1	<b>Electronic Supplement Information (ESI)</b>		
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3	Energy landscape of polymorphic amyloid generation of β2-		
4	microglobulin revealed by calorimetry		
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# 1 Supplementary Materials and Methods

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### **3 Reagents and proteins**

Thioflavin T (ThT) and Ficoll 70 were obtained from Wako Pure Chemical Industries Ltd. (Osaka, Japan) and all other reagents were purchased from Nacalai Tesque (Kyoto, Japan). Recombinant human  $\beta_2$ -microglobulin ( $\beta_2$ m) with an additional methionine residue at the N terminus was expressed in *Escherichia coli* and purified based on our previous study.<sup>1</sup> The concentration of  $\beta_2$ m was determined using a molar extinction coefficient of 19,300 M<sup>-1</sup> cm<sup>-1</sup> at 280 nm.

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#### 11 Isothermal titration calorimetry measurements

Isothermal titration calorimetry (ITC) measurements for spontaneous amyloid 12 formation of  $\beta$ 2m of 3.5 mg ml<sup>-1</sup> (297.6  $\mu$ M) dissolved in 10 mM HCl solution (pH 2.0) 13 were carried out using a PEAQ-ITC instrument (Malvern Panalytical, UK) at the desired 14 stirring speeds and concentrations of Ficoll. 2.2 µl of the 10 mM HCl solution containing 15 1 M NaCl in the syringe was consecutively injected to the  $\beta$ 2m monomer solution in the 16 cell after a 15 min initial delay for thermal equilibration. In order to minimize the 17 influence of residual bubbles and imperfect solution filling of the syringe, the first 18 titration was conducted using 0.77 µl of solution in the syringe. Eleven NaCl titrations, 19 spaced at intervals of 300 s, were performed with a duration of 1.54 s for the first titration 20 and 4.4 s for the others to reach the final NaCl concentration of 100 mM. Changes in the 21 heat flow were observed in real time with 10  $\mu$ cal s<sup>-1</sup> of reference power at 37 °C. 22

23

#### 24 ThT assay

1 The formation of  $\beta$ 2m amyloid fibrils was examined by a fluorometric assay of ThT 2 at 37 °C. Excitation and emission wavelengths were 445 and 485 nm, respectively. 10 µl 3 of aliquots were taken from the ITC cell following the incubation and mixed with 1.99 4 ml of 5 µM ThT in 50 mM glycine-NaOH buffer (pH 8.5). ThT fluorescence spectra were 5 measured using a F7000 fluorescence spectrophotometer (Hitachi, Japan).

6

### 7 Circular dichroism measurements

Far-UV circular dichroism (CD) spectra of 0.1 mg ml<sup>-1</sup> of  $\beta$ 2m in 10 mM HCl 8 solution (pH 2.0) containing 100 mM NaCl before and after ITC measurements at 37 °C 9 were obtained using a JASCO J820 spectropolarimeter (Tokyo, Japan) and quartz cuvette 10 with a 0.1-cm pathlength. Far-UV CD spectra of acid-denatured β2m monomers at 0.1 11 mg ml<sup>-1</sup> in the absence and presence of Ficoll were also recorded in the same way. 12 Reversibility of  $\beta$ 2m amyloid fibrils between 37 and 100 °C was investigated at the 13 heating rate of 1 °C min<sup>-1</sup>. A cell holder equipped with a water circulator was used to keep 14 the sample temperature constant at desired temperatures. Spectra were presented as mean 15 residue ellipticity,  $[\theta]$  (deg cm<sup>2</sup> dmol<sup>-1</sup>), after subtraction of the solvent background. 16

17

### 18 Atomic force microscopy measurements

A 20- $\mu$ l aliquot of the  $\beta$ 2m sample solution diluted to 0.1 mg ml<sup>-1</sup> following ITC measurements was applied to a mica plate. The residual solution was removed after 1 min, and the mica surface was washed twice using 200  $\mu$ l of water and dried with compressed air. Atomic force microscopy (AFM) images were obtained using AFM5100N (Hitachi High-technologies, Tokyo, Japan). Distribution of the height of amyloid fibrils formed at each condition was obtained by using Igor with an in-house
 algorithm.

