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Supporting information

**Decomposition of amyloid fibrils by NIR active  
upconversion nanoparticles**

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## 21 1. Experimental Section

### 22 1.1 Materials, instrumentation and techniques

23  $\text{YCl}_3 \cdot 6\text{H}_2\text{O}$ ,  $\text{YbCl}_3 \cdot 6\text{H}_2\text{O}$ ,  $\text{ErCl}_3 \cdot 6\text{H}_2\text{O}$ , branched polyethylenimine (PEI, 25 kDa), ethylene  
24 glycol (EG), and insulin (bovine pancreatic extract;  $M_w = 5733.49$  g/mol) were purchased from  
25 Sigma-Aldrich. NaCl,  $\text{NH}_4\text{F}$ , eosin Y (EY), rose bengal (RB), orange G (OG), thioflavin T  
26 (ThT), methylene blue (MB), pseudoisocyanine (PIC), phenalenone (PN), and dextran sodium  
27 sulfate (DSS) were purchased from Wako Chemical Co. Ltd.. Anthracene-9,10-dipropionic  
28 acid disodium salt (ADPA) was purchased from Funakoshi Co. Ltd. All chemicals were used  
29 without further purification.

30 The crystalline structures of the UCNPs were analysed using X-ray powder diffraction (XRD),  
31 and the pattern given in Fig. S1 suggests that the nanoparticles are highly crystalline. Energy  
32 dispersive X-ray spectrometry (EDS) images were acquired using a field-emission scanning  
33 electron microscope (FE-SEM; JEOL JSM-7100F, Tokyo, Japan). The UCNPs nanoparticles  
34 were characterised by Ln-ion mapping in the core  $\text{NaYF}_4$  particles using an EDS system  
35 attached to the FE-SEM.

36 In order to get more direct evidence for the particle size, the dispersed UCNPs was examined  
37 using Transmission electron microscopy (TEM) and dynamic light scattering (DLS) particle  
38 size analyzer. TEM images were recorded on a Hitachi H-7650 TEM (Tokyo, Japan). The TEM  
39 samples were prepared by dropping a suspension of nanoparticles on a carbon-film-coated  
40 copper grid (ELS-C10). Measurements of the zeta potential and particle-size distribution of the  
41 nanoparticles were performed on a ZetasizerNano ZS zeta-potential analyser (Malvern  
42 Panalytical, UK). Particles were diluted in deionised water and then sonicated for 5 min before  
43 sizing. The relative quantum efficiency was measured using a fluorescence spectrophotometer  
44 (FP-8600, Jasco) equipped with a 60-mm  $\phi$  integral sphere (ISF-834).

45 Circular dichroism (CD) measurements were acquired using a chiroptical spectrophotometer  
46 (J-1500, Jasco) equipped with the capacity for obtaining true CD spectra, based on Stokes–  
47 Mueller matrix analysis.<sup>1</sup> The CD spectra were recorded over a wavelength range of 350–190  
48 nm, using the ‘standard’ sensitivity setting and a scanning speed of 50 nm/min, with 1-nm  
49 resolution and time constant of 1 s. Data were further processed for noise reduction as  
50 necessary. Peptide secondary structure motif percentages were estimated with the CDPro  
51 software suite containing the SELCON3 and CONTIN/LL programs developed by Sreerama  
52 et al.<sup>2</sup>

53 Fluorescence and ultraviolet–visible (UV–vis) absorption measurements were performed using  
54 a spectrofluorometer (FP-8300: Jasco) and UV-Vis spectrophotometer (V-550: Jasco),  
55 respectively.

56 AFM observations were carried out by using a commercially available AFM (MFP-3D microscope,  
57 Asylum Research, CA, USA), equipped with a vertical-engage J scanner. A silicon cantilever (20–40  
58 N/m; PPP-NCSTR-W, NANOSENSORS, NanoWorld AG, Neuchâtel, Switzerland) was used in  
59 tapping mode in air. Force values for imaging and scratching were estimated by force-curve  
60 measurements. Imaging in air was carried out in tapping or contact mode. The AFM unit was stored in  
61 a plastic chamber in which the humidity was controlled during measurements.

