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## **Electronic supplementary information**

Hydrogen-bonded six-component assembly for capsule formation based on tetra(4-pyridyl)cavitand and isophthalic acid linker and its application to photoresponsive capsule

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General. DMF was distilled from CaH<sub>2</sub> under an argon atmosphere. The other solvents and all commercially available reagents were used without any purification. <sup>1</sup>H and <sup>13</sup>C NMR spectra were recorded at 400 and 100 MHz, respectively, on a JEOL JNM-AL400 spectrometer. DOSY NMR spectra were recorded at 600 MHz on a JEOL JNM-ECA600 spectrometer. High resolution FD-TOF-MS measurements were performed on a JEOL JMS-T100GCV. UV-vis absorption spectra were measured on a Shimadzu UV-2450. Photoirradiation was conducted with a 300 W Xe lamp through a color filter for 350 nm or 450 nm light with ASAHI SPECTRA MAX-302. Tetra(4-pyridyl)cavitand 1 was synthesized according to the literature. <sup>1</sup>

Scheme S1 Synthetic route of 2a.

$$\begin{array}{c} \text{CO}_2\text{CH}_3 \\ \text{H}_2\text{N} \\ \text{S} \end{array} \begin{array}{c} \text{1.1 equiv. NaNO}_2, \\ \text{2.5 equiv. HCl} \\ \text{H}_2\text{O}, \\ \text{O} \circ \text{C}, 0.5 \text{ h} \end{array} \\ \text{C} \\ \text{C} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. PhOH,} \\ \text{1.5 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{O} \circ \text{C to r.t., 0.5 h} \end{array} \\ \text{C} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{O} \circ \text{C to r.t., 0.5 h} \end{array} \\ \text{C} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{O} \circ \text{C to r.t., 0.5 h} \end{array} \\ \text{C} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{O} \circ \text{C to r.t., 0.5 h} \end{array} \\ \text{C} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{O} \circ \text{C to r.t., 0.5 h} \end{array} \\ \text{C} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{C}_2\text{CH}_3 \end{array} \\ \text{C}_2\text{CH}_3 \end{array} \begin{array}{c} \text{C}_1\text{-1.2 equiv. NaOH} \\ \text{H}_2\text{O}, \\ \text{C}_2\text{CH}_3 \end{array} \\ \text{C}_2\text{C}_1\text{C}_3 \end{array} \\ \text{C}_2\text{C}_1\text{C}_3 \end{array} \begin{array}{c} \text{C}_1\text{C}_2\text{CH}_3 \\ \text{C}_2\text{C}_2\text{CH}_3 \end{array} \\ \text{C}_2\text{C}_1\text{C}_3 \end{array} \\ \text{C}_2\text{C}_1\text{C}_3 \end{array} \begin{array}{c} \text{C}_1\text{C}_2\text{C}_1\text{C}_3 \\ \text{C}_2\text{C}_1\text{C}_3 \end{array} \\ \text{C}_2\text{C}_1\text{C}_1\text{C}_1\text{C}_1\text{C}_1\text{C}_1\text{C}_1\text{C}_2\text{C}_1\text{C}_3 \end{array} \\ \text{C}_2\text{C}_2\text{C}_1\text{C}_3 \end{array} \\ \text{C}_2\text{C}_1\text{C}_1\text{C}_1\text{C}_1\text{C}_1\text{C}_2\text{C}_1\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C}_2\text{C}_1\text{C}_2\text{C$$

Scheme S2 Synthetic route of trans-2b.

**Compound 2a'.** To a mixture of dimethyl 5-hydroxyisophthalate **3** (4.62 g, 22.0 mmol) and K<sub>2</sub>CO<sub>3</sub> (9.11 g, 65.9 mmol) under Ar was added a solution of the tosylate of triethylene glycol monomethyl ether (TEG) **4** (16.9 g, 53.1 mmol) in dry DMF (50 mL). The resulting mixture was stirred at 90 °C for 15 h under Ar. After cooling to room temperature, the reaction mixture was filtered and washed with EtOAc. The filtrate was partitioned between EtOAc and H<sub>2</sub>O. The organic layer was washed with H<sub>2</sub>O (5 times) and brine and dried over Na<sub>2</sub>SO<sub>4</sub>. After evaporation of solvents, the residue was purified by column chromatography on silica gel eluted with EtOAc–hexane (1:1) to give **2a'** (7.20 g, 92% yield) as a colorless oil. <sup>1</sup>H NMR (CDCl<sub>3</sub>)  $\delta$  8.29 (s, 1H), 7.78 (d, J = 1.5 Hz, 2H), 4.32 (t, J = 4.4 Hz, 2H), 3.93 (s, 6H), 3.88 (t, J = 4.4 Hz, 2H), 3.77–3.29 (m, 8H), 3.37 (s, 3H); <sup>13</sup>C NMR (CDCl<sub>3</sub>)  $\delta$  166.1, 159.9, 131.8, 123.1, 120.0, 71.9, 70.9, 70.7, 70.6, 69.5, 68.1, 59.0, 52.4; FD-TOF-MS m/z calcd for C<sub>17</sub>H<sub>24</sub>O<sub>8</sub>: 356.1471 [M]<sup>+</sup>, found: 356.1488.

