to 100 μM total Cd (a Cd concentration
425 inhibiting the growth rate by around 70%), the resistant strain of *Chlorella* sp.
426 synthesizes 3.77 mmol PC (as SH) per g fresh weight or 105.2 mmol PC (as SH) per L_{cell} .
427 A Cr-tolerant and a wild-type strain of the freshwater green alga *Scenedesmus acutus*
428 have been shown to accumulate up to around 8 μmol SH-PC per g dry weight after a 24 h
429 exposure to total Cd concentrations of 2.25 to 4.5 μM (4.5 μM total Cd totally suppressed
430 algal growth for the first 24 h)⁴⁷. Using a dry weight per cell biovolume of 498.5 g dry
431 weight per liter determined in *Scenedesmus quadricauda*⁴⁸, a strain closely related to *S.*
432 *acutus*, *S. acutus* synthesize an approximate PCs concentration of 3.9 mmol PC-SH per
433 L_{cell} .

434

435 **5. Polyphosphate production in phytoplankton and energetics of polyphosphate** 436 **synthesis and degradation**

437

438 Polyphosphate (PolyP) concentrations in P-replete marine and freshwater phytoplankton
439 cells usually represent a minor fraction of cell phosphorus ($\leq 10\%$ of total cellular P)⁴⁹⁻⁵².
440 However, some algae such as the halotolerant algae *Dunaliella salina* can store large
441 amount of PolyP of the order of 0.5 to 1 mol L_{cell}^{-1} so that cell phosphorus is mostly
442 present as PolyP⁵³. The pavlovophyeen (Haptophyta) *Pavlova lutheri* also stored large
443 amount of PolyP (up to 70% of total cell phosphorus) when grown in the presence of

444 sufficient phosphate concentrations for growth ⁵⁰. *Chlorella ellipsoidea* is another
445 example of microalgae containing more than 10% of cell phosphorus in PolyP. Indeed,
446 fractionation of intracellular P in this species performed by Miyachi and Tamiya ⁵⁴ has
447 shown that PolyP constitutes around 31% of total cell P.

448

449 Polyphosphate can be synthesized via the two biochemical reactions and associated
450 enzymes:

451

452 1) Polyphosphate kinase, which catalyzes the formation of orthophosphate chains
453 from ATP by this reaction: $ATP + (\text{phosphate})_n \rightleftharpoons ADP + (\text{phosphate})_{n+1}$;

454 2) 3-phospho-glyceroyl-phosphate-polyphosphate phosphotransferase or
455 bisphosphoglycerate-polyphosphate phosphotransferase, which catalyzes the
456 reaction: $1,3\text{-bisphosphoglycerate} + (\text{phosphate})_n \rightleftharpoons 3\text{-phosphoglycerate} +$
457 $(\text{phosphate})_{n+1}$

458

459 In the first and the second reaction, the phosphorylation of the growing PolyP chain
460 requires 1 mol ATP per mol phosphate added. In algae. However, in the second reaction,
461 one may hypothesize that 1 mol 1,3-bisphosphoglycerate could be regenerated from 1
462 mol 3-phosphoglycerate by phosphoglycerate kinase at the expense of 1 mol ATP. The
463 total cost (as ATP) of the second reaction is thus 2 mol ATP per mol phosphate group
464 added to the PolyP chain. Note that throughout this study, we assume that PolyP is
465 synthesized using the first scheme, i.e. the most parsimonious biochemical pathway.

466

467 Elongation of the PolyP chains requires phosphate uptake from the external medium.
468 This phosphate group is taken up from the external medium either directly via
469 membrane-bound orthophosphate transporters ⁵⁵⁻⁵⁷ or indirectly from a range of other
470 phosphate-containing molecules (e.g. nucleotides, glycerophosphates, polyphosphates)
471 with extracellular phosphatase (alkaline phosphatase or nucleotidase) that cleaves
472 phosphate ^{57, 58}. Direct transport of phosphates in algal cells occurred either by active
473 transport or facilitated diffusion ultimately requiring ATP ⁵⁷. In terrestrial plants, the
474 uptake of 1 mol phosphate occurs via an H⁺ cotransporter (secondary active transport)
475 and thus requires the efflux of 1 mol H⁺ by the ATPase at a cost of 1 mol ATP to
476 maintain the transmembrane potential ⁵⁹. The same energy costs occur if Na⁺ replaces H⁺
477 in the phosphate transporter and the primary active, ATP-dependent, cation efflux ⁶⁰.
478 Cleavage of phosphate performed by the enzyme alkaline phosphatase and nucleotidase
479 do not require ATP or NAD(P)H (Brenda website). Assuming that PolyP is produced via
480 a polyphosphate kinase (via the most parsimonious reaction 1), the total cost of PolyP
481 biosynthesis (as ATP) can thus be approximated to 2 mol ATP per mol PO₄³⁻ added to the
482 polyphosphate chain.

483

484 Polyphosphate chains can also be degraded in orthophosphates by different transferases,
485 kinases and hydrolases in bacteria and fungi ⁶¹. The reaction catalysed by a
486 polyphosphate kinase (see reaction 1 above) that produced polyphosphates can also run
487 backward producing ATP or GTP and PO₄³⁻. AMP phosphotransferase can also catalyze
488 the attack at a polyphosphate chain end by AMP producing ADP and Pi. As opposed to
489 polyphosphate kinase and AMP-phosphotransferase, glucokinase requires energy as ATP

490 to liberate orthophosphate from polyphosphate; glucokinase catalyzes the conversion of
491 glucose in glucose-6-phosphates coupled to the conversion of 1 ATP in ADP. Finally,
492 hydrolases or phosphatase cleave polyphosphate chains in the presence of water without
493 the use of ATP or NAD(P)H⁶¹⁻⁶³.

494

495 Using a Redfield atomic ratio of 106:1 C:P, the total organic cell carbon concentrations in
496 freshwater (23.23 mol C L_{cell}⁻¹) or marine (11 mol C L_{cell}⁻¹) algal cells, the energy cost of
497 PolyP synthesis (2 mol ATP per mol PolyP or 2 mol absorbed photons per mol PolyP if
498 ATP is produced via cyclic electron flow) and even assuming that virtually all
499 intracellular P is incorporated in PolyP, we calculate that the cost of polyphosphate
500 granules synthesis is only around 0.08% of the total biosynthetic cost of a freshwater or a
501 marine cell.

