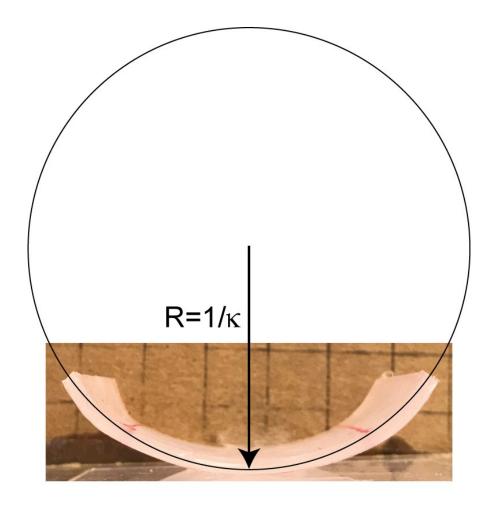
Electronic Supplemental Information (ESI)



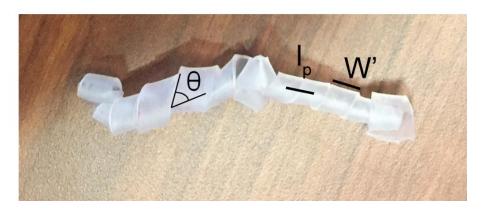


Figure S1. Definition of radius of curvature, R, curvature, κ , helical pitch, l_p , new resting width, W', and helical pitch angle, θ . Top: L/W=1, W=3 cm EG8842:EG8450 bilayer. Bottom: L/W=10, W=1 cm EG8842:EG8450 bilayer.

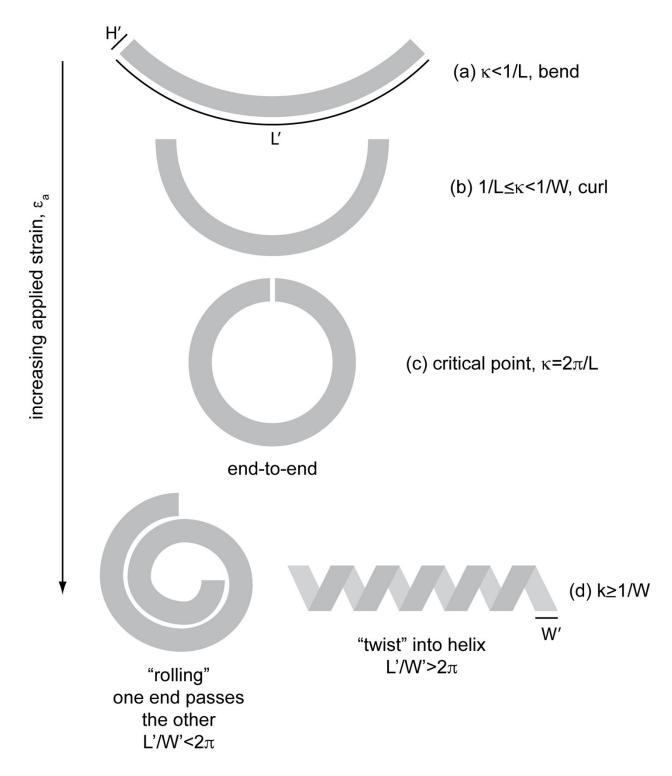


Figure S2. Schematic of the observed bilayer behavior showing (a) bending at low applied strain when $\kappa<1/L$, (b) curling at moderate applied strain when $1/L \le \kappa<1/W$. (c) A critical point is reached at $\kappa=2\pi/L$ when the two ends of the bilayer touch. When the new resting aspect ratio L'/W'< 2π the bilayer rolls (d, left hand side). When L'/W'> 2π , the bilayer twists into a helix (d, right hand side).

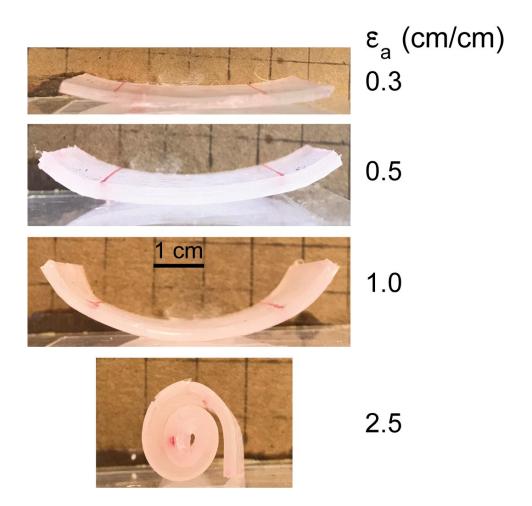


Figure S3. L/W=1, W=3 cm bilayer strips bend at applied strains up to ε_a =1. At ε_a =2.5 the bilayer strips roll into a tight cylinder as the ends pass one another but do not transition to twisting and L'/W'<2 π but κ >1/W'.

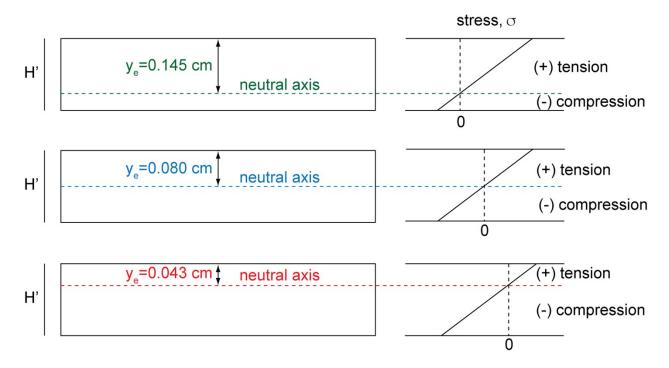


Figure S4. The neutral axis is empirically observed to shift in the metastable region for the thermoplastic elastomer bilayers. Neutral axis shifts are shown quantitatively in Figure 6.