**Compound 2a.** To a solution of **2a'** (7.20 g, 20.2 mmol) in THF (50 mL) was added 3 M aq. KOH (40 mL, 120 mmol). The resulting mixture was stirred at 70 °C for 14 h under Ar. After cooling to room temperature and then evaporation of THF, the reaction mixture was acidified to pH = ca. 3 with 2 M aq. HCl at 0 °C. The resulting precipitate was filtered and washed with  $H_2O$  and then dried in vacuo to give **2a** (5.85 g, 88% yield) as a white solid. Mp. 128-129 °C; <sup>1</sup>H NMR

(DMSO- $d_6$ )  $\delta$  13.3 (s, 2H), 8.06 (t, J = 1.5 Hz, 1H), 7.64 (d, J = 1.5 Hz, 2H), 4.19 (t, J = 4.4 Hz, 2H), 3.76 (t, J = 4.4 Hz, 2H), 3.60–3.39 (m, 8H), 3.21 (s, 3H); <sup>13</sup>C NMR (DMSO- $d_6$ )  $\delta$  166.3, 158.6, 132.6, 122.2, 119.1, 71.2, 69.9, 69.7, 69.5, 68.7, 67.8, 58.0; FD-TOF-MS m/z calcd for  $C_{15}H_{20}O_8$ : 328.1158 [M]<sup>+</sup>, found: 328.1184.

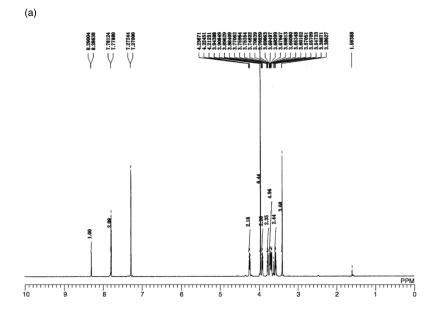
**Dimethyl** *trans*-5-(4-hydroxyphenylazo)isophthalate (6). Compound 6 was synthesized by a modified procedure of the literature.<sup>2</sup> To a suspension of dimethyl 5-aminoisophthalate 5 (3.00 g, 14.3 mmol) in H<sub>2</sub>O (40 mL) was added 2 M aq. HCl (18 mL). To the resulting solution at 0 °C was added dropwise a solution of NaNO<sub>2</sub> (1.09 g, 15.8 mmol) in ice cold H<sub>2</sub>O (10 mL) over a period of 10 min. The resulting mixture was stirred at 0 °C for 20 min. To the resulting diazonium salt solution at 0 °C was added dropwise a solution of phenol (1.61 g, 17.1 mmol) in ice cold 3 M aq. NaOH solution (7 mL) over a period of 10 min. The reaction mixture was stirred and allowed to warm up to room temperature for 30 min, and then CH<sub>3</sub>CO<sub>2</sub>H (1.2 mL, 21 mmol) was added to the the reaction mixture at 0 °C. The resulting precipitate was filtered and washed with H<sub>2</sub>O and then dried in vacuo to give 6 (2.25 g, 50% yield) as an orange solid. Mp. 215-216 °C; <sup>1</sup>H NMR (DMSO-*d*<sub>6</sub>) δ 10.51 (s, 1H), 8.48 (d, J = 1.5 Hz, 2H), 8.47 (t, J = 1.5 Hz, 1H), 7.86 (d, J = 8.8 Hz, 2H), 6.95 (d, J = 8.8 Hz, 2H), 3.92 (s, 6H); <sup>13</sup>C NMR (DMSO-*d*<sub>6</sub>) d 164.9, 161.9, 152.3, 145.0, 131.5, 130.4, 126.3, 125.5, 116.1, 52.7.

Compound *trans*-2b'. To a mixture of **6** (1.34 g, 4.26 mmol) and  $K_2CO_3$  (1.77 g, 12.8 mmol) under Ar was added a solution of the tosylate of the two dichotomous branching TEG groups  $7^3$  (7.06 g, 12.8 mmol) in dry DMF (50 mL). The resulting mixture was stirred at 100 °C for 36 h under Ar and light shielding. After cooling to room temperature, the reaction mixture was filtered and washed with EtOAc. The filtrate was partitioned between EtOAc and  $H_2O$ . The organic layer was washed with  $H_2O$  (5 times) and brine and dried over  $Na_2SO_4$ . After evaporation of solvents, the residue was purified by column chromatography on silica gel eluted with EtOAc and then EtOAc–MeOH (100:1) to give *trans*-2b' (1.68 g, 57% yield) as an orange viscous oil. <sup>1</sup>H NMR (CDCl<sub>3</sub>)  $\delta$  8.76 (t, J = 1.5 Hz, 1H), 8.71 (d, J = 1.5 Hz, 2H), 7.97 (d, J = 8.8 Hz, 2H), 7.05 (d, J = 8.8 Hz, 2H), 4.16 (d, J = 5.9 Hz, 2H), 4.01 (s, 6H), 3.67-3.63 (m, 24H), 3.55-3.53 (m, 4H), 3.38 (s, 6H), 2.48-2.45 (m, 1H); <sup>13</sup>C NMR (CDCl<sub>3</sub>)  $\delta$  165.9, 162.4, 152.9, 146.6, 131.6, 127.5, 125.3, 114.9, 71.9, 70.68, 70.65, 70.63, 70.54, 70.51, 69.2, 66.5, 59.1, 52.6, 39.9; FD-TOF-MS m/z calcd for  $C_{34}H_{50}N_2O_{13}$ : 694.3313 [M]<sup>+</sup>, found: 694.3334.