502

503 **6. Examples for some metals and algae species where no metal efflux was observed**

504

505 In two freshwater green algae species (*Pseudokirchneriella subcapitata* and *Chlorella*
506 *kesslerii*), the studies of Hassler and Wilkinson⁶⁴ and Wolterbeek et al.⁶⁵ have suggested
507 that zinc efflux of a fixed proportion of intracellular zinc occurred constitutively at low
508 rates (efflux rates are less than 10% of Zn uptake rates) even at high toxic free Zn²⁺
509 concentrations suggesting that Zn efflux is not a major inducible Zn detoxification
510 mechanism in these algae species. In addition, Cd efflux of Cd-loaded *P. subcapitata*
511 cells has been shown to be negligible over a 4-h period⁶⁶ and modelling of Cd uptake in
512 the freshwater alga *C. reinhardtii* exposed to a free Cd²⁺ concentration of 7 nM (toxic on

513 cell division, but not yet toxic on cell volume yield) for 60 h suggests that Cd efflux is
514 negligible⁶⁷. Moreover, Angel et al⁶⁸ did not observe any Cu efflux by *P. tricornutum*
515 cells previously exposed to 15 µg L⁻¹ total dissolved Cu for 72 h (a Cu concentration and
516 exposure time inhibiting cell biomass by more than 70% relative to that of the control).

517

518 **7. Energy cost of As reduction and methylation**

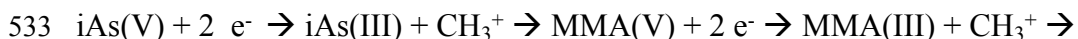
519

520 **7.1 Biochemical pathway and energy cost of As reduction and methylation**

521

522 The biochemical pathway leading to methylation and reduction of As is poorly known in
523 algae. Most of the knowledge we have of this pathway comes from the work performed
524 in vertebrates and fungi (Hughes 2002, Bentley and Chasteen, 2002). Briefly, inorganic
525 arsenate [iAs(V)] is thought to be reduced to inorganic arsenite [iAs(III)] followed by
526 successive oxidative methylation and reduction reactions, which produce sequentially
527 monomethylarsonic acid or MMA(V), monomethylarsonous acid or MMA(III),
528 dimethylarsinic acid or DMA(V), dimethylarsinous acid or DMA(III) and
529 trimethylarsenic oxide or TMAO(V), which is reduced to trimethylarsine gas or
530 TMA(III) (reaction 3). This section describes the biochemical pathway and energy cost
531 of As reduction and methylation.

532



535 (3)

536 Once in the cell, iAs(V) can be reduced to iAs(III) coupled to the oxidation of two GSH
537 molecules⁶⁹. The regeneration of these 2 GSH via glutathione reductase cost 2 NADPH.
538 Subsequently, iAs(III) could be complexed to GSH and/or exported out of the cells
539 perhaps via silicic acid transporters (Lsi2), acting in silicic acid efflux with higher cytosol
540 than external silicic acid concentration, as demonstrated in rice⁷⁰. However, the gene
541 homolog coding for Lsi2 is not present in eukaryotic algae
542 (<http://www.ncbi.nlm.nih.gov>). iAs(III) can also be reduced with GSH and can be
543 methylated with As methyltransferases as shown in thermophilic and acidophilic algae⁷¹.
544 Note that this enzyme has been found in several algae species
545 (<http://www.ncbi.nlm.nih.gov>). The methyl group used by As methyltransferase could be
546 transferred by the S-adenosylmethionine (SAM or AdoMet) cycle⁷². In this cycle, 5-
547 methyltetrahydrofolate (N5-Me-THF) is used as a methyl donor in the SAM cycle and
548 can be regenerated from 5N,10C methylene tetrahydrofolate (5N,10C methylene THF).
549 5N,10C methylene THF can be synthesized via two pathways at the same energy cost: 1)
550 the serine-glycine cycle and 2) synthesis of serine from triose phosphate, conversion of
551 serine to glycine and glycine catabolism²³. Here we start by computing the cost of
552 5N,10C methylene THF synthesis by both pathways before calculating the cost of the
553 methyl transfer reactions in the SAM cycle.

554

555 The first possibility considered is that the 5N,10C methylene THF used in the synthesis
556 of N5-Me-THF is assumed to come from the serine-glycine cycle. To allow for 5N,10C
557 methylene THF synthesis in the dark requires that the starting point for the cycle is taken
558 as serine derived from glycolytic or photosynthetic triose phosphate in glycolysis. The

559 serine-glycine cycle is initiated by the synthesis of 2 mol triose phosphate in
560 photosynthesis, which requires 6 x 2 or 12 mol NADPH and 9 x 2 or 18 mol ATP.
561 Conversion of 2 mol triose phosphate to 2 mol 3-phosphoglycerate produces 2 mol NADH
562 and 2 mol ATP. 2 mol 3-phosphoglycerate are converted to 2 mol glycerate by a
563 phosphatase and the 2 mol glycerate are converted to 2 mol hydroxypyruvate with
564 production of 2 mol NADH. Conversion of 2 mol hydroxypyruvate to 2 mol serine using
565 external NH_4^+ and the GS-GOGAT pathway requires 4 mol ATP and 2 mol NAD(P)H.
566 Overall, the production of 2 mol serine from 6 mol H_2O , 6 mol CO_2 and 2 external mol
567 NH_4^+ costs 10 mol NAD(P)H and 20 mol ATP. Conversion of 2 mol serine to 2 mol
568 glycine converts 2 mol THF to 2 mol 5N,10C methylene THF. Conversion of 2 mol
569 glycine to 1 mol serine involves production of 1 mol CO_2 , 1 mol NH_4^+ and 1 mol NADH.
570 This initial reaction sequence leading to the synthesis of 1 mol serine converts 6 mol
571 CO_2 , 6 mol H_2O , 2 external mol NH_4^+ and 2 mol THF to 1 mol serine, 3 mol CO_2 , 1 mol
572 internal NH_4^+ and 2 mol 5N,10C methylene THF . The overall cost is 9 mol NAD(P)H
573 and 20 mol ATP with a cost of 40.5 mol absorbed photons to produce 9 mol NAD(P)H
574 and 13.5 mol ATP by non-cyclic electron flow, and 6.5 mol absorbed photons to produce
575 the remaining 6.5 mol ATP by cyclic electron flow, i.e. 47 mol absorbed photon to
576 convert 2 mol THF to 2 mol 5N,10C methylene THF, or 23.5 mol photons per 1 mol THF
577 converted to 1 mol 5N,10C methylene THF.

