

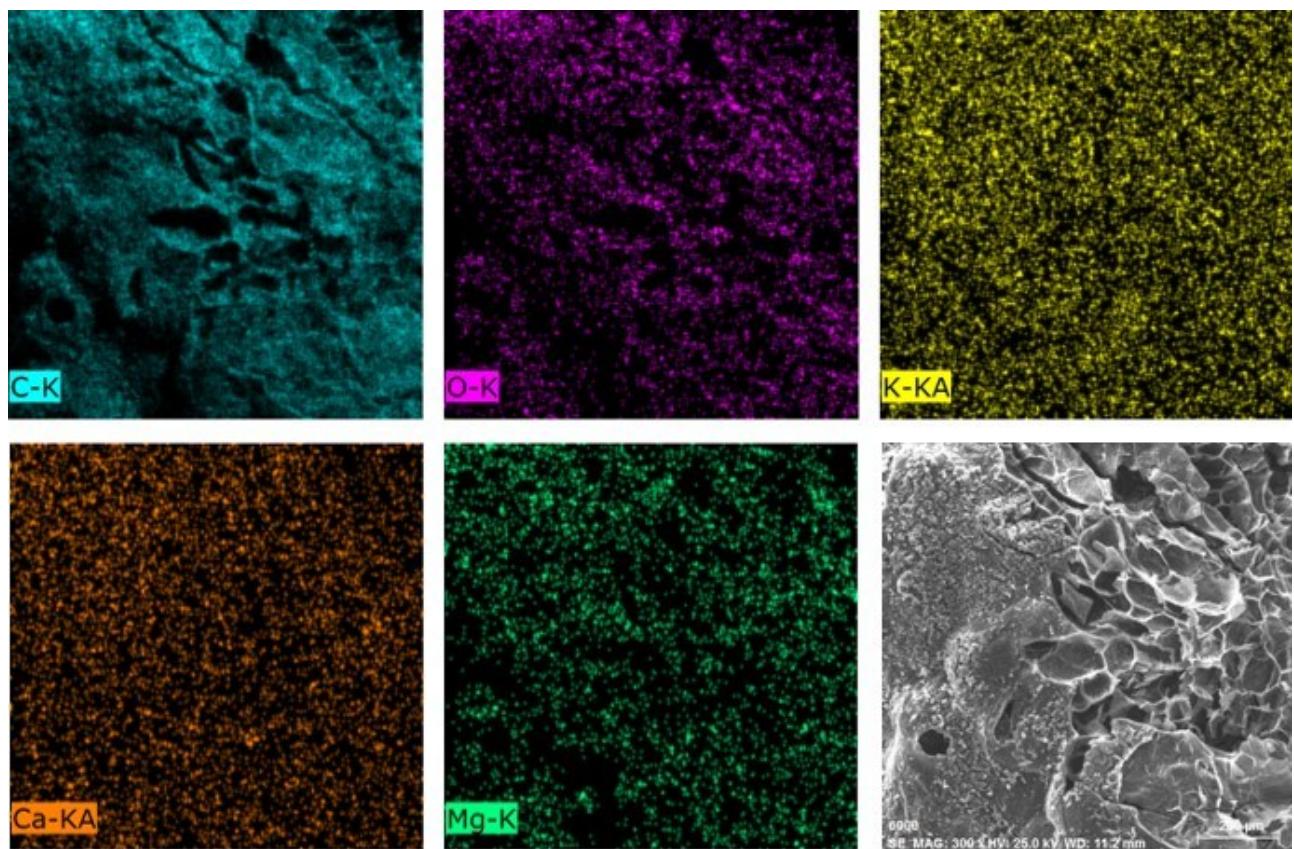
*Electronic supplementary information*

**An ultrasound-assisted approach to bio-derived nanoporous carbons: disclosing a linear relationship between effective micropore and capacitance**

