

## Supplemental Material

### Supplemental Tables

Primer sequences of human glyceraldehydes-3-phosphate dehydrogenase (GAPDH), human collagen type I alpha 2 (COL1A2), human vascular endothelial-cadherin (CDH5/VE-Cadherin), human alpha-smooth muscle actin ( $\alpha$ -SMA); actin alpha 2 (ACTA2), human Snail, human vascular cell adhesion molecule-1 (VCAM-1) and human intercellular adhesion molecule-1 (ICAM-1).

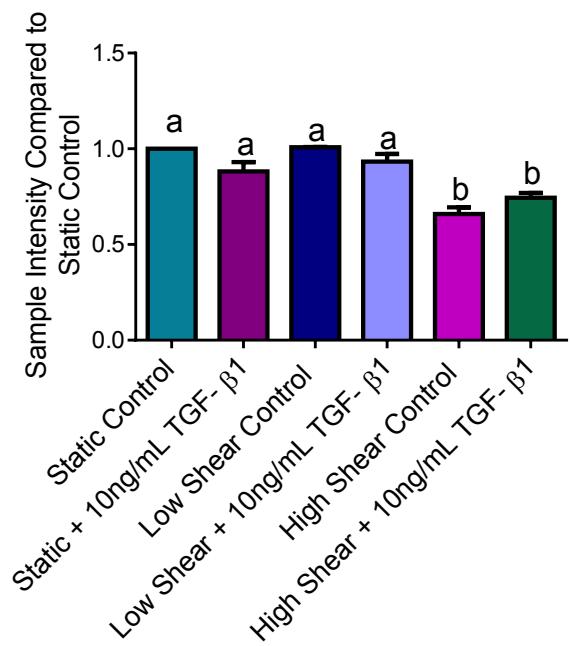
**Table 1. Primer sequences**

Gene	Forward Primer	Reverse Primer	References
<b>HU GAPDH</b> <b>Housekeeper</b>	GACCACAGTCCATGACATCACT	TCCACCACCTGTTGCTGTAG	Talkvist et al. (2000) <sup>1</sup>
<b>HU COL1A2</b>	AGGACAAGAACACGCTCTGG	GGTGATGTTCTGAGAGGCATAG	Wang et al. (2014) <sup>2</sup>
<b>HU CDH5/ VE-cadherin</b>	CAGCCAAAGTGTGAGAA	CGGTCAAAC TGCCCATACTT	Cheng et al. (2013) <sup>3</sup>
<b>HU ACTA2</b>	GTGCTGGACTCTGGAGATGG	AATAGCCACGCTCAGTCAGG	Liew et al. (2006) <sup>4</sup>
<b>HU Snail</b>	CTAGAGTCTGAGATGCCCG	CTAGAGTCTGAGATGCCCG	Frances et al. (2013) <sup>5</sup>
<b>HU VCAM-1</b>	CATGGAATTGAAACCCAAA	CCTGGCTCAAGCATGTCATA	Calabriso et al. (2015) <sup>6</sup>
<b>HU ICAM-1</b>	AGACATAGCCCCACCATGAG	CAAGGGTTGGGGTCAGTAGA	Calabriso et al. (2015) <sup>6</sup>

	Static		Low Shear		High Shear	
	-TGF-β	+TGF-β	-TGF-β	+TGF-β	-TGF-β	+TGF-β
α-SMA protein expression	+	+	+	+	-	-
α-SMA gene expression	-	-	-	+	-	-
VE-cadherin gene expression	-	-	-	-	-	-
Snail gene expression	-	-	-	-	+	-
VCAM-1 gene expression	-	-	+	+	-	-
ICAM-1 gene expression	-	-	-	-	-	-
HUVEC Invasion	-	-	-	+	-	-
Cell-cell junctional gap width increase	-	+	+	+	-	-
COL1A2 gene expression (fibrosis)	+	+	-	-	-	-
Collagen type I production	+	+	-	+	-	-

**Table 2.** Full summary of endothelial to mesenchymal transformation (EndMT) study results. Symbols depict regulation of human umbilical vein endothelial cells (HUVEC) behavioral changes when exposed to static conditions, low at 1 or (c) high at 20 dynes cm<sup>2</sup> shear flow with and without transforming growth factor-beta 1 (TGF-β1). Conditions with (-) sign represent no significance, (+) show significant upregulation among conditions compared to static condition without TGF-β1 exposure.

## Supplemental Figure and Figure Legends



**Fig. 1.** Protein expression analysis of alpha-smooth muscle actin ( $\alpha$ SMA) and endothelial to mesenchymal (EndMT) marker. Error bars show SEM,  $n = 5$  confocal images. Bars that don't share any letters are significantly different according to a one-way ANOVA with Tukey's post-hoc testing ( $P < 0.05$ ).

## Supplemental Video and Video Legends

Supplemental Video 1: Microbeads flowing at the bottom wall of microchannel over collagen gel.

## Reference

- 1 J. Tallkvist, C. L. Bowlus and B. Lönnertdal, *Am. J. Clin. Nutr.*, 2000, **72**, 770–775.
- 2 L. Wang, Z. Zhao, M. B. Meyer, S. Saha, M. Yu, A. Guo, K. B. Wisinski, W. Huang, W. Cai, J. W. Pike, M. Yuan, P. Ahlquist and W. Xu, *Cancer Cell*, 2014, **25**, 21–36.
- 3 J. C. Cheng, H. M. Chang and P. C. K. Leung, *J. Biol. Chem.*, 2013, **288**, 33181–33192.
- 4 K. J. L. Liew and V. T. K. Chow, *J. Virol. Methods*, 2006, **131**, 47–57.
- 5 J. W. Franses, N. C. Drosu, W. J. Gibson, V. C. Chitalia and E. R. Edelman, *Int. J. Cancer*, 2013, **133**, 1334–1344.
- 6 N. Calabriso, E. Scoditti, M. Massaro, M. Pellegrino, C. Storelli, I. Ingrosso, G. Giovinazzo and M. A. Carluccio, *Eur. J. Nutr.*, 2016, **55**, 477–489.