578

579 Subsequent to this, the serine-glycine cycle requires the synthesis of another molecule of
580 serine besides the serine from the initial round of conversion of 2 mol THF to 2 mol
581 5N,10C methylene THF. Synthesis of the additional serine, using internal NH_4^+ from the

582 conversion of 2 glycine to 1 serine in the initial round costs 5 mol NAD(P)H and 9 mol
583 ATP per serine. Conversion of the 2 serine to 2 glycine, and then conversion of the 2
584 glycine to 1 serine, produces 2 mol 5N,10C methylene THF, 1 mol CO₂, 1 mol NADH
585 and 1 mol internal NH₄⁺. This gives an overall cost of 4 mol NAD(P)H and 9 mol ATP in
586 producing 2 mol 5N,10C methylene THF, i.e. 2 mol NAD(P)H and 4.5 mol ATP for the
587 production of 1 mol 5N,10C methylene THF. The production of 2 mol NADPH and 3
588 mol ATP costs **9 mol absorbed photons** in non-cyclic electron flow, and production of
589 the remaining 1.5 mol ATP by cyclic electron flow costs **1.5 absorbed photons**, a total
590 of **10.5 mol absorbed photons**.

591

592 5N,10C methylene THF can also be synthesized from CO₂, PAR, NH₄⁺ and water via a
593 second pathway involving the production of serine from triose phosphate in glycolysis,
594 the conversion of serine to glycine and the catabolism of glycine to CO₂, NH₄⁺ and 2
595 molecules of 5N,10C methylene THF. Synthesis of 1 mol triose P in photosynthesis from
596 H₂O and CO₂ uses 6 mol NADPH and 9 mol ATP. Conversion of 1 mol triose phosphate
597 to 1 mol 3-phosphoglycerate produces 1 mol NADH and 1 mol ATP; phosphatase activity
598 produces 1 mol glycerate from 1 mol 3-phosphoglycerate and this 1 mol glycerate is
599 converted to 1 mol hydroxypyruvate with production of 1 mol NADH. Conversion of 1
600 mol hydroxypyruvate to 1 mol serine using external NH₄⁺ and the GS-GOGAT pathway
601 requires 2 mol ATP and 1 mol NAD(P)H. Overall, the production of 1 mol serine from
602 H₂O, CO₂ and external NH₄⁺ costs 5 mol NAD(P)H and 10 mol ATP. Conversion of 1
603 mol serine to 1 mol glycine converts 1 mol tetrahydrofolate (THF) to 1 mol 5N,10C
604 methylene THF. Catabolism of 1 mol glycine to 1 mol CO₂, 1 mol NH₄⁺ and 1 mol

605 NADH converts 1 mol THF to 1 mol 5N,10C methylene THF. Summing these costs, 4
606 mol NAD(P)H and 10 mol ATP convert 2 mol THF to 2 mol 5N,10C methylene THF. In
607 the steady state of 5N,10C methylene THF synthesis the NH_4^+ produced in glycine
608 catabolism can be used in amination of hydroxypyruvate, thus saving the 1 ATP used in
609 NH_4^+ influx, so that the overall cost is 4 mol NAD(P)H and 9 mol ATP to convert 2 mol
610 THF to 2 mol 5N,10C methylene THF. For converting 1 mol THF to 1 mol 5N,10C
611 methylene THF the cost is **2 mol NAD(P)H** and **4.5 mol ATP**, equivalent to **10.5 mol**

612

613 We then need to describe the reactions of the SAM cycle (and compute their energy cost)
614 using 5N,10C methylene THF generated above and the precursors [arsenite, MMA(III),
615 DMA(III)] to be methylated. In the SAM cycle, a methyl group (derived by reduction
616 from 5N,10C methylene THF) is first transferred from SAM or AdoMet to a precursor
617 [arsenite, MMA(III), DMA(III)] by a transferase (in this case, As methyltransferase),
618 producing S-adenosylhomocysteine (SAH). Second, using the enzyme S-
619 adenosylhomocysteine hydrolase, SAH is converted into adenosine and homocysteine in
620 the presence of water and the enzyme cofactor (NAD^+) is converted into NADH. Third,
621 homocysteine is converted into methionine through transfer of a methyl group from 5-
622 methyltetrahydrofolate (N5-Me-THF) by a methionine synthase (vitamin B12-dependent
623 or -independent) producing tetrahydrofolate (THF). Fourth, N5-Me-THF is regenerated
624 from 5N,10C methylene THF via the enzyme methylene tetrahydrofolate reductase,
625 which uses 1 NADPH. Finally, 1 mol SAM is recycled from 1 mol methionine using the
626 enzyme methionine adenosyltransferase, which uses 1 mol ATP. Overall, the SAM cycle,

627 which transfers a methyl group to As methyl transferase, requires 1 NADPH and 1 ATP,
628 but also generates 1 NADH.

629

630 In summary, iAs(V) is first reduced to iAs(III) at a cost of 2 NAD(P)H for the
631 regeneration of two GSH molecules. iAs(III) can then be sequentially reduced by GSH
632 and methylated by the SAM cycle three times each yielding TMAO and TMA. The three
633 reduction steps proceed at a potential cost of 6 NADPH if GSH reduces As(V) species
634 and has to be regenerated. The mechanistic cost of reduction/methylation of 1 mol As(V)
635 (without taking into account the biosynthetic cost of methyl groups) is 11 mol NAD(P)H
636 and 3 mol ATP coupled to the production of 3 mol NADH, i.e. a cost of 8 mol NAD(P)H
637 and 3 mol ATP. Adding the cost of 5,10 methylene THF synthesis for the three rounds of
638 the SAM cycle (required to transfer three methyl groups to oxidised inorganic or organic
639 As(III) species), the total energy cost of iAs(V) reduction and methylation from CO₂,
640 PAR, and water is 14 mol NAD(P)H and 16.5 mol ATP.

641

642 Conversion of the ATP and NAD(P)H cost of As reduction and methylation to photon
643 requirements uses the values of 9 absorbed mol photons to produce 2 mol NADPH and 3
644 mol ATP in non-cyclic electron flow, which is equivalent to 4.5 absorbed mol photons
645 per 1 mol NADPH and 1.5 mol ATP. In cyclic electron flow, 1 absorbed mol photon is
646 required to produce 1 mol ATP^{12, 19}. The production of 14 mol NADPH (as well as the
647 21 mol coupled ATP) by non-cyclic electron flow required for the reduction/methylation
648 of 1 mol As(V) costs 63 mol photons (14x4.5). The 4.5 mol ATP in excess would have
649 cost 4.5 mol absorbed photons if they had been produced via cyclic electron flow.

650 Consequently, the photon energy cost for the reduction/methylation of 1 mol As(V) is
651 **58.5 mol absorbed photons.**

652

653 **7.2 Experimental measurements of As accumulation in phytoplankton**

654

655 The intracellular As concentration that inhibits cell growth of eukaryotic algae species
656 differs by several orders of magnitude depending mostly on the species. Indeed, we
657 looked at six reports in the literature, in which As uptake has been measured in parallel to
658 toxicity on cell growth and convert the amount of bioaccumulated As per cell dry weigh
659 into cellular As concentration normalized to cell biovolume. Our aimed here was to
660 explore the variability of As cell concentration in different phytoplankton species beyond
661 which As toxicity effects on growth occurs in order to constrains a probable maximum
662 As intracellular concentration and evaluate the probable upper bound energy cost of
663 detoxification of such a high As cellular concentration.