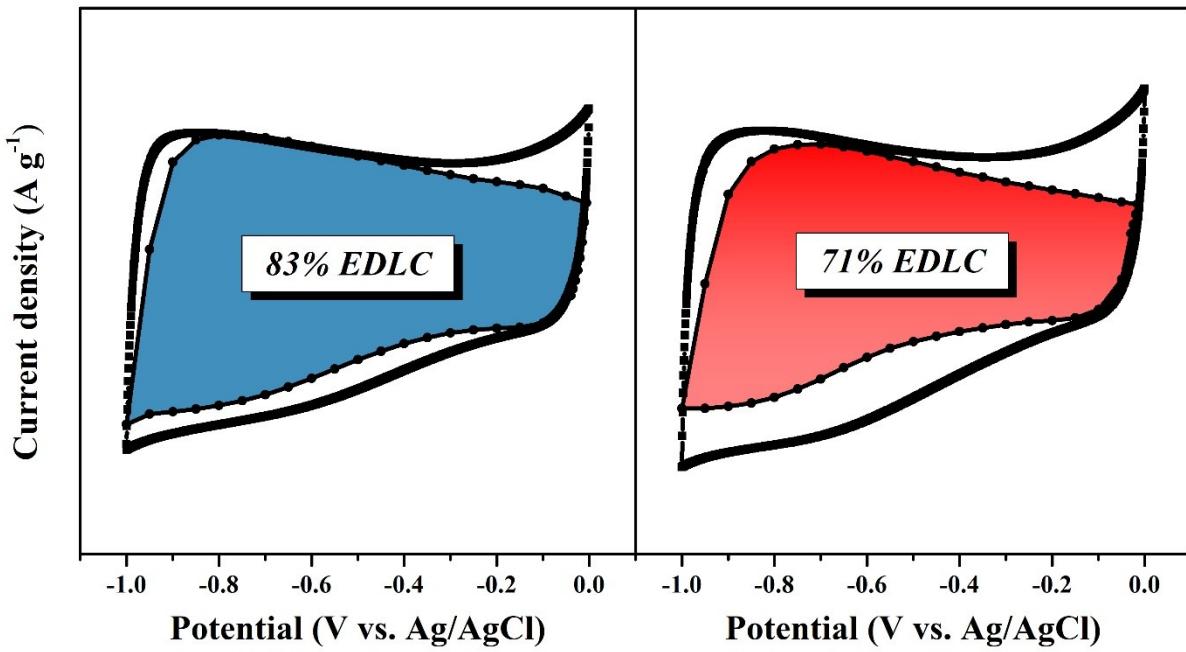
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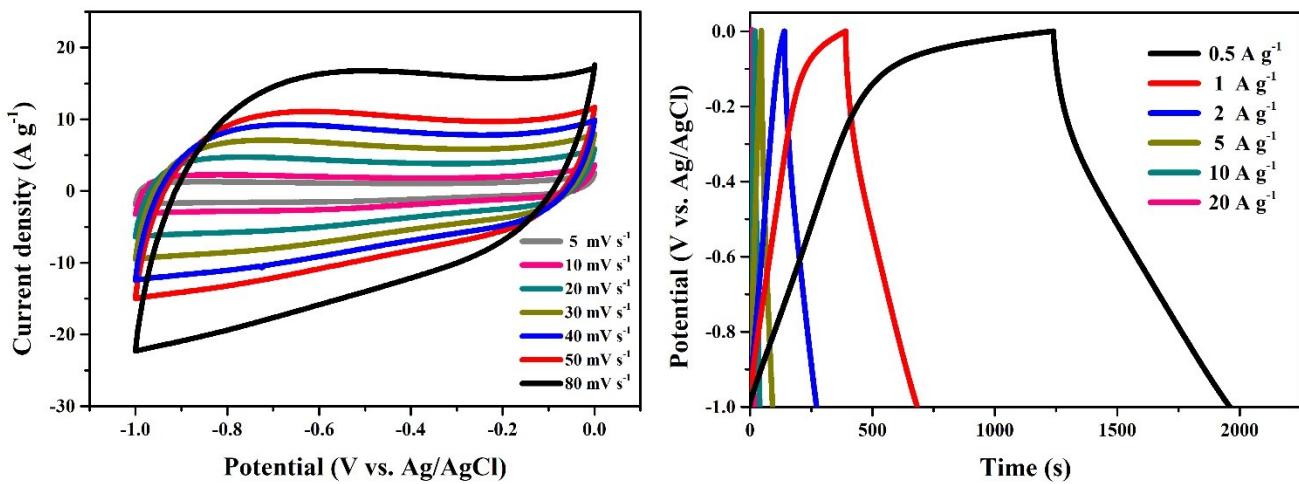
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**Fig. S1** EDS analyses of the pre-carbonized (400°C) MS.

