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## **Supplementary material**

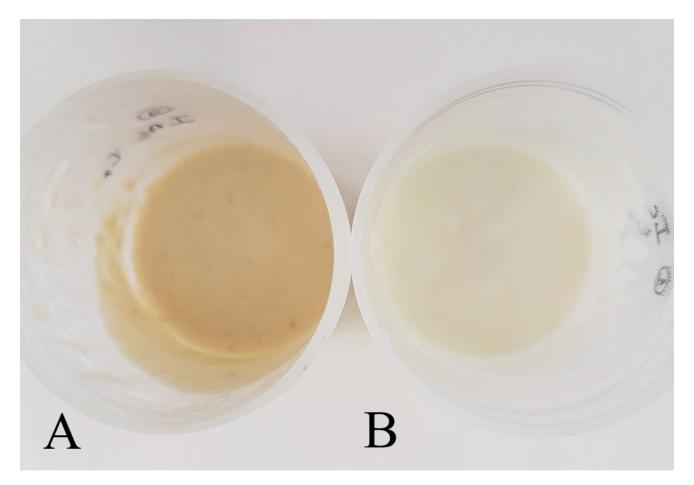


Figure 1. Visual appearance of the yogurt samples (A) Yogurt Fortified with A. blazei ergosterol-rich extract, and (B) Control yogurt.