### 3 Nuclear magnetic resonance measurements

One dimensional proton nuclear magnetic resonance (NMR) spectroscopy of  $\beta 2m$ 4 monomers at 1.18 mg ml<sup>-1</sup> (100 µM) in 10 mM HCl solution (pH 2.0) containing 100 5 mM NaCl and 5% D<sub>2</sub>O was recorded using the 400 MHz NMR spectrometer (Bruker 6 BioSpin, Germany) equipped with a cryogenic probe at 37 °C and desired concentration 7 of Ficoll. A standard pulse sequence with excitation sculpting (zgesgp from Bruker 8 Topspin using the standard parameter set) was employed as this pulse sequence allows 9 better suppression of the water signal with the excellent flat baseline through the selective 10 excitation of H<sub>2</sub>O during spin-echo and the use of purge gradients.<sup>2</sup> Data were processed 11 using NMRPipe.<sup>3</sup> 12

13

# 1 Supplementary Discussion

2

### 3 Advantage of the ITC-based study on protein aggregation

Here we describe comprehensively merits of ITC for the study of protein aggregation
compared to other techniques as follows.

6 1. ITC provides direct thermodynamic information on protein aggregation as evidenced
7 by the previous<sup>4-6</sup> and current studies. Most of studies described thermodynamics
8 using indirect experimental methods such as ThT assay and FT-IR.
9 Computation/theory-based thermodynamics is practically difficult to be compared
10 with direct experimental thermodynamics.

11 2. ITC can provide kinetic information on protein aggregation as suggested in the
12 current study. Thus, one can obtain both kinetic and thermodynamic information in
13 addition to some structural information (see below "8") at a time by performing a
14 single ITC measurement.

Solubility and supersaturation of protein samples in the ITC cell are readily controlled
by titrating samples in the ITC syringe, for instance, salts based on the Hofmeister
series, as well as by changing the stirring speed.

18 4. Highly precise regulation of the temperature and stirring speed which can be useful19 as external stress/perturbation is possible.

5. By taking an advantage of function of titration, examination of spontaneous
fibrillation and seeded fibrillation are both possible. In the case of seeded amyloid
formation, by titrating of precursor monomers in the ITC syringe repeatedly to fibril
seeds in the ITC cell, the precision (reproducibility) and accuracy of ITC results can
be easily confirmed.

Effects of potent inhibitors on amyloid formation are readily evaluated by simply
 observing reaction of amyloid formation. The absence of reaction heat will indicate
 inhibition of amyloid formation while amyloid formation will show a clear
 exothermic ITC peak.

5 7. No immobilization and modification of samples are required.

6 8. Structural information of aggregates such as internal packing can be deduced based
7 on Δ*H* in solution. Structural information of amyloid fibrils is still limited although
8 solid-state NMR spectroscopy, X-ray/Cryo-ED, and Cryo-EM/Cyro-ET have
9 suggested amyloid structures. However, all these techniques involve issues such as
10 the lack of water molecules, crystal packing effects, and harsh treatment for sample
11 preparation (e.g., low temperature), which may affect the structural and colloidal
12 stability of amyloid fibrils and cause the change in morphology of amyloid fibrils.

Meanwhile, it is worthy while to mention the limitations of the ITC method. When reaction heat in the ITC thermogram is very small or exothermic and endothermic reactions occur almost simultaneously, detailed analysis and interpretation become difficult. Thus, formation of transient molecular species such as nuclei and oligomers with a very small amount of heat is hard to be traced using ITC. Markedly aggregation prone proteins which start to aggregate within the dead time of ITC measurements will not be proper for the ITC-based study.

20

### 21 Perspectives of the energy landscape of protein aggregation

The energy landscape provides comprehensive understanding of thermodynamic and kinetic properties of protein aggregation, and was used for conceptual explanation of the amyloid polymorphism.<sup>7, 8</sup> There have been simple energy landscapes. However, those 1 energy landscapes were constructed based on results obtained indirectly without using 2 calorimetry-based direct thermodynamics. Temperature-dependent aggregation kinetics 3 was used for obtaining information of the activation energy with a conventional ThT 4 assay,<sup>9-11</sup> FT-IR,<sup>12, 13</sup> a quartz crystal oscillator,<sup>14</sup> or computation.<sup>15-21</sup> Temperature-5 dependent equilibrium constant ( $K_d$  or  $K_a$ ) obtained using non-calorimetric approaches 6 was also utilized for mapping an energy landscape.