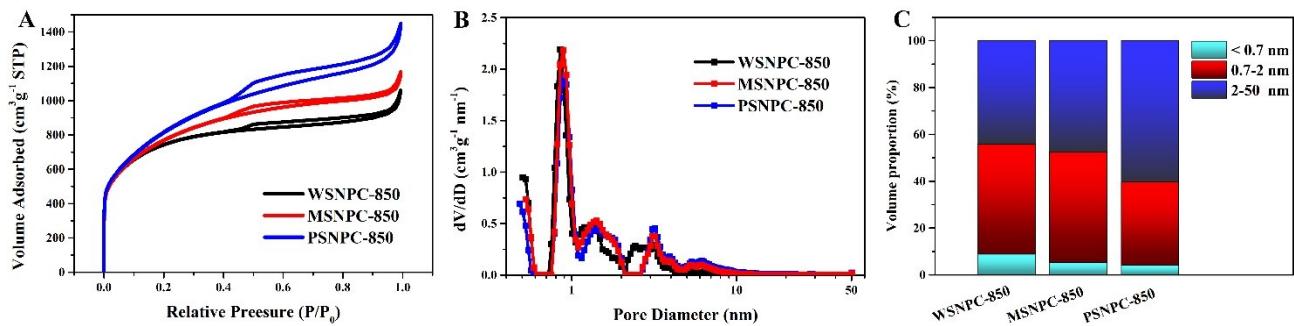


**Fig. S2** EDLC contributions depicted in the CV curves of MSPC-850 (left) and MSNPC-850 (right) at a scan rate of  $0.02 \text{ V s}^{-1}$  in the three-electrode system using 6 M KOH. EDLC contributions are calculated according to Eq. 6 and showed in colour.