Compound *trans*-2b. To a solution of 2a' (980 mg, 1.41 mmol) in THF (30 mL) was added 3 M aq. KOH (3 mL, 9 mmol). The resulting mixture was stirred at 70 °C for 14 h under Ar and light shielding. After cooling to room temperature and then evaporation of THF, the reaction mixture was acidified to pH = ca. 3 with 2 M aq. HCl at 0 °C. The resulting precipitate was filtered and washed with H<sub>2</sub>O and then dried in vacuo to give *trans*-2b (733 mg, 78% yield) as an orange viscous solid. <sup>1</sup>H NMR (CDCl<sub>3</sub>)  $\delta$  8.75 (s, 1H), 8.56 (s, 2H), 7.70 (d, J = 8.8 Hz, 2H), 6.92 (d, J = 8.8 Hz, 2H), 4.14-4.12 (m, 2H), 3.69-3.65 (m, 24H), 3.58-3.56 (m, 4H), 3.39 (s, 6H), 2.50-2.47 (m, 1H); <sup>13</sup>C NMR (CDCl<sub>3</sub>)  $\delta$  169.4, 162.6, 153.0, 146.8, 132.8, 131.8, 128.7, 125.7, 115.2, 72.3, 71.02, 71.00, 70.94, 70.89, 69.7, 66.7, 59.4, 40.2; FD-TOF-MS m/z calcd for C<sub>32</sub>H<sub>46</sub>N<sub>2</sub>O<sub>13</sub>: 666.3000 [M]<sup>+</sup>, found: 666.3029.

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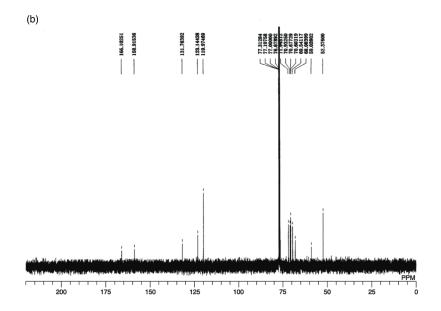
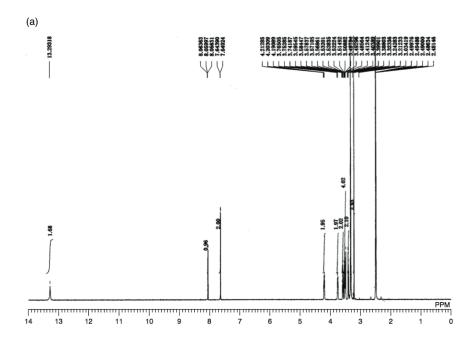
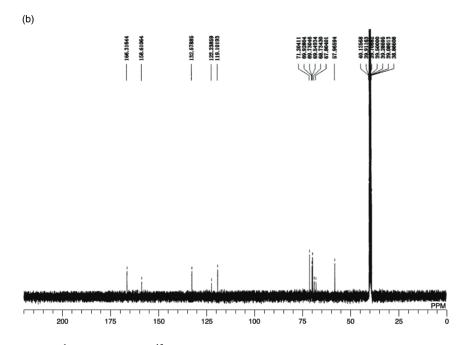
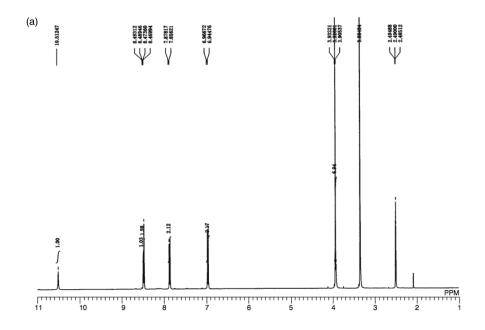


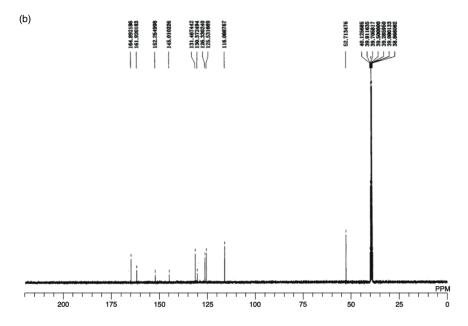
Fig. S1 (a) <sup>1</sup>H NMR and (b) <sup>13</sup>C NMR spectra of 2a' in CDCl<sub>3</sub>.



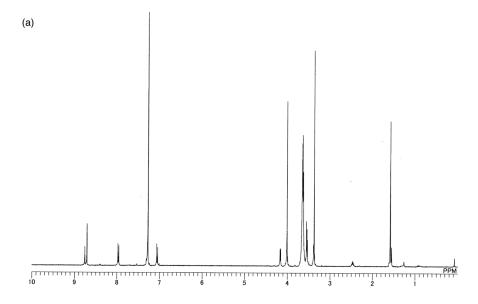


**Fig. S2** (a)  $^{1}$ H NMR and (b)  $^{13}$ C NMR spectra of **2a** in DMSO- $d_6$ .





**Fig. S3** (a)  $^{1}$ H NMR and (b)  $^{13}$ C NMR spectra of **6** in DMSO- $d_{6}$ .



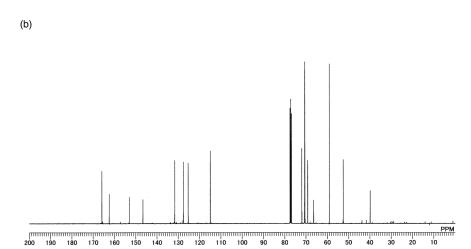


Fig. S4 (a) <sup>1</sup>H NMR and (b) <sup>13</sup>C NMR spectra of *trans-*2b' in CDCl<sub>3</sub>.