664

665 We first consider the study of Knauer and Hemond⁷³. These authors studied As toxicity
666 and accumulation in the green alga, *Chlorella* sp., isolated from Upper Mystic Lake, a
667 arsenic-contaminated lake near Boston, MA. At a concentration of 1 nM total As(V) and
668 high P, which is already slightly toxic on the cell yield obtained after the exponential
669 growth phase of 2 weeks, the As cell quotas (intracellular and adsorbed As; no phosphate
670 rinsing steps were used to desorb As at the cell surface) are less than 10^{-10} mol As (mg
671 DW algae⁻¹) corresponding to an As accumulation rate less than 10^{-4} μ mol As per mg
672 DW algae per day and As reduction rate less than 10^{-11} mol As per mg DW algae per day.

673 According to Nalewajko ⁴⁸, a strain of *Chlorella* (*Chlorella pyrenoidosa*) has 255 µg DW
674 per µL of biovolume (or 255 mg DW per 10⁻³ L of biovolume). Converting the data of
675 Knauer and Hemond ⁷³ on an “approximate” basis of cell biovolume instead of cell dry
676 weight means that the As cell quotas are less than 2.6 x 10⁻⁵ mol As L_{cell}⁻¹ corresponding
677 to an As accumulation rate less than 26 µmol As per L_{cell}⁻¹ per day and As reduction rate
678 less than 2.55 µmol As per L_{cell}⁻¹ per day.

679

680 In the second study considered here, i.e. the paper of Maeda et al. ⁷⁴, 67 mM inorganic
681 As(V) started to decrease the cell yield (20% cell yield inhibition) of *C. vulgaris* obtained
682 after growing a culture up to the stationary growth phase at As cell quotas (only rinsed
683 with water!) of around 18-19 mg As per g dry weight or 0.24-0.26 mmol As per g DW or
684 240 to 260 nmol As per mg DW. In this case, the cellular As concentration required to
685 inhibit cell growth appears to be very high (around 58 to 62 mM assuming 255 µg DW
686 per µL of biovolume ⁴⁸) although these cell concentrations overestimate the true
687 intracellular As concentration since the As adsorbed onto the cells was not removed in
688 that study. Moreover, they only measured the cell yield in the stationary phase.
689 Measuring As toxicity in the stationary growth phase could underestimate As toxicity if
690 algae deplete dissolved As concentration in solution and then resumed their growth
691 through As biodilution and then may reach higher final cell density in the stationary
692 growth phase (relative to the case where dissolved As concentration is buffered in
693 solution) after a longer log growth phase than the As-free control.

694

695 The third study was that of Karadjova et al. ⁷⁵. In that study, the As cellular quotas (rinsed
696 with phosphate) (measured after 72-h of exposure to inorganic As(V) or As(III)) close to
697 the threshold of As toxicity on growth rate of the marine green alga *Chlorella salina* was
698 around 10^{-18} mol As per cell at three different external phosphorus concentration
699 (compared Fig. 2 and Fig. 3). In their Fig. 5A, the relative proportion of each As species
700 (As(V), As(III), MMA, DMA, DHF) accumulated within the algae is shown. Taking a
701 cell volume of *C. salina* of $116.29 \mu\text{m}^3$ per cell ⁷⁶, the intracellular As concentration
702 required to inhibit *C. salina* growth is around $8.6 \mu\text{mol As per } L_{\text{cell}}$.

703

704 Fourth, Levy et al. ⁷⁷ calculated a LOEC for a 72-h exposure to As(III) of 3.75 mg L^{-1} in
705 *Monoraphidium arcuatum*. For As(V), the LOECs were 0.081 and 1.91 mg L^{-1} for initial
706 PO_4^{3-} concentration of 0.15 and 1.5 mg L^{-1} (i.e. molar N:P ratios of 150:1 and 15:1
707 respectively). At $125 \mu\text{g initial As(V) L}^{-1}$ and 0.15 mg P L^{-1} (i.e. an As(V) concentration
708 close to the LOEC 72 h), the mean As cell quota (cells rinsed with phosphate) after 72 h
709 was $1200 \times 10^{-18} \text{ g cell}^{-1}$ ($16 \times 10^{-18} \text{ mol cell}^{-1}$). At $1000 \mu\text{g As(V) L}^{-1}$ and 1.5 mg L^{-1}
710 (close to the LOEC of 1.91 mg L^{-1}), mean As cell quota (cells rinsed with phosphate)
711 after 72 h was $400 \times 10^{-18} \text{ g cell}^{-1}$ ($5.3 \times 10^{-18} \text{ mol cell}^{-1}$). Taking a relatively modest cell
712 volume of $42 \mu\text{m}^3$ ⁷⁸, the intracellular As concentration required to inhibit *M. arcuatum*
713 growth is around 1.2 to $3.7 \times 10^{-4} \text{ mol } L_{\text{cell}}^{-1}$.

714

715 Fifth, in the study of Pawlik-Skoronska et al. ⁷⁹, a 24-h exposure of the green microalga
716 *Stichococcus bacillaris* to a slightly growth-inhibitory As(V) concentration ($100 \mu\text{M}$) at
717 pH 6.8 and 8.2 resulted in As cell content of 4.04 and $1.27 \mu\text{mol g}^{-1} \text{ DW}$, respectively.

718 Taking a value of the dry weight per cell biovolume of *S. bacillaris* of around 231.7 g
719 DW per L of cell volume ⁴⁸, we calculated that cellular concentrations of 295 to 936
720 $\mu\text{mol As per L}_{\text{cell}}$ are slightly toxic to *S. bacillaris*.

721

722 Sixth, Wang et al. ⁸⁰ have found that at As(V) concentrations slightly toxic to
723 *Scenedesmus obliquus*, less than $10^4 \mu\text{g As per g DW}$ was accumulated inside the cells
724 (the cells were rinsed with phosphate). For *Scenedesmus obliquus*, the EC50 on growth
725 rate was 12929 $\mu\text{g intracellular As per g DW}$ (or 172.6 $\mu\text{mol As per g DW}$) in medium
726 with low P (no EC50 available at high P). For *Chlamydomonas reinhardtii*, the EC50 was
727 3298 and 408 $\mu\text{g As per g DW}$ (or 44.0 and 5.45 $\mu\text{mol As per g DW}$) in the presence of
728 high and low P, respectively (Table 1). Using values determined in *Chlamydomonas*
729 *angulosa* of 317.8 g DW per L of algae and in *Scenedesmus quadricauda* of 498.5 g DW
730 per L of algae, the EC50 on a cell volume basis can be estimated, i.e. an EC50 of 86
731 mmol As per L_{cell} for *S. obliquus* and EC50s of 1.7 to 14 mmol As per L_{cell} for *C.*
732 *reinhartii*.