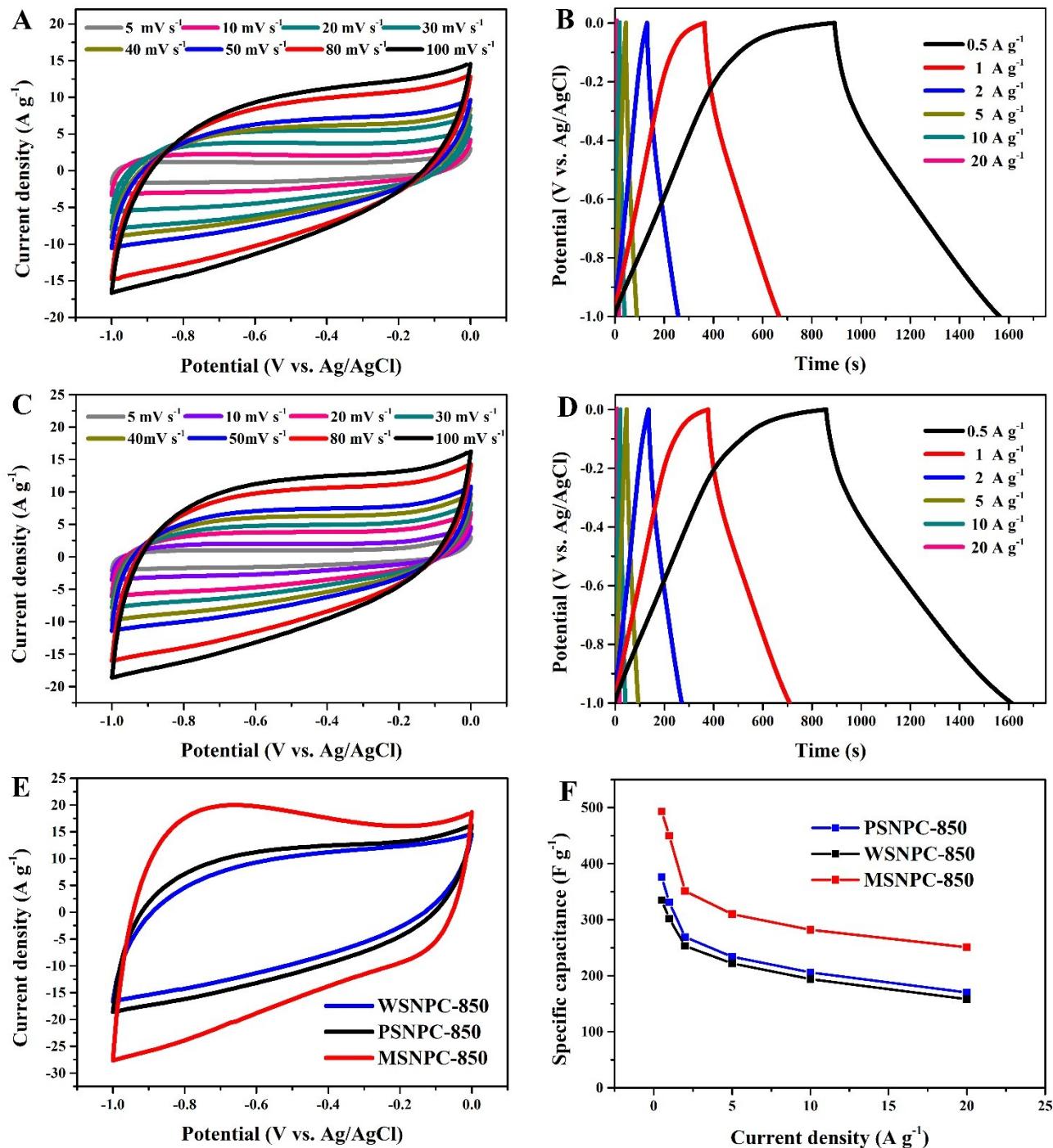


**Fig. S3** Electrochemical performances of MSNPC-850\* in the three-electrode system using 6 M KOH:

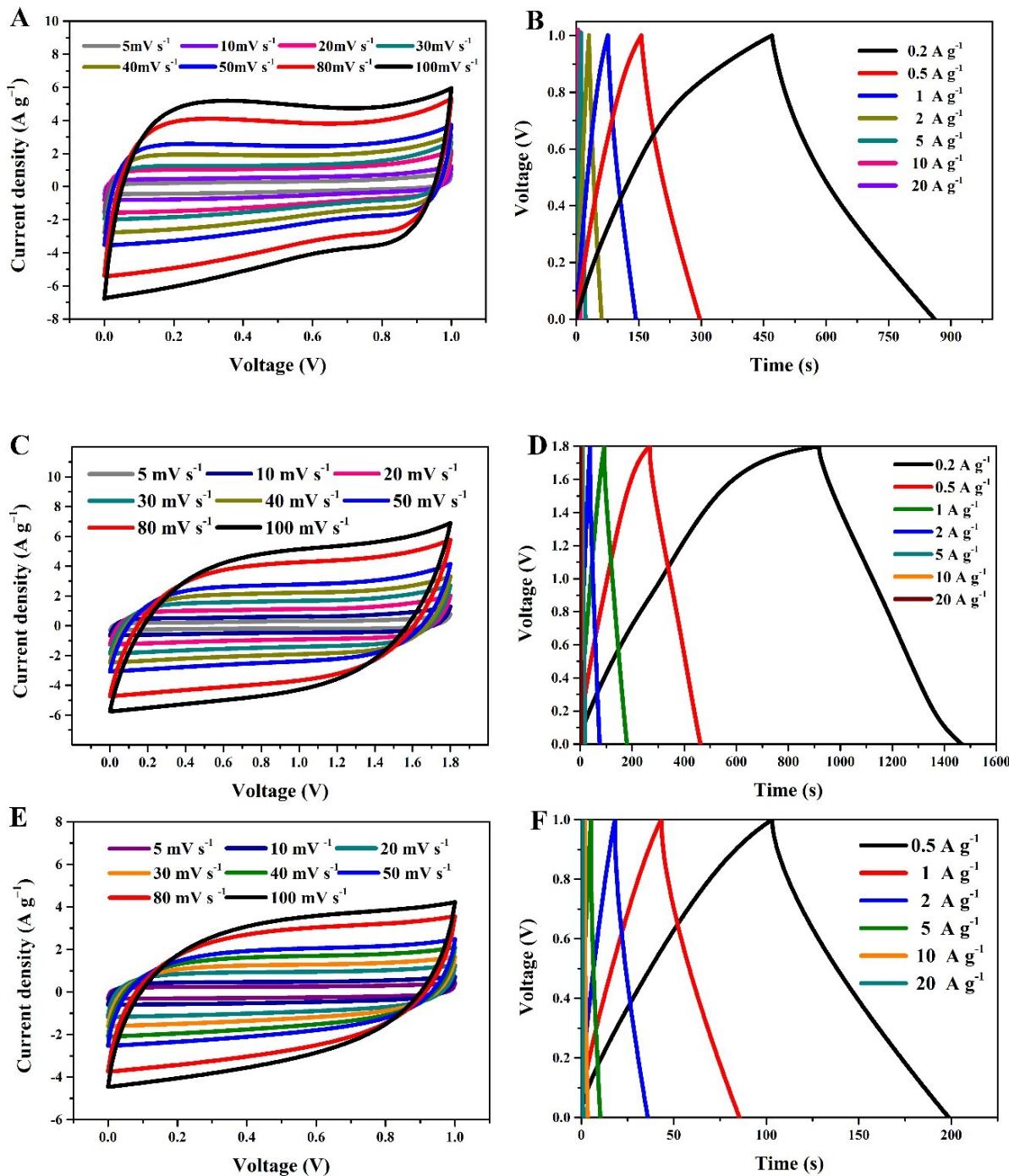
(A) CV curves at the different scan rates, (B) GCD curves at the different current densities.



