## Simultaneous enhancement of red upconversion luminescence and CT contrast of NaGdF<sub>4</sub>:Yb,Er nanoparticles *via* Lu<sup>3+</sup> doping

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Fig. S1 (a) XPS survey spectrum and (b) C 1s, (c) Yb 4d, Er 4d, Lu  $4d_{5/2}$ , and Lu  $4d_{3/2}$ , respectively, (d) F 1s, (e) Na 1s, (f) Gd  $3d_{5/2}$  and Gd  $3d_{3/2}$  spectra of NaGdF<sub>4</sub>:18%Yb,2%Er,2.5%Lu NPs.



**Fig. S2** (a) STEM image (b-g) EDX elemental mapping of NaGdF<sub>4</sub>:18%Yb,2%Er,2.5%Lu NPs and line-profile analysis of NaGdF<sub>4</sub>:18%Yb,2%Er,2.5%Lu NPs with different elements (F, Gd, Na, Yb, Er and Lu), (h) EDX spectrum of NaGdF<sub>4</sub>:18%Yb,2%Er,2.5%Lu NPs. The scale bar is 25 nm.



**Fig. S3** The energy level diagram for the 4*f* electronic configurations of  $Yb^{3+}$  and  $Er^{3+}$  ions and the upconversion luminescence mechanism of  $Yb^{3+}/Er^{3+}$ -codoped materials with the excitation of 980 nm.



**Fig. S4** The dependence of the ratio of intensity  $({}^{5}D_{0} \rightarrow {}^{7}F_{2}/{}^{5}D_{0} \rightarrow {}^{7}F_{1})$  on Lu<sup>3+</sup> doping content in  $\beta$ -NaGdF<sub>4</sub>:1%Eu NPs doped with different concentrations of Lu<sup>3+</sup> ions.



**Fig. S5** Temporal evolution of UCL from the  ${}^{4}F_{9/2}$  level of  $Er^{3+}$  in the  $\beta$ -NaGdF<sub>4</sub>:Yb,Er,X%Lu NPs (X = 0, 1, 2.5, 4, 6 and 7.5) under the excitation of a 980 nm pulsed Raman shift laser: experimental data (black circles) and fitting by single-exponential function ( $I = I_0 \exp(-t/\tau)$ ) (red solid line).



**Fig. S6** (a) The zeta potential of  $NH_2$ -PEGylated-NaGdF<sub>4</sub>:Yb,Er (NPs-PEG-NH<sub>2</sub>) and NaGdF<sub>4</sub>:Yb,Er,2.5%Lu NPs (NPs-Lu-PEG-NH<sub>2</sub>). (b) *In vitro* cell viabilities of HepG-2 cells with NPs-NH<sub>2</sub> of different concentrations for 24 h.



**Fig. S7** The computed tomography images as well as CT values of liver and lung. (a-d) The computed tomography images of lung. (e) CT values of lung. (f-g) The computed tomography images of liver. (h) CT values of liver.

## Description of the upconversion luminescence (UCL) mechanism

The UCL mechanism can be described by the energy level diagram for the 4*f* electronic configurations of Yb<sup>3+</sup> and Er<sup>3+</sup> ions,<sup>[1]</sup> as shown in Fig. S3. The laser excitation of 980 nm widely used in the UCL experiments can pump Yb<sup>3+</sup> ion in the ground state  ${}^{2}F_{7/2}$  to its excited state  ${}^{2}F_{5/2}$ . And then such excited Yb<sup>3+</sup> ions undergo the radiative and non-radiative deexcitation processes, as shown by the emission transition  ${}^{2}F_{5/2} \rightarrow {}^{2}F_{7/2}$  and the energy transfer (ET) between Yb<sup>3+</sup> and Er<sup>3+</sup> ions. The later ET can effectively induce one and more resonant absorption transitions of Er<sup>3+</sup> ion, such as  ${}^{4}I_{15/2} \rightarrow {}^{4}I_{11/2}, {}^{4}I_{11/2} \rightarrow {}^{4}F_{7/2}, {}^{4}I_{13/2} \rightarrow {}^{4}F_{9/2}$  and  ${}^{4}F_{9/2} \rightarrow {}^{2}H_{9/2}$ , to form the two- and three-photon UC excitations with the help of the multiphoton relaxation processes between those  $4f^{11}$  energy levels close to each other. And thus the four luminescent energy levels  ${}^{4}F_{9/2}, {}^{4}S_{3/2}, {}^{2}H_{11/2}$  and  ${}^{2}H_{9/2}$  of Er<sup>3+</sup> ion can be sufficiently populated so as to generate the red, green and blue emissions to the ground state  ${}^{4}I_{15/2}$ , as observed in most UCL experiments.

## Reference

[1] W. T. Carnall, H. Crosswhite, H. M. Crosswhite, *Energy Level Structure and Transition Probabilities in the Spectra of the Trivalent Lanthanides in LaF*<sub>3</sub>, Argonne National Laboratory Report ANL 78-XX-95: Lemont, IL, 1978.