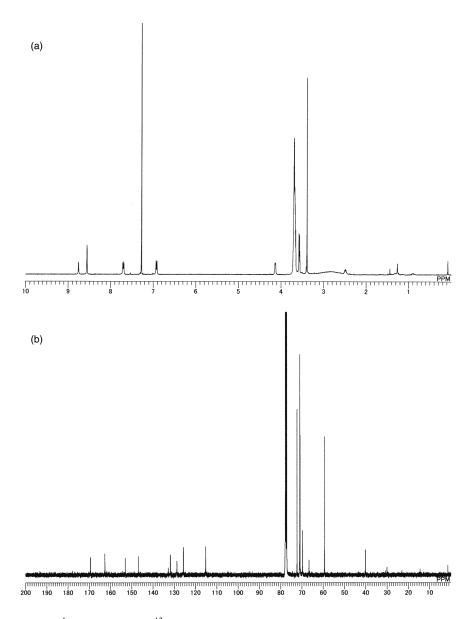
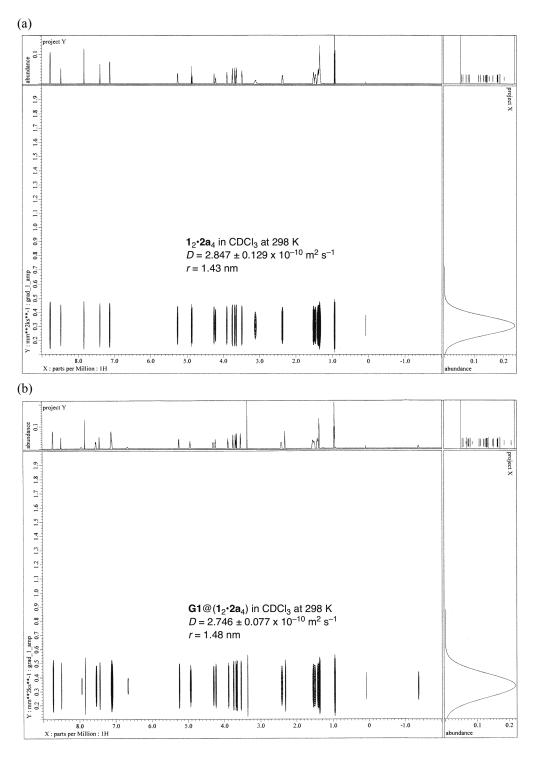


Fig. S5 (a) <sup>1</sup>H NMR and (b) <sup>13</sup>C NMR spectra of *trans-*2b in CDCl<sub>3</sub>.



**Fig. S6** DOSY NMR spectra (600 MHz) of (a)  $1_2 \cdot 2a_4$  (2 mM: [1] = 4 mM and [2a] = 8 mM) and (b)  $G1@(1_2 \cdot 2a_4)$  (2 mM: [1] = 4 mM, [2a] = 8 mM, and [G1] = 6 mM) in CDCl<sub>3</sub> at 298 K. Diffusion time = 200 ms. Grad 1 = 1.1 ms. Grad 1 amp =  $0.010 \sim 0.290$  T/m, 16 points. Relaxation delay = 7 s.

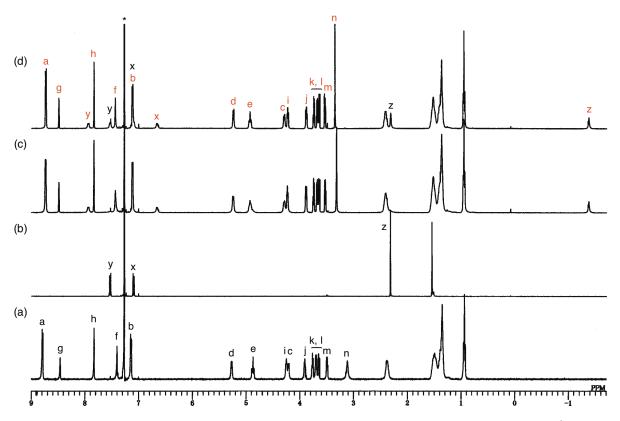
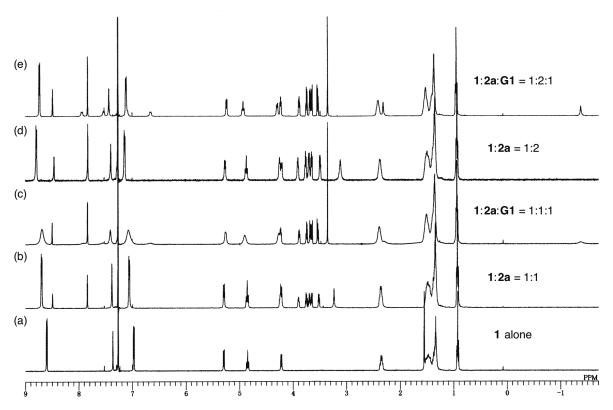


Fig. S7 Association behavior of self-assembled capsule  $\mathbf{1}_2 \cdot \mathbf{2} \mathbf{a}_4$  (2 mM) with guest G1, monitored by  $^1H$  NMR (CDCl<sub>3</sub>, 298 K): (a)  $\mathbf{1}_2 \cdot \mathbf{2} \mathbf{a}_4$  alone, (b) G1 alone, (c)  $\mathbf{1}_2 \cdot \mathbf{2} \mathbf{a}_4 + \mathbf{G1}$  (1 equiv), and (d)  $\mathbf{1}_2 \cdot \mathbf{2} \mathbf{a}_4 + \mathbf{G1}$  (2 equiv). The marked signals are assigned in Scheme 1a,c. The representative signals of free G1 and guest-free  $\mathbf{1}_2 \cdot \mathbf{2} \mathbf{a}_4$  are shown in black, and the representative signals of  $\mathbf{G1} \otimes (\mathbf{1}_2 \cdot \mathbf{2} \mathbf{a}_4)$  are shown in red. The asterisk is the residual solvent signal.



**Fig. S8** Association behavior of a mixture of **1**, **2a**, and **G1** in various ratios, monitored by  ${}^{1}H$  NMR (CDCl<sub>3</sub>, 298 K): (a) **1** alone, (b) [**1**] = 4 mM and [**2a**] = 4 mM, (c) [**1**] = 4 mM, [**2a**] = 4 mM, and [**G1**] = 4 mM, (d) [**1**] = 4 mM and [**2a**] = 8 mM ([**1**<sub>2</sub>•**2a**<sub>4</sub>] = 2 mM), and (e) [**1**] = 4 mM, [**2a**] = 8 mM, and [**G1**] = 4 mM (**G1**@(**1**<sub>2</sub>•**2a**<sub>4</sub>) + **G1**).