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63

## 64 **1.2 Synthetic procedure and characterization data**

### 65 **Synthesis I (UCNPs@PEI)**

66 The synthesis of PEI-coated UCNPs (UCNPs@PEI) was performed by following a solvothermal  
67 procedure:<sup>3-6</sup> a 9.0 mL EG solution of NaCl (1.2 mM), YCl<sub>3</sub> (0.48 mM), YbCl<sub>3</sub> (0.108 mM), and ErCl<sub>3</sub>  
68 (0.012 mM) was mixed with 6 mL of a solution of 1.92-mM NH<sub>4</sub>F in EG, and then PEI (0.45 mg) was  
69 added to the resulting mixture. The well-agitated transparent solution was transferred to a Teflon-lined  
70 autoclave (HU-25, SANAI Kagaku Co. Ltd.) and subsequently heated to 230 °C for 2.5 h, yielding a  
71 pale-yellow stock solution. Nanoparticles were collected by centrifugation; they were then washed in  
72 ethanol three times, and finally, placed in a drying oven for 2 h.

73

### 74 **Synthesis II (Amyloid fibril)**

75 Amyloid fibril (AF) formation without seeding was performed by a stepwise heating process.<sup>7</sup> Insulin  
76 was incubated at concentrations of 1.0 mg/mL, under a range of conditions, namely, in a solution of  
77 25-mM HCl (pH 1.7) and 2.0-M NaCl and heated from room temperature to 92 °C at a constant rate  
78 of 2 °C/min. After the heating process, the sample temperature was lowered to room temperature. To  
79 remove non-reactant species, the obtained AF were collected by centrifugation and washed three times  
80 with glycine-NaOH buffer (pH 8.6) to yield AF stock solution.

81

### 82 **Synthesis III (composite AF-UCNPs/PS)**

83 PS was conjugated to the cationic UCNPs@PEI by electrostatic interactions. PS that was not  
84 coupled to UCNPs was separated from the PS-conjugated UCNPs by a series of washing steps  
85 involving centrifugation and resuspension in aqueous buffer solution. The AF-UCNP  
86 composite was produced in the presence of the previously prepared aqueous solution of PS-  
87 UCNPs (1.0 mL, 0.5 mg/mL, glycine-NaOH buffer, pH 8.6) by the addition of 1.0 mL of  
88 aqueous AF solution (0.17 mM). The electrostatic attraction between these two oppositely  
89 charged materials provides the driving force to form a stable AF/PS-UCNP complex. The  
90 stoichiometric ratio of AF to PS was adjusted in the range of 19-46:1 in a fixed UCNP  
91 concentration of 0.5 mg/mL. PS that was not coupled to UCNPs was separated from the PS-  
92 conjugated UCNPs by a series of washing steps involving centrifugation and resuspension in  
93 aqueous buffer solution.

94

### 95 **Characterization**

96 In order to obtain a more direct measurement of the particle size, the dispersed UCNPs were examined  
97 using transmission electron microscopy (TEM) and a dynamic light scattering (DLS) particle-size  
98 analyser. The TEM images were recorded using a Hitachi H-7650 TEM instrument (Tokyo, Japan).  
99 The TEM samples were prepared by dropping a suspension of nanoparticles onto a carbon-film-coated  
100 copper grid (ELS-C10, Okenshoji Co., Ltd., Tokyo, Japan). Fig. S2 displays TEM images that provide  
101 evidence that the individual NPs are spherical particles with approximate sizes of ~50-60 nm, in very  
102 good agreement with the DLS analysis.