733

734 **7.3 Calculating the energy cost of As biotransformation in relation to As**

735 **accumulation**

736

737 It has been shown that up to around 30% of cellular As(V) can be reduced into As(III) ⁷⁵,
738 ⁸¹ and part of this As(III) is then methylated although at rates typically much lower than
739 As(V) reduction rate ⁸² and the methylated As species account for a low proportion of
740 total cellular As ^{75, 77}. There is also a part of cellular As(III) that is excreted in solution.

741 This As efflux is thought to be relatively slow in *Chlorella salina*. Indeed, this species
742 exposed to 10 μM As(V) for 72 h accumulated around 10^{-17} mol As per cell, but excrete
743 in the dissolved phase 55 to 65% of the total cellular As over 72 h of depuration ⁷⁵.
744 Assuming a specific growth rate of 1 d^{-1} or a doubling time $[\text{Ln}(2)/\mu]$ of 0.693 d or 16.6 h
745 and a constant As loss rate over the 72 h exposure, only 13 to 15% of cell As is lost
746 during the period for growing a whole cell. Taking a mean cell volume of *C. salina* of
747 $116 \mu\text{m}^3$ per cell ⁷⁶, the As cellular concentration lost during a period of one cell doubling
748 is only around 11 to 13 μM As. Assuming an energy cost of 1 ATP per mol of As
749 exported from the cells, based on the ATP cost for transport of numerous ions across the
750 plasmalemma ⁶⁰ and considering a cost of 1 mol absorbed photons per mol ATP produced
751 via cyclic electron flow, the energy cost of As(III) efflux is only 2.0 to 2.3×10^{-6} % of the
752 total energy cost for growing a *C. salina* cell.

753

754 Considering that the proportion of total As cellular concentration detoxified by reduction
755 and methylation is lower than 30% and that As efflux is slow, then, even with some
756 allowance for the slow As efflux, the steady-state cellular concentration of detoxified As
757 is expected to be lower than the total measured cellular steady-state As concentration. For
758 algal cells accumulating at most around 50 mM As(V) concentrations at the onset of As
759 toxicity on growth (20% cell yield inhibition after several days of growth) ⁷⁴, the energy
760 cost invested in As detoxification is therefore probably lower than 2.95 mol absorbed
761 photons per L_{cell} (assuming that all cellular As is detoxified and using a cost of 58.5 mol
762 absorbed photons per mol reduced/methylated As(V), see section 7.1), which is 0.5% of

763 the total photon energy cost for growth of a freshwater cell (557.52 mol absorbed photons
764 per L_{cell} ; see method section of the main text body).

765

766 **8. Hg reduction: Biochemical mechanisms, occurrence in algae and energy cost**

767

768 **8.1 Biochemical mechanism of Hg reduction and energy cost of Hg reduction**

769

770 Phytoplankton can reduced Hg(II) into Hg(0) as a detoxification mechanism ⁸³⁻⁸⁶.

771 Although several cases of As methylation have been reported in the literature, no

772 evidence currently exists, to our knowledge, supporting the methylation of Hg in

773 phytoplankton.

774

775 The mechanism of Hg reduction in algae is still unknown, but studies have shown that the

776 reduction depends on Hg concentration, but not light ^{84, 85}. Since plasmalemma redox

777 enzymes reducing Cu(II) and Fe(III) exist in phytoplankton ⁸⁷⁻⁸⁹ one might hypothesize

778 that Hg(II) is inadvertently reduced by such enzymes. The genes of a putative Fe

779 reductase (Fre1p in yeast) have been found in marine diatoms suggesting that Fe

780 reduction and uptake occurs in diatoms with similar pathways than that found in yeast ⁸⁹.

781 The Fre1p enzyme couples Fe(III) reduction into Fe(II) to NADPH oxidation ⁹⁰.

782

783 Assuming that Hg reduction in phytoplankton proceeds via an unspecific reaction such as

784 plasmalemma redox enzymes, which use NADPH, then the cost of Hg reduction into

785 Hg(0) is only 1 mol NAD(P)H per mol Hg(II) reduced. Production of 1 mol NADPH

786 costs 4.5 mol absorbed photons, but generates 1.5 mol ATP via non-cyclic electron flow.

787 This ATP would have cost 1.5 mol absorbed photons when produced by cyclic electron

788 transport. Therefore, the net cost of unspecific Hg reduction is **3 mol absorbed photons**
789 **per mol of reduced Hg(II).**

790

791 **8.2 Measurements of Hg reduction in the literature and Hg reduction energy cost**
792 **relative to energy for cell growth**

793

794 The freshwater alga, *Euglena gracilis*, has been shown to reduce Hg(II) at rates of 2.2
795 fmol Hg cell⁻¹ h⁻¹ and 0.7 fmol Hg cell⁻¹ h⁻¹ when exposed to a rather high Hg(II)
796 concentration of 5 μM for 1 h and 3 h, respectively ⁸⁴. Using a cell volume of 22.3 pL ⁹¹,
797 the alga reduces Hg at rates of 31.4 to 98.6 μmol Hg L_{cell}⁻¹ h⁻¹. Taking a specific growth
798 rate of around 1.2 d⁻¹ ⁹² equivalent to a doubling time of around 14 h, the amount of Hg
799 reduced per unit of cell volume for the growth of a whole cell can reach around 1.4 mmol
800 Hg per L_{cell}.

801

802 The marine diatom, *Thalassiosira weissflogii*, exposed to 5 nM Hg(II) in the light or in
803 the dark produced around 92 zmol Hg(0) cell⁻¹ h⁻¹ ⁸⁵. This concentration of Hg(II) did not
804 affect (or slightly affected by less than 10%) the specific growth rate of this species.

805 Based on a cell volume of 1370 μm³ or 1.37 pL ⁹³, it means that the Hg reduction rate of
806 *T. weissflogii* is around 67 nmol L_{cell}⁻¹ h⁻¹. Thus for a specific growth rate of 1 d⁻¹ ⁸⁵ or a
807 doubling time of 0.69 day (Ln(2)/1) or around 17 h, then the amount of cellular Hg that
808 can be reduced during the growth of a cell is around 1 μmol L_{cell}⁻¹.