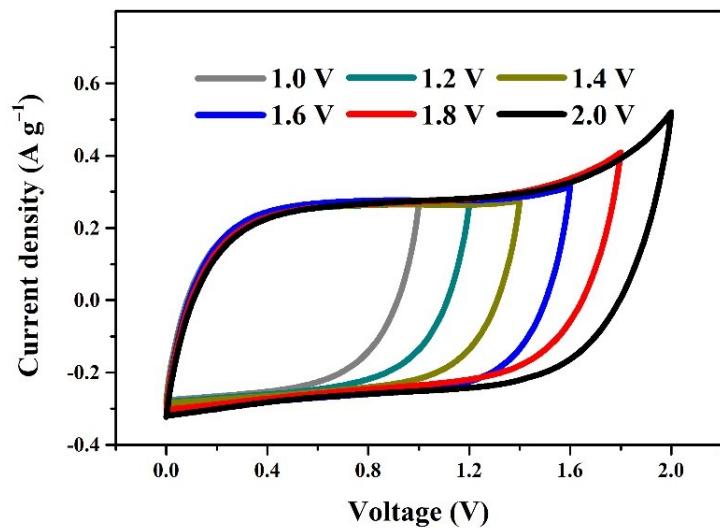
**Fig. S4** (A) N<sub>2</sub> adsorption-desorption isotherms, (B) pore size distributions calculated by DFT method, (C) volume-proportion histograms of each pore size segment (<0.7, 0.7-2 and 2-50 nm) of WSNPC-850, MSNPC-850 and PSNPNC-850.