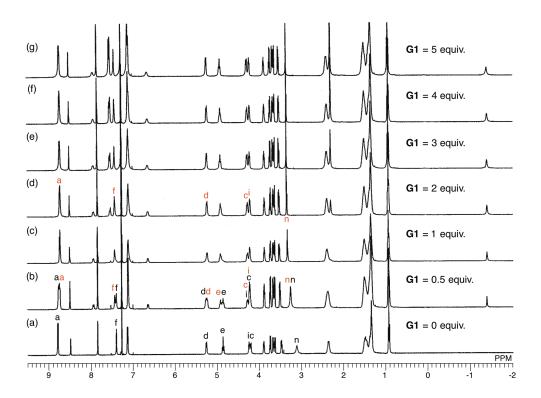
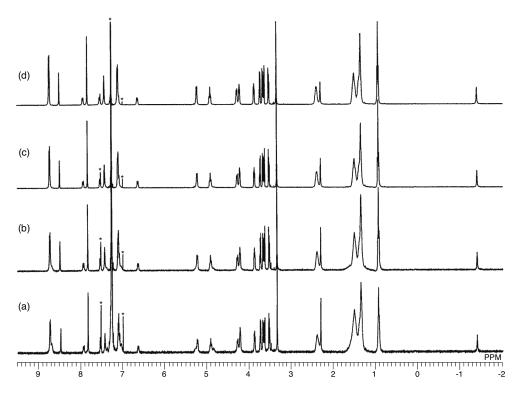


Fig. S9 Association behavior of self-assembled capsule  $1_2 \cdot 2a_4$  (2 mM) with guest G1 in various ratios, monitored by <sup>1</sup>H NMR (CDCl<sub>3</sub>, 298 K): (a)  $1_2 \cdot 2a_4$  alone, (b)  $1_2 \cdot 2a_4 + G1$  (0.5 equiv), (c)  $1_2 \cdot 2a_4 + G1$  (1 equiv), (d)  $1_2 \cdot 2a_4 + G1$  (2 equiv), (e)  $1_2 \cdot 2a_4 + G1$  (3 equiv), (f)  $1_2 \cdot 2a_4 + G1$  (4 equiv), and (g)  $1_2 \cdot 2a_4 + G1$  (5 equiv). The marked signals are assigned in Scheme 1a,c. The representative signals of guest-free  $1_2 \cdot 2a_4$  and  $G1@(1_2 \cdot 2a_4)$  are shown in black and red, respectively.



**Fig. S10** Dilution experiments of  $G1@(1_2 \cdot 2a_4)$  (2–0.25 mM), monitored by <sup>1</sup>H NMR (CDCl<sub>3</sub>, 298 K), wherein 1:2a:G1 ratio is constant with 1:2:1: (a) [1] = 0.5 mM, [2a] = 1 mM, and [G1] = 0.5 mM, (b) [1] = 1 mM, [2a] = 2 mM, and [G1] = 1 mM, (c) [1] = 2 mM, [2a] = 4 mM, and [G1] = 2 mM, and (d) [1] = 4 mM, [2a] = 8 mM, and [G1] = 4 mM. Asterisks are the residual solvent signal and its satellite signal.

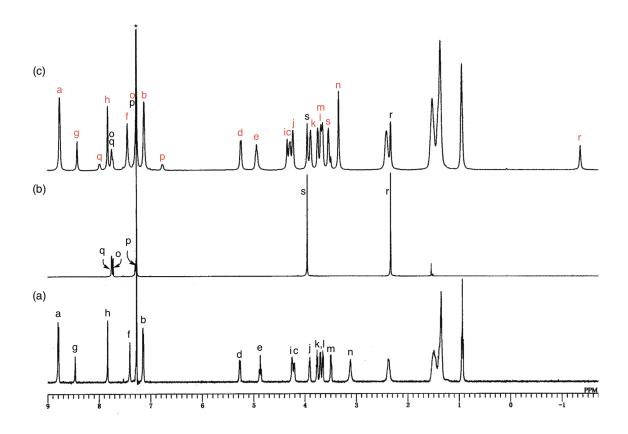


Fig. S11 Association behavior of self-assembled capsule  $1_2 \cdot 2a_4$  (2 mM) with guest G2, monitored by <sup>1</sup>H NMR (CDCl<sub>3</sub>, 298 K): (a)  $1_2 \cdot 2a_4$  alone, (b) G2 alone, and (c)  $1_2 \cdot 2a_4 + G2$  (2 equiv). The marked signals are assigned in Scheme 1a,c. The representative signals of free G2 and guest-free  $1_2 \cdot 2a_4$  are shown in black, and the representative signals of  $G2@(1_2 \cdot 2a_4)$  are shown in red. The asterisk is the residual solvent signal.

