Electronic Supplementary Material (ESI) for Soft Matter. This journal is © The Royal Society of Chemistry 2020

Description of the supplementary movies

- 1. Supplementary_Movie_1.mp4 Phase separation at high densities. Geometry:- PBC System size = $56\ell \times 56\ell$ No. of rods = 3,000No. of beads = 69,012Rod area fraction $\Phi_r = 0.19$ Bead area fraction $\Phi_b = 0.56$ Speed-20X
- 2. Supplementary_Movie_2.mp4 Banded structure. Geometry:- PBC System size = $56\ell \times 56\ell$ No. of rods = 2,100 No. of beads = 14,816 Rod area fraction $\Phi_r = 0.13$ Bead area fraction $\Phi_b = 0.12$ Speed-20X
- 3. Supplementary_Movie_3.mpg Banded structure in a simulation with a long periodic channel. Geometry:- PBC System size = $14\ell \times 224\ell$ No. of rods = 3230No. of beads = 246936Rod area fraction $\Phi_r = 0.20$ Bead area fraction $\Phi_b = 0.20$ Speed-300X
- 4. Supplementary_Movie_4.mp4 Banded structure in a simulation with the annular geometry with outer boundary same as in our experiments. Geometry:- annular System size = 23ℓ (outer width) No. of rods = 297No. of beads = 2,344Rod area fraction $\Phi_r = 0.20$ Bead area fraction $\Phi_b = 0.20$ Speed-20X
- 5. Supplementary_Movie_5.avi Propagating waves in deep ordered state. Geometry:- PBC System size = $56\ell \times 56\ell$

No. of rods = 3,000 No. of beads = 62,735 (beads are hidden in the video) Rod area fraction $\Phi_r = 0.19$ Bead area fraction $\Phi_b = 0.51$ Speed-20X The colour of the rod tells about its orientation along the X direction.

- 6. Supplementary_Movie_6.mp4 Band in experiments. Geometry:- Annular geometry System size = 23ℓ (outer diameter) No. of rods = 275No. of beads = 2,190Rod area fraction $\Phi_r = 0.20$ Bead area fraction $\Phi_b = 0.24$ Speed-4X
- 7. Supplementary_Movie_7.mp4 Behaviour of the system with no beads. Geometry:- PBC System size = $56\ell \times 56\ell$ No. of rods = 4,774 No. of beads = 0 Rod area fraction $\Phi_r = 0.30$ Bead area fraction $\Phi_b = 0.0$ Speed-20X