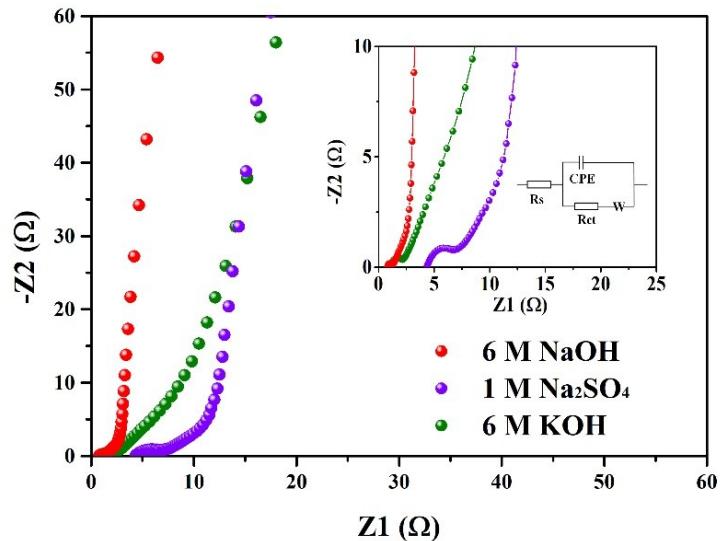
**Fig. S5** Electrochemical performances in the three-electrode system using 6 M KOH: CV curves of (A) WSNPC-850 and (C) PSNPC-850 at the different scan rates; GCD curves of (B) WSNPC-850 and (D) PSNPC-850 at the different current densities; (E) CV curves of WSNPC-850, PSNPC-850 and MSNPC-850 at 100  $\text{mV s}^{-1}$ ; (F) rate performance of WSNPC-850, PSNPC-850 and MSNPC-850.



**Fig. S6** Electrochemical performance of the supercapacitor MSNPC-850//MSNPC-850 in the different electrolytes: CV curves at the different scan rates in (A) 6 M KOH, (C) 1 M  $\text{Na}_2\text{SO}_4$  and (E) 6 M NaOH; GCD curves at the different current densities in (B) 6 M KOH, (D) 1 M  $\text{Na}_2\text{SO}_4$  and (F) 6 M NaOH. MSNPCs, PSNPC-850 and WSNPC-850 in 6 M KOH at the different current densities.



**Fig. S7** CV curves with the different voltage windows (1.0-2.0 V) in 1 M  $\text{Na}_2\text{SO}_4$ .



**Fig. S8** Nyquist plots of MSNPC-850//MSNPC-850 in the different electrolytes: 6 M NaOH, 1 M  $\text{Na}_2\text{SO}_4$  and 6 M KOH.

**Table S1** Comparison of specific capacitance of supercapacitor materials derived from different carbon precursors in the three-electrode system