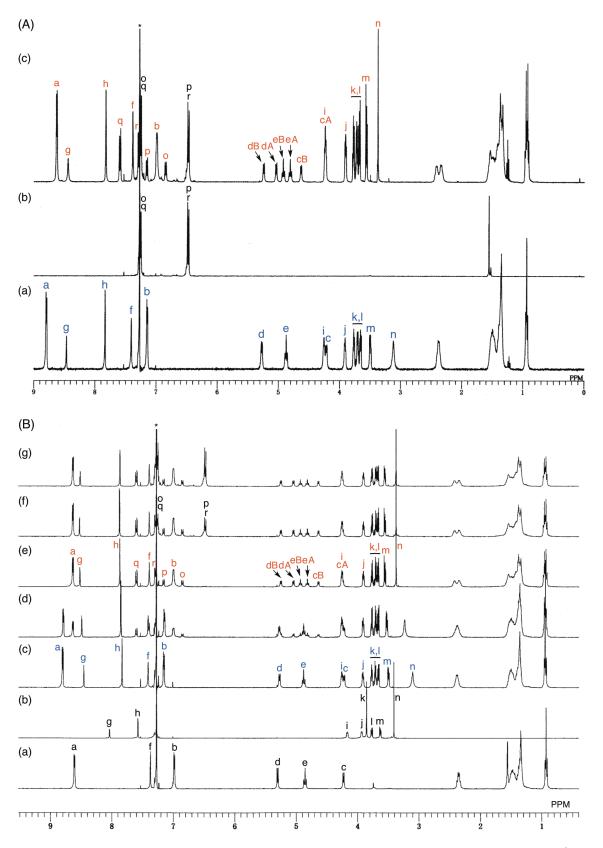


Fig. S12 Association behavior of self-assembled capsule 1<sub>2</sub>•2a<sub>4</sub> (2 mM) with guest G3, monitored by <sup>1</sup>H NMR (CDCl<sub>3</sub>, 298 K).

(A) (a)  $\mathbf{1}_2 \cdot \mathbf{2a}_4$  alone, (b) G3 alone, and (c)  $\mathbf{1}_2 \cdot \mathbf{2a}_4 + \mathbf{G3}$  (2 equiv). The marked signals are assigned in Scheme 1a,c and Fig. 4. The representative signals of free G3 and guest-free  $\mathbf{1}_2 \cdot \mathbf{2a}_4$  are shown in black and blue, respectively, and the representative signals of  $\mathbf{G3}@(\mathbf{1}_2 \cdot \mathbf{2a}_4)$  are shown in red. The asterisk is the residual solvent signal.

(B) (a) 1 alone, (b) 2a alone, (c)  $1_2 \cdot 2a_4$  alone, (d)  $1_2 \cdot 2a_4 + G3$  (0.5 equiv), (e)  $1_2 \cdot 2a_4 + G3$  (1 equiv), (f)  $1_2 \cdot 2a_4 + G3$  (2 equiv), and (g)  $1_2 \cdot 2a_4 + G3$  (3 equiv). The representative signals of free 1 and free 2a are also shown in black.

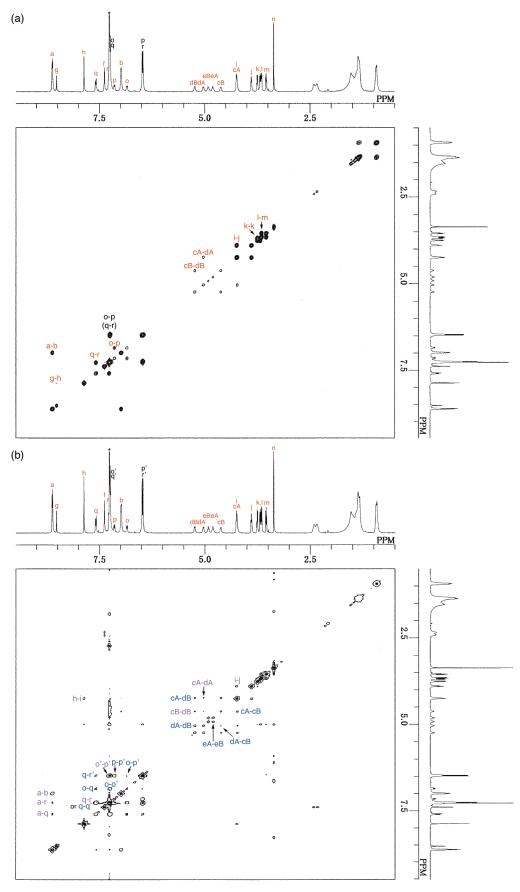


Fig. S13 (a)  ${}^{1}\text{H}-{}^{1}\text{H}$  COSY spectrum of a mixture of  $\mathbf{1}_{2} \cdot \mathbf{2} \mathbf{a}_{4}$  (2 mM) and G3 (4 mM) in CDCl<sub>3</sub> at 298 K. The representative signals of free G3 and G3@( $\mathbf{1}_{2} \cdot \mathbf{2} \mathbf{a}_{4}$ ) are shown in black and red, respectively. (b) 2D NOESY spectrum (mixing time = 0.4 s and pulse delay = 1.5 s) of a mixture of  $\mathbf{1}_{2} \cdot \mathbf{2} \mathbf{a}_{4}$  (2 mM) and G3 (4 mM) in CDCl<sub>3</sub> at 298 K. Assignments of NOE correlations and exchange cross-peaks are shown in purple and blue, respectively.

