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## **Supplementary data**

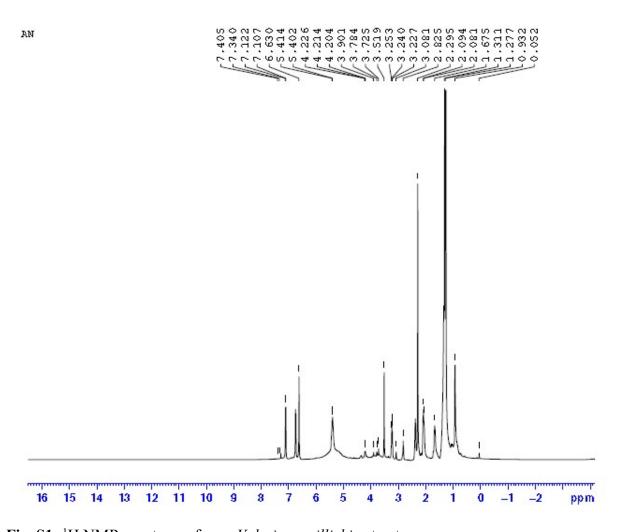


Fig. S1: <sup>1</sup>H NMR spectrum of pure *Valeriana willichi* extract.