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## **Supplementary materials**

## Materials and reagents

The DNA sequence was synthesized and purified in Shanghai Biological Engineering Co., Ltd (China). The details are showed in the supplementary information. Mn-ZnS QDs were synthesized from MPA (J&K Chemical Co Ltd., China), Mn(Ac), Zn(Ac)<sub>2</sub>·2H<sub>2</sub>O, Mn(Ac)<sub>2</sub>·4H<sub>2</sub>O and Na<sub>2</sub>S·9H<sub>2</sub>O (all Tianjin Kemiou Chemical Reagent Co., Ltd.). Ultrapure water (18.2 M $\Omega$  cm) was produced by a WaterPro ultrapure water system (Labconco, US). All solutions were prepared in ultrapure water.

## Instruments

The morphology of the QDs and QDs-DNA was observed on a JEM-2100 transmission electron microscope (TEM, JEOL Ltd. Japan). RTP was measured by a Cary Eclipse fluorescent spectrophotometer (Varian Co. Ltd, US), and pH was detected by a pH meter (Shanghai Lei-ci, China). The sizes and morphology of QDs were characterized on a Nano-ZS grain-size/Zeta potential analyzer (Malvern). Resonance light scattering (RLS) spectra were detected by the same fluorescence spectrophotometer at the scanning range of 200-700 nm.

## Synthesis of Mn-ZnS QDs

Mn-ZnS QDs were prepared by an existing method (Miao et al., 2014, 2015). In each time,  $Zn(Ac)_2$  (10 mL, 0.1 mol·L<sup>-1</sup>),  $Mn(Ac)_2$  (4 mL, 0.01 mol·L<sup>-1</sup>) and MPA (100 mL, 0.04 mol·L<sup>-1</sup>) solutions were added into a 250 mL three- necked bottle. The mixture was adjusted to pH 11 by adding a 1 mol·L<sup>-1</sup> NaOH solution and magnetically stirred for 30 min at room temperature and argon ventilation. Then 10 mL 0.1 mol·L<sup>-1</sup> of Na<sub>2</sub>S was injected under air isolation. After argon ventilation under stirring for 20 min and ageing in air for 2 hours, the resulting solution was kept at 50 °C to form MPA-capped Mn-ZnS QDs. Then a same volume of ethanol was added to precipitate the QDs. The resulting solution was centrifuged, washed with ethanol, and dried in a vacuum oven for 24 h, forming powder Mn-ZnS QDs.

Name of oligonucleotide	Sequence of oligonucleotide	
Capture DNA 1 (S1)	5'-SH-(CH <sub>2</sub> ) <sub>6</sub> -CTT CAA CGA TG-3'	
Capture DNA 2 (S2)	5'-CGG CAG AGG CAT - (CH <sub>2</sub> ) <sub>3</sub> -SH- 3'	
Target DNA (complementary	5'-CAT CGT TGA AGA TGC CTC TGC CG-3'	
DNA)		
Single-base mismatch DNA	5'-CAT CGT TGA AGA TCC CTC TGC CG-3'	
	(Replace the 14th base "G" of complementary	
	DNA with "C")	
Random DNA	5'-TCA TTC CAG CTC GTA ACG CTA TAG	
	ATA-3'	

 Table S1. Sequences of oligonucleotides used in this study.

Co-existing substance	[Co-existing substance] /	Change of the RTP
	[Target DNA ]	Intensity (%)
Na <sup>+</sup>	500000	+4.3
K <sup>+</sup>	100000	+3.7
Ca <sup>2+</sup>	600	-4.6
$Mg^{2+}$	500	-2.8
Glucose	10000	-3.8
Glutamic acid	800	-4.2
Alanine	1000	-3.3

**Table S2** Effect of co-existing substance (major biomolecules) on the RTP intensityof 50 nM target DNA.



**Fig. S1.** (a) The RTP emission spectra of Mn-ZnS QDs (10 mg L<sup>-1</sup>). Inset: schematic illustration of electronic transition involved in the RTP emission from Mn-ZnS QDs. Solutions were prepared in PBS (0.02M, pH 7.4). (b) TEM image of MPA-capped Mn-ZnS QDs.



**Fig.** S2. The effects of different concentrations of QDs-DNA (P1 and P2) on the phosphorescence quenching rate of the exciton energy transfer system were investigated after the target DNA (20 nM) was added.