

Supporting Informations

**Catalytic upgrading of lactose:  
a rest raw material from the dairy industry**

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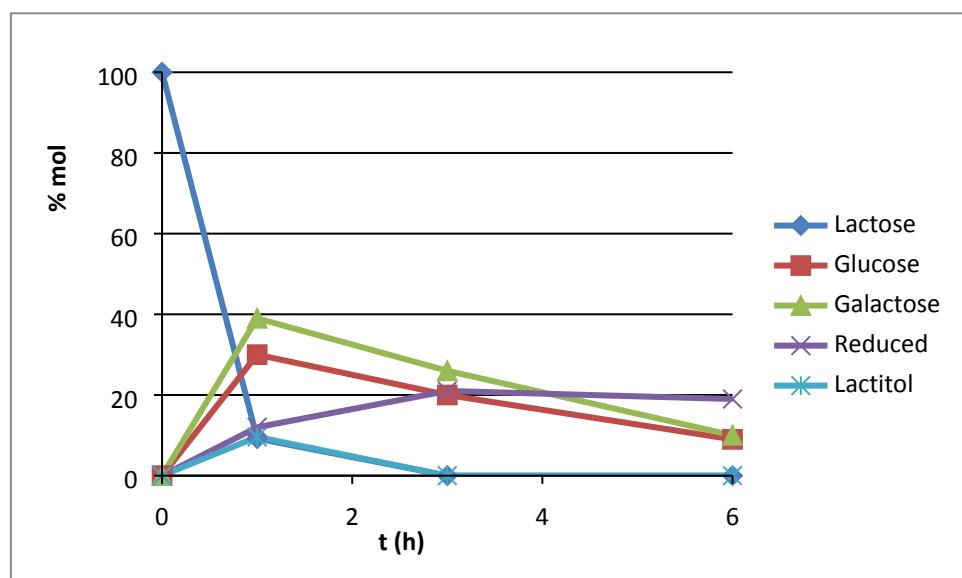
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**Table S1** - Data referring to Figure 1 in the manuscript.

T	t (h)	Lactose (% mol)	Lactitol (% mol)	Glucose (% mol)	Galactose (% mol)	Reduced (% mol)
<b>150</b>	0	100	0	0	0	0
	1	63	19	6	7	1
	3	38	18	13	14	11
	6	24	12	16	18	23
<b>160</b>	0	100	0	0	0	0
	1	50	14	13	15	8
	3	20	6	21	26	25
	6	5	3	18	17	57
<b>180</b>	0	100	0	0	0	0
	1	2	0	17	19	61
	3	0	0	14	10	70
	6	0	0	4	2	75
<b>200</b>	0	100	0	0	0	0
	1	0	0	4	7	59
	3	0	0	2	1	68
	6	0	0	0	1	41

**Figure S1** – Reaction profile of lactose hydrolysis + reduction with Cu/SiO<sub>2</sub> (180°C, 10 atm, 200 mg cat, 1 g lactose, 40 mL H<sub>2</sub>O)



**Figure S2** – Comparison of  $^1\text{H}$ -NMR of raw reaction mixture and the one of dulcitol, obtained by crystallisation with EtOH .

