

Supporting information for

# Supramolecular Double Networks of Cellulose Nanofibrils and Algal Polysaccharides with Excellent Wet Mechanical Properties

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## *Measuring the fibril dimensions*

The dimensions of the fibrils were determined with atomic force microscopy (AFM) by adsorbing cellulose nanofibrils (CNF) for 1 min from a 0.001 wt% dispersion onto plasma-treated silicon wafers (boron-doped, p-type, 610-640  $\mu\text{m}$ ) already covered with a polyvinyl amine anchoring-layer (Lupamin 9095, BASF) adsorbed from a 0.1 g/L solution at pH 7.5 for 2 minutes. Images, 1x1  $\mu\text{m}$  in size, were acquired at random positions on the wafer using a MultiMode 8 AFM (Bruker, Santa Barbara, CA, USA) in the ScanAsyst mode.

## *Determining the G/M ratio of alginate*

The G and M ratio of the alginate was estimated by a method described by Grasdalen et al. in 1979<sup>1</sup> where the <sup>1</sup>H-NMR spectra was used to compare three different chemical shifts corresponding to G, M and GG. The alginate was hydrolyzed at pH 3 and 100 °C for 1 h, neutralized, and dried at room temperature. The alginate hydrolysate was dissolved in deuterated water to a dry content of 2 wt% for the <sup>1</sup>H-NMR analysis at 500 MHz on a DMX-500 NMR spectrometer (Bruker).

## *Carrageenan composition*

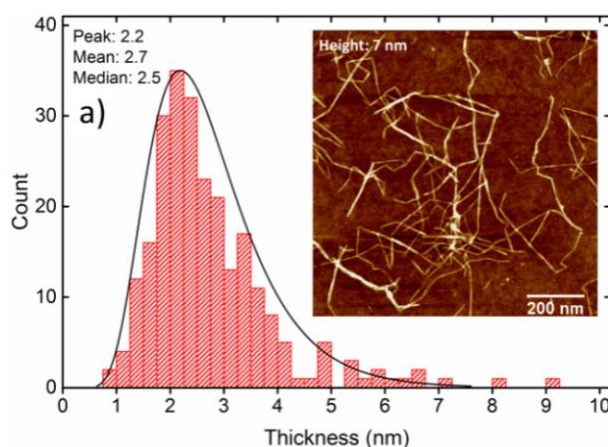
The carrageenan compositions was determined using  $^1\text{H}$ -NMR at ambient temperature and a concentration of 0.2 wt% where  $\kappa$ -carrageenan has a signature shift at 5.01 ppm and  $\iota$ -carrageenan has a signature shift at 5.20 ppm (Fig. S2).<sup>2</sup> The  $\iota$ -carrageenan sample also had a peak at 5.32 which might be  $\lambda$ -carrageenan or contamination from floridean starch.<sup>3</sup> Sharp NMR-shifts indicating oligomer or monomer fractions were also observed but these could be removed by dialysis.

### *Determining the molecular weight of alginate and carrageenan*

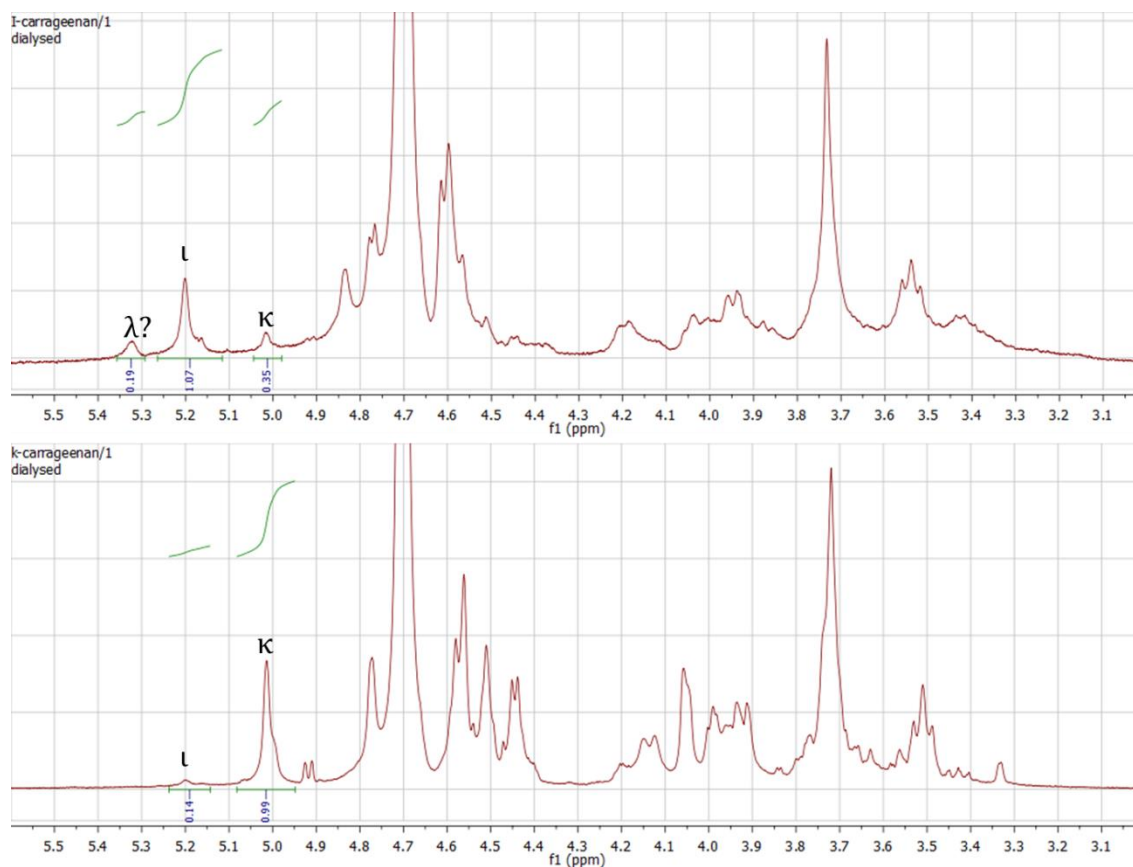
The molecular weights of the alginate and carrageenan were characterized by size exclusion chromatography in a Dionex Ultimate-3000 HPLC system (Dionex, Sunnyvale, CA, USA) with a series of three PSS suprema columns in the pore size configuration 30 Å, 1000 Å, and 1000Å, maintained at 40 °C with a mobile phase of 10 mM NaOH (1 ml/min). The relative molecular weight was determined using pullulan standards in the range of 342 to 708,000 Da (PSS, Germany).