| Specific capacitance / F g <sup>-1</sup> | Current density / A g <sup>-1</sup> | Electrolyte                        | Carbon precursor                | Ref       |
|------------------------------------------|-------------------------------------|------------------------------------|---------------------------------|-----------|
| 222                                      | 0.5                                 | 6 M KOH                            | Bamboo                          | S1        |
| 273.8                                    | 1                                   | 1 M KOH                            | konjac                          | S2        |
| 312                                      | 1                                   | 1 M H <sub>2</sub> SO <sub>4</sub> | gelatin and citric acid         | S3        |
| 289                                      | 0.5                                 | 6 M KOH                            | jujun grass                     | S4        |
| 353                                      | 1                                   | 6 M KOH                            | algae microsphere               | S5        |
| 339                                      | 0.5                                 | 1 M H <sub>2</sub> SO <sub>4</sub> | cellulose carbamate             | S6        |
| 289                                      | 0.5                                 | 2 M KOH                            | wood scraps                     | S7        |
| 420                                      | 0.5                                 | 6 M KOH                            | styrene acrylonitrile           | S8        |
| 240                                      | 0.5                                 | 2 M KOH                            | coconut shell and sewage sludge | S9        |
| 213                                      | 0.1                                 | 6 M KOH                            | root of Multibract Raspberry    | S10       |
| 212                                      | 0.5                                 | 6 M KOH                            | carbon nanoflakes               | S11       |
| 190                                      | 1                                   | 1 M TEABF <sub>4</sub> /AN         | cattle bone                     | S12       |
| 493                                      | 0.5                                 | 6 M KOH                            | mango skin                      | This work |

**Table S2** Specific capacitances of MSNPCs, WSNPC-850 and PSNPC-850 in the three-electrode system using 6 M KOH

| Sample                              | Specific capacitance / F g <sup>-1</sup> |     |     |     |     |     |
|-------------------------------------|------------------------------------------|-----|-----|-----|-----|-----|
|                                     | 0.5                                      | 1   | 2   | 5   | 10  | 20  |
| Current density / A g <sup>-1</sup> |                                          |     |     |     |     |     |
| MSNPC-750                           | 126                                      | 110 | 100 | 91  | 85  | 76  |
| MSNPC-850                           | 493                                      | 450 | 351 | 310 | 282 | 251 |
| MSNPC-950                           | 260                                      | 206 | 167 | 152 | 143 | 136 |
| WSNPC-850                           | 335                                      | 302 | 253 | 222 | 194 | 158 |
| PSNPC-850                           | 376                                      | 331 | 269 | 234 | 206 | 170 |

**Table S3** Equivalent circuit fit results of MSNPCs<sup>a</sup>

| Sample    | $R_s / \Omega$ | $R_{ct} / \Omega$ | $W / \Omega$ | $Q$                   |
|-----------|----------------|-------------------|--------------|-----------------------|
| MSNPC-750 | 0.970          | 1.017             | 0.064        | $1.15 \times 10^{-4}$ |
| MSNPC-850 | 0.776          | 0.335             | 0.214        | $2.34 \times 10^{-4}$ |
| MSNPC-950 | 0.720          | 0.220             | 0.495        | $8.40 \times 10^{-4}$ |

<sup>a</sup>  $R_s$  represents the combined series resistance;  $R_{ct}$  represents the charge-transfer resistance;  $W$  represents the Warburg diffusion resistance;  $Q$  represents the constant phase element.

**Table S4** Equivalent circuit fit results of MSNPC-850//MSNPC-850 in the different electrolytes <sup>a</sup>

| Electrolyte                         | $R_s / \Omega$ | $R_{ct} / \Omega$ | $W / \Omega$ | $Q$                   |
|-------------------------------------|----------------|-------------------|--------------|-----------------------|
| 6 M KOH                             | 0.776          | 0.335             | 0.214        | $2.34 \times 10^{-4}$ |
| 6 M NaOH                            | 1.138          | 0.918             | 0.090        | $2.38 \times 10^{-4}$ |
| 1 M Na <sub>2</sub> SO <sub>4</sub> | 4.340          | 2.646             | 0.103        | $1.50 \times 10^{-4}$ |

<sup>a</sup>  $R_s$  represents the combined series resistance;  $R_{ct}$  represents the charge-transfer resistance;  $W$  represents the Warburg diffusion resistance;  $Q$  represents the constant phase element.

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