809

810 Mason et al. ⁸³ have shown that the Hg production rate in a range of eukaryotic marine
811 phytoplankton species (*Thalassiosira weissflogii*, *Dunaliella tertiolecta*, *Pavlova lutheri*,
812 *Pleurochrysis carterae*) exposed to 0.5 nM Hg(II) vary between 1.1 and 20 $\mu\text{mol Hg cell}^{-1}$
813 h^{-1} . The Hg(II) concentration is probably not toxic on cell growth since the reported
814 EC50 of Hg(II) in *T. weissflogii* and *D. tertiolecta* is 250 and 5000 nM Hg(II),
815 respectively ⁹⁴. These Hg reduction rates when converted on a biovolume basis vary
816 between 1.7 to 234 $\text{nmol Hg L}_{\text{cell}}^{-1} \text{h}^{-1}$, which is of the same order of magnitude than the
817 Hg reduction rate measured by Morelli et al. ⁸⁵.

818

819 Wu and Wang ⁸⁶ found that Hg(0) production rate in three marine phytoplankton species
820 (*Chlorella autotrophica*, *Thalassiosira weissflogii*, and *Isochrysis galbana*) exposed to
821 250 nM initial Hg(II) for 72 h was equal to or lower than around 0.06 $\text{pmol mol C}^{-1} \text{h}^{-1}$
822 (their Fig 3B). Using a mean intracellular C concentration of 11 mol C per L_{cell}
823 determined by Ho et al. ⁹⁵ in 15 marine phytoplankton species, the above Hg(0)
824 production rate measured by Wu and Wang ⁸⁶ is equal to 0.66 $\text{pmol L}_{\text{cell}}^{-1} \text{h}^{-1}$, which is
825 much lower than the Hg reduction rates determined by Mason et al. ⁸³ and Morelli et al.
826 ⁸⁵.

827

828 Therefore, at low nM Hg(II) exposure concentrations associated to the reduction of one
829 micromole Hg per L_{cell} for the time required for a cell doubling, the photon cost for Hg
830 reduction for the growth of a whole cell is expected to be on the range of micromole
831 absorbed photons per L_{cell} (the cost of Hg reduction is around 3 mol absorbed photons per
832 mol of reduced Hg(II)). Therefore, the net cost of Hg reduction represents a very low

833 proportion ($\approx 10^{-7}$ to 10^{-6} %) of cellular energy for the growth of a whole cell. For
834 *Pavlova lutheri*, the phytoplankton species investigated showing the fastest Hg reduction
835 rate ($234 \text{ nmol Hg L}_{\text{cell}}^{-1} \text{ h}^{-1}$), the energy cost associated to Hg reduction over the period
836 of a cell doubling (assuming $\mu \approx 1 \text{ d}^{-1}$; as measured by Thompson et al. ⁹⁶) is only 5×10^{-6}
837 % of the total cellular energy cost. Even if the Hg reduction was as high as that measured
838 in *E. gracilis* exposed to $5 \text{ }\mu\text{M Hg}$ (i.e. close to $100 \text{ }\mu\text{mol Hg L}_{\text{cell}}^{-1} \text{ h}^{-1}$), the photon cost
839 of Hg reduction would still be a very low proportion of the total photon energy cost for
840 growth (8×10^{-4} %).

841

842 **9. Energetics of the ascorbate-glutathione cycle, glutathione peroxidase cycle and** 843 **redox proteins**

844

845 The hydrogen peroxide produced by the reaction of SOD with superoxide can be
846 detoxified to water by catalase, the ascorbate-glutathione cycle and the glutathione
847 peroxidase (GPX) cycle. Within the ascorbate-glutathione cycle, ascorbate peroxidase
848 (APX) first oxidizes ascorbate into monodehydroascorbate (MDA), which is reduced
849 back into ascorbate by MDA reductase (MDAR) at the cost of 1 NADPH. Additionally,
850 some MDA is spontaneously converted into dehydroascorbate (DHA), which can be
851 reduced to ascorbate by DHA reductase (DHAR) with the help of GSH that is oxidized to
852 GSSG. The GSH of the former reaction is regenerated by glutathione reductase (GR),
853 which re-converts GSSG in GSH. Alternatively, the GPX cycle converts H_2O_2 into water
854 using reducing equivalents from GSH. GSH is again regenerated from GSSG with the
855 help of GR at a cost of 1 NADPH ⁹⁷.

856

857 Apart from the classical enzymes (e.g. SOD, CAT, APX, and GR) protecting against
858 oxidative stress, three other more recently identified redox proteins (thioredoxin,
859 glutaredoxin and peroxiredoxin) in plants and algae are also involved in detoxifying
860 ROS. The first redox proteins called thioredoxins can directly reduce H_2O_2 ,
861 dehydroascorbate, and certain radicals in plant and algal cells. They can act as electron
862 donors and thus facilitates the reduction of other proteins such as another redox protein,
863 peroxiredoxin, that scavenges cellular hydroperoxides. The oxidized disulfide
864 thioredoxins can be reduced back in thioredoxins by the flavoenzyme thioredoxin
865 reductase in a NAD(P)H-dependent reaction. Second, glutaredoxins are redox proteins
866 sharing many functions of thioredoxins, but that can be reduced by GSH. Glutaredoxins
867 can reduce dehydroascorbate, H_2O_2 and APX. Since the reduced GSH used in the
868 reaction of glutaredoxins can be regenerated with GR, both glutaredoxin and thioredoxin
869 cost 1 NAD(P)H. Third, the thiol groups of peroxiredoxin reduces H_2O_2 , hydroperoxides
870 and peroxynitrites. The oxidized peroxiredoxin is then reduced with the help of
871 thioredoxin or glutaredoxin regenerating the functional peroxiredoxin with reduced thiol
872 groups ⁹⁷. Therefore, the energy cost to detoxify each ROS with the help of thioredoxin,
873 glutaredoxin and peroxiredoxin is one NAD(P)H.

874

875 **10. Hydrophilic nonenzymatic antioxidant**

876

877 GSH is thought to have a pivotal role in metal(loid) detoxification due to metal(loid)
878 complexation, its ROS detoxification ability and its high concentration in the mM range

