## Supplementary Information

## Gold nanoclusters for controlled insulin release and glucose regulation in diabetes

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Fig. S1 Preparation process of gluconic acid modified bovine insulin (G-Insulin).



**Fig. S2** Gluconic acid modification of insulin (G-Insulin) did not change the structure and bioactivity of pure insulin. (a) CD spectra of pure insulin and G-Insulin. (b) Compare of bioactivity (glucose regulation) of pure insulin and G-Insulin in healthy mice. Drug was intraperitoneally (i.p.) injected into mice for 30 min, then glucose was i.p. injected (t = 0), and the blood glucose of mice was monitored thereafter.



**Fig. S3** The induction of type 1 diabetic mouse model using streptozocin (STZ). (a) The glucose changes during the induction of type 1 diabetic mice. The syringes indicated the days of STZ injection. (b) Images of mice cages before and at 10 days after STZ induction.



**Fig. S4** FTIR high-resolution spectra. (a) During the synthesis of GNC-PBA-Ins complex. (b). During the synthesis of GNC-FPBA-Ins complex.



Fig. S5 XPS high-resolution spectra of F1s during the synthesis of GNC-FPBA-Ins complex.



**Fig. S6** Insulin release from gold nanoclusters over time. (a) Relative amount of insulin release (%) from GNC-PBA-Ins complex. (b) Relative amount of insulin release from GNC-FPBA-Ins complex.

	Size by TEM (nm)	Hydrodynamic size by DLS (nm)	Polydispersity index (PDI)
GNCs	$2.8\pm0.5$	$5.2 \pm 1.7$	$0.111\pm0.008$
GNC-PBA-Ins	$11.1 \pm 2.0$	$131.3 \pm 8.4$	$0.214\pm0.108$
GNC-FPBA-Ins	$14.0\pm3.2$	$179.4 \pm 9.7$	$0.282\pm0.071$

 Table S1 Characteristics of gold nanoclusters by TEM and DLS.

	Loading capacity of insulin	References
GNC-PBA-Ins	848 µmol insulin per g GNCs	
GNC-FPBA-Ins	951 µmol insulin per g GNCs	
MSNs	64 µmol insulin per g MSNs	1
	7.9 wt % (13.6 µmol insulin per g chitosan-coated particles)	2
Nano-Network	11.4 wt % (19.6 µmol insulin per g alginate-coated	2
	particles)	2
Nanocapsules	44.6 wt% (76.8 μmol insulin per g particles)	3

Table S2 Drug loading capacity of different nanocarriers.

## **Supplementary References**

- 1 Y. Zhao, B. G. Trewyn, Slowing, II and V. S. Lin, J. Am. Chem. Soc., 2009, 131, 8398-8400.
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- 3 Z. Gu, T. T. Dang, M. Ma, B. C. Tang, H. Cheng, S. Jiang, Y. Dong, Y. Zhang and D. G. Anderson, *ACS Nano*, 2013, **7**, 6758-6766.