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## Supplementary Materials

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## 1 Understanding cell migration with a Fokker-Planck equation

The distribution of cell orientation  $\theta$  (Figure 9(a)-(c)) shows two peaks in the probability density function. This indicates that the cell prefers to move either way along the stretching direction,  $\theta = \pm \pi/2$ . We can therefore propose a Langevin equation for  $\theta$ :

$$\frac{d\theta(t)}{dt} = -N_{fiber}k_c\sin\left(2\theta(t) - 2\theta_0\right) + \eta(t) \tag{1}$$

where  $\theta(t)$  is the orientation of the cell at time t,  $\theta_0 = \pi/2$  which is the fiber alignment direction,  $\eta$  a white noise, and  $k_c$  is a coupling strength between the cell moving direction (orientation) and fiber alignment. The strength of the white noise is defined by  $\langle \eta(t)\eta(t') \rangle = 2B\delta(t-t')$ . The corresponding Fokker-Planck equation is:

$$\frac{\partial \rho(\theta, t)}{\partial t} = \frac{\partial}{\partial \theta} \left[ N_{fiber} k_c \sin(2\theta(t) - 2\theta_0) \rho(\theta, t) \right]$$
(2)

$$+B\frac{\partial^2 \rho(\theta,t)}{\partial \theta^2} \tag{3}$$

The steady state solution is:

$$\rho(\theta) = \exp(N_{fiber}k'_c \cos(2\theta - 2\theta_0))/const \tag{4}$$

Here  $k'_c = k_c/B$ . We can try to fit the distribution of the cell orientation with Eq. (4) by tuning k'.

As we can see in Figure 9 a-c, Eq. (4) is consistent with the distribution obtained from simulations. We can further calculate the nematic order of the cell orientation  $N_{cell} = \langle \cos(2\theta - 2\theta_0) \rangle$ :

$$N_{cell} = \int_{-\pi}^{\pi} \cos(2\theta - 2\theta_0)\rho(\theta)d\theta$$
(5)

$$= \int_{-\pi}^{\pi} \cos(2\theta) \exp(N_{fiber} k_c' \cos(2\theta)) d\theta / C \tag{6}$$

where C is a normalization constant. For small strain  $\epsilon,$  the fiber alignment is weak, hence:

$$C \approx \int_{-\pi}^{\pi} \left(1 + N_{fiber} k_c' \cos(2\theta)\right) d\theta = 2\pi$$
(7)

Similarly,

$$N_{cell} \approx \int_{-\pi}^{\pi} \cos(2\theta) [1 + N_{fiber} k'_c \cos(2\theta)] d\theta$$
(8)

$$= \int_{-\pi}^{\pi} N_{fiber} k'_c \cos^2(2\theta) ] d\theta = N_{fiber} k'_c \pi/const$$
(9)

$$= N_{fiber} k_c'/2 \tag{10}$$

This shows that the initial slope of the curve  $N_{cell}$  vs.  $N_{fiber}$  should be  $k'_c/2$ . Indeed, the same slope obtained from simulation is quite close to the predicted  $k'_c/2 = 5.5$  (Figure 9d).

As we have seen above, the Langevin equation with a first order coupling between cell orientation and fiber alignment can match the simulation results very well. Although the Langevin equation and Fokker-Planck equation completely leave out the mechanical details, they present a useful picture of the role of contact guidance in the cell migration.

## 2 Addiitonal example of creating stiffness gradient by spatially varying p



Figure 1: Fibrous network case.  $p_{upper} = 0.60$  and  $p_{lower} = 0.55$  The dashed line shows the location of the interface. In this network setting, it is very hard to distinguish the *p* difference directly from the network's configuration, yet the cell is able to sense the small difference in the stiffness and move toward the stiffer direction. (Figure 7 (b) and (e) in the main text)

## 3 Parameter set

parameter	meaning	value
$\lambda$	contraction	0.4
$k_s$	FA spring constant	0.1
$k_{-,b}$	detachment rate on the back	0.02
$k_{-,f}$	detachment rate on the front	0.005
$\alpha$	off-rate parameter	25
R	cell radius	$4l_0$ (lattice spacing)
$k_+$	on rate	0.01
k	network bond spring constant	1
$\kappa$	network bending stiffness	see the main text
p	network bond occupation probability	see the main text
$k_m$	maturation parameter	1
$f_{threshold}$	maturation force threshold	0.0005