In this study, we obviously showed a promise of the ITC-based energy landscape of 7 amyloid generation in terms of thermodynamics and kinetics, and that our methodology 8 is useful for revealing a property of amyloid aggregation, e.g., the polymorphism of 9 amyloidogenesis. In order to build a more complete energy landscape, kinetic and 10 thermodynamic characterization on the transition state and activation energy will be 11 required with the ITC-based methodology. To this end, one needs to change temperature 12 for ITC measurements and assume the absence of polymorphic amyloid formation. 13 However, as suggested in the present study, changing ambient conditions for amyloid 14 generation often induces polymorphism of amyloid fibrils.<sup>22</sup> Thus, the change in 15 temperature may cause polymorphic amyloid generation, which in turn may not allow us 16 to simply use the Arrhenius analysis based on the linearity (temperature-dependent 17 kinetic constant). Despite of these marked difficulties, a perfect energy landscape which 18 incorporates both thermodynamic and kinetic information will be highly challenging. 19

In addition, investigation of toxicity of different types of amyloid fibrils may be useful to correlate polymorphs of amyloid fibrils to the design of potential treatment of neurodegenerative diseases. In addition, examination of conformational and colloidal stability of each type of  $\beta$ 2m amyloid fibril formed at different conditions will be also meaningful for leading to a potential cure of dialysis-related amyloidosis.

### 2 Possible effects of shearing forces on the energy landscape

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Shearing force, which may mimic biological systems, is expected to affect protein 4 aggregation and stability and is not considered to be artificial. Energy for stirring is 5 fundamentally supplied from the ITC instrument. Shearing force itself and the change in 6 the strength of the shearing force may affect amyloid aggregation. Difference in the 7 strength of the shearing force may cause the formation of distinct types of nuclei, and 8 thereby inducing the formation of different types of amyloid fibrils (i.e., polymorphic 9 amyloid formation). There might be some energetic trades between shearing forces and 10 nucleation although the examination of its mechanism is technically difficult. Indeed, 11 agitation-induced formation of different types of insulin amyloid fibrils was reported.<sup>23</sup> 12

It should be noted that these energy trades, if any, could not be detected in ITC thermograms because nucleation must occur during the lag time. A future ITC instrument which can detect even smaller heat may improve our thermodynamic understanding of nucleation and its relationship with possible shearing-induced energy. Thus, shearing force can modify the energy landscape as it causes polymorphic amyloid generation, and does not impair the thermodynamic and kinetic analyses and interpretations in the current study.





Figure S1. Reversibility of the thermal denaturation of  $\beta$ 2m amyloid fibrils. (A) 12 Heating (red) and cooling (blue) of the sample solution of  $\beta 2m$  amyloid fibrils between 13 37 and 100 °C were traced with the CD intensity at 213 nm. (B and C) β2m amyloid 14 fibrils before heating and after cooling were characterized using far-UV CD spectra (B) 15 and AFM (C). The red and blue curves in B indicate the spectrum before and after the 16 heating and subsequent cooling process, respectively. B2m amyloid fibrils melt to 17 monomers at high temperature by showing the sigmoidal heat denaturation curve (red 18 curve in A). Cooling down to 37 °C where amyloid fibrils were prepared restored the 19 intensity of CD signal (A and B). A number of fibrillar aggregates following decreasing 20 the temperature to 37 °C were detected in the AFM image. Thus, these results suggested 21 that amyloid formation is a reversible process which ensured thermodynamic analyses. 22 The difference in the CD signal may be ascribed to fibrillar association (thickening of 23 fibrils) as observed in the AFM image. 24



**Figure S2. Thermodynamic and kinetic analyses of the ITC thermogram.** (A and B) ITC thermograms before (A) and after (B) the baseline correction. The integral tangential baseline (red curve) was introduced for the baseline correction of the raw ITC thermogram (gray curve) in *A* as used in the baseline correction of the DSC thermogram. (C) The area of the ITC peak for integration is colored with red. (D) Elongation rate constant was obtained using the fit of the post-part of the ITC peak to the single exponential function (red curve). (E) Lag time was defined as the time point at which the

integrated heat reaches 10 % of the total heat. We previously defined the lag time of
 amyloid formation of β2m,<sup>24</sup> lysozyme,<sup>25</sup> insulin,<sup>26</sup> and amyloid β peptides<sup>27</sup> as the time
 point at which the intensity of ThT fluorescence reaches 10 % of the maximum ThT
 intensity.





