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r1[phi_, theta_] = Cos[phi] * Sin[theta];
r2[phi_, theta_] = Sin[phi] * Sin[theta];
r3[phi_, theta_] = Cos[theta];

(*k_i K^F1_i term:*)

Sum[Q_i,j Integrate[
  Sin[theta] * k * Cos[theta] *
  r_i[phi, theta] * (r_i[phi, theta] * r_j[phi, theta] - 1/3 * KroneckerDelta[i, j])
  * Exp[-I * k * Cos[theta] * rho], {rho, 0, Infinity}, {theta, 0, Pi},
  {phi, 0, 2 * Pi}, Assumptions -> {k ∈ Reals}], {j, 1, 3}, {i, 1, 3}]

0

(*k_i K^F2_i term:*)

Sum[P_j Integrate[
  Sin[theta] * k * (Cos[theta] * r_j[phi, theta] - 1/3 * KroneckerDelta[3, j])
  * Exp[-I * k * Cos[theta] * rho] / rho, {rho, 0, Infinity},
  {theta, 0, Pi}, {phi, 0, 2 * Pi}, Assumptions -> {k ∈ Reals}], {j, 1, 3}]

8
- k π P_3
9

(*[K^F_ij]^ST term:*)

K = Table[Sum[Q_n,m Integrate[Sin[theta] *
  (
    r_i[phi, theta] * (5 * r_n[phi, theta] * r_j[phi, theta] * r_m[phi, theta] -
    (KroneckerDelta[j, m] * r_n[phi, theta] +
    KroneckerDelta[n, m] * r_j[phi, theta] + KroneckerDelta[n, j] * r_m[phi, theta))
  )
  * Exp[-I * k * Cos[theta] * rho] / rho, {rho, 0, Infinity}, {theta, 0, Pi}, {phi, 0, 2 * Pi},
  Assumptions -> {k ∈ Reals}], {m, 1, 3}, {n, 1, 3}], {i, 1, 3}, {j, 1, 3}];

M = Table[Simplify[1/2 * (K[[i, j]] + K[[j, i]]) -
  1/3 * Sum[K[[k, k]], {k, 1, 3}] * KroneckerDelta[i, j]], {j, 1, 3}, {i, 1, 3}];

MatrixForm[Table[Simplify[M[[i, j]],
  Assumptions -> {Q_i,j == Q_j,i, Q_1,1 + Q_2,2 + Q_3,3 == 0}], {j, 1, 3}, {i, 1, 3}]]

(
  - 8/15 π (Q_2,2 + Q_3,3)   8/15 π Q_2,1   - 4/5 π Q_3,1
    8/15 π Q_2,1           8/15 π Q_2,2   - 4/5 π Q_3,2
  - 4/5 π Q_3,1           - 4/5 π Q_3,2   8/15 π Q_3,3
)

(* assume the wavevector k is in z direction *)

(*compute splay contribution of M*)

Sum[Simplify[M[[i, j]], Assumptions -> {Q_i,j == Q_j,i, Q_1,1 + Q_2,2 + Q_3,3 == 0}] *
  KroneckerDelta[i, 3] * KroneckerDelta[3, j], {j, 1, 3}, {i, 1, 3}]

8
π Q_3,3
15

```

(*compute bend contribution of M*)

```
Table[ Sum[ Simplify[M[[i, j]], Assumptions -> {Qi,j == Qj,i, Q1,1 + Q2,2 + Q3,3 == 0}] *
  KroneckerDelta[i, 3] * (KroneckerDelta[j, 1] -
    KroneckerDelta[3, j] * KroneckerDelta[3, 1]), {j, 1, 3}], {i, 1, 3}], {1, 1, 3}]
```

$$\left\{ -\frac{4}{5} \pi Q_{3,1}, -\frac{4}{5} \pi Q_{3,2}, 0 \right\}$$