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# **Supporting Information**

A luminescent bimetallic iridium(III) complex for ratiometric tracking intracellular viscosity

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### Materials and methods

### Materials and instruments

All solvents and reagents used were reagent grade and used without further purification unless otherwise stated. **C10** was dissolved in DMSO at a concentration of 1 mM as the stock solution and stored in a refrigerator (2 °C) for use. Phosphate buffer saline solution was mixed by 0.1 M sodium dihydrogen phosphate and disodium hydrogen phosphate solution, the pH of the mixed solution was measured with a pH meter to make that pH was 7.40. Deionized water was used throughout the experiment. Silica gel (100–200 mesh) was used for flash column chromatography for purifications. Etoposide (20 mg/mL in NS), Human Serum Albumin (HSA), Calf thymus DNA (ct-DNA) and 18 amino acids were purchased from Beijing Baoxi Di company. Cells were purchased from Institute of Basic Medical Sciences (IBMS) of the Chinese Academy of Medical Sciences.

NMR spectra were recorded on a Bruker Avance II 400 MHz spectrometer. Chemical shifts ( $\delta$ ) were reported as ppm (in CDCl<sub>3</sub>, with TMS as the internal standard). Emission spectra were performed on a VAEIAN CARY Eclipse fluorescence spectrophotometer (Serial No. FL0812:M018). Excitation and emission slit widths were modified to adjust the fluorescence intensity to a suitable range. Absorption spectra were measured on a Perkin Elmer Lambda 35 UV/VIS spectrophotometer (Perkin Elmer). Mass spectrometric data were achieved with HP1100LC/MSD MS and an LC/Q-TOF-MS instruments. All pH measurements were performed on a CHI660D electrochemical workstation. Luminescent lifetime was performed on a HAMAMATSU

C11347 quantum yield instrument. Cytotoxicity experiments were performed on a full-wavelength scanning fluoroscopy instrument (Varioskan FLash). Cell imaging was performed on an Olympus laser confocal microscope OLYMPUS FV1000-IX81.

### Synthesis of intermediates and compound C10

The synthesis route of C10 is shown in Scheme S1 in the Supporting Information.

Synthesis procedure of 6-(benzo[b]thiophen-2-yl)phenanthridine (btph)<sup>1</sup>

Tetrakis(triphenylphosphine)palladium (0.21 g, 0.18 mmol) was added to a mixture of 6chlorophenanthridine (1.28 g, 6.0 mmol), benzo[b]thiophene-2-boronic acid (1.28 g, 7.2 mmol), toluene (10 mL), ethanol (5 mL), and a 2 M sodium carbonate aqueous solution (10 mL) under vigorous stirring. The mixture was refluxed for 5 h under N<sub>2</sub> atmosphere. After cooling to room temperature, the reaction mixture was poured into water (200 mL) and the product was extracted with toluene (50 mL  $\times$  3). The organic layer was washed with water (50 mL  $\times$  3), dried over anhydrous MgSO<sub>4</sub>, filtered, and evaporated in vacuum. The product was purified by silica gel column chromatography using a dichloromethane/petroleum ether (1:1) mixture as the eluent to give a yellow powder (1.47 g, 79% yield).

# Synthesis of $(btph)_2 Ir(\mu-Cl)_2 Ir(btph)_2$

IrCl<sub>3</sub>·3H<sub>2</sub>O (390 mg, 1.1 mmol) and water (10 mL) were added to a solution of 6-(benzo[b]thiophen-2-yl)phenanthridine (btph) (685 mg, 2.2 mmol) in 2-ethoxyethanol (30 mL). The mixture was refluxed overnight. After cooling, the precipitate was filtered off, washed with water, methanol and hexane, respectively, and then dried in vacuum to give a purple brown powder (900 mg, 96% yield). It was used without any further purification.

Synthesis of  $(F_2ppy)_2 Ir(\mu-Cl)_2 Ir(F_2ppy)_2$ 

The synthesis of  $(F_2ppy)_2Ir(\mu-Cl)_2Ir(F_2ppy)_2$  was similar with  $(btph)_2Ir(\mu-Cl)_2Ir(btph)_2$ . 1.73g, 83% yield.

## Synthesis of Ir-A, Ir-B and C10

**Ir-A, Ir-B** and **C10** were synthesized according to the literature procedure.<sup>2</sup> In short,  $(F_2ppy)_2Ir(\mu-Cl)_2Ir(F_2ppy)_2$  (or  $(btph)_2Ir(\mu-Cl)_2Ir(btph)_2$ ) and 4,4'-dimethyl-2,2'-bipyridine were used as reagents to synthesize **Ir-A** (**Ir-B**). 4,4'-dimethyl-2,2'-bipyridine and dibromoctane were used as starting material for the synthesis of Mebpy-C10-Mebpy ligand, and then they were employed toward the complexation of binuclear iridium using  $(F_2ppy)_2Ir(\mu-Cl)_2Ir(F_2ppy)_2$  and  $(btph)_2Ir(\mu-Cl)_2Ir(btph)_2$  as precursor, leading to **C10** with high purity. yield: 40%.

<sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>) δ 9.56 (s, 1H), 9.44 – 9.36 (m, 3H), 8.80 (s, 1H), 8.62 (dd, *J* = 17.6, 8.6 Hz, 3H), 8.35 – 8.22 (m, 7H), 8.02 – 7.93 (m, 5H), 7.83 (dd, *J* = 18.1, 8.6 Hz, 5H), 7.69 (dd, *J* = 13.9, 5.6 Hz, 2H), 7.47 (t, *J* = 6.5 Hz, 2H), 7.28 (d, *J* = 7.5 Hz, 3H), 7.25 – 7.02 (m, 11H), 6.78 – 6.61 (m, 7H), 6.53 (dd, *J* = 12.1, 9.2 Hz, 2H), 5.67 (d, *J* = 6.5 Hz, 2H), 2.95 (t, *J* = 7.5 Hz, 2H), 2.69 (s, 4H), 2.42 (s, 3H), 1.78 – 1.70 (m, 2H), 1.48 – 1.38 (m, 2H), 1.22 (m, 15H).

<sup>13</sup>C NMR (125 MHz, CDCl<sub>3</sub>) δ 167.93, 164.31, 164.26, 162.73, 162.63, 162.51, 162.40, 159.80,
157.85, 157.44, 155.50, 155.26, 154.49, 153.47, 153.00, 149.13, 148.90, 148.57, 145.95, 145.76,
145.70, 143.76, 143.72, 143.61, 139.09, 138.56, 138.52, 133.76, 133.68, 133.36, 129.08, 128.79,
128.72, 128.24, 128.17, 127.99, 127.74, 127.50, 127.36, 127.06, 127.01, 126.95, 126.82, 126.76,
125.94, 125.60, 125.15, 124.79, 124.13, 123.73, 123.57, 122.89, 122.83, 122.72, 122.63, 122.05,
113.98, 113.85, 99.21, 98.99, 98.78, 35.41, 34.78, 29.99, 29.86, 29.19, 29.00, 28.61, 21.57, 21.17.
HRMS: [M-2Cl<sup>-</sup>]<sup>2+</sup>, calculated: *m/z* = 932.2336, found: *m/z* = 932.2330.

#### Fluorescence detection

The solvents were obtained by mixing deionized water–glycerol system in different proportions. Measurements were carried out with a NDJ-7 rotational viscometer, and each viscosity value was recorded. The solutions of **C10** in different viscosity were prepared by adding 50  $\mu$ L stock solution (1.0 mM) to 5.0 mL of solvent mixture (water–glycerol solvent system) to obtain the final concentration of the dye (10  $\mu$ M). These solutions were sonicated for 20 min to eliminate air bubbles. After standing for 25 min at a room temperature, the solutions were measured in a UV spectrophotometer and a fluorescence spectrophotometer. A luminescence lifetime measuring equipment (HORIBA) was used to obtain the luminescence lifetimes of **C10** under anaerobic condition, with the excitation wavelength at 450 nm and detection around 711 nm. For interference measurements, molecules such as HSA, ct-DNA and 18 amino acids were added in PBS buffer of **C10** (10  $\mu$ M) respectively. The absorption and emission spectra of solutions were measured in a UV spectrophotometer and a fluorescence spectrophotometer.

# Determination of the quantum yield

The luminescence quantum yields for compounds with Absolute PL Quantum Yield Spectrometer (HAMAMATSU C11347). Load a sample and press the start button to measure the photoluminescence quantum yields, excitation wavelength dependence, PL excitation spectrum and other properties in a short time. The PL Quantum Yield ( $\Phi$ ) is expressed as the ratio of the number of photons emitted from molecules (PN<sub>em</sub>) to that absorbed by molecules (PN<sub>abs</sub>).  $\Phi$ =PN<sub>em</sub>/PN<sub>abs</sub>

