## **Electronic Supporting Information**

## **3D** Carbon Foam Supported WS<sub>2</sub> Nanosheets for Cable-shaped Flexible

## **Sodium Ion Batteries**

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Fig. S1. SEM image of the carbonized melamine foam.



Fig. S2. SEM images of  $WS_2/3DCF$  with various solvothermal reaction times: (a) 1 hour, (b) 3 hours, (c) 6 hours and (d) 12 hours.



**Fig. S3.** SEM images of WS<sub>2</sub>/3DCF with various plasma treatment durations: (a) 0 s, (b) 10 s, (c) 30 s, (d) 120 s and (e) 600 s.



Fig. S4. XRD pattern of the silicon holder background.



Fig. S5. TGA curves of 3DCF,  $WS_2/3DCF$  and  $NGQDs-WS_2/3DCF$  nanocomposites. Insert: weight loss during the temperature range of RT - 100 °C and 100 – 600 °C.



**Fig. S6.** (a) CV curve of the WS<sub>2</sub>/3DCF electrode of the 2nd to 4th cycles at a scan rate of 0.1 mV s<sup>-1</sup> in a potential range of 0.01–3.00 V vs. Na/Na<sup>+</sup>. (b) Galvanostatic discharging/charging curves of the WS<sub>2</sub>/3DCF electrode at a current density of 50 mA g<sup>-1</sup> for the 2nd and 4th cycles.



**Fig. S7.** (a) CV curve of the NGQDs-WS<sub>2</sub>/3DCF electrode of the 2nd to 4th cycles at a scan rate of 0.1 mV s<sup>-1</sup> in a potential range of 0.01–3.00 V vs. Na/Na<sup>+</sup>. (b) Galvanostatic discharging/charging curves of the WS<sub>2</sub>-NGQDs/3DCF electrode at a current density of 50 mA  $g^{-1}$  for the 2nd and 4th cycles.



**Fig. S8.** Ex-situ XRD patterns of  $WS_2/3DCF$  electrodes at various discharge/charge voltages. Before ex-situ XRD measurement,  $WS_2/3DCF$  electrode with membrane was disassembled in a glove box when discharged/charged to a fixed voltage, and sealed in a kapton tape.



**Fig. S9.** (a) CV curve of the 3DCF electrode of the 2nd to 4th cycles at a scan rate of 0.1 mV  $s^{-1}$  in a potential range of 0.01–3 V vs. Na/Na<sup>+</sup>. (b) Galvanostatic discharging/charging curves of the 3DCF electrode at a current density of 50 mA  $g^{-1}$  for the 1st, 2nd and 4th cycles.



**Fig. S10**. (a) and (b) plot of  $v^{1/2}$  vs.  $i(V)/v^{1/2}$  to calculate the constants of  $k_1$  and  $k_2$  of WS<sub>2</sub>/3DCF and NGQDs-WS<sub>2</sub>/3DCF electrodes, respectively.



Fig. S11. Galvanostatic charge and discharge curves of the  $3^{rd}$  cycle of  $Na_{0.44}MnO_2$  cathode at a current density of 50 mA g<sup>-1</sup>.

Sample	$R_{s}\left(\Omega\right)$	$R_{f}(\Omega)$	$R_{ct}\left(\Omega\right)$
3DCF	3.429	216.6	105.1
WS <sub>2</sub> /3DCF	4.873	238.1	376.8
NGQDs-WS <sub>2</sub> /3DCF	4.039	227.5	237

 Table S1. Fitting results of the EIS curves in Fig. 5d using the equivalent circuit model

**Table S2.** Comparison of the electrochemical performance and synthesis method of the  $WS_2$ based anode materials of SIBs.

Composites	Synthesis method	Cycling stability (mAh g <sup>-</sup> <sup>1</sup> /cycles/mA g <sup>-1</sup> )	Rate capability (mAh g <sup>-1</sup> /mA g <sup>-1</sup> )	Ref
NGQDs- WS <sub>2</sub> /3DCF	Solvothermal + 500 °C annealing	392.1/1000/200	460.9/50, 436.4/100, 417.1/200, 357.4/500, 312.2/1000, 268.4/2000, 211.4/5000	This work
WS <sub>2</sub> /CNT-rGO ordered 3D aerogel	Solvothermal + 500 °C annealing+freeze drying	252.9/100/200	311.4/100, 302.8/200, 289/500, 262.8/1000, 221.1/2000, 129.2/5000, 47.2/10000	1
WS <sub>2</sub> nanosheets/N- doped carbon	Chemical vapor deposition	~200/100/100	349/100, 313/300, 282/500, 258/1000	2
WS2@NC	Solvothermal + 500 °C annealing	70/500/5000	384/100, 360/200, 336/500, 302/1000, 236/2000, 151/5000	3
WS <sub>2</sub> /C	Electrostatic spray deposition+450 °C Ar/H <sub>2</sub> + 600 °C Ar	219/300/500	393/100, 270/500, 199/1000, 81/5000	4
WS <sub>2</sub> @graphene	Hydrothermal	329/500/20, 283/500/40, 218/500/80, 170/500/160, 148/500/320, 94/500/640	329/20, 283/40, 218/80, 170/160, 148/320, 94/640	5
WS <sub>2</sub> -3D RGO	Spray pyrolysis + sulfidation	334/200/200	404/100, 287/900	6

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