

**Supplemental Table S1:**

Real-time PCR primer sequences

<b>Gene</b>	<b>Forward primer</b>	<b>Reverse primer</b>
<i>Pparg</i>	5'-TCGCTGATGCAC TG CCT ATG-3'	5'-GAGAGGTCCACAGAGCTGATT-3'
<i>Ppara</i>	5'-AACATCGAGTGT CGA AT AT GTGG-3'	5'-AGCCGAATAGTTGCCGAAAG-3'
<i>C/EBPa</i>	5'-CGCAAGAGCCGAGATAAAGC-3'	5'-CGGT CATTGTCACTGGTCAACT-3'
<i>leptin</i>	5'-TGTGCTGCAGATAGCCAATGA-3'	5'-TGGAGAAGGCCAGCAGATG-3'
<i>Lpl</i>	5'-TGTGTCTTCAGGGGTCTTAG-3'	5'-GGGAGTTGGCTCCAGAGTTT-3'
<i>Fas</i>	5'-TTGCTGGCACTACAGAATGC-3'	5'-AACAGCCTCAGAGCGACAAT-3'
<i>Fabp4</i>	5'-GGGCCAGGCTTCTATTCC-3'	5'-GGAGCTGGTTAGGTATGGG-3'
<i>Fabp5(mall)</i>	5'-ACCCTGGAGAGAAGTTGAA-3'	5'-ATCCC ACT CCT GAT GCT GAA-3'
<i>TNF<math>\alpha</math></i>	5'-ACCCTCACACTCAGATCATCTTC-3'	5'-TGGTGGTTTGCTACGACGT-3'
<i>IL-6</i>	5'-ACAACCACGGCCTTCCCTACTT-3'	5'-CACGATTCCCAGAGAACATGTG-3'
<i>IL-1<math>\beta</math></i>	5'-TGGCCTCAAAGGAAAGAAT-3'	5'-CAGGCTTGTGCTCTGCTTGT-3'
<i>GAPDH</i>	5'-GTATGACTCCACTCACGGCAA-3'	5'-GGTCTCGCTCCTGGAAGATG-3'

**Supplemental Table S2:**

Cytotoxicity of 8g in cell lines

Cell line	Cytotoxicity IC <sub>50</sub> (μM)
3T3-L1	60.1±0.5
RAW264.7	58.7±0.2
THP-1	85.5±0.1

**Supplemental Table S3:**

Effects of 8g on Bodyweight, food intake rate, plasma biochemical parameters in DIO mice for 6 weeks

	Normal n	Model n	8g (5 mg/kg) n	8g (10 mg/kg) n	8g (20 mg/kg) n
TC (mM)	2.41±0.02***	5.46±0.27	4.30±0.22*	3.13±0.70*	2.72±0.63**
HOMA-IR	0.73±0.04**	5.92±0.21	5.68±0.22	4.64±0.23*	3.68±0.21*
GTT AUC (mg/dL/min)	17515±37**	30548±192	29052±72	23096±60*	22151±112*
ITT AUC (mg/dL/min)	5648±19*	14263±264	10186±42	9785±66	7781±45
HbA1c (%)	4.47±0.04	4.97±0.07	4.90±0.12	4.75±0.07	4.65±0.07

TC, total cholesterol; GTT, glucose tolerance test; ITT, insulin tolerance test; AUC, area under the curve; HOMA-IR, homeostasis model assessment (HOMA) of insulin resistance. Values are expressed as means±S.E.M. \*P<0.05, \*\*P<0.01, and \*\*\*P<0.001 vs. the Model group.

**Supplemental Figure S1:** Effect of **8g** on the lipid accumulation in 3T3-L1 adipocytes. (A) The absorbance of Oil Red O staining was quantitated at 500nm. (B) Effect of **8g** on the expression of *fabp4* and *Fabp5* genes in LL2 cells.

