## **Supporting Information**

## Effects of lipid composition on membrane distribution and permeability of natural quinones

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Figure S1: Atom names for PQ and MQ quinone heads.



Figure S2: Convergence of calculated properties with total simulation time. Panel A shows the relative mass density of the UQ<sub>10</sub> head along the membrane normal as in Fig. 2C, calculated for various simulation times as colored in the legend. Panel B shows the distribution of minimum distances between the UQ<sub>10</sub> head oxygen O1 and DLPC+DLPE glycerol as in Fig. 3A for various simulation times. Panel C shows the peak of relative density (×10<sup>2</sup>) for phosphate group of DLPC+DLPE in black, Q-head in red and Q-tail in blue. Panel D shows the peak of minimum distance (×10<sup>2</sup>) between the UQ<sub>10</sub> head oxygen O1 and DLPC+DLPE glycerol. Panel E shows the C<sub>10</sub>-H bond vector order parameter for linoeoyl acyl chains (18:2, *S<sub>CH</sub>* for C<sub>10</sub>) average in red as in Fig. 5 and standard deviation in blue. The first 50 ns were discarded to allow for equilibration in the trajectories analyzed. Properties converge to within 1-2% of the longest-time values in 150 ns of simulation or less. Similar convergence behaviour was observed for other molecules and properties not shown here.



Figure S3: Multi-component membrane is well mixed. Panel A shows the average fraction of DLPC (yellow), DLPE (red) and LCL (blue) neighbors to DNPC (solid lines, with standard deviation in shadow) calculated as previously described.<sup>76</sup> Dashed lines show the expected fraction for an ideal mixture. Panels B-G show snapshots from 50 to 300 ns separated by 50 ns for the upper leaflet with lipids colored as in panel A plus magenta for UQ<sub>10</sub>. No lipid clusters or domains are observed.



Figure S4: Coefficients of local transversal diffusion [panel A, D(z)] and local resistance [panel B, R(z)] for UQ<sub>2</sub> permeation along the membrane normal (z). As previously described, <sup>60,61</sup> coefficients were calculated by  $D(z) = \frac{var(z)}{\tau}$  and  $R(z) = exp[\frac{\Delta G(z)}{RT}]D(z)^{-1}$  with the variance (*var*) and autocorrelation characteristic time ( $\tau$ ) of the normal coordinate z obtained from each US simulation window and symmetrized for the two leaflets. The diffusion profile is rather noisy because of the  $\tau$  values, calculated by integration of the autocorrelation function. Nevertheless,  $\tau$  values have small contributions to the resistance profile, which is determined mainly by the exponential free energy contribution,  $\Delta G(z)$ . A permeation coefficient may be calculated as  $P^{-1} = \int R(z)dz$ , integrated in the membrane range *z*=[-3.0,3.0] nm to give *P*=20 cm s<sup>-1</sup>. To our knowledge, there is no experimental value for Q permeation to compare with.

Table S1: Atomic types and	d partial charges for F	PQ and MQ quinone heads.	See figure S1 for
atom names.			

PQ head				
Atom name	Atom Type	Partial Charge		
C5	CA	-0.0575		
C6	CA	-0.0575		
C4	CA	0.57		
O4	0	-0.57		
C3	CA	-0.115		
HM5	HP	0.115		
C2	CA	-0.115		
C1	CA	0.57		
O1	0	-0.57		
CM3	CT3	-0.155		
HM31	HA3	0.09		
HM32	HA3	0.09		
HM33	HA3	0.09		
CM2	CT3	-0.155		
HM21	HA3	0.09		
HM22	HA3	0.09		
HM23	HA3	0.09		
MQ head				
Atom name	Atom Type	Partial Charge		
C5	CA	0.09		
C6	CA	0.09745		
C4	CA	0.57		
O4	0	-0.57		
C3	CA	0.00		
CM4	CA	-0.115		
C2	CA	0.00		
CM1	CA	-0.115		
C1	CA	0.57		
O1	0	-0.57		
CM5	CQ31	-0.45745		
HM51	HA3	0.09		
HM52	HA3	0.09		
HM53	11/10	0.00		
	HA3	0.09		
CM3	HA3 CA	0.09 -0.115		
CM3 HM3	HA3 CA HP	0.09 -0.115 0.115		
CM3 HM3 HM4	HA3 CA HP HP	0.09 -0.115 0.115 0.115		
CM3 HM3 HM4 CM2	HA3 CA HP HP CA	0.09 -0.115 0.115 0.115 -0.115		
CM3 HM3 HM4 CM2 HM2	HA3 CA HP HP CA HP	0.09 -0.115 0.115 0.115 -0.115 0.115		