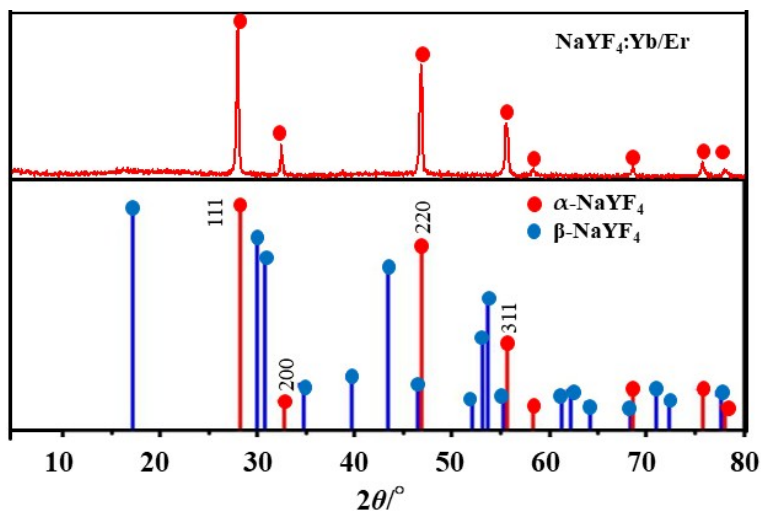
103 In order to obtain direct evidence of the AF decomposition, the dispersed AF size distribution was  
104 examined using SDS-PAGE (Fig. S7 A and B). Native insulin, AF, and AF/UCNPs/PS are shown in  
105 lane 1, lane 2-3, and lane 4-5, respectively, and light and dark indicate the presence and absence,

106 respectively, of 30 min of NIR irradiation in Fig. S7 A and B. The strong intensity band at  $M_w = 3.5$   
107 kDa corresponds to the native insulin monomer, and some AF ladder bands are observed in the region  
108 from 14.4 to 3.5 kDa in lanes 2 to 5. As shown in lane 5, for the UCNPs/AF composite with NIR  
109 irradiation, a decrease in band intensities is clearly apparent, resulting in the decomposition of AF with  
110 respect to the non-NIR irradiated sample (lane 4), although for the AF only (lane 2 and 3), no alteration  
111 is observed upon the use of NIR irradiation. Therefore, it is could be assumed that the band intensities  
112 belonging to AF with larger molecular weights (3.5–14.4 KDa) than that of native insulin (3.5 kDa)  
113 decrease in because of the NIR-excited UCNPs@PEI/PS-mediated decomposition of AF to smaller-  
114 sized fibrils via selective singlet  $O_2$  attack. There is significant correspondence between these results  
115 and those of the standard ThT fluorescence assay (Fig. 3). The heat effects of NIR irradiance ( $1W/cm^2$ ),  
116 e.g., decomposition of PS or AF and the lowering UC efficiency, were negligible small in our  
117 experiments.  
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120 **2. Figures**

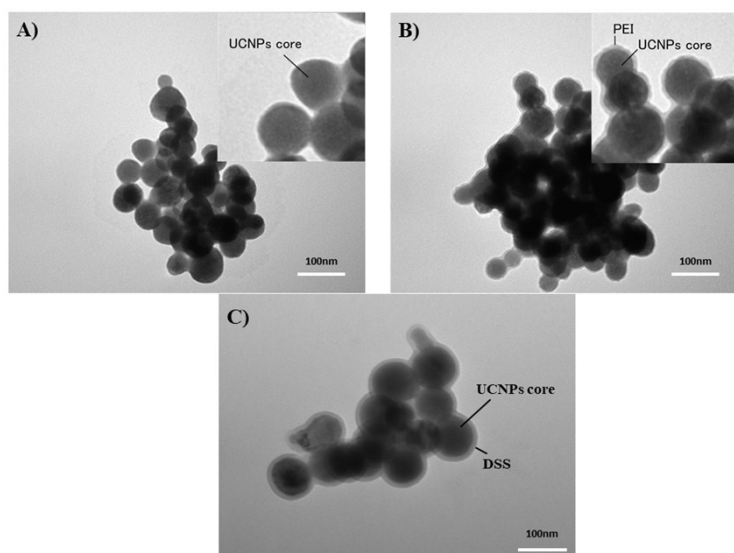
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122

123 Figure S1. XRD patterns for the as-prepared NaYF<sub>4</sub>:Yb/Er of (a) experimental patterns and (b) the124 standard spectral lines of α-NaYF<sub>4</sub> (JCPDS standard card No. 77-2042).

