Supporting information

Ultralight Supercapacitors Utilizing waste cotton pads for

Wearable Energy Storage

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Fig. S1 Optical image of PCPs as a part of the electric circuits to light the colorful LEDs.



Fig. S2 XRD spectra of precursor PCPs and PCPs@MnO₂.



Fig. S3 (a) CV and (b) GCD curves of the PCPs electrodes at different polymerization times under a scan rate of 10 mV s⁻¹ and current density of 2 mA cm⁻². (c) The areal capacitance of the PCPs electrodes calculated from GCD curves, respectively.



Fig. S4 (a) CV and (b) GCD curves of the PCPs@MnO₂ electrodes at different testing parameters. (c) The areal capacitance of the PCPs@MnO₂ electrodes calculated from GCD curves.



Fig. S5 CV curves of PCPs@MnO₂ electrode and PCPs@AC electrode at a scan rate of 50 mV s⁻¹.



Fig. S6 The areal capacitance of the PCPs@ MnO_2 //PCPs@AC ASC device calculated from the GCD curves.



Fig. S7 Comparison of the areal capacitance of $PCPs@MnO_2//AC$ ASC against those of different free-standing electrodes for supercapacitors.



Fig. S8 SEM image of PCPs@MnO₂ electrode after 5000 cycles.

Sample	Conductivity	Sheet resistance	Ref.
RGO/PPy/ cellulose papers (PPy/cellulose papers)	980 S m ⁻¹	$1.7 \ \Omega \ sq^{-1} \ (4.5 \ \Omega \ sq^{-1})$	5
PPy-coated paper	15 S cm ⁻¹	$4.5 \ \Omega \ sq^{-1}$	6
Flexible Polypyrrole Films	6.6 S cm ⁻¹	$8.2 \Omega \text{ sq}^{-1}$	7
PPy/TiO ₂ - cotton fabrics (PPy - cotton fabrics)	$6.3 \text{ S cm}^{-1} (7 \text{ S cm}^{-1})$		8
Polymer Paper	1 S cm ⁻¹		9
Polypyrrole Films	1.14 S cm ⁻¹		10
polypyrrole membranes	3.9 S cm ⁻¹		11
(CCS+CNF)@PANI	167.1 S m ⁻¹		12
MCF/N-CS/PANI	65 S m ⁻¹		13
PCP-120	7.9 S cm ⁻¹	3.7 Ω sq ⁻¹	This work

 Table S1 Comparison of the key performance characteristics of different conductive polymer-based

 electrodes

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