Supporting Information (SI)



FIG S1. Atomic structures of (a) CHC-3 and (b) CHC-4. Legends are the same as in Fig. 1.



FIG S2. DFT band structures of (a) CHC-3 and (b) CHC-4.



FIG S3. Top and side views of (a) one, (b) two, (c) three He adsorption in the $1 \times 1 \times 1$ primitive cell of CHC-2. Average adsorption energy E_N/N has been indicated. Legends are the same as in Fig. 6.



FIG S4. Top and side views of (a) two, (b) three, (c) four inert gas atoms adsorption in the $1 \times 1 \times 2$ supercell of CHC-2. Legends are the same as in Fig. 6.

Table S1. Consecutive adsorption energy δE_c for He loading of CHC-4. All energies are given in meV/He. ρ is the corresponding adsorption density in atomic weight percent.

#adsorbent	δE _C	ρ (wt%)	
16	-16	17.0	
17	-12	17.9	
18	-10	18.8	
19	-7	19.6	
20	+10	20.4	