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126

127 Figure S2. TEM image of NaYF<sub>4</sub>:Yb/Er (18/2 mol%) nanocrystals. A) shows a typical TEM image of128 the bare NaYF<sub>4</sub>:Yb/Er nanocrystals with an average diameter of 50 nm. B) These nanocrystals are

129 uniform in size and bear a hydrophobic surface due to the capping of PEI on their surface. To make

130 these nanocrystals suitable for conjugation, DSS layer is coated on their surface by a layer by layer

131 (lbl) method.<sup>8,9</sup> The layers consist of PEI and DSS with a thickness of around 4.4 and 10.3 nm, as

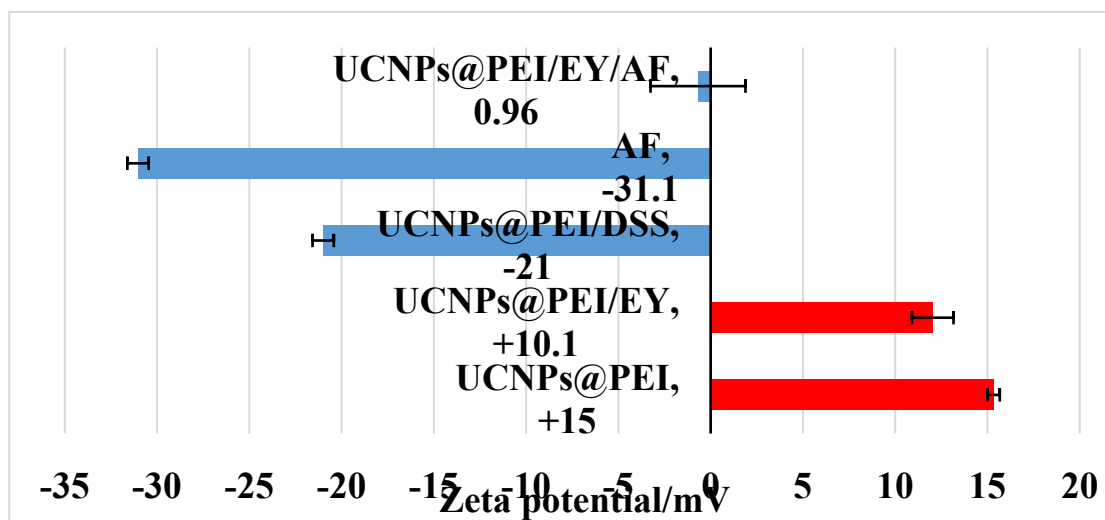
132 shown in the TEM image (2B and 2C). After DSS is grafted onto the PEI layer, the morphology of the

133 core-shell nanoparticles is well maintained (2C), which suggests that the amino modification process