## Cytotoxicity determined by MTT method

Measurement of cell viability was evaluated by reducing of MTT (3-(4,5)-dimethylthiahiazo(-2yl)-3,5-diphenytetrazoliumromide) to formazan crystals using mitochondrial dehydrogenases. MCF-7 cells were seeded in 96-well microplates (Nunc, Denmark) at a density of 1×10<sup>5</sup> cells/mL in 100 mL medium containing 10% fetal bovine serum (FBS, invitrogen). After 24 h of cell attachment, the plates were washed with 100  $\mu$ L/well PBS. The cells were then cultured in medium with 1, 5, 10 and 20  $\mu$ M of C10 for 24 h. Cells in culture medium without C10 were used as the control. Six replicate wells were used for each control and test concentration 10  $\mu$ L of MTT (5 mg/mL) prepared in PBS was added to each well and the plates were incubated at 37 °C for another 4 h in a 5% CO<sub>2</sub> humidified incubator. The medium was then carefully removed, and the purple crystals were lysed in 200  $\mu$ L DMSO. Optical density was determined on a microplate reader (Thermo Fisher Scientific) at 570 nm (OD) with subtraction of the absorbance of the cell-free blank volume at 630 nm (OD<sub>K</sub>). Cell viability was expressed as a percent of the control culture value, and it was calculated using the following equation:<sup>3</sup>

Cells viability (%) = (OD<sub>dye</sub>- OD<sub>Kdye</sub>)/ (OD <sub>control</sub>- OD<sub>Kcontrol</sub>) × 100.

### Live cell imaging experiments

Human breast cancer cells MCF-7, human lung cancer cells A549 and human embryonic kidney cells 293T were cultured in Dulbecco's modified Eagle's medium (DMEM, Invitrogen) supplemented with 10% fetal bovine serum (FBS) (Invitrogen), 1% penicillin/streptomycin (complete DMEM). Human hepatoma cells HepG-2 and human normal liver cells HL7702 were cultured in 1640 medium containing 10% FBS, 1% penicillin/streptomycin (complete 1640). The cells were seeded in 24-well flat-bottomed plates and then incubated for 24 h at 37°C under 5%  $CO_2$ . HepG-2 and HL7702 cells were seeded in one culture dish at a seeding density of 1 x 10<sup>5</sup> cells.<sup>4</sup> Before imaging, the live cells were incubated with C10 (10  $\mu$ M) for different time and then washed with 0.1 M phosphate-buffered saline (PBS) three times. Fluorescence imaging was performed using an OLYMPUSFV-1000 inverted fluorescence microscope with a 60 × objective lens. Under the confocal fluorescence microscope, C10 was excited at 405 nm and emission was

collected at 500-550 and 575-675 nm. For the detection of viscosity changes, MCF-7 cells were incubated with **C10** (10  $\mu$ M) at 37 °C for 1 h and in the process of taking cell images, 10  $\mu$ L etoposide (20 mg/mL in NS) was added, and then got the other cell images in different time.

# Scheme S1



Scheme S1 The synthetic routes of probe C10.



Fig. S1 <sup>1</sup>H NMR spectrum of C10 in CDCl<sub>3</sub>.

Fig. S2



Fig. S2 <sup>13</sup>C NMR spectrum of C10 in CDCl<sub>3</sub>.



Fig. S3 HRMS of C10.



Fig. S4 (a) Absorbance and (b) emission spectra ( $\lambda_{ex}$ =450 nm) of C10, Ir-A, Ir-B and (c) excitation spectrum of C10 in acetonitrile.



Fig. S5 Luminescent lifetime of probe C10 in water and 99 % glycerol, excited at 450 nm.



Fig. S6 Emission spectra of (a) Ir-A (c) Ir-B (e) Ir-A:Ir-B=1:1 (10  $\mu$ M) in the mixed glycerol-water solvents, excited at 450 nm; (b) Ir-A (d) Ir-B (f) Ir-A:Ir-B=1:1 the non-linearity of log I versus log  $\eta$  plot.



Fig. S7 Emission spectra of C10 (10  $\mu$ M) in different solvents. The solid lines represent the probe in different proportional water-1, 4dioxane system; the dash and dot curve in the figure is the probe in glycerol-water (v/v: 90/10) at the same condition (all excited at 450 nm).



Fig. S8 (a) Absorbance and (b) emission spectra ( $\lambda_{ex}$ =450 nm) of probe C10 (10  $\mu$ M) in different solvents.



Fig. S9 Absorption (a) and emission (b) spectra of probe C10 (10  $\mu$ M) in PBS buffer (0.1 M, pH = 7.40) upon titration of calf thymus DNA solution. Absorption (c) and emission (d) spectra of probe C10 (10  $\mu$ M) in PBS buffer (0.1 M, pH = 7.40) upon titration of HSA solution. Absorption (e) and emission (f) spectra of probe C10 (10  $\mu$ M) in PBS buffer (0.1 M, pH = 7.40) with addition of 18 kinds of amino acids (100  $\mu$ M). The excitation was at 450 nm.



Fig. S10 Ratiometric luminescence intensity change of probe C10 (10  $\mu$ M) measured along with temperature changes in DMSO solvent, excited at 450 nm.

# Reference

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Fig. S10