Supplementary Information

Solvent- and catalyst-free mechanochemical synthesis of alkali metal hydrides

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S.1.1 Estimated quadrupolar coupling constants C_Q (for $\eta = 0$)

Table S1. ⁷Li quadrupolar parameters as obtained via Dmfit^[1]. The η_Q is the quadrupolar asymmetry parameter and v_Q and C_Q are the quadrupolar coupling constant where $v_Q = 3 C_q / 2I(2I-1)$. I=3/2 for ⁷Li

Sample	ν _Q (kHz) ^a	C _Q (kHz) ^a	η_{q}^{b}
com-LiH	26.90	53.8	0.00
com-LiD	24.87	49.74	0.00
as-LiH-2	29.11	58.22	0.00
as-LiH-4	27.67	55.34	0.00
as-LiH-8	25.89	51.78	0.00
as-LiH-12	26.49	52.98	0.00
as-LiH-20	26.53	53.06	0.00
as-LiH-40	26.86	53.72	0.00
avg ^c	27.09	54.18	0.00
sdev ^c	1.15	2.29	0.00

^a Where each sample was fitted independently.

^b $\eta_{Q} = 0$ was assumed for all samples since the asymmetry cannot be accurately assessed from MAS spectra in the case of such weak quadrupolar coupling.

^c Based on the as-synthesized LiH samples, only.



S.1.2 Determination of Spin Lattice Relaxation Times T₁ via Saturation Recovery

relaxation delay (s)

Figure S1. Semi-log plot of the saturation recovery curves obtained from samples milled for various times between 1 and 20 h (as-LiH-1 to as-LiH-20).

Table S2. T_1 relaxation times for *as*-synthesized (as-LiH-1 to as-LiH-20) materials and commercial LiH as obtained by least-squares fitting of the saturation recovery with a single-exponential function.

Sample	T 1 (S)	R ²
as -LiH-1	30	0.9282
<i>as</i> -LiH-2	29	0.9325
<i>as</i> -LiH-3	27	0.9539
<i>as</i> -LiH-4	44	0.9724
<i>as</i> -LiH-6	29	0.9274
<i>as</i> -LiH-8	120	0.9768
<i>as</i> -LiH-12	40	0.9879
<i>as</i> -LiH-20	40	0.9952
<i>com</i> -LiH	2500	0.9834



Figure S2. Semi-log plot of the saturation recovery curves for metallic lithium obtained using the materials indicated in the plot legend.



relaxation delay (s)

Figure S3. Comparison of *as*-synthesized LiH (as-LiH-20) with *as*-LiH-20 milled (milled for additional 20 h post synthesis in an inert Ar atmosphere). T_1 of *as*-LiH-20_milled is << 1 s.



Figure S4. X-ray diffraction patterns shown as scattered intensity vs. Bragg angle (and as contour plots in Fig. 1(a)) obtained from the samples produced in a magnetic ball mill as a function of milling duration.



Figure S5. X-ray diffraction patterns shown as scattered intensity vs. Bragg angle (and as contour plots in Fig. 5) for LiH obtained after three consecutive milling each of 16 hour duration.



Figure S6. X-ray diffraction patterns shown as scattered intensity vs. Bragg angle (and as contour plots in Fig. 6) of LiH powder obtained from milling 1:1 mixture (by wt.) of Li metal and pre-formed LiH powder in a planetary ball mill for 1 h under varying hydrogen pressure.



Figure S7. X-ray diffraction patterns shown as scattered intensity vs. Bragg angle (and as contour plots in Fig. 7) of *as*-synthesized NaH, KH, RbH, and CsH as described in sections 3.2–3.4.

References

[1] Massiot et al., Magn. Reson. Chem. 2002, 40, 70-76.