Figure S3. Dependencies of the lag time and rate constants for β2m amyloidogenesis
 on the stirring speed and the concentration of Ficoll. (A-F) Lag times (t<sub>lag</sub>) (A and B),
 elongation rate constants (k<sub>Elong</sub>) (C and D), and nucleation rate constants (k<sub>Nu</sub>) (E and F)
 were plotted as a function of the stirring speed at 37 °C (A, C, and E) and concentrations
 of Ficoll at 1,000 rpm and 37 °C (B, D, and F). Broken lines in *A-F* were drawn for eye guide.



Figure S4. ITC-based characterization of amyloid formation of D76N variant of  $\beta$ 2m, amyloid  $\beta$ (1-40), and glucagon at 37 °C. ITC thermograms of amyloid generation of D76N (1 mg ml<sup>-1</sup>) (A) amyloid  $\beta$ (1-40) (0.15 mg ml<sup>-1</sup>) (B), and glucagon (0.24 mg ml<sup>-1</sup>) (C) at the stirring speed of 600 rpm are shown after the baseline correction. The final concentration of NaCl was 100 mM.  $\Delta H$ , lag time,  $k_{Nu}$ , and  $k_{Elong}$  for amyloidogenesis of D76N (A) amyloid  $\beta$ (1-40) (B), and glucagon (C) are indicated. Each AFM image of sample solution after the incubation in the ITC cell is exhibited.



Figure S5. Morphological analysis of β2m amyloid fibrils formed under the different 16 stirring speeds. (A-E) Distribution of the height of amyloid fibrils formed at 37 °C with 17 the stirring speed of 600 (A), 800 (B), 1,000 (C), 1,200 (D), and 1,400 rpm (E) is shown. 18 Fractions of fibrils with distinct heights are represented using histograms at lower panels. 19 Best-fits to the Gaussian function are exhibited using color curves. Residuals of fit are 20 shown at upper panels. The center of the Gaussian fit is indicated the vertical line. (F) 21 Average values of the height of amyloid fibrils with standard deviations were plotted as 22 a function of the stirring speed for generating amyloids. 23



**concentrations of Ficoll.** (A-D) Distribution of the height of amyloid fibrils formed at 37 °C with the stirring speed of 1,000 rpm in the absence (A) and presence of Ficoll at 0.1 (B), 0.2 (C), and 0.3 g ml<sup>-1</sup> (D). Fractions of fibrils with distinct heights are represented using histograms. Color curves indicate best-fits to the Gaussian function. Residuals of fit are shown at upper panels. The center of the Gaussian fit is indicated the vertical line. (E) Average values of the height of amyloid fibrils with standard deviations were plotted as a function of the concentration of Ficoll for ITC measurements.



Figure S7. One-dimensional proton NMR spectra of β2m monomers in the presence 22 and absence of Ficoll. (A and B) Solution NMR spectra of acid-unfolded  $\beta$ 2m were 23 collected at 37 °C in the absence (black) and presence of excess amounts of Ficoll (red). 24 For better comparison, low and high field regions are separately represented for the main 25 chain and aromatic residues (A) and for the methyl and methylene groups of side chains 26 (B), respectively. NMR spectra after the subtraction of the spectrum of Ficoll are shown. 27 Far-UV CD spectra without changing the uncharacteristic pattern and signal intensity 28 (Fig. 2C) and no remarkable changes in the chemical shifts in one-dimensional proton 29 NMR spectra for solution of  $\beta 2m$  monomers were obtained, indicating no structural 30

- 1 changes of  $\beta$ 2m monomers at the atomic and secondary structure level upon the addition
- 2 of Ficoll.

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