## Supporting Information

## Effects of lipid composition on membrane distribution and permeability of natural quinones

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Figure S 1 : Atom names for PQ and MQ quinone heads.


Figure S2: Convergence of calculated properties with total simulation time. Panel A shows the relative mass density of the $U Q_{10}$ head along the membrane normal as in Fig. 2 C , calculated for various simulation times as colored in the legend. Panel B shows the distribution of minimum distances between the $\mathrm{UQ}_{10}$ head oxygen O1 and DLPC+DLPE glycerol as in Fig. 3A for various simulation times. Panel C shows the peak of relative density $\left(\times 10^{2}\right)$ for phosphate group of DLPC+DLPE in black, Q-head in red and Q-tail in blue. Panel $D$ shows the peak of minimum distance ( $\times 10^{2}$ ) between the $\mathrm{UQ}_{10}$ head oxygen O1 and DLPC+DLPE glycerol. Panel E shows the $\mathrm{C}_{10}-\mathrm{H}$ bond vector order parameter for linoeoyl acyl chains (18:2, $S_{C H}$ for $\mathrm{C}_{10}$ ) average in red as in Fig. 5 and standard deviation in blue. The first 50 ns were discarded to allow for equilibration in the trajectories analyzed. Properties converge to within 1-2\% of the longest-time values in 150 ns of simulation or less. Similar convergence behaviour was observed for other molecules and properties not shown here.


Figure S3: Multi-component membrane is well mixed. Panel A shows the average fraction of DLPC (yellow), DLPE (red) and LCL (blue) neighbors to DNPC (solid lines, with standard deviation in shadow) calculated as previously described. ${ }^{76}$ Dashed lines show the expected fraction for an ideal mixture. Panels B-G show snapshots from 50 to 300 ns separated by 50 ns for the upper leaflet with lipids colored as in panel A plus magenta for $\mathrm{UQ}_{10}$. No lipid clusters or domains are observed.


Figure S4: Coefficients of local transversal diffusion [panel $\mathrm{A}, \mathrm{D}(z)$ ] and local resistance [panel $\mathrm{B}, R(z)$ ] for $\mathrm{UQ}_{2}$ permeation along the membrane normal $(z)$. As previously described, ${ }^{60,61}$ coefficients were calculated by $D(z)=\frac{\operatorname{var}(z)}{\tau}$ and $R(z)=\exp \left[\frac{\Delta G(z)}{R T}\right] D(z)^{-1}$ with the variance (var) and autocorrelation characteristic time $(\tau)$ of the normal coordinate $z$ obtained from each US simulation window and symmetrized for the two leaflets. The diffusion profile is rather noisy because of the $\tau$ values, calculated by integration of the autocorrelation function. Nevertheless, $\tau$ values have small contributions to the resistance profile, which is determined mainly by the exponential free energy contribution, $\Delta G(z)$. A permeation coefficient may be calculted as $P^{-1}=\int R(z) d z$, integrated in the membrane range $z=[-3.0,3.0] \mathrm{nm}$ to give $P=20 \mathrm{~cm} \mathrm{~s}^{-1}$. To our knowledge, there is no experimental value for $Q$ permeation to compare with.

Table S1: Atomic types and partial charges for PQ and MQ quinone heads. See figure S1 for atom names.

| PQ head |  |  |
| :---: | :---: | :---: |
| Atom name | Atom Type | Partial Charge |
| C5 | CA | -0.0575 |
| C6 | CA | -0.0575 |
| C4 | CA | 0.57 |
| O4 | O | -0.57 |
| C3 | CA | -0.115 |
| HM5 | HP | 0.115 |
| C2 | CA | -0.115 |
| C1 | CA | 0.57 |
| O1 | O | -0.57 |
| CM3 | CT3 | -0.155 |
| HM31 | HA3 | 0.09 |
| HM32 | HA3 | 0.09 |
| HM33 | HA3 | 0.09 |
| CM2 | CT3 | -0.155 |
| HM21 | HA3 | 0.09 |
| HM22 | HA3 | 0.09 |
| HM23 | HA3 | 0.09 |
|  |  |  |


| MQ head |  |  |
| :---: | :---: | :---: |
| Atom name | Atom Type | Partial Charge |
| C5 | CA | 0.09 |
| C6 | CA | 0.09745 |
| C4 | CA | 0.57 |
| O4 | O | -0.57 |
| C3 | CA | 0.00 |
| CM4 | CA | -0.115 |
| C2 | CA | 0.00 |
| CM1 | CA | -0.115 |
| C1 | CA | 0.57 |
| O1 | O | -0.57 |
| CM5 | CQ31 | -0.45745 |
| HM51 | HA3 | 0.09 |
| HM52 | HA3 | 0.09 |
| HM53 | HA3 | 0.09 |
| CM3 | CA | -0.115 |
| HM3 | HP | 0.115 |
| HM4 | HP | 0.115 |
| CM2 | CA | -0.115 |
| HM2 | HP | 0.115 |
| HM1 | HP | 0.115 |