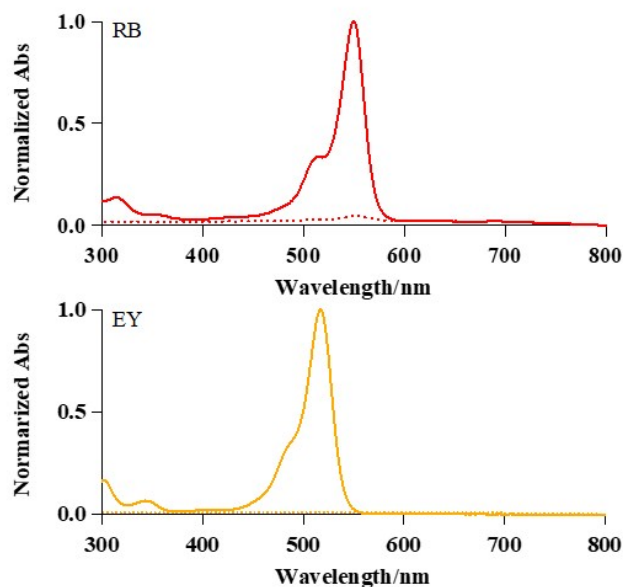
134 has no side effect on the uniformity of the NaYF<sub>4</sub>:Yb/Er nanoparticles. During the DSS modification135 process, the surface charge of the core-shell nanoparticles is altered from positive ( $\zeta = +15$  mV) to136 negative ( $\zeta = -21$  mV), confirming that the DSS have been successfully grafted onto these

137 nanoparticles.

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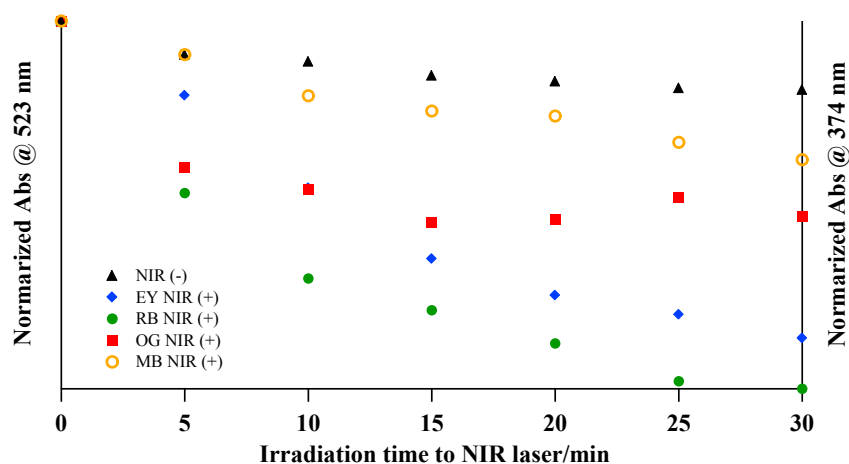


139  
 140 Figure S3. Zeta potential of UCNPs@PEI, PS-loaded UCNPs@PEI, UCNPs@PEI/DSS, amyloid  
 141 fibril (AF) and AF-complexed UCNPs@PEI/PS. The error bars represent the standard deviation of  
 142 three different experiments.  
 143