879 ⁹⁸. Steady-state total GSH concentration is usually tightly regulated in freshwater algae
880 species at a fixed total concentration in response to low non-growth inhibitory Cd and Cu
881 exposure ^{33, 44, 99, 100}. By contrast, GSH cellular concentration (amount of GSH per L_{cell}) is
882 expected to decrease at higher toxic Cd concentrations on growth even though GSH cell
883 quotas did not change significantly ^{33, 44} since algal cell volume sensitively increase at
884 [Cd] that inhibits the growth of *C. reinhardtii* ¹⁰¹. Note that at high growth-inhibitory Cu
885 concentrations, GSH concentrations decreased in *C. vulgaris* ¹⁰⁰. Also, exposure to the
886 metalloids As (concentration inhibiting by 12 to 27% the growth rate) and Sb (non-
887 inhibitory concentration) respectively caused an increase and a decrease in GSH cell
888 quotas of *Scenedesmus vacuolatus*, but potential changes in cell volume were not
889 reported and calculation of GSH cell concentration cannot be performed ⁴¹. Once GSH is
890 converted in GSSG in the presence of ROS, GSH can be rapidly regenerated via
891 glutathione reductase at a cost of only 1 NAD(P)H ¹⁰². Taking a second order rate
892 constant of GSH oxidation by the $\bullet\text{OH}$ radicals ¹⁰³ of $1.4 \times 10^{10} \text{ M}^{-1} \text{ s}^{-1}$ and assuming 10^{-18}
893 $\text{M } \bullet\text{OH}$ in unstressed cells ¹⁰⁴, it follows that over the period of a cell doubling (17 h
894 assuming a specific growth rate of 1 d^{-1}), less than 0.1% of total cellular GSH is oxidized
895 by $\bullet\text{OH}$ in unstressed cell. Regeneration of 0.1% of a cellular pool of 10 mM GSH costs
896 only 3×10^{-5} mol absorbed photons, i.e., less than around $10^{-5} \%$ of the total energy cost
897 for growth. Consequently, the energy cost of GSH regeneration (only considering GSH
898 oxidation by the radical $\bullet\text{OH}$), particularly in algal cells exposed to metal(loid)
899 concentrations close to the NOEC, is likely a low proportion of the total energy cost for
900 growth.
901

902 Ascorbate is another major antioxidant in algal cells present at millimolar concentrations.
903 Ascorbate concentrations in a range of fresh and marine phytoplankton species, which
904 were compiled in 1995 by Raven ¹⁰⁵, were approximately between 0.4 and 28 mmol L_{cell}⁻¹
905 ¹. Subsequent measurements by Urzica et al. ¹⁰⁶ of the mean intracellular ascorbate
906 concentration in *C. reinhardtii* cells cultivated under optimal growth conditions yielded
907 values around 0.1 mmol L_{cell}⁻¹ ¹⁰⁶ using a critical cell volume of 140 fL at which
908 synchronized *C. reinhardtii* cells (12 h light: 12h dark cycle) divide ¹⁰⁷. Also, Sunda et al.
909 ¹⁰³ reported intracellular ascorbate concentrations of around 6 mM in *E. huxleyi*. Oxidized
910 ascorbate can be reduced back into ascorbate by MDA reductase (MDAR) at the cost of
911 only 1 NAD(P)H or 3 mol absorbed photons (i.e., 4.5 mol photons per mol NAD(P)H by
912 non-cyclic electron flow minus the cost saved for synthesizing the coupled 1.5 mol ATP
913 or 1.5 mol photons by cyclic electron flow). Taking a second order rate constant of ASC
914 oxidation by the •OH radicals of 1.1 x 10¹⁰ M⁻¹ s⁻¹ tabulated in Sunda et al. ¹⁰³ and
915 assuming 10⁻¹⁸ M •OH in unstressed cells ¹⁰⁴, it follows that over the period of a cell
916 doubling (17 h assuming a specific growth rate of 1 d⁻¹), less than 0.1% of total cellular
917 ASC is oxidized by •OH in unstressed cell. Regeneration of 0.1% of a cellular pool of 6
918 mM costs only 1.8 x 10⁻⁵ mol absorbed photons, i.e., less than 10⁻⁵ % of the total energy
919 cost for growth. Consequently, the replacement cost of ASC (only considering ASC
920 oxidation by •OH), particularly in algal cells exposed to metal(loid) concentrations close
921 to the NOEC, is likely a low proportion of the total energy cost for growth.

922

923 The following reasoning further illustrates that regeneration of reduced ASC and GSH is
924 likely a minor energy expenditure. Indeed, taking GSH and ASC cell concentrations of

925 10 mM and assuming that all the GSH and ASC pool is oxidized and enzymatically
926 regenerated over the course of a cell doubling at a cost of 1 NAD(P)H (or 3 mol absorbed
927 photons) per mol ASC or GSH, this regeneration of ASC and GSH would each cost 3 x
928 10^{-2} mol absorbed photons, i.e., around 5.4×10^{-3} % and 1.1×10^{-2} % of the total energy
929 required for growing a whole freshwater or marine phytoplankton cell, respectively. This
930 clearly shows that even if the turnover of GSH and ASC in algal cells was rapid,
931 regeneration of both antioxidants would likely be a minor energy expenditure.

932

933 In plants, proline is mainly synthesized from glutamate in the cytosol with the help of two
934 enzymes. Glutamate is first reduced to glutamate-semialdehyde (GSA) by the pyrroline-
935 5-carboxylate synthetase (P5CS) enzyme. Second, GSA is spontaneously converted to
936 pyrroline-5-carboxylate (P5C). Third, the P5C intermediate is reduced to proline by the
937 P5C reductase (P5CR). Each enzymatic reduction requires 1 NAD(P)H¹⁰⁸. Therefore,
938 the biosynthesis of 1 mol proline from 1 mol glutamate costs 2 mol NAD(P)H while the
939 biosynthesis of 1 mol glutamate costs 9 mol NAD(P)H and 17 mol ATP if NH₄⁺ is the N
940 source or 13 mol NAD(P)H and 17 mol ATP if NO₃⁻ is the N source (See section on the
941 energy cost of phytochelatin synthesis). Therefore, the energy cost of biosynthesis of 1
942 mol proline from CO₂, N, PAR and water is 11 mol NAD(P)H and 17 mol ATP if NH₄⁺
943 is the N source or 15 mol NAD(P)H and 17 mol ATP if NO₃⁻ is the N source. On a basis
944 of absorbed photons, the biosynthetic cost of 1 mol proline is either **50 or 62 mol**
945 **absorbed photons** if NH₄⁺ and NO₃⁻, respectively, are the N source.

946

947 The basal intracellular concentration of free proline in freshwater phytoplankton is in the
948 range 100 μM to 3 mM ¹⁰⁹⁻¹¹², based on published measurements of free proline quotas in
949 algae and conversion with cell volumes measured in each species ¹¹³. By comparison,
950 internal proline concentrations in marine phytoplankton vary between 2 mM and 340 mM
951 at the salinity of seawater (around 600 mM NaCl) ^{114, 115}. Intracellular proline
952 concentrations in freshwater phytoplankton were shown to increase in response to metal
953 exposure. The intracellular proline concentration in *Chlorella vulgaris* was shown to
954 increase from 0.8 to around 8 $\text{mmol L}_{\text{cell}}^{-1}$ after 10 h of exposure to 2.5 μM total Cu and 5
955 μM total Cr. These Cu and Cr treatments inhibited the algal growth rate by around 15%
956 and 20% respectively. However, the cellular proline level returns to near basal levels
957 after 25 h of exposure ¹¹⁰. The study of Mallick ¹¹⁶ also showed that the cellular proline
958 concentration in *Chlorella vulgaris* did not significantly increase for a 72-h exposure at
959 low (non-growth-inhibitory) Cu concentrations (72 h), but at toxic Cu concentrations on
960 growth, proline started to increase. In the species *Chlorella* sp., the intracellular free
961 proline concentrations also increased in response to exposures to toxic Cu or Cd
962 concentrations on growth, but the intracellular proline concentrations remained below
963 around 290 $\mu\text{mol L}_{\text{cell}}^{-1}$ ¹⁰⁹. The observed transitory induction of proline biosynthesis at
964 internal concentrations below 8 mM is expected to contribute a minor fraction (< 0.1%)
965 of the total energy cost for growth.