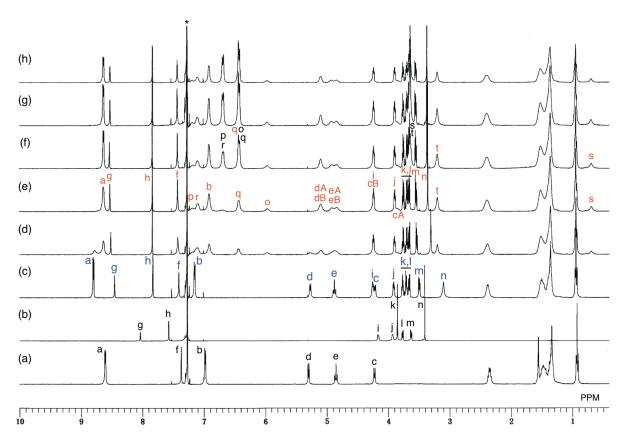


Fig. S14 Association behavior of self-assembled capsule 1<sub>2</sub>•2a<sub>4</sub> (2 mM) with guest G4, monitored by <sup>1</sup>H NMR (CDCl<sub>3</sub>, 298 K): (a) 1 alone, (b) 2a alone, (c) 1<sub>2</sub>•2a<sub>4</sub> alone, (d) 1<sub>2</sub>•2a<sub>4</sub> + G4 (0.5 equiv), (e) 1<sub>2</sub>•2a<sub>4</sub> + G4 (1 equiv), (f) 1<sub>2</sub>•2a<sub>4</sub> + G4 (2 equiv), and (g) 1<sub>2</sub>•2a<sub>4</sub> + G4 (3 equiv); (h) 1<sub>2</sub>•2a<sub>4</sub> + G4 (3 equiv) after heating 50 °C for 24 h. The marked signals are assigned in Scheme 1a,c (see also Fig. 4). The representative signals of free G4 and guest-free 1<sub>2</sub>•2a<sub>4</sub> are shown in black and blue, respectively, and the representative signals of G4@(1<sub>2</sub>•2a<sub>4</sub>) are shown in red. The representative signals of free 1 and free 2a are also shown in black. The asterisk is the residual solvent signal.

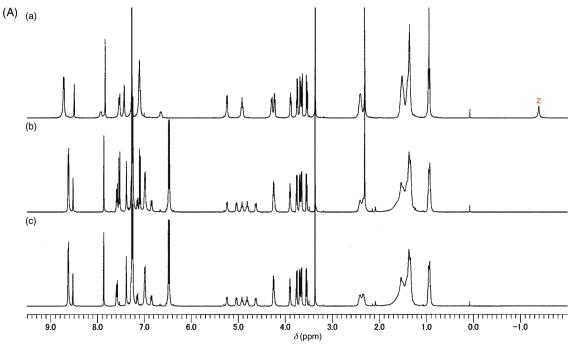


Fig. S15 <sup>1</sup>H NMR spectra (CDCl<sub>3</sub>, 298 K) for the competitive guest-encapsulation experiments of  $1_2 \cdot 2a_4$ . (A) (a)  $1_2 \cdot 2a_4$  (2 mM) and G1 (6 mM) (G1@( $1_2 \cdot 2a_4$ ) and free G1), (b) a mixture of  $1_2 \cdot 2a_4$  (2 mM), G1 (6 mM), and G3 (4 mM), and (c)  $1_2 \cdot 2a_4$  (2 mM) and G3 (4 mM) (G3@( $1_2 \cdot 2a_4$ ) and free G3).

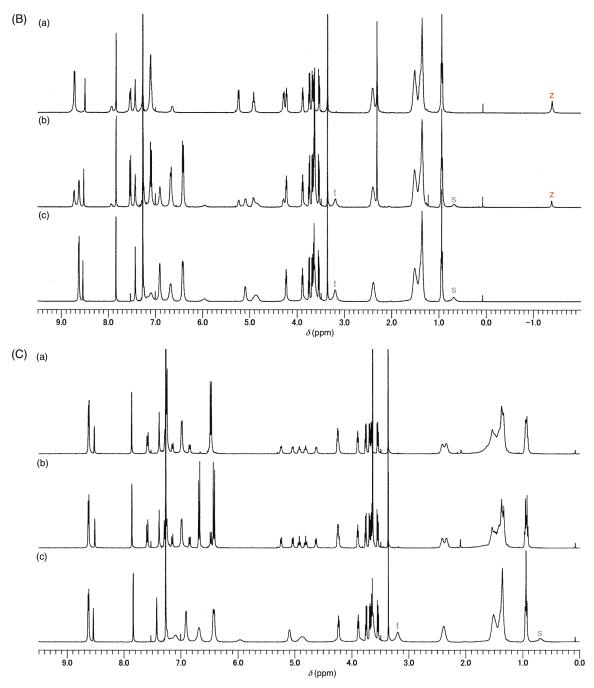
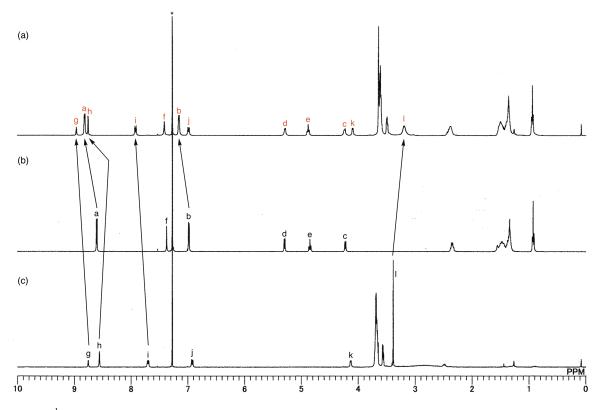


Fig. S15 (continued)  $^1$ H NMR spectra (CDCl<sub>3</sub>, 298 K) for the competitive guest-encapsulation experiments of  $1_2 \cdot 2a_4$ . (B) (a)  $1_2 \cdot 2a_4$  (2 mM) and G1 (6 mM) (G1@( $1_2 \cdot 2a_4$ ) and free G1), (b) a mixture of  $1_2 \cdot 2a_4$  (2 mM), G1 (6 mM), and G4 (4 mM), and (c)  $1_2 \cdot 2a_4$  (2 mM) and G4 (4 mM) (G4@( $1_2 \cdot 2a_4$ ) and free G4). (C) (a)  $1_2 \cdot 2a_4$  (2 mM) and G3 (4 mM) (G3@( $1_2 \cdot 2a_4$ ) and free G3), (b) a mixture of  $1_2 \cdot 2a_4$  (2 mM), G3 (4 mM), and G4 (4 mM), and (c)  $1_2 \cdot 2a_4$  (2 mM) and G4 (4 mM) (G4@( $1_2 \cdot 2a_4$ ) and free G4).