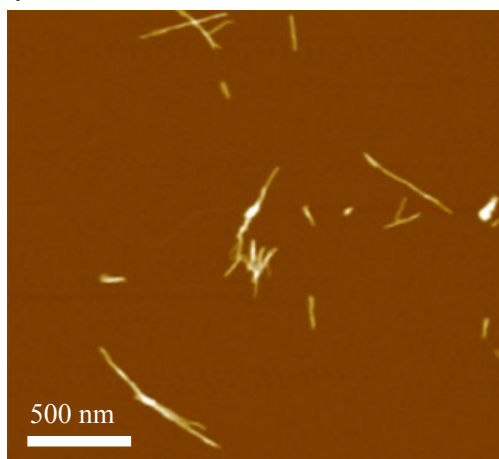
144  
 145 Figure S4. The electronic absorption spectra of UCNPs@PEI/PS composite and free PS in glycine-NaOH  
 146 buffer (pH 8.6) desorbed from it: upper; RB, bottom; EY, solid line; UCNPs@PEI/PS solution at 0 hour  
 147 just after hybridizing, dotted line; supernatant (free PS) desorbed the UCNPs@PEI/PS at 2 hours later.  
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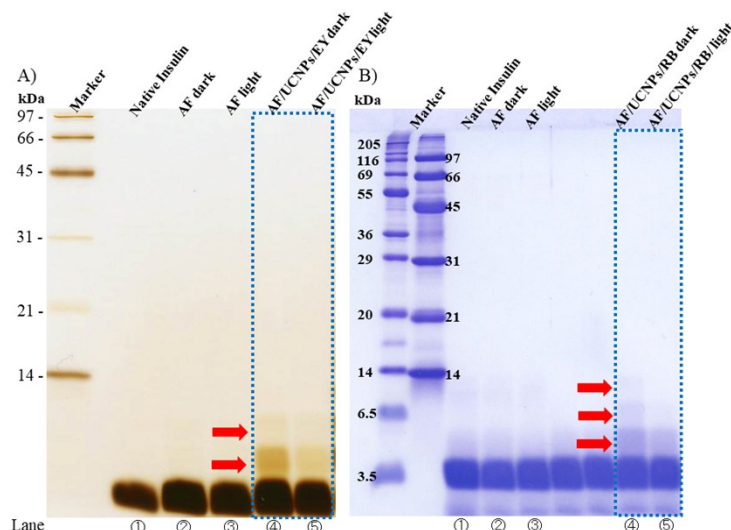
151 Figure S5. PIC and ADPA destruction representing singlet oxygen production (measured by absorption  
 152 intensity at 523 and 374 nm) as a function of irradiation time to NIR laser (980 nm, 1 W/cm<sup>2</sup>) shows steady fall  
 153 from original (100 %) for the UCNPs@PEI/PS (EY, RB, OG and MB) with the irradiation in NIR laser (blue,  
 154 green, red and orange) while UCNPs@PEI/PS (EY, RB, OG and MB) control undergoes slight bleaching  
 155 without exposure to laser (black: average value for all PSs measurements), and absorption intensity for the  
 156 solution containing only PS and <sup>1</sup>O<sub>2</sub> agent was hardly changed (< 1 %) with the 30 min irradiation in NIR laser.  
 157 PIC and ADPA were used as <sup>1</sup>O<sub>2</sub>-trapping agents in UCNPs@PEI/PS (EY, RB and OG) and UCNPs@PEI/PS  
 158 (MB) measurements, respectively.



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161 Figure S6. Tapping mode Atomic force microscopy (AFM) image of amyloid fibril (AF) on freshly  
 162 cleaved mica: [insulin] = 0.17 mM. The scales bar indicates 500 nm. Sample was prepared for AFM by  
 163 evaporating 3 μL of AF stock solution (at 25 °C) on freshly cleaved mica. AFM observations were  
 164 carried out with a commercially available AFM (MFP-3D microscope, Asylum Research, CA, USA),  
 165 equipped with a vertical-engage J scanner. A silicon (20 to 40 N/m) cantilever was used for tapping  
 166 mode in air.



167

168 Figure S7. SDS-PAGE electrophoresis result for monitoring for amyloid fibril (AF): [insulin] =  
 169 0.17 mM. Marker lane contains approximately amount of Myosin, rabbit muscle (molecular mass 205  
 170 kDa),  $\beta$ -galactosidase, E.coli (116 kDa), phosphorylase B (97.4 kDa), Bovine serum albumin (69 kDa),  
 171 bovine serum albumin (66.2 kDa), Glutamic dehydrogenase (55 kDa), chicken egg white ovalbumin  
 172 (45 kDa), Lactic dehydrogenase, porcine muscle (36 kDa), carbonic anhydrase (31 kDa), Carbonic  
 173 anhydrase, bovine liver (29 kDa), trypsin inhibitor (21.5 kDa), Trypsin inhibitor, soybean (20 kDa),  
 174 lysozyme (14.4 kDa) Aprotinin, bovine lung (6.5 kDa) and Insulin B chain, bovine pancreas (3.5 kDa).  
 175 AF fragments bands are indicated by arrows. The band intensities belonged to AF at larger bands  
 176 than native insulin at 3.5 kDa bands decrease by the NIR-excited UCNP@PEI/PS decomposition of  
 177 AF to smaller size block fibrils due to the attack of singlet  $O_2$  selectively.

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