966

967 DMSP and GBT are effective antioxidant in marine phytoplankton although less effective
968 scavenger of the $\bullet\text{OH}$ radical than ASC and GSH ^{103, 117, 118}. DMSP and GBT can reach
969 high concentrations usually on the order of 1-200 mM in marine diatoms and

970 coccolithophores ^{119, 120} although very high DMSP concentration up to around 1 M has
971 been reported in free-living marine dinoflagellates ¹²¹. Since there are no known
972 pathways that can effectively recycle DMSP and GBT (analogous to the recycling of
973 GSSG in GSH by the GR), both antioxidants need to be *de novo* synthesized at relatively
974 high photon energy costs compare to those of other antioxidants. Indeed, *de novo* steady-
975 state biosynthesis of 1 mol DMSP in phytoplankton costs 93 mol absorbed photons
976 whereas *de novo* biosynthesis of 1 mol GBT costs 91 to 108 mol absorbed photons using
977 NH_4^+ or NO_3^- as the N source ¹²². Although DMSP and GBT could be a costly process
978 for ROS scavenging if their synthesis were strongly up-regulated, no studies, to our
979 knowledge, have shown an increase in DMSP or GBT concentrations in marine
980 phytoplankton exposed to toxic concentrations of metal(loid)s. Indeed, DMSP
981 intracellular concentrations are not up-regulated (and not totally regenerated) in the
982 marine algae *E. huxleyi* exposed to a growth-inhibitory Cu concentration (1 nM Cu^{2+}),
983 but rather are decreased under Cu stress ¹⁰³.

984

985 Even though turnover rates of DMSP in metal(loid)-exposed cells are currently unknown,
986 we attempted to constrain the probable energy cost due to DMSP regeneration by *de novo*
987 DMSP biosynthesis. According to the following reasoning, significant depletion of
988 intracellular DMSP due to oxidation by ROS (and significant energy loss due to DMSP
989 oxidation) is unlikely at least at metal(loid) concentration close to the NOEC. Indeed,
990 based on the published rate constant of DMSP oxidation by $\bullet\text{OH}$ ($k = 9 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$) and
991 $\bullet\text{O}_2^-$ ($k = 8.3 \text{ M}^{-1} \text{ s}^{-1}$) radicals ¹²³, an intracellular $\bullet\text{OH}$ concentration in unstressed cells of
992 10^{-18} M ¹⁰⁴ and a chloroplastic $\bullet\text{O}_2^-$ concentration of around 10^{-9} M ¹²⁴, less than $10^{-4} \%$ of

993 intracellular DMSP should be oxidized by these two radicals over a period of one day.
994 This suggests that even if a considerable increase in ROS production under a severe
995 metal(loid) stress occurred, the experimentally measured cellular DMSP pool would not
996 decrease significantly. Even at the high intracellular DMSP concentrations measured in
997 marine dinoflagellates (≈ 1 M) and assuming a doubling time of 17 h ($\mu = 1$ d⁻¹), less than
998 10^{-6} M DMSP is expected to be consumed by reaction with $\bullet\text{OH}$ and $\bullet\text{O}_2^-$. Assuming that
999 the total cellular pool of DMSP is kept constant due to *in vivo* DMSP production in
1000 control cells, then the photon cost of DMSP regeneration is 93×10^{-6} mol absorbed
1001 photons, i.e., less than 10^{-2} % of the total photon energy cost for growth. Hence, even for
1002 a one or two orders of magnitude increase in $\bullet\text{OH}$ and $\bullet\text{O}_2^-$ concentrations in cells
1003 exposed to metal(loid)s, regeneration of DMSP by *de novo* DMSP synthesis would likely
1004 be a minor energy expenditure. Likewise, since GBT is a less effective hydroxyl radical
1005 scavenger than DMSP¹¹⁸, the cost for maintaining the intracellular pool of GBT constant
1006 by *de novo* GBT synthesis in conditions of oxidative stress is also expected to be minor.

1007

1008

1009 **11. Lipophilic non-enzymatic antioxidants**

1010

1011 Intracellular concentrations of lipophilic carotenoids that specifically protect the
1012 chloroplast apparatus from ROS generally remain constant, or decrease, in microalgae
1013 exposed to Cd or Cu. Only in a few cases did carotenoids increase, but at growth-
1014 inhibitory metal concentrations, suggesting that they are not on the first line of defense
1015 against ROS in algae. Indeed, exposure of *Scenedesmus* sp. to a toxic Cu concentration

1016 (on O₂ evolution and cell viability) of 2.5 μM for 6 h or 7 days did not affect carotenoid
1017 cell quotas¹²⁵. Also, growth-inhibitory Cd concentrations did not affect the carotenoid
1018 content of the diatom *Nitzschia palea*^{126, 127}, but strongly affect antioxidant enzymes and
1019 proline accumulation¹²⁷. Likewise, chronic metal stress (0.5 mg Cd L⁻¹ for 30 days) in
1020 the dinoflagellate *Gonyaulax polyedra* does not influence β-carotene (a carotenoid)
1021 synthesis but increased SOD and APX activity¹²⁸. It is known that a 24-h exposure to a
1022 high total Cd concentration (20 mg L⁻¹ in reconstitute seawater with no strong metal
1023 ligands added) inhibit epoxidation of diatoxanthin to diadinoxanthin, which are
1024 xanthophyll classified as carotenoids, in *Phaeodactylum tricorutum*¹²⁹. Furthermore,
1025 growth-inhibitory Cd concentrations decreased carotenoid cell content in *Senedesmus*
1026 *bijugatus*¹²⁶. Only in the study of Mallick¹¹⁶ and Bossuyt and Janssen¹³⁰ did the
1027 carotenoid cell content of *Chlorella vulgaris* and *P. subcapitata* increased in response to
1028 growth-inhibitory Cu concentrations (no evidence of carotenoid increase was found at
1029 non-growth inhibitory Cu concentrations in both studies).

1030

1031 Regarding the effects of metal(loid)s on other lipophilic antioxidants such as tocopherols
1032 in microalgae, to the best of our knowledge, no studies have yet been performed on this
1033 topic.

1034

1035

1036

1037 **12. References**

1038

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