**Fig. S16** <sup>1</sup>H NMR spectra (CDCl<sub>3</sub>, 298 K) of (a) self-assembled capsule  $\mathbf{1}_{2} \cdot (trans-2\mathbf{b})_{4}$  ([1] = 4 mM and  $[trans-2\mathbf{b}] = 8$  mM), (b) 1 alone, and (c)  $trans-2\mathbf{b}$  alone. The signals marked a–l are assigned in Scheme 2a. The representative signals of free species and capsule  $\mathbf{1}_{2} \cdot (trans-2\mathbf{b})_{4}$  are shown in black and red, respectively. Asterisk is the residual solvent signal.

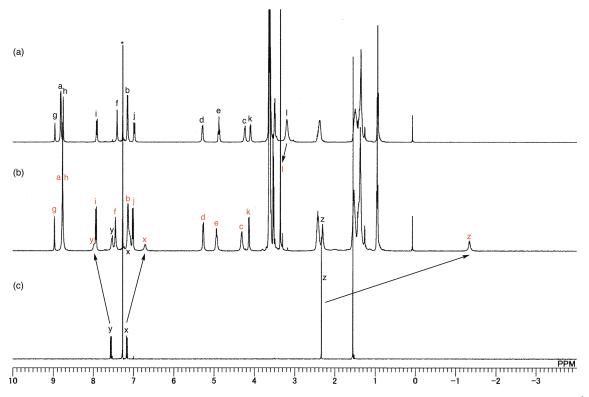


Fig. S17 Association behavior of self-assembled capsule  $\mathbf{1}_2 \bullet (trans-2\mathbf{b})_4$  (2 mM) with guest G1, monitored by <sup>1</sup>H NMR (CDCl<sub>3</sub>, 298 K): (a)  $\mathbf{1}_2 \bullet (trans-2\mathbf{b})_4$  alone, (b)  $\mathbf{1}_2 \bullet (trans-2\mathbf{b})_4 + \mathbf{G1}$  (2 equiv), and (c) G1 alone. The marked signals are assigned in Scheme 2a. The representative signals of free G1 and guest-free  $\mathbf{1}_2 \bullet (trans-2\mathbf{b})_4$  are shown in black, and the representative signals of  $\mathbf{G1} @ [\mathbf{1}_2 \bullet (trans-2\mathbf{b})_4]$  are shown in red. The asterisk is the residual solvent signal.

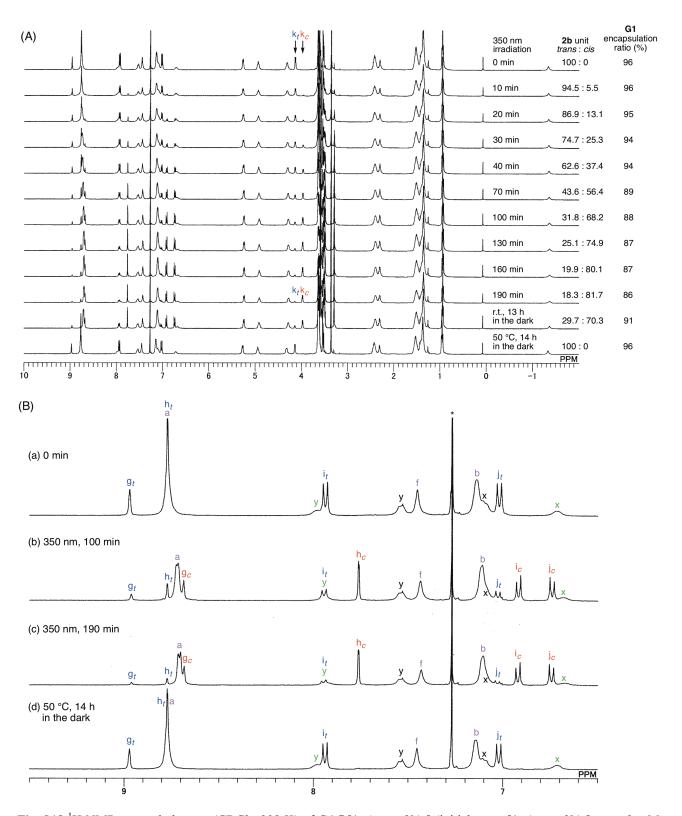


Fig. S18 <sup>1</sup>H NMR spectral changes (CDCl<sub>3</sub>, 298 K) of G1@[ $1_2 \cdot (trans-2b)_4$ ] (initial state: [ $1_2 \cdot (trans-2b)_4$ ]<sub>initial</sub> = 2 mM and [G1]<sub>initial</sub> = 4 mM) upon 350 nm irradiation with a 300 W Xe lamp through a color filter for 350 nm light.

(A) Full spectra with *trans:cis* ratios of the subunit **2b** and **G1**-encapsulation ratios as a function of 350 nm irradiation

time (min) and upon thermal reversion under light shielding.

<sup>(</sup>B) Selective spectra of Fig. S18A in the region between 9.5 and 6.5 ppm: (a) before irradiation, (b) after irradiation for 100 min, (c) after irradiation for 190 min, and (d) after heating at 50 °C for 14 h under light shielding. The signals marked a–l and x–z are assigned in Scheme 2a. The representative signals of the subunit 1 are shown in purple, and the representative signals of free and encapsulated G1 are shown in black and green, respectively. The representative signals of the subunits *trans*-2b and *cis*-2b are shown in blue and red, respectively. The subscript 't' and 'c' indicate the subunits *trans*-2b and *cis*-2b, respectively. Asterisk is the residual solvent signal.