### *SEM Characterization*

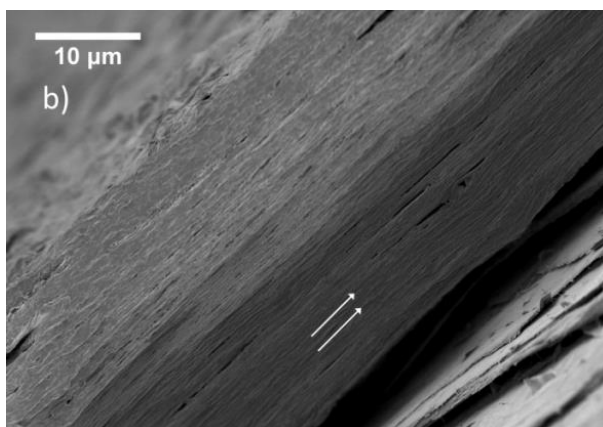
Characterizing the cross-section of a nanopaper was performed using FE-SEM imaging performed on a Hitachi S-4800 at 1.0 kV. The samples were mounted on a metal stub with carbon tape and coated with a 5 nm layer of Pt/Pd with a Cressington 208HR sputter coater.



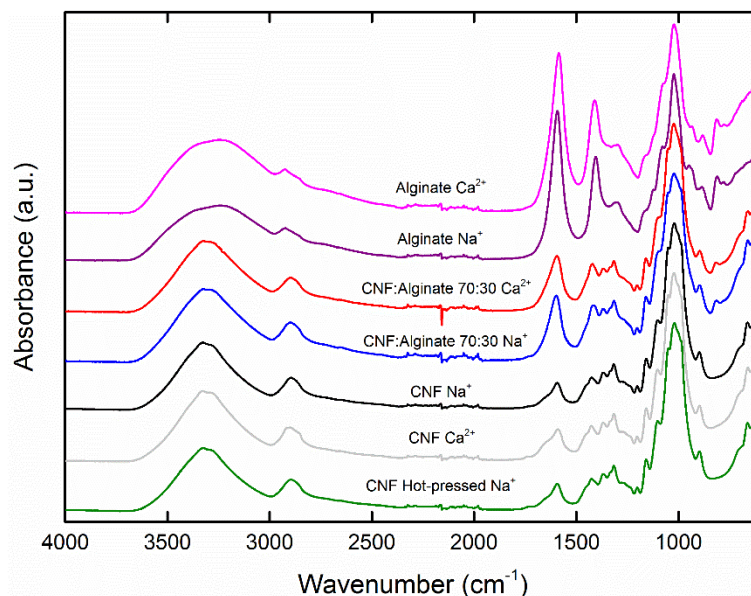
**Fig. S1** Distribution histogram and a log-norm fit of the CNF thickness. The inset shows an example of an AFM image used to measure the thickness.



**Fig. S2** NMR spectra of dialyzed ι-carrageenan and κ-carrageenan at a concentration of 0.2 wt% and 350 scans. The peaks corresponding to the type of carrageenan are marked with the associated Greek letters.



**Fig. S3** FE-SEM image of the cross-section after a cryo-fracture, showing the laminar structure of a nanopaper with the arrows indicating the plane direction. The bottom right corner shows delaminated layers produced during the sample preparation.



**Fig. S4** Normalized FTIR spectra of the CNF, alginate, and composite samples in the sodium or calcium states.

#### References

1. H. Grasdalen, B. Larsen and O. Smidsrød, *Carbohydr. Res.*, 1979, **68**, 23-31.
2. E. Tojo and J. Prado, *Carbohydr. Polym.*, 2003, **53**, 325-329.
3. F. van de Velde and H. S. Rollema, in *Modern Magnetic Resonance*, ed. G. A. Webb, Springer Netherlands, Dordrecht, 2006, DOI: 10.1007/1-4020-3910-7\_178, pp. 1605-1610.