

Supplemental Table 1. Fatty acid content in the diets.

parameter	diets		
	SD	CD	HPF
Fatty acid content (g/kg)			
Saturated			
C10	-	2.01	-
C12	0.21	12.0	0.09
C14	0.34	5.66	0.13
C16	6.91	29.9	5.95
C18	0.51	12.2	0.76
C20	0.07	1.41	0.06
C22	-	2.35	-
C24	-	3.57	-
Monounsaturated			
C16:1	-	2.39	-
C18:1	5.78	43.3	6.51
C20:1	0.14	1.55	0.13
C22:1	-	1.15	-
Polyunsaturated			
C18:2	23.9	11.0	23.5
C18:3	1.97	1.10	1.59
C20:4	-	0.96	-

The data are presented in $\text{g}\cdot\text{kg}^{-1}$. The data corresponding to CD were calculated from the composition of the mean diet (i.e. mix of foods) intake.